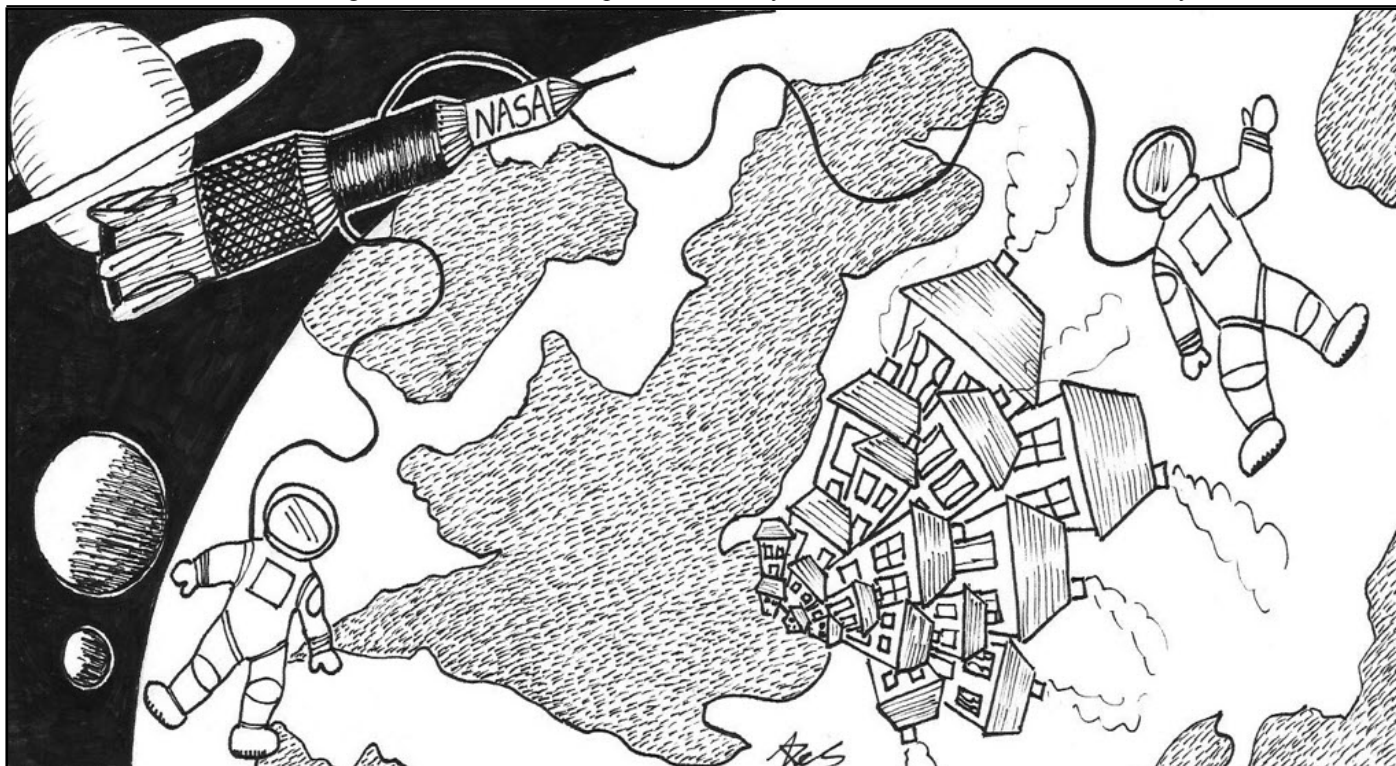




THE HEACHAM NEWSLETTER

May 2013

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Greater Heacham, the First Village Metropolis visible by the naked eye from space.....

Deadline for the next edition is 12 noon, Thursday 16th May

Heacham Parish Council

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Join in the party to Celebrate The Queen's 60th
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Tickets to be purchased in advance

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*4-5 May
10am - 4.00pm*

*Old Friends Hall
Sunnyside*

Free entry - Refreshments

THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET
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THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH



Sandringham Drive

Dear Newsletter

Ducks

I would refer to the recent issue of the newsletter and the flier in the previous one.

I have tried in the past to suggest to visitors feeding the ducks, as proposed in the newsletter, that it is not a good idea. The reaction varies between "Miserable old +++" and outright hostility.

And let's be clear, it's not just visitors. I've seen corn scattered in front gardens and, on one occasion, what looked like a tray load of sandwiches - the remains of a family party?- dumped by the pond.

There is obviously a problem, and has been for decades.

Would it not be better for the council to erect a substantial, permanent notice by the pond detailing past health risks, closure of school playing fields and what a cull really means?

It was, I presume, the council which some years ago designated a feeding point there!

Pete Widdows



Nottingham

Dear Newsletter

Heacham – Where time and tide stand still?

As someone who visits Heacham, but mostly resides deep inland, I know I'm no expert on how the sea behaves. I know too that some might consider your friendly village a place where time can, in the nicest sense, stand just a little still. I am not convinced, however, that high tide at Heacham occurs at 15.45 every day as indicated on the display board by North Beach throughout both my stays at Heacham in March.

Thanks to the excellent Heacham Newsletter for publishing correct tide times and helping to reduce the chances of anybody being inconvenienced, or even endangered, due to wrong tide times being displayed on the board by the beach.

It seems a pity though if the Borough Council has wasted money from residents' council tax payments upon an expensive electronic method of failing to provide useful information, when a traditional notice board with some old printed tide time tables stuck on it would have been cheaper and so much more obviously up-to-date.

With all best wishes to Heacham residents.

Robin Turner



Dear Newsletter



College Drive

Dear Newsletter

Bins and things

How is everyone getting on with his or her new bins? It's not rocket science but it was a way King's Lynn Council could get fortnightly pick-ups through the back door with giving us bigger bins, then they can say we have weekly pick-ups all be it one week refuse, one week recycling. So yes they do come weekly!

My friend, very tongue in cheek, asked if I had a pink bin as the strip on the sheet of bin collections was pink! Just rolled my eyes at him and laughed. Noticed when we did the first week it was a case of whoever put what bin out first everyone else followed with the same coloured bin. My poor little grey bin never has much in it as between Dog, the compost bin and me there is not anything left. Felt sorry for my little grey bin one week and put my bread crust in it.

I see the village is getting spruced up for the summer with trees being cut in the pond and the park. The park seems to be having a make-over as well. I'm sure Heacham in Bloom will do us proud again and our beautiful village will bring joy to the holidaymakers who visit us each year. As much as Hunstanton and we need them for our economy, it is nice when they go home and we can park as normal again. But love them or hate them, we need them to survive!

Wandering round the village with Dog, there seems to be a lot of bungalows and a few houses up for sale (must be springtime). Some seem to have been up for sale since last spring, others sell really quickly.

Saw my first ducklings in the middle of April on the pond and I see the heron has taken up residence in the pond as well.

Hope we see some more of this sunshine, but remember it does bring the children out to play and especially on their bikes (unfortunately not always with helmets). So just be aware they don't always look when crossing the road so you have to be extra vigilant round the park and schools.

Enjoy the springtime now it is here.

S. Smythe



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Runton Holme, King's Lynn

Dear Newsletter

The Heacham Surgery

My sincere thanks to the doctors, nurses and staff at the surgery for the excellent care and attention they gave to Mrs Anne Chenery of Church Lane, Heacham, during her final days.

My thanks to Mrs Anne Davies and Mrs Louise Rushden for their devoted attention to Anne.

I would also like to thank the paramedics from the QEH, whose kindness to Anne and myself was wonderful. Also my thanks to Anne's neighbours for their kindness and cards during her illness.

Anne passed away peacefully on 8th April.

Sincere thanks to everyone.

Leo Bennett



Heacham

Dear Newsletter

Removal of Tyres

I would like to applaud Heacham Parish Council for organising the quick removal of 15 tyres that had been dumped at the top of the boat ramp at the end of Jubilee Road. I went into the council offices on Pound Lane on the morning of Tuesday 2nd April to report the illegal dumping, but someone had already reported it that morning; by the afternoon of the same day the tyres had been removed.

Well done!

Pete Vickerstaff



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Outline Planning Application

Saturday, 20th April saw one of the biggest ever turnouts, all united against the planning proposal for development of land west of the A149. From our MP and Councillors, to many individuals who all had the same view, we do not want this development.

One person stood up at the meeting to point out that, whilst appreciating that many people at the meeting were residents of Heacham, she was a Heacham resident. And there was a difference.

I am a resident of Heacham and I would like to clarify in my opinion the difference.

A Heacham resident was born in Heacham and did not choose to be here, that was decided for them. They grew up accepting what is around them and the way the village is. I find however that most Heacham residents do not appreciate what they have here in this village.

On the other hand, a resident of Heacham like myself chooses to be here. Most fell in love with the village from holidays or just a visit. They chose to move here, they chose to volunteer for things like the Heacham Newsletter, which keeps villagers informed, they volunteer for the Heacham in Bloom team which endeavours to make the village a brighter place, they volunteer for the library and youth club and much more because they want to put into the community some of the happiness they get from being a resident of Heacham.

The proposed development has united both Heacham residents and residents of Heacham in opposition to those plans.

Rob

Coastal TweetUp - networking for business & fun too

Thanks to Hunstanton's Golden Lion Hotel we had a fantastic venue for our very first Coastal TweetUp networking event on 10 April 2013. There were two different time slots to enable as many people to make contact with organisers, Stella Gooch (Hunstanton-On-Line and Stella Gooch Executive Business Support), Geoff Fletcher (UK Support), Rosie Kitchen (PR Active) and Amanda Knight (The Hunstanton Fun Dog Show). The lunch time meet was a smaller gathering than in the evening but in all there was a turnout of 16. The people we met on this occasion included members of @NorfolkTweetUp, Mel (@socialmonkey) and Julia (@Juliawordfire). Among our new contacts were a graphic designer, a lady who works with the deaf, a holiday cruise agent, a local directory provider, a local holiday home provider. based in Heacham. It was a fantastic opportunity to become better acquainted amongst the organisers and to also have a more in-depth chat with Zoe, the Manager of The Golden Lion. Some of us also enjoyed the great food on offer at The Golden Lion.

The group has now established that we will try to meet every 2 to 3 weeks with every other meet taking place in Hunstanton. So if you are a small business or freelancer living in and around the Norfolk coast why not get involved. It is a great way to network and make new friends too.

The idea is based on the lead by @NorfolkTweetUp which was born to allow low cost networking amongst Twitter followers in the county. As these meets are often very inland and quite a distance from the coastal areas we have started @CoastalTweetUp under the auspices of Hunstanton-On-Line. If you would like to join in but do not use Twitter please do not let that put you off. We would love to see you! If you want any further information about @CoastalTweetUp please contact Stella on 07788 645157.

COASTAL TWEETUP NEXT MEETS:

Date: Wednesday, 1 May 2013

Time: 6pm

Place: The Albatross (an old Dutch schooner which is moored in the quay at Wells-Next-the-Sea)

Refreshments: They are opening specially for our meet so please support them and enjoy their great ales and wonderful Dutch pancakes!!

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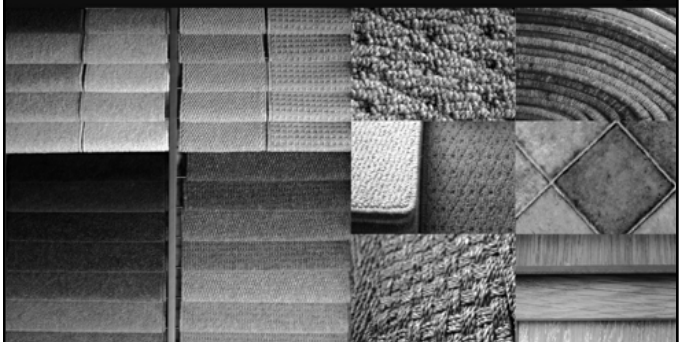
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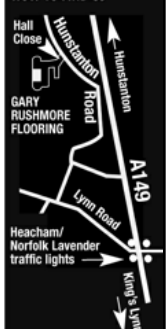
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The Borough Council of King's Lynn and West Norfolk
Opportunity Awards 2013



The Borough Council's West Norfolk Disability Forum is pleased to announce that it is seeking nominations for this year's Opportunities Awards.

The search is on for individuals or organisations in West Norfolk who have demonstrated innovation, imagination and commitment in ensuring equality of opportunity for people with disabilities in the local community, or for people who have overcome the challenges that a disability can present with determination and spirit.

The awards ceremony will be hosted by the Borough Mayor at the Corn Exchange on 1st July 2013.

To make your nominations for the awards, either write to
Becky Parker
West Norfolk Disability Forum
King's Court, Chapel Street
King's Lynn, Norfolk, PE30 1EX

or email
disabilityforum@west-norfolk.gov.uk

Alternatively you can download a nomination form from the Borough Council's website
www.west-norfolk.gov.uk

The deadline for nominations is 7th June 2013

Awards are to be made, but not limited to, the following categories:

- Young Carers
- Voluntary Organisations
- Service Providers
- Employers
- Achievement in Sport
- Volunteering and helping others
- Charity work

Borough Council of King's Lynn & West Norfolk




Heacham Twinning Club Open Gardens

Sunday 23rd June
From 12 noon

Enjoy an afternoon wandering around some private gardens that will be opening their gates for Heacham & Criteuil-la-Magdeleine Twinning Club.

Stalls & refreshments

Entrance £3 Children free
Further info tel: 01485 572252



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PALM BEACH HOLIDAY PARK

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Please feel free to come and take a look at our friendly, family run, newly redeveloped park on the North Beach at Heacham.

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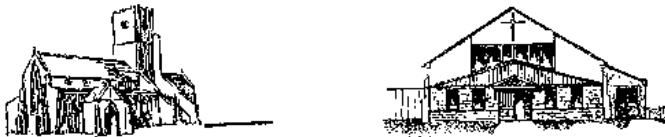



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CHURCHES TOGETHER IN HEACHAM

Ne'er cast a clout till May be out

This widely known English proverb is unusual in that its meaning is not obvious. It was first found in written form in 1732 although almost certainly word of mouth usage existed long before that.

Clout is an early English word for clothing so the first part of the proverb is easily understood, particularly this year when the cold east winds have kept us chilled unusually far into spring. "Don't discard your warm winter clothes" has been a very good piece of advice this year. The odd warm day is tempting but that is when the second part of the proverb should be heeded as it specifies time but the question is does it refer to the month or to the blossom of the Hawthorn which is known as the May Tree? Hawthorn has long been a symbol of re-birth and this is reflected in the many holiday celebrations which occur on May Day. From the Padstow 'Obby Oss to the Beltaine Fire festival in Scotland via 'Jack in the Green' in Kent and May Morning celebrations in Oxford there are many different ways of marking the resurgence of life each spring. It is the time of year when the gardeners amongst us need to get busy and deliberate long and hard – was that the last frost? Can I risk planting out the more tender plants which in faith I have grown in the greenhouse with certainty that warmer weather will arrive. How would we manage if God the creator of this world had not given us dependable seasons?

May is a month of holidays. If you look at the international calendar there are more holiday days in May than there are ordinary days. Our two national holidays pale in to insignificance beside some countries' four or five. How do they get any work done?

This year the Christian Church celebrates three great festivals in May starting with Ascension Day on 9th. Very much the marker of a new beginning the re-birth of God's people with a new Church but Jesus is leaving them to return to God the Father in heaven. How will they manage? Pentecost follows ten days later when we discover how the members of this new Church are to be equipped for their enormous task of evangelising the world. Finally, on the last Sunday in the month we celebrate Trinity Sunday and worship the three persons of the Godhead – Father, Son and Holy Spirit.

Penny Sutton - Member St Mary's Ministry Team

OPEN CHURCH – St Mary's is normally open during daylight hours. From 1st May a team of volunteers are present to welcome any visitors, and will willingly make a cup of tea or coffee. Many appreciate coming into the building for many reasons: curiosity, interest, to find a moment of quiet or simply that it is raining outside. Come and find your own reason.

PARISH REGISTERS

Baptism

07/04/13 Dylan Rhys Batterbee son of Emma and Gavin

Faithful Departed (Church Linked Funerals)

| | | |
|---|-------------------------|----|
| 11/3/2013 | Kathleen Mary Skipper | 73 |
| 20/3/2013 | Dennis Hartwell | 84 |
| (The above are corrections from the previous issue) | | |
| 29/4/2013 | Valerie Carter | 90 |
| 25/3/2013 | Bryan Laurence Hare | 77 |
| 02/4/2013 | Arthur William Milne | 80 |
| 08/4/2013 | Anne Chenery | 77 |
| 8/4/2013 | Olive Millicent Smalley | 84 |

"Blessed are those who mourn for they will be comforted"

We do extend our sympathy and condolences to all who have been bereaved. The church prays for friends and family at the Sunday morning services around the time of the funeral.

METHODIST CHURCH Sunday Services

10.30am Morning Worship

Preachers:

| | | |
|---|-----------------------------|---------------------|
| 5th May | - Rev'd Kim Nally | with Holy Communion |
| 12th May | - Roland Hamon | |
| 19th May | - David Clarke | |
| 26th May | - Church Fellowship Service | |
| <i>Ascension Day Service: see note on next page</i> | | |

Midweek Holy Communion Services:

These are held on the second Wednesday of each month. The May Service will be on Wednesday 8th at 10.30am. All who love the Lord are welcome to attend.

Regular Activities at the Methodist Church

MONDAY: Indoor Bowls 7pm – weekly

TUESDAY: Ladies' Fellowship:

2.45pm on 14th and 28th May

Hands and Needles Club

7.30pm on 14th and 28th May

THURSDAY: Social Evening at 7.15pm on 23rd May - note date change

FRIDAY: Indoor Bowls 7pm - weekly

SATURDAY: Coffee Morning on 18th May 10am-12 noon

PLEASE NOTE: A warm welcome is given to all who come to our mid-week events - you don't have to be a church attender.

CHANGE OF DATE - SOCIAL EVENING: Because of Ascension Day falling on the second Thursday of the month, the monthly Social Evening will be held - for one month only - on the fourth Thursday: that's Thursday 23rd May at 7.15pm. This is a chance to have fellowship and fun playing darts and various table games.

COFFEE MORNINGS AT METHODIST CHURCH

Coffee mornings will be held on the third Saturday morning each month during the spring and summer. The May meeting will be on Saturday 18th from 10am-12 noon. There will be a Book Stall, Gift Stall Ornaments, and Home Made Cakes.

CAN I COME TO CHURCH?

This question was asked recently by a person who had not been to church worship for many years. The answer is of course - Yes. Do I have to be a member of the Methodist church to come to your Sunday Services? The answer to this is No. Anyone is welcome to our Sunday 10.30am Service, whether they have previously attended, or have never attended a church before. God so loved the world, He sent His Son that whosoever believeth in Him would have eternal life. He's waiting to meet you for the first time, or to welcome you back. And so are the Leaders of Heacham Methodist Church.

Church Contacts: (telephone code: 01485)

| | | |
|---|------------------------|--------|
| Methodist Church | The Rev'd Kim Nally | 570232 |
| St Mary's Church | The Rev'd Steve Davies | 570268 |
| St Mary's Church Office | | 572539 |
| email: heacham.church@googlemail.com | | |

The Parish Church of St. Mary:

Sunday Services in May

8.00am Holy Communion (BCP)

10.00am Morning Worship

(Holy Communion on 12th May)

10.30am Morning Worship at the Junior School

(Holy Communion on 19th May)

6.00pm Evening Worship

ASCENSION DAY

There will be an Ascension Day Service at St. Mary's at 7pm on *Thursday 9th May*, when we celebrate the ascension of our Lord Jesus back into Heaven. We shall be joined by the folk of Heacham Methodist church. The Preacher will be Rev'd Kim Nally and there will be Holy Communion.

REGULAR ACTIVITIES AT ST. MARY'S CHURCH

Looking at the above information you might think that St. Mary's is only open on Sundays, but it is a busy church with things going on throughout each week. There are Bible Study groups with people meeting in their own homes; there are Prayer Meetings; we have a Choir, and there are Music Groups; for very young children there is the Rainbow Circle Toddlers' Group; all the women are welcome at *Girls Together* and there is a Men's Group as well; all can be part of the Mothers' Union; there are also Coffee Mornings and various other activities. So why not find out more about St. Mary's and its regular activities – you might be surprised. The Sunday services act as a focal point when all meet together for worship, for fellowship, for support, learning, encouragement, challenge and growing. And on Sundays there are, of course, activities for children.

May Services at Nursing/Residential Homes

Tues 7th May 2.30pm Rebecca Court

Mon 13th May 11.00am Holy Communion at Millbridge

Wed 15th May 2.30pm Summerville

Fri 24th May 10.30am Fridhem

GenR8ions combine at Heacham Easter Fun Morning

St Mary's Church hosted its 4th Easter Fun Morning, with 71 children plus carers enjoying the Easter gospel story as presented in the unique style of children's ministry leader, **John Hardwick**.



Supported (or was it hindered) by the efforts of Charlie Monkey, John charmed both children and adults with a series of sketches which included juggling, stories, quiz and songs from the GenR8 repertoire, all presented with pace, energy and a huge slice of fun. It is absolutely true to say that the gospel came alive to all who listened and

enjoyed the event.



We were also privileged to enjoy **Jonathan, Bishop of Lynn** for part of the morning; the Bishop gave all God's Blessing and assisted in distributing presents to the children, as well as acquiring an extension to his staff! Look out for his new CD release during May in aid of the Hospice movement.

Thanks to all who made the event such a success.

Brian Griffin

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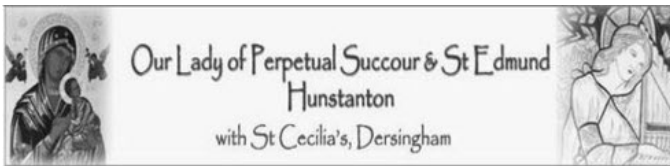
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10.00-12.00 St Mary's church

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Hunstanton Catholic Parish

Hunstanton Catholic Parish Church of Our Lady and St Edmund, Sandringham Road, Hunstanton with St Cecilia's, Mountbatten Road, Dersingham.

Resident Priest: Father Michael Ryan, 81 Mountbatten Road, Dersingham, PE31 6YE.

Telephone: 01485 543818.

Website:- www.hunstantoncatholicparish.org

Email: parish@hunstantoncatholicparish.org

The Mass with anointing of the sick was a great success and Father Michael received some very nice comments, not least of which from the Society of St Vincent de Paul included the following comments: "On behalf of all of us in SVP and our sick and housebound I offer you my heartfelt thanks for a very special Mass on Wednesday last. From the amazing reports that have come back to me I know that the Mass with the Anointing of the Sick at St Cecilia's was a most uplifting and joyful celebration for all who attended. Father, not only do I thank you for all you did to make Wednesday's Mass so memorable and worthwhile, I offer heartfelt thanks for your support of the Society of St Vincent de Paul".



We have a few upcoming events planned for the next couple of months, all of which you are

welcome to attend, including: An English/St George themed Quiz night on 24th April, at 7pm at St Cecilia's, Dersingham; a Ladies' Shared Lunch, starting at 12noon on 11th May also at St Cecilia's, Dersingham; a coffee morning with a talk from Eric Rhodes about the history of the Parish will start at 11am on 21st May at Hunstanton.

During the summer we have our annual Strawberry Fair, which, as well as delicious strawberries and scones, also includes various stalls. The fun starts at 12noon on 22nd June at St Cecilia's, Dersingham. On the evening of 20th July is our annual Parish barbecue in the grounds at Hunstanton. Please see the bulletin or website for further details.

On Bank Holiday Monday, 6th May, there is the East Anglia Diocesan Pilgrimage to Walsingham. The Pilgrimage theme for 2013 is 'Mary, Woman of Faith'. This is part of the 'Year of Faith'. The procession usually starts at the Church of Annunciation in the village and the pilgrims walk the 'Holy Mile' to the shrine, praying and singing along the way.

Our daily Masses are usually held at 9.00am at St Theresa's Convent, 27 Sandringham Road, Hunstanton on Tuesday, Thursday, Friday and Saturday and at 10.15am at St Cecilia's, Dersingham on Wednesday. These are subject to change, so please check Church notice boards, website or phone. Sunday Masses are 9.00am at Dersingham and 11.00am at Hunstanton.

Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11.00am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9.00am Mass on the first Sunday of the month at Dersingham. Please come along, you will be most welcome.



New technology supports independent living

Careline, the personal alarm service operated by the Borough Council, is trialling a new type of pendant that can detect if a person has fallen even if the wearer is unable to activate the alarm themselves.

Unlike other pendant alarms, the new iVi pendant has a motion sensor built in. If the pendant falls quickly to the floor and there is a significant impact, this will automatically trigger a call for assistance.

The motion sensor can also detect periods of inactivity, which may suggest that the wearer has encountered a problem. It can be set to raise an automatic alarm if the pendant does not move for a set period – the wearer can choose to set this period at 3, 5, or 7 days.

As well as the new pendant with the built-in motion sensor, Careline is trialling a Lifeline Vi monitoring unit which is capable of monitoring a range of environmental factors, like temperature and moisture. As well as highlighting risks like flood or fire, these sensors can help people with medical conditions affected by temperature and moisture to manage their conditions. The monitor also has a 'reminder' facility that can be set up to deliver personalised messages such as when to take medication.

Just like the Careline alarm, the new motion sensitive pendant and the iVi alarm is monitored 24 hours a day, 365 days of the year. This simple system includes an alarm unit (installed in the home) and the lightweight pendant, which can be worn around the neck or on the wrist. When the pendant is activated (by a fall for example) this alerts the call centre that the wearer needs help. Activation automatically presents the operator with the client's personal information, including family contacts and medical information, so that assistance can be arranged.

Emma Boore, Careline Community Service Manager, said: "For 26 years we've been providing services that help to give people the support they need to live independently in their own homes. Monitoring equipment is becoming increasingly sophisticated, so we are offering some of the new products that we think our customers will find most useful."

"The new pendants may be particularly helpful for people who are prone to falls or losing consciousness. The new pendant gives clients and their families additional reassurance as it activates an emergency call when the wearer is unable to do so themselves."

The new equipment costs £3.76 per week. There is also a one-off installation fee of either £29.50 or £35.40 (depending on the client's location), although some concessions may apply. Existing Careline Community Alarm customers can upgrade their pendant for an additional £1 per week.

Careline Community Alarm is run by the Borough Council of King's Lynn & West Norfolk and covers Fenland, North Norfolk, Breckland, Lincolnshire and Cambridgeshire as well as West Norfolk.

For more information about the new motion sensor pendants or any of the services provided by Careline Community Alarms call 01553 760671.



Thursday 23rd May – 7.30pm

The West Norfolk members' group invites you to an illustrated talk by Glyn Ingram

Deer in Britain and at Holkham

Venue: Hunstanton Methodist Church Hall,
Austin Street.

Cost: £2.00 members / £2.50 visitors.

Borough Council of
**King's Lynn &
West Norfolk**



**West Norfolk Disability Forum
Opportunity Awards 2013**

Nomination Form

The Committee will be pleased to receive nominations for those who have successfully demonstrated innovation, imagination or commitment in creating opportunities for people with disabilities in the fields of leisure activities, voluntary work, education or employment etc. Individuals and Organisations are invited to send completed nomination forms and any additional information thought necessary to Rebecca Parker, West Norfolk Disability Forum, King's Court, Chapel Street, King's Lynn, Norfolk, PE30 1EX by **7th June 2013**.

The Committee is looking to recognise outstanding contributions made by people, young people (under 16), voluntary organisations, service providers and employers.

You can make as many nominations as you see fit.

The awards ceremony will be hosted by the Borough Mayor at the Corn Exchange on 1st July 2013.

NOMINATION FORM

I/we wish to nominate:

Name:

Address:

Please write why you think your nomination should receive an award (please continue on separate sheet if necessary)

Your name:

Your address:

Contact telephone number:

Email address:

Signed:

Date:

Please return to Rebecca Parker, West Norfolk Disability Forum, Chapel Street, King's Lynn, Norfolk PE30 1EX, or by emailing disabilityforum@west-norfolk.gov.uk by **7th June 2013**.

Anmer Village Social Club Film Night

Friday 17th May at 8.00pm

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Brancaster Camera Club

We have two evenings planned for May:

Tuesday 14th May

Battle vs. Hunstanton Photographic Society

Judge - Chris Holt

Tuesday 21st May

Set print competition

'Unusual Perspective'

Judge - Malcolm English LRPS

We meet in Brancaster Staithe Village Hall at 7.30pm. Entrance is £3 to include refreshments. We are always pleased to see potential new members or visitors. Contact Jim Till on 01485 210013 or Wendy Calow on 01553 674725.



Village market celebrates a year of success

Docking Weekly Market celebrates its first year of trading this week, marking the establishment of a new fixture in the village. The market, each Wednesday at the Ripper Hall, on High Street, has become a popular venue providing a wide range of food and goods attracting both local people and visitors.

This week (Weds April 24) at the market a specially made cake will be cut to celebrate the first year.

The market at Docking began in April 2012 with about 15 stalls. Now there are more than 20. They range from fruit and veg to top-quality local butchers, Foxley Wood, selling Angus beef, a traditional pork butcher from Suffolk, and Norfolk Seafoods offering fish and shellfish.

Docking market is run by Ian Dumphreys, who spotted an opportunity to provide more specialised foods from good taste foods and gifts as well as food basics.

He said: "The market enables more people to shop locally because of its location. People can buy Brancaster mussels and Cromer crab when they are in and it's all fresh.

"There are also homemade cakes, and handmade crafts and gifts such as cards, cushions also scarves and jewellery. What I would also like to have here is a deli.

"Docking Heritage Group's archive room is open on the same day so people are able to look in there too."

As a measure of its popularity, the market ran right through the winter and was cancelled only twice during the extended cold spell.

Written by: Michael Strutt (Docking Heritage Group)



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1ST HEACHAM SCOUTS

Firstly, we would like to say thank you to all the people who kindly donated items for use in the kitchen. The refurbishment of the Scout Hut is almost complete, and it is now a great venue for hire.

The Scouts attended a Church Parade at St Mary's Heacham, to mark Founder's Day, the anniversary of Lord Baden-Powell's birthday. We had a fun evening for St Patrick's Day.

The Scouts made potato pancakes and drank bogwater (banana milkshake coloured green!).

In March we also had a night hike from Sandringham back to Heacham. Well done to all those Scouts who took part. We were lucky enough to have chosen the best night of the year to date - hardly any snow!

We ran a communications evening where we practised morse code, and tried making tin-can phones with different strings (cotton, polyester, wire etc.) to see which worked best.

The Scouts made 'splatter' t-shirts with different coloured fabric paints, and even managed to avoid redecorating the hall!

We have a St George's celebration at Sandringham coming up, and are hoping to get some camping done this term.

Any parents of boys or girls 10 to 14 years who are interested in joining should contact Rob or Julz for details.

Julz - 572890

Rob - 572239



Heacham Infant and Nursery School

"Together we explore, discover, achieve and grow"

FairyLand Trust at
Heacham Infant and Nursery School

To celebrate the Big Lottery Grant we received which allowed us to work on our new open outdoor space, we are hosting a FairyLand Trust Event on 16th May all day and 17th May in the morning for Nursery and pre school. The event on the 17th is open to all pre school children from our community from 10.30am. That means children who are not already at our school are free to join us with their families to enjoy the event and our outdoor space. Spread the word! Please come along and you can dress up in fairy or wizard clothes if you like.



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Miles for West Norfolk Mind

West Norfolk Mind are looking for people to help them celebrate Mental Health Week (13-17 May) by taking part in their 'Miles for Mind' events which will raise much needed funds by supporters taking part in a physical sponsored event. They are gathering a team for the first time in this year's Grand East Anglian Run on 5th May 2013 and would love more runners to be part of the West Norfolk Mind Team. Team member Peter Holman who works for Norfolk County Council said: "I have chosen to run for West Norfolk Mind because there are so many people struggling with mental health challenges these days (at least 1 in 5). It is very important to help mental health charities raise awareness of what help may be available."

If running is not for you but you still enjoy a challenge, you are invited to consider the 13 mile Sponsored Walk organised from Downham Market to The Vancouver Quarter, King's Lynn on 17th May (it is also possible to enter and walk half of that distance). West Norfolk Mind's Bridge Builder Chris Cullen will be the walk leader and for further information and a sponsorship pack, please email: zena.penty@westnorfolkmind.org.uk

Zena Penty, Volunteer Co-ordinator said "We would love the local community to get on board with supporting our events, which will help improve their fitness and wellbeing and raise much needed funds."

An interactive promotional day will be held in the Vancouver Quarter, King's Lynn on 17th May in conjunction with Time to Change to raise awareness and await the arrival of the brave sponsored walkers. Anyone able to provide sponsorship for the event, tombola prizes or bandstand entertainment please contact Zena on 07585 279215.



West Norfolk Mind are a local organisation who have strong links with local communities, being based in King's Lynn but with centres in Downham Market, Swaffham and Heacham. Our services are used by people young and old, employed and unemployed, and by people either relatively well or sometimes very ill. The things that link us together are wellbeing and mental health. Many workshops and activities are available to try. Anyone can attend and details of prices and our recovery services can be found by visiting www.westnorfolkmind.org.uk or by telephoning 01553 776966.

Like many other charities, however, we've had a really difficult 12 months and have had significant cuts to our funding. We know that the economic climate is desperate and a significant number of vulnerable people are likely to experience a deterioration to their mental health if they cannot access the essential services. Our aim is to provide these essential services, but we cannot do this without adequate funding and the help of the community.

Despite these challenges West Norfolk Mind remains optimistic for the future and committed to providing essential services for



local people. The charity works closely with a range of other local voluntary and statutory organisations to tackle stigma and raise the profile of positive mental health and wellbeing.

Detailed information about our services, social enterprise projects and volunteering opportunities can be found on our website www.westnorfolkmind.org.uk and obviously we would be happy to provide any further information or invite you to visit any of our centres or projects.

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Hunstanton Lions Club

At the April Lions Business Meeting, items discussed included the Golf Day, Hunstanton Carnival, Bowls Tournament, and helping good causes.

Friday 24th May There is still time to register to take part in our Golf Day taking place at Heacham Manor. Please contact Gerry Desroches on 07836 750296 for more details.

In June we will be holding our annual Fun Fair Day. Hunstanton Lions invite children from local Special Needs schools to join them for a fun day at the funfair and a fish & chip lunch, come rain or shine.

Sunday 30th June, Hunstanton carnival. Please look out for us on the green where we will have our gazebo set up.

Sunday 28th July, 2.00pm Hunstanton Lions Club Open Charity Bowls Drive taking place at Heacham Social Club. More details to follow in June's newsletter.

We have also given donations to FAN (Families against Neuroblastoma) and Hunstanton Youth Café. This is made possible from the donations you give so generously.

There was no 200 club during April; the next one will be drawn on 13th May.

Car Boot Sales:

At last the weather has improved enough for the car boot sales to start. Dates are: June 9th and 23rd, July 7th, September 8th, October 6th and 20th

If you would like more information about Hunstanton Lions please contact Peter Sutton 01485 570030.

Jane Scott

Could rural broadband from ThinkingWISP boost property value?

Access to good quality broadband is essential to living and working in the countryside. So it is not surprising that the latest research shows that it could significantly increase the value of your property. A national survey of 2,000 homeowners, conducted by ICM for the Halifax (*Lloyds Banking Group*), found that good broadband access affects nearly one third (30%) of people's decision on whether to buy a home and that one fifth of homebuyers (20%) said that they would pay significantly more for the same property if it had a good broadband connection.

While this is great news for homeowners who already have a good conventional broadband connection, what about homes in Norfolk and Waveney that are unable to receive high quality broadband from mainstream providers? Wireless internet from ThinkingWISP may provide the solution.

ThinkingWISP is a partnership between the Norfolk Rural Community Council, AF Affinity and InTouch Systems, which uses wireless technology to transmit a broadband connection across much of north, south, east and mid-Norfolk as well as the Waveney area. The signal is then picked up by customers using a small receiver and all transmissions are encrypted for security. It offers a fast way to connect to the internet without the speed, cost or service restrictions of traditional solutions. And as it's wireless, customers can benefit even if the conventional internet in their area is slow.

Jon Clemo, Chief Executive of the Norfolk Rural Community Council, said: "Fast, reliable broadband from ThinkingWISP is transforming the way that many homes and businesses in Norfolk and Waveney are able to operate and this is likely to influence the value of their property."

The ICM/Halifax survey found that, of those homeowners who would pay more for a property with a good broadband connection, 67% would pay up to 3% more and 22% would pay 4%-10% more. With the average house in the UK now costing £162,932, this means that nearly a quarter of people would be willing to pay up to £16,293 extra to buy a home with good broadband.

ThinkingWISP offers four service packages ranging from 3mb 'Home' to 10mb 'Business Plus', with prices starting from £15.99 per month. The service uses very low contention rates (the number of people who share the same band width) to ensure customers receive a consistent, high speed service. To find out if ThinkingWisp is available where you live and for full details of packages and prices visit www.thinkingwisp.co.uk or call 01603 558001.

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Heacham in 1921

Thursday 6th March 1921

Further adventures of S. C. Neville-Rolfe's descendants.

An account of Game Distribution

In April we left our student seeking his Aunt Jane outside Sedgeford Hall. He went into the Hall in search of her. There was the topping Sedgeford smell within. He met a tall maid (Annie?) who had been there some time and they went through the old billiard room on to the lawn. The air was a stifling 84°F in the shade.

Then they saw Jane on the lawn and he stepped forward to greet her. She was all hurry and bustle gingering about now here, now there – the very picture of activity. “How nice to see you” etc and led him straight across to the game larder (under the buildings near the theatre). Flies were zipping about near the ventilator and the heat was such that they (the game) looked as if they would all heave in five minutes. They bolted in and slammed the door behind them and Jane began to pinch all the birds to find a soft one for the student's mother. She unhooked three little birds (young birds and adults) and tied them up. Then they went out and Jane caught sight of the motor- “wait a minute, I'll get some for the Windmill” and back she rushed. One pheasant, a hare and two partridges were for them. One pheasant and three partridges for the Mill House and they, aided by the Sedgeford chauffeur, carried these over to the car.

Then general greetings – but when she saw Marie, “what would you like?” Marie bawled out, “anything you can give me – I shall be most grateful for anything – I have five mouths to feed my dear Jane. I would be too grateful for whatever you can give me”

One hare, three partridges were got for her and when she came back she said “Oh Thacker, let me give you a hare” and they rushed off again for his hare. When they returned to the car, Margaret said “and what about the Church House” as if she was the distributor of the birds. “Oh I am coming down this afternoon and I can see to the rest”. In the front of car beside Thacker, game was piled up feet high.

Jane was going over to Heacham because of the funeral. She said she was contributing a small bunch of violets. Marie burst out “and don't you think a bouquet of white roses would be just the thing” – Margaret had still not made up her mind.

Our student got into the car between his great aunts, Margaret and Marie. It was rather inclined to be squashed between them.

When they had got out of the Park, Margaret gave instructions to go via Ringstead and then to the Windmill. The view was very pretty over the Downs. He enjoyed seeing the familiar Heacham country.

At last they arrived at the Windmill and he took the game round to the back quarters, at Margaret's express command, although

he would have been all on to take it round to the front. He said he was very bad at the back doors of people's houses and it took a considerable time to find his way through the pump room etc. He saw a maid and gave the game to her.

Similarly, he delivered Marie's game to Mabel as soon as they got there and finally those to Mill House. Then with Marie still in the car they buzzed off to Hunstanton.

Marie began to explain the difference between the two sisters. “I would have got a label and tied it on to the different people's game – I daresay I would have taken longer, but you see the different method. That's the difference between the two sisters”. Then to Perfit, Bransby etc. – “I'm not boasting, for probably I could not have done it so well but that's just the difference between the two.”

This outcome was the result of a lot of time wasted on deciding whose lot was whose at the different houses.

By another descendant



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Hunstanton & District Rotary Club

While a lot of our efforts involve helping others, especially with our charity work, we are strong believers in the importance of fellowship and enjoying what we are doing. Rotary is a massive organisation with over 1.2 million

members and we like to know what other Rotarians and Rotary Clubs are doing.

A short while ago we received visits from speakers who are well versed in the international work of Rotary, and the work of Rotary Foundation (Rotary's own charity). We learnt of the 'Lend with Care' organisation where, in South Africa, donations are given as small loans. These are used for small business projects by local villagers. Repayment is monthly and the success rate of projects abroad where clean water was pumped up to replace polluted water. Other projects involved medical care of the elderly and children learning English with the help of a computer – and lots of other projects.

With so many Rotarians and Rotary Clubs throughout the world it is necessary to organise Clubs into 'Districts'. Our Club, for instance, is one Club out of 77 based in the east of England. The advantage of 'District' organisation is that it allows Clubs to apply for special financial help to fund particular projects. We learnt from our speaker how best to go about this and consequently how best to help others.

In late March, Daniel Evans, a Royal Geographical Society Scholar, gave us a superbly illustrated talk of his travels in North America. Funded by the RGS, he was one of the few scholars chosen from 5,000 applicants. Clearly spoken and articulate, he described beautiful scenery in Alaska. This was background to wild caribou, moose, a black bear, wolves and foxes. His travels continued to Toronto, Seattle, San Francisco, Monterey, Santa Fé and Los Angeles. He was awe-struck by the power of the Niagara Falls. Hollywood, however, did not inspire him at all. He is now giving talks to other Rotary Clubs and is in the process of writing a book. He aims for a professional career. Although



still only aged 19 years we felt sure that his dreams of further travel and a successful career would come true.

Our fellowship experience in Rotary was enhanced by our Presidents' Night celebration where both the Rotary and Inner Wheel Club Presidents were hosts to 40 guests. Following a meal at the Le Strange Hotel, we were entertained by Alison Walker-Morecroft and Karen Stewart with 'Come to the Cabaret', a medley. This, besides music, also contained recitations. Rotary's own Past President, John Nudds, entertained us with some delightful original poetry to enhance our enjoyment.

We have two events planned for later this year. One is a 'Pot-pourri of Poetry' to be held at St. Edmund's Church Hall on 29th May. Proceeds will be going to charity. The other event will be on 11th October at the Hunstanton Town Hall, where our 'Autumn Medley' will feature various musical contributions,



particularly local choirs. Again the prime aim will be collecting for charity and we are hoping for good support and a thoroughly enjoyable event.



Presidents' Night photos show, from left to right:

1. Inner Wheel Vice-President Margaret Swann, President Linda King, Ron King and Dorothy Newell
2. Dorothy Newell and Rotary President Phil Newell
3. Rotary Past President John Nudds entertaining us with his poetry.

For more information about Rotary or how you can become a member, contact Rotarian Phil Newell, 01485 533864 or Rotarian Mike Warnes, 01485 534392.

Phil Newell and Rene Rooth

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**Broadland/Townsfolk Master Plan
for Heacham
Re Planning Application 13/00306/OM
'Heacham Green Development'**

Heacham Parish Council called a public meeting at the Public Hall, Station Road on Saturday 20th April to set out their response to the Planning Application for the proposed 'Heacham Green' development to the east and west of School Road/west of the A149. The meeting was well attended by in excess of 350 people. In fact, before it even started, it was standing room only. The degree of concern was highlighted by the fact that our MP, Henry Bellingham was in attendance plus our Norfolk County Council member, Michael Chenery, and ward members Stephanie Smeaton and Colin Manning.

The meeting was opened by Martin Johnson, Chairman of the Parish Council, who indicated the Parish Council's objection based on the scale, the design and the access for the development. Mrs Sewell, Parish Clerk, read out a statement outlining how the Parish Council hoped to proceed against the application.



Henry Bellingham M.P. said that this application had caused the largest level of correspondence to him in his 30 years as our MP. He felt that Heacham was a special village and praised our community spirit. He was not against development but felt the plans were unsustainable and that Heacham must remain as a village and not have another village tacked on to it. He felt it wrong that as a social landlord, Broadland Housing should be working with developers such as Townsfolk Ltd.

Michael Chenery, our Norfolk County Councillor, gave his wholehearted support in opposing the application, considering it wrong to use agricultural green land in this way and urged people to write and object.

Mike Press, Chairman P.P.G. told the meeting that Heacham Surgery had currently 8000 patients and that local health services, including the QEH, would be stressed by the proposed population increase, contrary to the developers indications.

Invited Parishioners drew attention to loss of amenity and wildlife; traffic congestion on the A149 and within the village. There would be disruption during the building phase. It was noted that other villages had been ruined by similar proposals.

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Mrs Sewell, Parish Clerk, read out comments from a number of residents unable to attend.

The meeting was then opened to the floor, to allow those who had not pre-registered, to make their views known and raise any other points not previously raised. This raised concerns over flooding, employment and affordable housing at local level. A survey in the '60s had shown that drainage and access on this area were a problem then. It was noted that no one had come to speak in favour of the development.



The overwhelming consensus of the meeting was that the planned development is too large, would be separate from the main village and overpower the current infrastructure and facilities.

The Chairman thanked everyone for coming and urged people to make their feelings known to the planning authority.

THN

Events at Hunstanton Library

For further information about these events (or to book your place where necessary) please contact the Library on (01485) 532280 or pop in.

Wartime sweethearts and GI brides: Anglo-American romance in Norfolk during WW2:

Thursday 2nd May - 2pm - 3pm

A presentation by Libby Morgan from the 2nd Air Division Memorial Library. Booking essential. Refreshments provided.

A Beginner's Guide to Social Networking:

Thursday 9th May - 1pm - 3pm

If you'd like to find out more about Twitter, Facebook and other social networking sites, book in for this session. Booking essential.

Laughter Lines;

Thursday 16th May - 2pm - 3pm

Performance poetry by David Wood, from limericks to monologues. Come and enjoy some light hearted performance poetry by local author David Wood. Booking essential. Refreshments provided.

Knit and Knatter - come and help knit a mile of mice!

Tuesday 21st May - 2pm - 4pm

Need help with your knitting skills? Want to learn how to crochet? Then come along to knit and knatter at the library - materials and refreshments provided. Also the group are joining in the Guinness World Record attempt to knit a mile of mice to raise funds for The Alzheimer's Society. If you'd like to get involved, come along to the next Knit and Knatter.

Scrabble Club at Hunstanton Library:

Wednesday 22nd May - 10am - 12noon

Come along and join in a game of scrabble at Hunstanton Library. Fourth Wednesday in the month. Refreshments provided.

Activities to do with People who have Dementia:

Thursday 23rd May - 2 - 4pm

Do you have problems thinking of new and interesting activities for people with dementia? This workshop will provide you with some new ideas for activities to use with people living with dementia. Booking essential.

NEWSLETTER SUDOKU No. 70

Complete the puzzle so that each row, each column and each block of nine contain the numbers 1 to 9. Solution next month.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | | 5 | | | 4 | 2 | | |
| | | | 7 | 3 | | | 1 | 5 |
| | 6 | | 8 | 5 | | | 4 | 3 |
| | 1 | | 3 | 2 | | | 7 | 9 |
| | | | 4 | 1 | | | 5 | 2 |
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| | | | 2 | | | | | 4 |
| 3 | | 9 | | | 5 | 7 | | |

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| 5 | 8 | 9 | 1 | 6 | 4 | 2 | 7 | 3 |
| 2 | 4 | 3 | 5 | 8 | 7 | 1 | 9 | 6 |
| 7 | 1 | 6 | 3 | 2 | 9 | 4 | 5 | 8 |
| 3 | 7 | 2 | 6 | 4 | 5 | 9 | 8 | 1 |
| 1 | 5 | 8 | 7 | 9 | 3 | 6 | 4 | 2 |
| 6 | 9 | 4 | 2 | 1 | 8 | 5 | 3 | 7 |
| 4 | 3 | 1 | 8 | 5 | 6 | 7 | 2 | 9 |
| 9 | 2 | 7 | 4 | 3 | 1 | 8 | 6 | 5 |
| 8 | 6 | 5 | 9 | 7 | 2 | 3 | 1 | 4 |

Solution to
Newsletter
SUDOKU
No. 69

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TOMBOLA
SUNDAY 26th MAY

10 Novelty Classes
3 Obedience Classes
HAVE A GO FLYBALL
ROSETTES TO 6th PLACE
ALL CLASSES
REFRESHMENTS
SMITHDON HIGH SCHOOL
HUNSTANTON
PE36 5HY

FOR MORE INFO CONTACTT CATE 07815 443051 OR E MAIL poochcorner@aol.com

WHAT'S ON REGULAR EVENTS

CC = Cunningham Court
PH = Public Hall
NC = Neville Court

OFH = Old Friends Hall, Sunnyside
PRH = Pine Residents Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside
HSC = Heacham Social Club
MC = Methodist Church Hall, Station Road
SM = St Mary's Church Hall, High Street

MONDAYS

TABLE TENNIS 9.30am Tel: Adrian 570477 PH Top Room)
SUNNYSIDE CLOSE (Sheltered Housing for over 60's) Coffee Morning 10.30am Tel : 570492
RAINBOW CIRCLE TODDLER GROUP 1pm in school term time Tel: Pip 570812 or Karen 571837 (SM)
ZUMBA GOLD Exercise to music 1-2pm Suitable for all levels 2.15 - 3.15pm Gentle stretch & relaxation classes for all ages Tel: Suzie Povey 07900 818311 (PH)
DRAMA JUNIOR CLASSES 4.15-5.15pm Tel: 579074 (SG)
2nd HEACHAM RAINBOWS Term time Girls 5 to 7 years old 5 - 6.00pm Tel: Mary Harpley 07813014477 (PRH)
HEACHAM TENNIS CLUB Junior Coaching @ 5pm Tel: Richard 07718553415 or Janice 07923612187
RESTORATIVE YOGA 6 - 7.30pm at Heacham First School Contact Sandee Tel: 01485 570485
1st HEACHAM SCOUTS (boys and girls aged 10 to 14yrs) 7 - 9pm Tel: Rob 572239 or Julz 572890 (SG)
HEACHAM IN BLOOM 3rd Monday of the month in the Parish Council Office at 7pm
INDOOR BOWLS CLUB 7pm (MC)
LINE DANCING 7-9pm £3.00 Tel: 532317 (PH)
HEACHAM WIVES GROUP – 2nd Monday of most months at 7.30pm (HSC Top Room) Contact Sue Scott Tel: 572252

TUESDAYS

HEACHAM DAY CENTRE FOR ELDERLY 9am - 3.30pm Transport may be available Tel: Geoff Speed 572584 (OFH)
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)
LADIES KEEP FIT FOR OVER 50's 10.30 - 11.30am. Contact Kath Manning-Coe Tel : 01553 774343 (SM)
CARERS SUPPORT GROUP Run by W.N. Mind Lunch Coffee and Chat at Piece of Mind 4 Poplar Avenue Tel: Hannah or Mandy 01553 776966
LINE DANCING 1.30 - 3.30 pm Contact Diane 571166 (SM)
WOMENS FELLOWSHIP 2.45pm Every other Tuesday (MC)
SLIMMING WORLD 5.30pm & 7.30pm Tel: Ann 01553 763949 (SM)
WEIGHT WATCHERS 7pm (OFH) Tel: Alison 07796 904311
PARISH COUNCIL MEETING 3rd Tuesday of the month in the Parish Council Office 7.30 – 9.30 pm
HANDS & NEEDLES GROUP every other Tuesday 7.30 – 9.00pm Tel: Joan Careless 570363 (MC)
HEACHAM DIGITAL CAMERA CLUB meet 1st & 3rd Tuesday of the month 7.30pm Sandringham Club West Newton Email: heachamdigitalcameraclub@yahoo.co.uk or call Viv for info on 07906056019
POCAHONTAS PLAYERS Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)
LIVE ENTERTAINMENT from 9.00pm at Fox & Hounds
HEACHAM BOOK CLUB 3rd Tuesday monthly Tel: Beth 570479

WEDNESDAYS

CAR BOOT SALE Heacham Sports Field from 7am
SCALLYWAGS PLAYGROUP Term Time 9.30 – 11am £2 Tel: Clare 07816913657/Jo 07521447284 (SG)
WEST NORFOLK MIND Day Centre 9.30 – 3 pm at 4 Poplar Ave Heacham £35 per day or £20 part of a day (personal budget holders & self-funders welcome) Tel: Joyce Armstrong 07704338775 www.westnorfolkmind.org.uk
CARPET BOWLS 10.30 – 12 noon Tel: 570776 (PH)
LINE DANCING 1.30 – 3.30pm £3 Tel: 532317 (PH)

PATIENT ADVICE & LIAISON SERVICE 2 – 4pm on 2nd & 4th Wednesdays monthly at Heacham Parish Council Office
FOOTBALL Under 8' & 9's 4.30-5.30pm Heacham Social Club playing fields Contact Mark 07561303886
TAI CHI & KUNG FU 6.00 – 7.15pm-Childrens Kung Fu 7.15 – 8.15pm -Adult Tai Chi 8.15 – 9.30pm-Adult Kung Fu Tel: Derek 01553 674779 (PRH)
HEACHAM TENNIS CLUB Senior Club night @ 6pm Tel: Janice Campbell 07923612187
LINE DANCING FOR IMPROVERS – 7 - 9pm. £3. Contact Diane 571166 (SM)
BINGO 7.30pm Neville Court Grouped Home
HEACHAM TWINNING ASSOCIATION 3rd Wednesday every month in the Parish Council Office at 7.30pm New Members welcome Tel: 579465.
WEST NORFOLK SINGERS 7.30pm Tel :Heather Titcomb 01485 542960 (MC)
QUIZ NIGHT 8.45pm Prompt start New teams of up to 5 welcome £1 entry pp Cash Prize & Cash Snowball (HSC)

THURSDAYS

WEST NORFOLK MIND Day Centre (specifically for older people dementia friendly) 9.30 – 3 pm For details see Wednesday
TABLE TENNIS CLUB 10am (PH Top Room)
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)
MOTHERS' UNION 4th Thursday monthly 2pm (SM)
TREFOIL GUILD 1st Thursday monthly 2 - 4pm Tel: 07813014477 Mary Harpley (PRH)
BINGO 2.30pm at Sunnyside Close (Sheltered Housing for over 60's) Tel: 570492
WRITING GROUP AT HEACHAM SURGERY 3 - 5pm every other Thursday Contact Heacham Surgery or Tel: Caroline Smith 01553 819460 between 1-1.30pm Tuesday
1st HEACHAM BROWNIES Term Time Girls 7 - 10yrs (MC) 5.30 – 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084
JUDO Beginners 6 - 7.30pm Tel: 571614 (PH)
1st HEACHAM CUBS ages 8 – 10yrs Term Time 6.45 – 8.30pm Tel: Sam 572138 (SG)
JUDO Advanced 7 – 9 pm Tel: 571614 (PH)
FLOWER CLUB 4th Thursday monthly 7.30pm Flower arranging & demonstrations Tel: Alayne Seymour 570560 (SM)
RAO BUFFALOS 8pm (HSC Top Room)
QUIZ NIGHT Cash Prizes 9pm at Fox & Hounds

FRIDAYS

BEREAVEMENT SUPPORT IN HEACHAM 10am - 12 noon 3rd Friday of the month Contact Renee Smith or Barbara Fargher silverlinings@gmx.co.uk or [Tel:534741](tel:534741) (SM)
COFFEE AFTERNOON Fridhem Rest Home Station Rd Last Friday of the month at 2pm
SOLO WHIST – Don't be solo – Go solo 2 - 4pm Entry £1 Congenial atmosphere (PRH)
1st HEACHAM BEAVER SCOUTS for boys & girls aged 6 to 8 years Term time 6 - 7.15pm Tel : Barry 570767 (SG)
TAI CHI & KUNG FU 6 - 7pm Beginners Tai Chi 7 - 8pm Advanced Tai Chi 8 - 9.30pm Adult Kung Fu Tel: Derek 01553 674779 (PRH)
CASH BINGO 7.30pm (PH)
WILDFOWLERS CLUB 1st Friday monthly 7.30pm (HSC Top Room)
SATURDAYS
HEACHAM YOUTH CLUB Term Time School yrs 6-11 Tel: Tracey Swann 07833 307856 (SM)

HEACHAM DIARY

Saturday 4th May GIG 'Mark Josef' at Silver Sands
Saturday 4th & Sunday 5th May Heacham Spring Art Show at the Old Friends Hall Sunnyside 10am to 4pm Free Entry
Sunday 5th May 'Sunday Afternoon Jazz' at Fox & Hounds Station Rd 1.30 - 3.30pm
Sunday 5th May GIG 'Craig Powell' at Silver Sands
Friday 10th & Saturday 11th May 'Evolution Express' The Musical at Public Hall Station Rd Tickets £7 Tel: Janice 570402 or Jim 571267
Saturday 11th May GIG 'Total Eclipse' at Silver Sands
Tuesday 14th May GIG 'Honeydrinker.' at Fox & Hounds Station Rd from 9.00pm
Thursday 16th May 12 noon Deadline for submissions for insertion into the June Edition of the Newsletter
Saturday 18th May Coffee Morning at Heacham Methodist Church 10am - 12 noon Books Cakes Gifts & Fellowship
Saturday 18th May Trefoil Guild AGM at Netherd High School for more info Tel: Mary Harpley 07813014477
Saturday 18th May GIG 'Leslie Anne Shaw' at Silver Sands
Monday 20th May 'Bingo' at Fridhem Rest Home Station Road Eyes down @ 7pm 'All Welcome'
Tuesday 21st May GIG 'Stone Pony.' at Fox & Hounds Station Rd from 9.00pm
Saturday 25th May 'Messy Church' at St Mary's Heacham 10am to 12 noon No unaccompanied children Please book in advance Tel: 571348 or email griffin568@btinternet.com
Saturday 25th May Craft Fayre at West Norfolk Mind Poplar Avenue 11am to 3pm Gifts Cakes Tombola BBQ
Saturday 25th May GIG 'Budgie' at Silver Sands
Tuesday 28th May GIG 'Back Pages' at Fox & Hounds Station Rd from 9.00pm
Friday 31st May GIG 'D.N.A Jam Night' at Fox & Hounds Station Rd from 9.00pm
Sunday 23rd June Heacham Twinning Club Open Gardens from 12noon Entry £3 for more info Tel: 572252

OTHER EVENTS

Sunday 5th May & Monday 6th May RAF Bircham Newton Heritage Centre Open Days 11am to 5pm more info at www.rafbnmp.org.uk
Tuesday 14th May Brancaster CC 7.30pm at Brancaster Staithe VH 'Battle vs Hunstanton Photographic Society' Tel: Jim Till 210013 or Wendy Callow 01553 674725 Entry £3.00
Friday 17th May Amner Village Social Club Film Night 'Life of PI' at 8 pm tickets £3 [Tel:579465](tel:579465) or email films@amnerclub.co.uk
Friday 17th & Saturday 18th May Princess Theatre Club 'Wife after Death' by Eric Chappell Tickets from Princess Theatre box office Tel: 532252
Saturday 18th May Brancaster Staithe Sailing Club Open Day 9.30am - 2.30pm @ Harbour Way Brancaster Staithe for more details email Mark Foley m-foley@btconnect.com
Saturday 18th May Cinema in Syderstone 'Quartet' 7.30pm @Amy Robsart Hall Tickets in adv £3.50 Tel: 578171/578588
Monday 20th May 'Folk Dancing' at Brancaster Staithe Village Hall 7.30 - 9.30 pm Contact Janet Bowles Tel:210587
Tuesday 21st May Brancaster CC 7.30pm at Brancaster Staithe VH Set print competition 'Unusual Perspective' Tel: Jim Till 210013 or Wendy Callow 01553 674725 Entry £3.00
Thursday 23rd May Norfolk Wildlife Trust Talk by Glyn Ingram 'Deer in Britain & at Holkham' Hunstanton Methodist Church Hall Austin Street Entry £2 members/£2.50 visitors
Sunday 26th & Monday 27th May RAF Bircham Newton Heritage Centre Open Days 11am-5pm more info at www.rafbnmp.org.uk

MONDAY 27TH MAY Table Top Sale in aid of Tapping House, from 10am - 2pm at Hunstanton town hall. free entry, refreshments 25 tables. PAT 01485 571431.

SEDFORD PRE-SCHOOL - Toddlers from age 2+ Mon to Fri mornings 8.45-11.45am (with optional 'wraparound' from 11.45am to 12.30pm) and **Tues & Thurs** afternoons 12.30-3.30pm Term time only Sedgford Primary School Ringstead Rd Sedgford – Tel: Diana 01485 579489

Mondays

U3A HUNSTANTON meets on the third Monday of most months (except August and December) at 2pm in the Hunstanton Community Centre Tel : Chris (Chairman) 535065 or Barbara (Secretary) 571484 for further details

Tuesdays

BRANCASTER BABY & TODDLER GROUP Simms Reeve Inst. Hall Brancaster 9.30-11.30am during term time £1.50 per family.For more details e-mail

brancasterbabyandtoddlergroup@yahoo.co.uk

KEEP FIT FOR OVER 50's 10.00 to 11.30 am Ringstead VH Cost £3.50 Tel: Val Barnes 01328 864358

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

Wednesdays

SING FOR WELLBEING. from 10.00am – 12.00noon at Snettisham Memorial Hall Accessible to all ages and abilities New members welcome Tel: Carol O'Neill 01328 838316 or email carolone@homecall.co.uk

HUNSTANTON VOLUNTEER SURGERY 3rd Wednesday of each month 10.00 am to 12 noon at 1st Floor Council Offices Valentine Road Tel : Karen Lee 01553 760568 or e-mail Karen@westnorfolkvca.org

RESTORATIVE YOGA 10 - 11am Sedgford Village Hall Contact Sandee Tel: 01485 570485

DOCKING LOCAL PRODUCE MARKET 10am - 3pm in Ripper Hall Tel: 518945

LYMPHOEDEMA SUPPORT GROUP meets on the second Wednesday of each month 10.30 am to 12 noon at Tapping House Snettisham

CATKINS TODDLER GROUP – Wed afternoons 1.00-3.00pm term time only Sedgford Primary School Ringstead Rd Sedgford – Tel: Diana or Gemma 01485 579489

YOUTH 45 GROUP meet at Ringstead Village Hall 7pm to 8 pm for young people aged 7-14 Cost is £1 per evening and the contact is Mr T Large 11 Holme Road Ringstead Tel: 01485 525480

FIRE CADETS at Hunstanton Fire Station 7–9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07919 492294

WEST NORFOLK TAI CHI CHUAN – weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

HEACHAM LITTLE DRAGONS Korean martial arts of self defence 'Ages 5+' 4.30 - 5.30pm at the Scout Hut Heacham. For details contact Ian on 07806 622154

Fridays

BRANCASTER BABY AND TODDLER MUSIC GROUP Simms Reeve Inst. Hall Brancaster 10 – 11.30am (term time) 1st & 3rd Friday of the month £1.50 per family For more details e-mail brancasterbabyandtoddlergroup@yahoo.co.uk

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon High School Hunstanton For details contact Ian on 07806 622154

Saturdays

CHRISTIAN YOUTH GROUP 3rd Sat each month 10am to 12 noon Children aged 10-14 Cost £1 at Dersingham Church Hall More info from Steve 07425 145887



HEACHAM LIBRARY

BOOKS • INFORMATION • TELEPHONE • NEWS • INTERNET

Did you know that we add around 20-25 new books to the library collection every month? This month's featured authors are Jack Higgins of "The Eagle has Landed" fame and Peter Robinson, creator of the brooding Inspector Banks. Heacham Library is unique in Norfolk and couldn't operate without the support of a dedicated team of Library Volunteers. To this end we all would all like to wish Mary Dawson, part of the Wednesday Team, a speedy journey back to full health as she is much missed. The figures for the last year of operation show a continued increase in the use of the Library, bucking the national trend.

If you would like to learn the basics of how to get online and use the internet, we also run free courses at the Library on Thursdays. In addition, we can now offer sessions which help you with basic word processing, spreadsheets and emailing. If you would like to book a place, please ring 01485 572142.

Heacham Library Opening Hours
 Monday, Wednesday, Friday - 10am-4.00pm
 Saturday - 10.am – Noon

Special Library Visitors

On the evening of Thursday 28th February, Heacham Library opened its doors to the Heacham Brownies. This was a special opening to assist them with working towards their 'Book Lovers' badge. All of the Brownies had a quiz to solve about the Library and its facilities, which they did in groups of two or three. Some

also took a turn in the 'Librarian's chair, practising using the date stamp. Two stories were also read out, one by the Librarian and the other by one of the Brownies. The evening ended with a new Brownie making her promise.





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Planning Application 13/00306/OM

Outline Application: Construction of a mixed use scheme comprising 355 dwellings plus a care home, housing with care facilities, a building for community use, 465m2 of business incubator units, a public house with accommodation, allotments, associated landscaping, a skate park, green open space, SUDS ponds and associated works including an electricity substation and a pumping station. The primary access is to be from a new junction off the A149. Land West of A149 Lynn Road Heacham Norfolk.

Letter from Parish Council Chairman

I should like to thank everyone who attended the Public Meeting at the Public Hall on 20 April. I do not recall the Hall ever being so full. I am grateful that those who had to stand throughout, remained for the duration of the meeting. The Parish Council does not often call public meetings, but this is a significant matter and it was important that myself, fellow parish councillors and other elected members could state our case and listen to your views. For those of you who could not attend I set out the Parish Council’s main objections:

§ The scale of proposal would constitute an unnatural level of development on an already large village.

§ The design of the development is such that it in effect creates a separate community.

§ Despite plans to minimize traffic through the village by creating a separate access, the scale of the development will ensure that the current issues regarding traffic on the A149 will be exacerbated. However, School Road will also be subject to more traffic flow as part of the development i.e. the care home and the supported living homes will be accessed via School Road.

§ The land in this proposal is currently outside the village development boundary and in our view runs contrary to the Local Development Framework as it stands now. The Borough Council are still reviewing housing allocation across the Borough and is due to report in the summer. This proposal undermines that process.

§ There is the potential for great strain on the existing local infrastructure such as drainage, sewerage and medical.

I note from the Borough Council website that many of you have registered your views as we asked and the planning department are in no doubt of the general view. The planning department have confirmed that they will accept further comments up until 21 May, if you didn’t manage to make your views known by the original deadline. We now await the Officer’s report and the Development Control Board meeting.

Martin Johnson

What Happens Now

The plan along with the views of statutory consultees such as the Parish Council and Highways will be reviewed alongside the comments made by residents by the Case Officer. The Officer will then prepare a report with recommendations which will be submitted for consideration by the Development Control Board, who may wish to visit the site as part of their deliberations. The Board is made up of Borough Councillors advised by the senior planning officers. The earliest the Board could meet is June, however it could be pushed back until July. The meetings are normally held at the Borough Council Offices in King’s Lynn and are open to the public. If the application is refused, the plans could be altered and resubmitted or the developer may choose to go through the appeal process.

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01485 535321 www.serenitynaturalhealing.co.uk

Incinerator update

As Henry Bellingham MP gave evidence to the inquiry, he raised many issues including the County Council's 'last minute switch' to the £46million more expensive Cory Wheelabrator bid. The Planning Inspector is expected to send her recommendation to the Secretary of State for Communities & Local Gov, Eric Pickles, around July 2013. In the meantime, instead of crossing our fingers and hoping for the best, we all have the opportunity to take control of our own destiny. If the May 2nd 2013 election shows a decisive swing in favour of reforming Norfolk County Council, its impact could be dramatic. If you share the view that the incinerator must not be forced on people, it is necessary to vote and above all do so wisely, not based on the colour of a candidate's rosette. Most, if not all, candidates declare their opposition to the incinerator. In practice, the only West Norfolk County Councillors to have distinguished themselves by standing up for us, are John Dobson, Brian Long and Alex Kemp. They deserve recognition for working on our behalf. The rest of our County Councillors have done very little if anything to stop the incinerator.

The inquiry has taken longer and cost more than expected. This favours Cory Wheelabrator because NCC agreed to pay their legal fees with our money. For KLWIN it is a real challenge to meet the ongoing cost, which is why our fundraising events are so necessary. Please come to as many as you can.

10th May, 7:30pm - The Jeremy Irons – Candid Brady Film 'Trashed' will now be shown at King's Lynn Arts Centre, 29 King's Street. If you think waste is someone else's problem, think again. This powerful film is changing attitudes. Tickets £5.

18th May, 7pm - Back by popular demand KLWIN's 2nd Bollywood Curry Night. Tickets £12 in advance only. Call 01553 840640.

13th July - African Music & Dance with the brilliant Anna Mudeka Band. Tickets in advance £10, or £12 on the door. Call 01553 840 640.

For more information please visit www.farmerscampaign.org & www.klwin.com

Mrs Bea Knights

Community Cinema

On Saturday 18th May

Cinema in Syderstone

presents

'Quartet'

Dustin Hoffman's first turn at directing a film and with a dream cast: Maggie Smith, Tom Courtenay, Pauline Collins, Michael Gambon, Billy Connolly, Andrew Sachs and Trevor Peacock. This is a version of Roland Harwood's much loved play, set in a retirement home for ageing musicians where preparations for the annual gala are thrown into chaos by the arrival of opera diva Jean (Maggie Smith).

Venue: Amy Robsart Village Hall,
Syderstone PE31 8RX.

Start time: 7.30pm.

Tickets £3.50 in advance.

Contact 01485 578588 of 578171

Email: cinema@syderstone.com

Heacham at Night

I hope you managed to take a look at the sky in April. I was not very lucky in the first half and at the Kelling Heath star party on the 13th it rained. At least it did in the evening. In the day the sun was sometimes seen. This, of course, is our closest star. Not a remarkable star except that we live only because of the energy it provides. It is at least 4.5 billion years old, has 109 times the diameter of the Earth and is, on average, 93 million miles away. Light takes just over 8 minutes to reach us from the sun's surface so when you watch one of the brilliant sunsets from the Heacham beaches you are looking back in time – the sun's body vanished below the horizon over 8 minutes before the light goes. Never look at the sun directly with your naked eye and never ever look at it through standard optical instruments. However, amateur astronomers are increasingly observing the sun with the use of special filters and specialist solar telescopes (solarscopes). At Kelling Heath I was lucky to be able to observe many sunspots through a large telescope fitted with a Baader filter and, at Heacham, I have often observed both sunspots and solar prominences using both filters and solarscope. If you are interested I will try to arrange an opportunity for you to have a look too.

Anyway, this is supposed to be about Heacham at night, so what does May offer? The Panstarrs comet is still moving across the sky, though this has been pretty disappointing and is now fading away. However, given a clear sky and binoculars or a small telescope you might be lucky, but only in the first half of the month. Find the W shaped constellation called Cassiopeia and go to the bottom of it. Imagine a line between that and the handle of The Plough. The comet is moving along that line, closer to the W on the 1st of May and about half way along the line on the 15th.

SILVER SANDS PUBLIC HOUSE

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Brighter objects to see this month are meteors. These are small pieces of rock which burn up as they speed through the atmosphere and so leave a bright trail. Sometimes they burst into a bright flash of light. Staring into the sky from my back garden, I have often seen them and always try to catch a meteor shower – a time when the Earth’s orbit intersects the orbit of a cluster of rocks. During May the Earth passes through debris left behind by Halley’s Comet and the meteor shower peaks in the early hours of 6th May. Look towards the east. Have a look any clear night and be patient. (Halley’s Comet is famous, Google it). I saw it in 1986 and it will next be in the sky in 2061. The Royal Mail brought out a stamp in 1986 featuring two images and the words ‘Maybe twice in a lifetime’.

Planets provide some entertainment this month and you do not need any equipment. Heacham beaches are the place to be again; look to the right of NNW. Jupiter, Venus and Mercury can all be seen together. The time – around 10pm; the date(s) from the middle to the end of the month. On the 12th it is just Jupiter to the right of a crescent moon. From the 17th, Venus moves above the horizon and gets closer to Jupiter in the following days. Mercury also joins in – rather closer to Venus than Jupiter, though all are close on the 24th. Hope for a clear horizon and try and look over several nights so you can observe the ‘dance’ as their movement (and Earth’s) change relative positions over time.

Last month I mentioned Saturn. This month is a good time to look at it. Look more or less due south and about a third of the way up the sky from 10pm or later. Look for a bright object which should resolve into a very small disc in binoculars. Find someone with a small telescope and see if you can see the ‘horns’ which is what the rings look like unless you have access to something better. It is really worthwhile looking at the planet through a decent telescope so that the rings, and some of Saturn’s moons are revealed – Titan, Tethys, Rhea, Dione, Iapetus – wonderful stuff.

I started this article talking about our star, the Sun. Obviously there are a lot of stars up there, many much bigger, hotter, brighter than the Sun whilst others are not. Stars have different colours too and young eyes are better at picking them out. Make a start with Antares on the 30th May. It will be low in the south just before midnight. It stands out just then and is bright orange. Antares is classed as a red supergiant and is almost 900 times the diameter of the sun. It is about 550 light years from the earth so the light from it you see in your eyes on the 30th May started out in around 1463. What was happening around Heacham then?

Hope to see you on the beach.

Terry Parish



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THE POCAHONTAS PLAYERS

EVOLUTION EXPRESS the Musical

Well, not long to go now until May 10th and 11th. The group has been working so hard, with added rehearsals for singing and dancing. This production, an idea of Dave Curtis, written by Dave and Jimma Race, is something that we have never done before, in the 18 years the group has been established.

It’s a travel in time, of man’s achievements, through Dialogue, Song and Dance, depicting means of time/travel, starting with Cave men, War time, Radio, Engines, Trains, Cars, Lorries, through to the modern day Computer age.

We have purchased for this production (and further productions) a new Digital light controls programme/pack at the cost of £400, with added light effects, at the cost of £300. This will add so much more to Evolution Express.

For THIS production, there is a need for special stage extensions, at a cost of £400, for which we thank David Conner, who has worked extremely hard building it. Without telling you all what is going to be performed on these extensions and spoiling your surprise, this is going to be very spectacular indeed!!

Another major step forward, are the backdrops, with all of them now being digitally printed.

Our productions are very well attended and we must thank you all for your support. It’s great to entertain our villagers, and many neighbouring villagers and towns, plus the holiday folk, in one of the best Amateur Dramatic halls/venues around - Heacham Public Hall!!

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THE SONG REMAINS THE SAME Monthly musings on music by Frank Edmonds

Rage to survive: The Etta James story

She had a voice that could strip paint at 50 paces – and wrap you in tenderness at the same time (which, let's face it, would make DIY really interesting).

At times she could be as abrasive as Janis Joplin, at others, as soothing as Billie Holiday. Occasionally you could even throw a little touch of Aretha into the mix.

And, sadly, at other times her somewhat colourful life was a match for the worst excesses of most rock stars you could name. The lady was Etta James – and even if you don't think you're familiar with her music, there's every chance you actually are. Do you remember THAT advert from the TV, where a bunch of girls are swooning over a hunky bloke as he pauses from work, mops a sweaty brow, and, to the ladies' delight, peels his shirt off before drinking a Diet Coke?

The soundtrack to that little scene is a raucous girl singer provocatively belting out a brassy rendition of I Just Wanna Make Love To You. That's Etta.

Or do you recall the despairing blues classic, in which the singer declares I'd Rather Go Blind than to see you walk away from me? It was a big hit for Chicken Shack, as sung by Christine McVie, who went on to make a bit of a name for herself with Fleetwood Mac. But the original version? Yep, that would be Etta.

Or you may know the song At Last, in which the singer proclaims that she's finally got her man. It's getting to be a popular choice in both TV and film soundtracks (and no doubt at weddings, too!). It's a much-covered Forties song, but the version you'll hear most often is, yes, you guessed, Etta's.

If you think "Etta James" sounds like it was her real name, then you're nearly right. It's actually her christian name – backwards! She was born Jamesetta Hawkins, on January 25, 1938, in Los Angeles, but as stardom beckoned, it was felt calling her Etta James instead was the obvious thing to do.

Her mother, Dorothy Hawkins, was only 14 when Etta was born, and Etta was raised by a series of foster parents, referring to her real mother as "The Mystery Lady." Her father has never been identified, although Etta herself thought it was Rudolf Wanderone, better known as pool player Minnesota Fats.

Etta's first break as a singer came at the age of 14, with an impromptu backstage audition for rock 'n' roll bandleader Johnny Otis, at a concert in San Francisco's Fillmore Auditorium. There are other stories about hotel rooms, but that's the version I prefer to believe.

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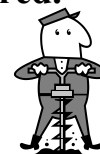
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This led to Etta's first recording. Hank Ballard, another early rock 'n' roller, had a hit at the time called Work With Me Annie. Etta recorded an "answer" to this, which she co-wrote, called Roll With Me Henry. You can probably guess she wasn't talking about baking, and the song was even retitled Dance With Me Henry in a bid to hide its risqué lyric.

It was a No 1 hit on the rhythm and blues chart, and Etta got to tour with Little Richard. Hank Ballard And The Midnighters even recorded an answer to Etta's answer, called Henry's Got Flat Feet (Can't Dance No More)!

That's fine and well, but what really annoyed Etta was that another singer, Georgia Gibbs, recorded a version of Etta's song, with the even cleaner title of The Wallflower ... and had a No 1 hit on the national pop charts with it. Oh dear. Well, that's showbusiness.

When she was 16 it's said Etta was in a relationship with blues legend BB King, who supposedly wrote his hit Sweet Sixteen about her. Later on she was certainly involved with Harvey Fuqua, leader singer of doo-wop group The Moonglows, and they recorded several songs together.

Etta's career didn't really take off until 1961, with the release of her debut album At Last!, for the Chess Records subsidiary, Argo. It's a fabulous record, and a great place to start if you're dipping your toes into the Etta James catalogue (although you'll also find that At Last is a common title for Etta James compilation albums).

Label bosses and producers Phil and Leonard Chess recognised Etta's crossover appeal, and had her power her way through robust songs like At Last and I Just Wanna Make Love To You, and

glide through jazz standards like Stormy Weather and A Sunday Kind Of Love, all to a wonderfully lush orchestral backing.

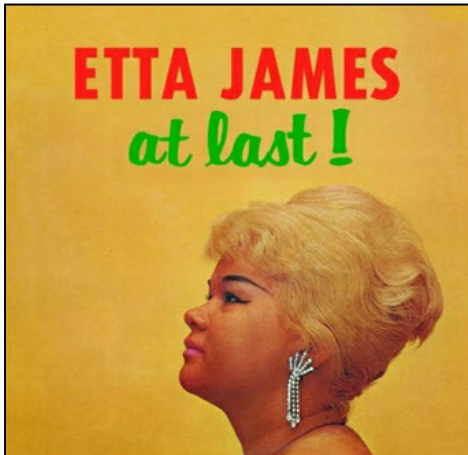
In 1968, Leonard Chess pulled off the masterstroke of teaming Etta's voice with the legendary Muscle Shoals rhythm section, famed for its work with soul giants such as Aretha Franklin, Wilson Pickett and Otis Redding. The resulting Tell Mama album included I'd Rather Go Blind, and a hit cover of Otis' song, Security.

Sadly, Etta's already colourful career would also come to embrace heroin addiction, which would blight both her personal and professional life, and would see her in and out of courts, rehabilitation centres, and even a psychiatric hospital.

But she always remained a popular concert draw, even if her later record sales could not match her earlier career peaks, and she is revered by many of the top names in music. She toured with the Rolling Stones – now that's a bill I would love to have seen – and after her death in 2012, Stevie Wonder and Christina Aguilera each gave a musical tribute at her funeral.

Her hard-hitting and brutally honest autobiography, Rage To Survive: The Etta James Story, by Etta with David Ritz, is a recommended read.

• **FEEDBACK:** If you have any views, comments or suggestions you'd like to air about the column, feel free to contact me at: frank@bronyaur.demon.co.uk







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Heacham Green Team

Still a very poorly attended meeting with just six people, and that included the Chair and Clerk to the Parish Council. What is the matter with you people? Yes, I know many of you have to work but equally there are a good few of you who are retired like me. So, get off your bottoms and come and help us please.

Matters discussed were:- The gradual replacement of the current sodium street lighting with LED's which will cost much less to run and last for ages. The possibility that the Borough Council may add glass to their collection system, which will be good for those who can't get to the Tip (recycling centre). Ideas for clothing and other re-useable stuff, to be either collected or taken to Sense or British Heart Foundation, or set up a local Freecycle scheme for which a keen organiser would be needed. The idea of bulk buying for heating oil was discussed but again we need an organiser. We are considering asking for someone from Reepham village to come and talk to us about their thriving Green scheme. It would be very sad however, if this was organised but only a few people turned up. We are still trying to set up a recycling system for waste plastics (yoghurt pots, margarine tubs, plastic bottle tops and the like which can't go in the recycling bin at present). A collection point is necessary and one possibility is the Junior School.

We talked about the possibility of recycling green waste within the village but the brown bin system is probably still the best idea unless we have a mad keen composter out there.

Michael Drew

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Heacham in Bloom

Now that the weather has improved, you will see us out and about more and more, preparing for the arrival of the summer bedding plants. A big

thank you to those of you who supported our Spring Coffee Morning at which we raised over £330, our best total yet. A special thank you also to Silk Road II and Heacham Youth Club who have joined the bed sponsor list for 2013.



Photo by Ryan Percy

Last month we launched our two local initiatives. The first of which is **The Best Blooming Caravan and Caravan Park Competition 2013**. We have circulated posters and entry forms to each caravan park in the village. Forms are also available at www.heachamparishcouncil.co.uk. We look forward to seeing more entries than ever this year. The second is the **Heacham Pride of Place Campaign** where we hope to encourage you to take a fresh look at your part of the village and put into practice

ideas which might improve it. We have issued our first £10.00 voucher for plants already to Mary Harpley for Sunnyside Sheltered Housing. Please register at the Parish Council Office to be in with a chance to receive your voucher.



In the meantime, I hope you have enjoyed the late daffodils at South Beach, the Primulas at the Fire Station and the spring bulbs around the village sign. Don't forget you can log



onto Facebook for weekly updates on our progress.

Steve Percy

Chairman of Heacham In Bloom
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Musings from The Potting Shed

Flowers always make people better, happier and more helpful; they are sunshine, food and medicine for the soul.

Luther Burbank, American plant breeder and botanist.

So, as I had planned, I went to London. The idea was to visit Kew Gardens in all their spring glory, to visit museums I hadn't been to since I was a boy and to go and gaze at the wonderful paintings in the National Gallery. Well, it wasn't a total disaster. Due to the biting cold weather, nothing much was happening at Kew except in the glorious glass structures like the Palm House and the Princess Diana glasshouse. As always these were an inspiration and a delight. But I wanted to wander through drifts of spring flowers enjoying the sunshine. The few crocuses about looked all sad and limp and I could have counted the daffodils on my fingers.

In mitigation, the paintings by Marianne North were beautiful. An amazing woman who trekked all over the world painting plants and flowers. She died young, probably worn out by her travels and illness but she bequeathed a superb collection of botanical paintings to Kew - and the nation. You can see them on-line together with the Shirley Sherwood collection of botanical paintings. But Marianne's pictures, apart from being wonderful botanical paintings, show the scenery as well and are so exuberant.

I went to museums as well. These were all crowded with small children speaking in tongues (French, German, Russian I think and Italian). If anyone thinks English children are bad mannered, they should have been with me. In my day the little tykes would have had a good ding of the lug but one is not allowed to do that these days.

All in all a slightly disappointing trip but I did see my son and his wife and the grandchildren so it wasn't all wasted. And I managed to contract a cold from one of the millions of diseased persons milling about down there. I'm not sure if I really like London!

I'm really very impressed with Hilary Dellar-Lane's articles. She writes with obvious passion as well as knowledge. I truly hope she will continue to produce articles for your, and my, enjoyment, and I hope that didn't sound patronising. We need people to produce articles and stories for your newsletter or it will just have adverts. So, come on folks give it a try, the first ten years are the worst!

Much to my astonishment all my fancy tomato seeds germinated and at the time of writing are thriving. So, encouraged by this fecundity, I recently sowed a bed of broad beans having soaked

them first for 36hrs. This, in the fond hope that having absorbed water and started to swell, they would germinate faster. Having now been thoroughly bitten by the growing things bug, I then sowed a tray of brassica seeds (Asparagus, Kale, sprouting Broccoli and Brussels sprouts). One or two are showing their noses so I have hopes. Today is lovely and really I should be out there putting in the potatoes but this article needs doing and I must get on with it.

As you may have seen in the EDP, I have been elected to the Governors Council for the QE Hospital, an institution I worked in for many years. It all started when I finished my National Service. I suppose I should have gone to University but I didn't like school much and couldn't bear the thought of starting it again. So, I went to see my local Vicar who had practised medicine before taking Holy Orders. He had been a great help to me when I was doing my "A" level Botany and Zoology. He suggested that I might want to try working in Pathology and got me an interview with the Hospital Secretary at the old General Hospital in Lynn. I started work there in October 1957 and retired 38 years later from the QE in 1995. I loved the job. It was much like an apprenticeship. Great fun, lovely people to work with and some very attractive nurses! Now I'm all retired and I became a member of the Foundation Trust at the QE, which so can all of you. You should as our leaders are trying quite hard to downgrade our excellent hospital to junk status. A while ago I was asked if I would like to apply to be on the Council of Governors and I had to put my ugly mug on a paper and say why I would be an asset. I was feeling rather cross at the time as I had heard all sorts of tales about the laboratories closing etc. so I poured by spleen out on paper and submitted it. And to my surprise I was elected. So now I'll have to earn my keep as it were and try and help the old place. I am currently trying to sort out why the things being done to the laboratory are being done.

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I may start using the newsletter to keep you up to date. So watch this space.

Lady Thatcher is dead. People are saying what a wonderful woman she was and I suppose in some ways she did some good in controlling the unbridled left wing unions. She was also instrumental in rescuing the Falklands. But in my mind she encouraged the modern culture of greed that culminated in the banking crisis. We had all that oil and gas from the North Sea and instead of, like Norway, being prudent with it and using it to build up our broken industrial base, the money was squandered on - well what was it spent on? Now it's all gone and we are having to buy the stuff from - Norway!

Under the soil of this fair land of ours lies enough coal to keep us warm for the next 600 years. OK, it's a polluting material to burn but I would have thought it possible with the current state of scientific knowledge and a bit of willpower for us to use the stuff without emitting loads of muck. It's also full of useful chemicals that at present we obtain from oil. We will have to turn to coal eventually as the oil and gas will run out so why not start some serious research now. I bet it's better than Fracking, and cheaper. And if that doesn't raise a howl of protest, my name isn't Michael Drew.

At last we get the first hint of the development proposed for the fallow fields to the south of the village. I will follow developments with interest and will be very pleased to see the plans when they are published. I'm saying no more at present.

There has been much fuss recently about the state of agriculture in the country. What with drought last year followed by floods and this abysmally cold spring, we are being told that there will be shortages of just about everything.

I've been hunting through my past articles to see if I could repeat the one about growing in small spaces. So far I've had no joy so will have to try and do it from memory. Those of you who know me will realise that my memory is not of the best, but we can but try. The idea is that all of you, well almost all of you, have a bit of ground. Or you have a back or front yard covered in concrete, gravel or well beaten earth i.e. you have somewhere that with a bit of imagination, you could grow things to eat. My eldest, who was until recently, always rushing off to "forn parts" went once to Cuba. That poor country was at the time still governed by Fidel Castro and as he had fallen out with just about everyone, the country was in a parlous state. Especially bad was the shortage of fertiliser. The inhabitants had returned to growing their food organically, in other words, everything was recycled. And I mean everything. Night soil (a nice way of saying poo) was composted and re-used as was liquid gold or urine (full of nitrogen). They were doing in fact as the Chinese did for 40 centuries and recycling their waste. The thing that fascinated Helen was the way they utilised every patch of land and every container to grow food. And what I'm trying in my feeble way to say is that you and I can do the same. I don't suggest that you save your poo as in a small place it might pong somewhat. (But how about, like the Chinese, a communal poo collection centre! Sorry, that's a poor joke.) What I am saying is that you can utilise all sorts of containers even old plastic bags and cardboard boxes to grow food. You can get bags of compost from the tip, sorry recycling centre or you can make your own, as I have said many times. It needs imagination and need and if things go on as they are, the need will be there. Sorry, again, I'm being gloomy but IF you try in little ways now, if/when times get hard, you will have some idea how to feed yourselves.

And having bleated along like this, the weather will be perfect, crops will grow like anything, food will be cheap as chips and all will be well. Dream on!

Michael Drew



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The Kitchen Gardener

It's been pistols at dawn between me and the carrot fly – may the vultures chew on its dry bones – this spring. The exceptionally cold weather massively slowed up the arrival of the late purple sprouting broccoli and spring cabbage leaving me continuing to rely on the carrots and overwintered Dutch winter white cabbage more than usual at this time of the year.

All things pass, as they say, and eventually the purple sprouting will turn in. If I had a choice between purple sprouting and asparagus I'd pick the former every time – especially if it's cooked with plenty of stalk, the lower leaves stripped, cooked and served on the side as a second vegetable. I usually lay the stems on top of the leaves – the stems in the water and the heads above, so they can steam. This does, however, involve a bit of judicious fishing around in the colander once they are drained.

So delicious, the season quite short – the only meal it does not accompany is breakfast. Lovely hot, cold as a side with lunchtime sandwiches or dressed with vinaigrette and some finely sliced shallot and served as a side salad with a main meal – particularly nice with pasta and pizza.

The French call it 'poor man's asparagus', but they have been known to admit that it's a superior product when picked fresh from 'ze jardin', cooked and served tout de suite.

Glory be! The first chives are ready – life takes a turn for the better when I can greet the arrival of my tender herbs. They're like old friends and I breathe a sigh of relief when they survive the winter.

I'm anxiously peering daily at a pot of Moroccan mint yet to appear (bartered for an azalea, a win win – I can't eat azalea and my barteree had plenty of this particularly lovely mint), and my precious tarragon. I don't mind quite so much if the apple or pineapple mint peg it, as they are easier to replace.

The tarragon was originally grown in a pot, cosseted and overwintered under cover. It was always sulky, so taking a bit of a chance I planted it in the middle of a dry, chalky, sunny flower bed. That was five years ago and it's never looked back, growing into a substantial bush every year. When it dies back in autumn, I leave the dead growth in place as winter protection and don't cut it away until the new growth is an inch or two high.

Another cause for celebration is the arrival of the first rhubarb. I don't force mine anymore as I found it exhausted the plant for later crops and so paid a heavy price for a few early sticks.

I now grow four different crowns, one very early, pink to red, tender, sweet and kindly given to me by a neighbour when they were splitting their clump. They must have guessed I secretly coveted such an early fruit. One has the more traditional red and green stalks, getting quite thick as summer progresses. This is my work horse, always there, reliable and a good doer.

The third is the prima donna of the family. Tender, slender, pink and gorgeous, she may deign to appear early summer. Crop quantity varies. No matter. I'm grateful for small mercies. The fourth is a perennial, green stems with bright red interiors. Cropping from early spring 'til after Christmas and all year in a mild winter, inclined to go a bit grainy as it ages, it's one of those things I keep in the garden as a standby. It makes a beautiful bright red jam.

I'm trying to achieve the same thing with the fruit as with the veg, and that's to spread the crop to give as much choice as I can over the longest possible span. There's still the odd glut and then it's nice to share and, where practical, to preserve as traditionally we always have.

In winter I mulch the crowns with manure or compost, then in late February I feed with a light dressing of sulphate of ammonia – a nitrogen appreciated by bulky leafy plants. Flower heads are

removed as soon as I see them and in times of drought I give the crowns a good deep drink once a week rather than several small ones.

Rhubarb's best friends include orange zest and cardamom – the three lightly poached and sweetened to taste make a delicious breakfast or dessert, especially served with its other best friend – some sort of dairy; plain yoghurt mixed with thick cut marmalade works well as does custard. By the way, that's why (wrongly, I know) I call rhubarb a fruit – if I'm serving it with custard

If there be raspberries from last year kicking around in the freezer, now's the time to dig them out to add to the above. They seem better when gently cooked – a raspberry boiled is a raspberry spoiled. They too are best friends with orange and cardamom. Alternatively, they wouldn't whinge if you threw in a cinnamon stick while they simmer gently with the rhubarb then cool. I have read that ground cinnamon is sometimes mixed with cassia – a related, cheaper spice. I can certainly taste the difference between the ground and sticks – the latter being sweeter and much denser in flavour.

A couple of young fruit trees are not as vigorous as they should be, so in late April I will make a notch just above a bud to stimulate the growth of new branches to give the trees better balance and hopefully a better crop.

My late April sowings include the winter cabbages, more parsley and beetroot. The early May sowings are French and runner beans, sugar pod peas, spring cauliflower and sweet corn.

The sweet corn was an experiment last year – I tried the Mirai Short. A bit smaller than usual but not to be confused with the mini cobs, it is super sweet and extra tender, always two cobs per plant of very good quality – I think I've fallen in love!

Hilary Dellar-Lane

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“Push the Boat Out”

All welcome as Brancaster Staithe Sailing Club throws open its doors for its 2013 Open Day.

If you fancy yourself as a budding Ben Ainslie or have always wanted to sail but never had the chance to have a go, then head down to Brancaster Staithe Sailing Club’s Open Day on Saturday 18th May 2013 from 9.30am to 2.30pm. Everyone is welcome to come along and try sailing in the beautiful harbour at Brancaster Staithe - all for free! If you want to get a sail make sure you arrive no later than 12.00 noon.

The event is part of the Royal Yachting Association’s (RYA) ‘Push the Boat Out Weekender’ on 18th and 19th May when clubs, centres and marinas across the country will open their doors to their local communities and host a ‘Push the Boat Out’ event. This follows the huge success of last year’s RYA Push the Boat Out Day, ahead of the 2012 Olympic and Paralympic Games where the Team GB sailors put in a series of inspiring performances on the water.

Commodore Tim Adams says:

“We are delighted to be taking part in this national RYA initiative to promote sailing. It’s an opportunity to harness and build on some of the enthusiasm generated by last year’s Olympics. Anyone can come along to the free open day to enjoy a sail, get a taste for what we do and see why we love sailing at Brancaster so much. “

As an added incentive, those who come along and commit to joining on the day will have their one-off ‘joining fee’ waived; a saving of £190.00.

No experience is necessary and would-be sailors of all ages are welcome. Please contact the club to book your sail to avoid disappointment - email Mark Foley:

m-foley@btconnect.com

The RYA is the national body for all forms of boating including dinghy and yacht racing.

For more information, The Brancaster Staithe Sailing Club can be found at www.bssc.net, on Facebook and follow us on Twitter @BrancStaitheSC

The Club is at Harbour Way, off the Main Road, Brancaster Staithe, Kings Lynn, Norfolk PE31 8BW.



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Ref HNL

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PRESS RELEASE

The Searles Masters Charity Golf Weekend in aid of the MIND Charity

Whilst Ian Poulter one of our famous English golfers was trying to make his mark in the Masters at Augusta USA, his brother Danny Poulter and Searles resident PGA Professional Ray Stocker were both also trying to make an impression in their own Masters Challenge at Searles Leisure Resort.

Visitors, members and non golfers took on the challenge of Beat the Professional on the golf range; all competitors made a donation of a £1.00 for five balls towards MIND charity (Mind for better mental health) any player that was successful won a free round of golf and golf lessons.



The challenge of Beat the Professionals was part of Searles Masters Charity golf weekend along with other great offers consisting of free entry into a 9 hole stableford competition running all weekend which was won by Calum Buttress with 21 points.

Additional offers kept coming, bucket of balls on range for only £1.00 with every green fee, one months trail membership for only £40.00 and much much more.

It was a fantastic weekend and for those that took part lets look forward to the next one.

Searles Spring Classic- 11th & 12th April 2013

Last week saw the 15th playing of the Searles spring Classic at Hunstanton and Kings Lynn Golf Clubs. This event sponsored by Searles Leisure Group and Heacham Manor hotel teams up a professional golfer with an amateur partner to compete in two rounds on the superb & challenging Hunstanton & Kings Lynn courses. Held over two days, the teams play a combination of stableford foursomes and stableford fourball better ball.

In this years event, 40 teams took part coming from all over the East of England region.

Searles managing director Paul Searle said, *We are delighted to be sponsoring this event for the 15th time and very happy with the organisation by the East region professional golf association. Our objective is to offer professional golfers and their amateur partners excellent golf courses, good competition and a friendly atmosphere in this early season event. We also promote our North West Norfolk Golf Tour which consists of golfers playing Hunstanton, Heacham Manor & Kings Lynn golf courses and staying at Heacham Manor with dinner, bed & breakfast.*

This years winners were professional Murray White and partner Justin Saunders with a score of 77 points over the two days.

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Heacham Football Club

Forthcoming Events

Presentation Date: Friday May 17th – 7.30pm - Heacham Social Club.

AGM: Heacham Social Club - Wednesday 5th June - 7.30pm.

Everyone welcome, we need as much support as possible. We are looking for new managers for both teams, new committee members and new sponsors for the first team shirts. I wonder if there are any willing ex players with years of experience who could pass it on to our young teams who are improving all the time.

David Page
Secretary



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Pavilion Progress



The pavilion is now water tight after a lot of progress during April once we had an improvement in the weather.

HEACHAM LAWN TENNIS CLUB

As reported last month, the Cardio-Tennis FREE taster session has now been organised for Sunday 26th May for one hour only, between 10am-11am.

Cardio-tennis is a relatively new initiative and certainly new to this area. There's room for all no matter if you are not a 'tennis player'. These sessions are more about fitness, stamina and physical and mental response and open to all ages and abilities. Sessions will be toned up or down to suit the participant. Though not enough for everyone, cardio-monitors will be available to record fitness levels, heart-rate etc. Although the session runs for an hour, there is no need for one to feel obliged to play for the whole time – in fact, if numbers are as anticipated, we would like to give as many people as possible the opportunity to try a little, rather than a few stay the whole session. As well as a whole mind/body workout, there is the added bonus of the music accompaniment! Yes. cardio-tennis involves running around, hitting a ball to music! If you would like to know more, look on the Home Page of the LTA at www.lta.org where there is a video showing cardio-tennis being played. Be one of the first people in this area to give it a go!

If this session is well supported and has generated the interest we anticipate, then Heacham Lawn Tennis Club will look to booking it in as a regular session. The FREE session will be advertised far and wide so we hope it will be well supported. No need to book – just turn up, preferably with a racket, though one could be loaned if necessary, suitable footwear (no cross-trainers) and suitable clothing.....leave the rest to us!

Grass Courts opened on Wednesday 10th April. **The offer still applies - ALL WELCOME, regardless of age or ability.** If you want to play socially, competitively or just for fun, we have sessions to meet all needs. Membership is, as always, comparatively cheap compared to ANY other facilities in the area, so please, come along and join us; get fit and have a bit of fun into the bargain!

Junior Coaching sessions started on **Monday 15th April**. These sessions are open to all junior tennis club members and are run by Richard Smith and Janice Campbell, both of whom hold current LTA accreditations, including First Aid, Child Protection, Risk Assessment, Teacher Session qualifications and enhanced CRB. Sessions will run throughout the season.

For more information please contact either Richard – 07718 553415 or Janice 07923 612187.

Membership rates have not increased and remain the same as in 2012.

Membership prices include Charity membership (£1 junior, £6 adult & £10 joint adult)

| | |
|----------------------------------|-----|
| Under 12 Junior | £13 |
| Under 18 Junior | £17 |
| Senior Citizen/Full-time student | £30 |
| Joint Senior Citizen | £58 |
| Adult | £36 |
| Joint Adult | £70 |

Family (2 adults & 1 child) £80 (plus £6 for each additional child under 18).

For further information about Heacham Tennis Club please contact Janice Campbell – 01485 572120 / 07923 612187 or 01485 570776 (evenings) or ask a member of staff in the Social Club bar.

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HEACHAM PARISH COUNCIL NOTICEBOARD

April Meetings in Brief

Planning: The Council reviewed the planning application for the development of over 355 homes and a care home off School Road. It was agreed to host a public meeting to hear residents' views and to set out the Parish Council's concerns about the proposal.

Recreation Ground: The Council was pleased to note that work had started on the top end of the recreation ground. The plaque recording the park's registration as a QEII Field in Trust had been received and would be officially unveiled at the Coronation Anniversary party. The Council were also hopeful that plans to improve the Staithe Road entrance of the park would be successful in the Parish Partnership Bidding Scheme run by Norfolk County Council, where only 25% of the cost would have to be funded by the Parish Council.

Wind Turbines: The Parish Council agreed to allow Urbanwind Ltd to carry out a suitability survey of the Chalk Pit. The turbines could replace two telecom masts which had been removed, due to in part, to the economic downturn and the sharing of masts to reduce infrastructure costs. The Council noted that any proposal if judged suitable would be subject to planning permission.

Parish Council Vacancy: The Council noted that Mr A Chapman had resigned from the Council due to ongoing ill health. Notices regarding the vacancy would be posted on the Parish notice board on Pound Lane and on the Parish Council website.

Council Tax: Borough Cllr. Colin Manning reported that residents could now opt to pay their council tax over a 12 month period instead of the usual 10 months.

Bus Stops

In response to numerous requests and suggestions from residents, the Parish Council has had discussions with Norfolk County Council over the positioning of several bus stops. The first proposal is to install permanent stops in Lynn Road near the Nourse Drive junction. This would regularise the informal drop off/pick up service that has been going on since buses were re-routed down Lynn Road. The second proposal is to address the hospital bus route and the clogging of the Hunstanton Road/Lynn Road Junction. The proposal is to move the bus stops at the bottom of Hunstanton Road around the corner into Station Road where there are several benches and a wider footpath on one side. This would mean that residents from Hunstanton Road and beyond would also have easier access to the bus travelling to the QE hospital. It would also reduce the number of residents having to cross over what has become a very busy junction. The County Council are to draw up proposals with plans to submit to Norfolk Green for approval and if agreed work will be carried out this year.

Compostable Bags for Food Bins

The compostable bags for using in the food caddies are now available from the Parish Council Office. These bags are supplied by the Borough Council and cost £1.15 for 50 bags. The food waste is collected in specially adapted refuse vehicles by the regular crews. It is then transported to the Norse Environmental Waste Service facility (NEWS) at Marsham in North Norfolk. Once there, the food waste is shredded, mixed with green garden waste, and put into special tunnels where air

circulation can be controlled and the perfect conditions for composting are created. The process is called 'in-vessel composting'. The material is then transferred to a maturation pad for the final stage of composting. The whole process takes about eight weeks. The high quality soil improver produced will be used in commercial settings in and around the Borough.

Village Sports Coordinator – It could be You

The Parish Council had hoped that it had organised a replacement for Sean Sands as Village Sports Coordinator, but James Pollard, a talented local coach, has secured a job abroad and cannot fulfil the role. If you have a passion for sport and firmly believe in all the good things that sport can bring to a community, then please get in touch with the Parish Council Office. Your first challenge would be to organise Team Heacham for the Village Games held at the end of June in King's Lynn. CRB checks are carried out by the Borough Council and an honorarium is available to offset any costs in carrying out the role.



Summer Events



60th Anniversary of the Coronation Sunday 2 June

Heacham Parish Council will mark the 60th Anniversary of H.M. The Queen's coronation by hosting an afternoon tea on the Recreation Ground on Sunday 2 June from 3-5.00pm. Entry will cost £5.00 and tickets are now on sale from the Parish Council Office. Tickets must be bought in advance and, for catering purposes, there is a restriction on number. The tickets will include a traditional afternoon tea and entertainment. Partygoers are welcome to bring their own chairs or picnic blankets. They can even bring their own china crockery. Prizes will be awarded for the best coronation themed headwear.

Heacham Carnival Parade and Fete Sunday 4 August

Heacham's Annual Carnival Parade will take place on the afternoon of Fete day and will be led by the Lavender Queen and her Princesses. Invitations to enter the Lavender Queen and Princesses draw are being sent out this month through the Schools. The music this year is supplied by the colourful Ambassadors of Borewash Marching Band.

Hopefully everyone has started to think about their float entry for this year. Registration forms which include parade timings and the route are now available from the Parish Council Office. Don't forget we can't have a parade without you.

Any queries should be addressed to:
Heacham Parish Council Office
Jubilee Clinic, Pound Lane, Heacham
Norfolk PE31 7ET
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www.heachamparishcouncil.co.uk
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