



THE HEACHAM NEWSLETTER

July 2013

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YOUR VILLAGE NEEDS

YOU

Broadland/Townfolk Master Plan For Heacham Re Planning Application 13/00306/OM 'Heacham Green Development'

Outline Application: for land west of the A149. The original planning application has been revised. The amended plan is now for 200 houses in addition to the Care Home and Sheltered Housing. The Parish Council commented that "The move to reduce the number of dwellings was not unexpected but this new figure is more in line with the numbers the developers proposed in discussions prior to the application, so it is likely that this is what they wanted all along". The amended application is now subject to another Public Consultation period and this has already commenced with the closing date being 16th July for 'Standard Consultation' and 17th July for 'Neighbour Consultation'. We consider it is our duty as a village publication to keep you informed and advise you that, even if you have already submitted your comments regarding this application, it would be advisable for you to re-submit them within the new consultation period to ensure that your views continue to be heard.

Deadline for the next edition is 12 noon, Thursday 18th July

Heacham Infant & Nursery School



SUMMER FETE

Will be held on
Saturday 20th July
12.00 – 4.00 pm
Stalls, Games

**Bouncy Castle, Entertainment
BBQ & Refreshments**

Children's Fancy Dress Competition!

For further information, please call Heacham Infant & Nursery School – 01485 570357



Heacham In Bloom Garden Party



**27th July 2.00 to 5.00pm
Robin Hill Heacham**

**£2.00 entry which includes Drink and Cake
Entertainment by Doreen Reed with her poems plus
Christine Dean and children with their Hand Bells
Many Stalls, Tombola and Raffle
All proceeds for Heacham in Bloom flowers**

THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET
E-MAIL: theheachamnewsletter@yahoo.co.uk www.heachamnewsletter.org.uk

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Kerry Long - Dean Rawnsley - Mary Sheldrick - Robby Topliss

THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH



Kenwood Road

Dear Newsletter

Flower Beds

We thought you might like to see the flower beds we planted outside our home. We made them to brighten up the boring sign and patch where the grass has stopped growing. We like the Heacham in Bloom competition and thought this would help. We both love gardening and hope you like it.

Willow Deane, age 7 and Daisy Deane, age 6





Woodside Avenue

Dear Newsletter

Switch on Your Printers and Polish up Your Pens

By the time you read this many of you will be aware that the large scale planning application made in March has been amended. The only significant change to the application is in the number of houses which is now 200, a number still far higher than local planners consider necessary. All other features, including a new junction off the A149, remain. In fact, the developer's new application only seeks approval for access to the site. They reserve: Appearance; Scale; Landscaping, and Layout. In other words, we (the developers) will decide what to do once we get a new junction off the A149 leading to the site. They confirm this with the statement 'the details of provision are, however, flexible subject to the viability of the development'.

Norfolk County Council Highways Department says that Local Plans seek to protect the A149, an important Strategic Route, from such developments (paraphrased).

The developers are also still stating that the main vehicular access will be from the A149 but access from School Road to the main development site will be made for public transport and emergency vehicles. This would only be possible with the use of a gated entrance. The developers also propose that all the traffic concerned with the care home and 60 additional homes associated with the care home (not part of the 200) will have to use School Road.

NCC Highways Department says it does not favour bus gates due to the on-going maintenance costs associated with them. It also states that it would be 'inappropriate to connect the estate road to School Road'.

Many of the objections to the original planning application revealed concerns about drainage from the site, both sewage and surface water. It seems those concerns are real. The Environment Agency says that Anglia Water has not demonstrated that extra flows through the sewage treatment works could be managed; it states 'Increasing the volume of foul water arriving at



Dear Newsletter

Heacham for treatment has the potential to result in a breach of the existing Anglian Water Services (AWS) discharge permit and could result in a deterioration of water quality within the receiving watercourses / bodies.' Recently, the King's Lynn Drainage Authority has also expressed many concerns about surface water drainage if the development proceeds. For example, 'any increases in the rate or volume of discharge to Heacham Main Drain would be likely to increase the risk of flooding elsewhere' (paraphrased). They do not say that a solution is impossible but they do indicate that the drainage systems currently proposed by the developer may not do the job and they certainly state that the Board will not permit the general use of their drainage ditches by the developers as part of the drainage plan.

It should now be possible to object to the new planning application on-line and certainly by letter. If you made an earlier objection, as over 450 people did, then it should still be considered. However, submitting a fresh one has been recommended by the Borough Council. Much of your original application is likely still to be valid and could be used again. Remember what the developers are after – a primary access to the site from a new junction off the A149 and limited access from School Road. Stop them gaining access and you stop this large scale development.

T Parish



Mansfield, Notts

Dear Newsletter

Accident

On 3rd May I had an accident involving my bike, on the corner near the bowling green. I broke my wrist and elbow and had my chin glued and strips on. I would like to thank all the people who came to my aid. A man in a van who sent for an ambulance and a lady who gave me a towel for my chin. A man and a lady in a pick up.

Thank you all so much.

Mrs B McAllister



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Health Improvement
in Heacham,
Snettisham, Fring,
Sedgeford and
Ringstead*

Annual General Meeting

Chairman, Practice and QEH Reports

Carer Support within a GP Practice

Laura Bradshaw GP Development Worker West Norfolk Carers

Election of Officers

Refreshments

All Patients Welcome

Monday July 15th at 7.30pm in Heacham Surgery

Chairman Mike Press 579007

ppg@heachamgrouppractice.org



Heacham Twinning Association

Would like to thank everyone who helped and attended the Open Gardens on 23rd June. Even though the weather was not at its best we made in excess of £600. Thank you so much for your support.

Sue and Dudley Scott -
on behalf of Heacham Twinning Association



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BIG NEWS at Tesco, Heacham

The girls are doing it again! On Tuesday 23 July, Brenda, Jo, Carmen and Sue will be taking part in the 5K Race for Life event at Houghton Hall. So please sponsor us, support us or just come along and cheer us on.

The event starts at 7.00pm. We hope to see you there.

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Proprietor: Nickie Bantoft, FCCA

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Please contact Nickie to see if we can help you.

01485 525880

nickie@bantoftaccountancy.co.uk

You can also contact Bob who deals with corporate matters.

Robert Jolly FMAAT (Consultant)

bob@bantoftaccountancy.co.uk

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**Community Champion
Tesco Express, Heacham**

Hello, I'd like to introduce myself. I'm Brenda and I'm the Community Champion at Heacham Tesco Express. I've lived in the village nearly 5 years and my children attend both the Heacham Schools.

My aim is to get our store more involved in local events and charities within the village too. So far we have, together with the Infant School, held a 'Design a Snowflake' competition with amazing results and we proudly displayed the entries around our store over the Christmas season. We have donated small raffle prizes to several charity events and helped Heacham in Bloom, but we are keen to do more!

Unfortunately, we cannot allow money collections to be done in or outside our store but we do have a limited community fund, so I ask that any registered charity within the village write to me at Heacham Tesco Express, 5 Lynn Road, Heacham, PE31 7HU on headed paper please, detailing how we can help and we will do our best. If you have any other ideas on how we could help your group or charity then just get in touch.

Also in store at the moment, we are supporting FareShare. This is a unique charity fighting hunger and its underlying causes by redistributing food to hundreds of local charities across the UK including homeless shelters, children's breakfast clubs and luncheon clubs for the elderly. By ensuring good food is not wasted, they turn an environmental problem into a solution, helping to feed thousands of vulnerable people everyday. Most of the food that FareShare delivers would have otherwise gone to waste.

You can help us to support this great charity by donating items from the below list and Tesco will add 30% to the given total; (for further details please go to www.fareshare.org.uk or www.tescopl.com/foodcollection or see in store leaflets).

We have a collection bin in store for donations of the following items that will complement the fresh produce received daily from the food industry:

- Cereal
- Tinned Soup
- Tinned Pies
- Tinned Fish
- Tinned Tomatoes
- Tinned Meat
- UHT Milk
- Tea
- Coffee
- Pasta Sauce
- Pasta
- Rice

Thank you...Every Little Helps!



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A TALK

By Noreen Partridge


Thursday July 25th 7pm

On her 3 trips to India

With the Tong - Len Charity

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Our visit to France with the Heacham Twinning Association

Heacham & Criteuil-la-Magdeleine

For us our involvement with the Twinning Association started in 2012 when Trish Hammond asked if we would be prepared to have a French family stay with us, which we agreed. It is one of the best things we could have done. In early July the coach party from France arrived at Heacham Junior School where we met our family for the first time.

We had a mother and daughter, Cilli and Marie-Claire, come to our home. It was a pleasure to have them stay with us. Our concern was not being able to speak French. Cilli, her English was good, Marie-Claire, a little gem, gave me French lessons. We did have some laughs! The language barrier was not the problem I thought it would be.

The Heacham Twinning Committee worked very hard to make their trip to Heacham an interesting and happy visit which they achieved 100% every time we all met up. It was a happy gathering. When it was time to say goodbye it had its effects on some people with them showing their emotions by tears and cuddles before the French boarded the coach to head home. I know we have friends for life in Cilli and Marie-Claire. We email each other on a regular basis.

2013. Now it is was our turn to go France on May 24th. We headed to Stansted to stay overnight at the Premier Inn, as we had an early morning flight to La Rochelle. We arrived in France at 11 o' clock and had 4hrs before we had to meet up in Magdeleine. A fantastic place. While we were there they were making preparations for Saturday, when they have the diving championships from the towers at the entrance of the harbour. We were glad we had the time in La Rochelle, a fantastic place.

If we had not travelled the way we did we would not have seen La Rochelle.

Not everybody travelled the same way as us. Steve and Tina used trains and flights; one family went by train; one couple took their motorhome and other people drove. Some of the Heacham group extended their trip to see friends and make a holiday (a good idea).

We hired a car and headed off to Magdeleine to meet our hosts at a cocktail reception. We met our hosts Chantal and Christophe, fantastic hosts. We followed them to their holiday home in Crittal; a lovely comfortable home they look after so well. On the Sunday, it was Mothers' Day (in France) so we went to their main hometown (St Germain-du-Seudre) to meet the rest of the family, then off to a seafood restaurant. After lunch we were off on a boat trip.

We had the most wonderful time. If anybody has children or adults learning French or wish to visit France in the Cognac area and want to learn about the area, this is the way to do it. One could say it is like the school exchange we used to do; one year you accommodate a family from France next year you go to France. The difference is it is family orientated and believe me going to France with the Heacham Twinning Association is the way to do it.

Why not come to one of our meetings to see what it is all about. Next meeting is July 17th at the Parish Council offices 7.30pm.

It is a happy friendly group.

Just like to thank John for coming up with the idea and the Parish Council for following the idea through. It has opened up a lot of opportunities for the residents of Heacham of all ages.

Margaret & Doug Burns



PALM BEACH HOLIDAY PARK

Welcomes you back and wishes you a very happy summer 2013

Please feel free to come and take a look at our friendly, family run, newly redeveloped park on the North Beach at Heacham.

You are welcome to view our large display of new model caravans from leading manufacturers at unbelievable prices (compare ours to others), we also have a selection of preowned caravans.

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CHURCHES TOGETHER IN HEACHAM

Foot-Notes

“How beautiful are the feet of those who bring Good News” Isaiah 52:7 and those “shod with the Gospel of Peace” Ephesians 6:15.

“Feet are not to be sniffed at” sang Bernard Bresslaw in a song entitled “You Need Feet”. And our Father God would agree. He sees them as “bootiful” – corns, hammer toes, dropped arches et al. In His eyes if we are walking in “Good News” Shoes, (not the Gucci kind of shoes) we can be His messengers of His Eternal Salvation, which He won for us at Calvary. A victory over death and hell, by His Resurrection.

Not only is The Message we have been given, wonderful, so too is the design of our feet which “bear it”. We alone were created to walk upright, a marvel of perfect function, as too are all animals and birds feet which fit their lifestyles. But things can go wrong, especially for Equines, when food is too rich. I have a young donkey with a serious and potentially fatal condition, called Laminitis, because of this year’s unusually lush grass.

What we feast OUR minds on, will determine the path we take and our final destination. We are all on the treadmill of life and can’t say: - “Sorry, I want to get off”. But if we have decided to walk with our Shepherd Lord, we are on His Way. (“I am the way”, He told us) and that way leads to Life: Life abundant now and into Eternity.

He will lead us Home with Him safe forever. If the walk is too long or difficult and we get foot-sore, He’ll carry us and lead us through the darkest valleys.

And, we in turn, can lead others onto this walk for Eternal Life as we wear our **Designer Good News Shoes!**

Jenny Sparks

Lay Reader for St Mary’s Church, Heacham

PARISH REGISTERS

Faithful Departed (Church Linked Funerals)

2/6/13	Maureen Key	83
2/6/13	Elsie May Firth	92
4/6/13	Ruby Matlock	91
6/6/13	Joseph Markillie	81
7/6/13	Patricia Georgina May Seekings	88
7/6/13	Olive May Dockerill	92
12/6/13	Olive Mabel Taylor	75

“Blessed are those who mourn for they will be comforted”

We do extend our sympathy and condolences to all who have been bereaved. The church prays for friends and family at the Sunday morning services around the time of the funeral.

METHODIST CHURCH Sunday Services

10.30am Morning Worship

Preachers:

- 7th July - David Clarke
- 14th July - Roger Pauley
- 21st July - Rev. Alison Davies
- 28th July - Rev. Kim Nally

Midweek Holy Communion Services:

These are held on the second Wednesday of each month. The July Service will be on Wednesday 10th at 10.30am. All who love the Lord are welcome to attend.

Regular Activities at the Methodist Church

MONDAY: Indoor Bowls 7pm – weekly

TUESDAY: Ladies’ Fellowship:

2.45pm on 9th and 23rd July

Hands and Needles Club:

7.30pm on 9th and 23rd July

THURSDAY: Social Evening at 7.15pm on 11th July

FRIDAY: Indoor Bowls 7pm - weekly

SATURDAY: Coffee Morning on 20th July 10am-12 noon

A warm welcome is given to all who come to our mid-week events - you don’t have to be a church attendee. An invitation is given to all locals and visitors.

COFFEE MORNINGS AT METHODIST CHURCH

Coffee mornings will be held on the third Saturday morning each month during the spring and summer. The July meeting will be on Saturday 20th from 10am-12 noon. There will be a Book Stall, Gift Stall of Ornaments, and Home Made Cakes.

CAN I COME TO CHURCH?

This question was asked recently by a person who had not been to church worship for many years. The answer is of course - Yes. Do I have to be a member of the Methodist church to come to your Sunday Services? The answer to this is No. Anyone is welcome to our Sunday 10.30am Service, whether they have previously attended, or have never attended a church before. God so loved the world, He sent His Son that whosoever believeth in Him would have eternal life. He’s waiting to meet you for the first time, or to welcome you back. And so are the Leaders of Heacham Methodist Church.

Arts and Crafts Exhibition

Heacham Methodist Church is holding an Arts and Crafts Exhibition on the last weekend of July. This will show paintings by local Artists and Exhibits from a selection of different crafts. Entrance is free.

OPEN: - Friday 26th July 10am-5pm
Saturday 27th July 10am-5pm
Sunday 28th July 2pm-4pm

Teas, Coffee and Light Lunches are Available.

Chapel Anniversary

We shall celebrate the Chapel Anniversary on Sunday 28th July with a service at 11am conducted by our Minister Rev Kim Nally and a “Songs of Praise” service at 5pm. All are welcome – come and bring a friend.

Church Contacts: (telephone code: 01485)

Methodist Church	The Rev'd Kim Nally	570232
St Mary’s Church	The Rev'd Steve Davies	570268
St Mary’s Church Office		572539
Email:	heacham.church@googlemail.com	

The Parish Church of St. Mary: Sunday Services in July

- 8.00am Holy Communion (BCP)
 10.00am 7th Morning Worship
 14th Holy Communion
 21st Morning Worship
 28th Morning Worship
 10.30am Morning Worship at the Junior School
 (Holy Communion on 21st July)
 6.00pm Evening Worship

REGULAR ACTIVITIES AT ST. MARY'S CHURCH

Looking at the above information you might think that St. Mary's is only open on Sundays, but it is a busy church with things going on throughout each week. There are Bible Study groups with people meeting in their own homes; there are Prayer Meetings; we have a Choir, and there are Music Groups; for very young children there is the Rainbow Circle Toddlers' Group; all the women are welcome at *Girls Together* and there is a Men's Group as well; all can be part of the Mothers' Union; there are also Coffee Mornings and various other activities. So why not find out more about St. Mary's and its regular activities – you might be surprised. The Sunday services act as a focal point when all meet together for worship, for fellowship, for support, learning, encouragement, challenge and growing. And on Sundays there are, of course, activities for children.

July Services at Nursing/Residential Homes

- Tues 2nd July 2.30pm Rebecca Court
 Mon 8th July 11.00am Holy Communion at Millbridge
 Wed 17th July 2.30pm Summerville
 Fri 26th July 10.30am Fridhem

Fallen Wall at the Churchyard

Several people have asked me what has happened to the western churchyard wall along Hunstanton Road. On 20th May about a square metre of wall collapsed and rubble fell into the road; much of the rest of that section was also loose. The last couple of winters have not been kind. Rather than leave the wall top heavy and risk a collapse of large amounts of stone and brick, the top of the wall was pulled onto the churchyard resulting in the visible mess that folk have seen.

Discussions are underway as to how it should be rebuilt – the wall is Grade II listed – and when it can be done. "When" will depend on the total cost and when the church can raise the money. Rebuilding is highly unlikely to start until next year and when it does there will be have to be traffic control along the road.

When the original fall happened the police were called to help slow down the traffic whilst the fall was cleared. Several cars obviously realised they were going faster than they should have done and the noise of the car dropped as they saw police and put on the brakes.



Moving On...

After six-plus years in Heacham the time has come for me to end my time as Vicar of St Mary's. On 1st October I will be licensed as the minister of Christchurch Abbeydale, 3 miles outside Gloucester city centre. The church is a Local Ecumenical Partnership involving Anglican, Baptist, Methodist and URC. The location will halve the distance to my family – and that will be very welcome. My final service here will be 10am on Sunday 15th September and we will move to Gloucester soon afterwards. I will take many memories from here, a place that was unknown to us six years ago and is now only a bit strange!

Steve Davies



Annual Charity Sale

On Thursday and Friday, 8th and 9th August from 10.00am to 4.00pm and on Saturday 10th August from 9.00am to 11.30am in the Church Hall, High Street, Heacham, in aid of TOP KIDS IN BELARUS and the NSPCC.

Only new and good quality nearly-new and second items for sale: Books, bric-a-brac, small furniture, pictures by local artists and much, much more.

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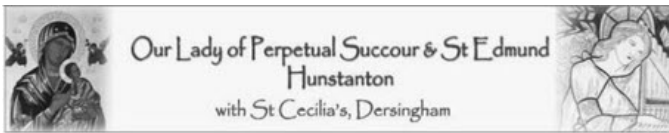
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HOW TO FIND US



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Hunstanton Catholic Parish

Hunstanton Catholic Parish Church of Our Lady and St Edmund, Sandringham Road, Hunstanton with St Cecilia's, Mountbatten Road, Dersingham.

Resident Priest: Father Michael Ryan, 81 Mountbatten Road, Dersingham, PE31 6YE.

Telephone: 01485 543818. Website:-

www.hunstantoncatholicparish.org

Email: parish@hunstantoncatholicparish.org

Pope Francis has appointed Bishop Alan Hopes, currently Auxiliary Bishop of Westminster, to become the fourth Bishop of East Anglia.



Bishop Hopes was ordained priest in the Church of England in 1968 and served until he was received into the Catholic Church in 1994. He was ordained priest in the Catholic Church in December 1995. He was ordained bishop in Westminster's Metropolitan Cathedral of the Most Precious Blood on 24 January 2003. He is Chairman of The Committee for Liturgy and is a member of the Bishops' Conference Department of Life and Worship.

Bishop Hopes succeeds the late Bishop Michael Evans who died peacefully on 11th July 2011 after a long illness. Following Bishop Evans' death, Fr David Bagstaff has acted as Diocesan Administrator. Bishop Hopes will be installed as the Bishop of East Anglia on Tuesday 16th July at St. John the Baptist Cathedral, Norwich.

Learning of the appointment, Bishop Hopes said: "It is with a profound sense of trust in God's loving care for us that I will undertake this new ministry as Bishop of East Anglia, entrusted to me by our Holy Father, Pope Francis. In this year of faith, and at the beginning of the pontificate of Pope Francis, it is an immense privilege to be called to follow in the footsteps of the late Bishop Michael Evans in serving and leading God's holy people in this diocese. I look forward with joy to working with the priests, deacons, religious and all the faithful who minister in the parishes, schools, chaplaincies and other pastoral and charitable ministries of the diocese in our common task of evangelisation. I am grateful indeed to Fr David Bagstaff who has been Diocesan Administrator for the past two years and all who have had supported him in this responsibility".

Our Annual Parish Barbeque will be held again this year in the grounds of the Hunstanton Parish Centre at 7pm on Saturday 20th July. We are hoping for the good weather that we had last year.

The Parish is organising a mystery coach trip on 20th August. We have had some very interesting days out in the past. Look out for more details in the bulletins or web site.

The Sponsored Walk, which is our last main fundraiser for the year, will be after Mass on Sunday 15th September.

Our daily Masses are usually held at 9am at St Theresa's Convent, 27 Sandringham Road, Hunstanton on Tuesday, Thursday, Friday and Saturday and at 10.15am at St Cecilia's, Dersingham on Wednesday. These are subject to change, so please check Church notice boards, website or phone. Sunday Masses are 9am at Dersingham and 11am at Hunstanton.

Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15 Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of the month at Dersingham. Please come along, you will be most welcome..

Heacham Methodist Church - 110th Birthday!

It does not seem long ago that we were celebrating the centenary of Heacham Methodist Church in its present location in Station Road.

This year we are planning to celebrate with an Arts and Crafts Festival over the weekend of 26th, 27th and 28th July 2013, decorating the church with items produced by gifted people. Paintings and crafts of various forms ... flowers too.

Of course, teas and coffees, as well as lunches, will be provided on Friday and Saturday; just teas/coffees (and cake) on Sunday afternoon.

Opening times will be 10.00am-5.00pm Friday and Saturday, 2.00-4.00pm on Sunday.

The Sunday Service will be held as usual at 10.30am with a special Songs of Praise Service at 5.00pm too.

A warm welcome is extended to all.

Joan Carelss



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1st HEACHAM CUBS

On Saturday 18th May, 13 Cubs from Heacham joined 133 other Cubs from North West Norfolk for an Activity Day at Wolferton. They were put into groups of mixed packs and then a chance to try 10 activities. They were Archery, Woggle Making, Fire Lighting, Bread Sticks, Axing and Sawing, Climbing Wall, Nature Walk, Blind Trail, Pioneering and Micro Nature. A lot of these activities can also be ticked off against various badges so the Cubs have fun and work towards their badges without even knowing. It was a mild day which was fine, at least it was dry. At the end of term we did some more of our Personal Safety Badge.

On Thursday 6th June we set up our marquee and tents ready for our Cub Camp so Thank You to Darren who moved everything up to WNRC in one go and the Geraghtys, Michael, Darren, Jack, Sam and Barry who all helped set up.

Then on Friday 7th - Sunday 9th June, 14 Heacham Cubs joined 150 other Cubs at our District Cub camp which was held at the West Norfolk Rugby Club in North Wootton. The theme was "Recycling".

Cubs arrived at 7.30pm and set their tents up. After a quick run round, all the Cubs played a wide game based on the theme of Recycling. Cubs were in bed by 11pm and Heacham Cubs were quiet by midnight. The site was quiet by 2am. The first Cubs were up at 4.30am (playing football), Heacham were awake at 5am but had to stay in their tents 'til 7am. Akela had to have a cup of tea before facing them all!

Breakfast was cereal followed by sausage, bacon, egg, beans plus bread and butter, then after washing up and putting their stuff away it was off to try all the activities put on.

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The four biggest activities were Archery, Shooting, Bouncy Castle and Bouncy Fun Run. Then each pack, of which there were 13, did their own crafts for the Cubs to do some on the Recycling theme. Heacham made windmills. Other crafts were plastic bag friendship bracelets, kites, planting Squash seeds (that group made soup from the Squash), making woggles from old rope, wire flowers, glass etching, making a collage, plastic bead necklaces, catapults, rope making, pin badges and cardboard tube pen pots.

After a lunch of sandwiches, salad, crisps, cake and fruit, it was off again to finish the crafts on offer or go round again on the bigger activities.

Tea was jumbo hot dogs and beans followed by cake and fruit.

In the evening there was something called Market Place when the packs put on carnival type games. Heacham did Tin Can Alley, Hook the Duck and Find the Lolly. Others made Popcorn, Giant Connect 4, Marbles in a hole, Camp Doughnuts, Find the Cotton Wool Ball and who can do the most Star Jumps.

After a quick drink and a biscuit it was time for the Camp Fire and traditional Camp Fire songs. Then they had a run round with their kites or played with the A4 cards we brought. After a hot drink it was off to bed a bit earlier. Heacham were all tucked up by 10.30pm and the tents were quiet by 11pm. The site was quiet by midnight and the first Cubs were up at 6.30am.

Heacham Cubs had to be woken up at 7.30am for breakfast. After breakfast they had to pack all their stuff away and sweep the tents out so we could get them down as there was rain in the air Sunday am. When everything was tidied away we had Scouts Own again on the theme of Recycling.

After a drink they played a game called 'Camponoply' when in groups all the Cubs went from pack to pack to solve problems to earn points. While Kaa (Jack C.), Chil (Sam L.), Hathi (Jemma) and Mang (Jack W.) ran 5 bases for this game. I was able to sort out the Marquee while, Rama (Michael) and Barry dropped and packed away the tents. When Simon came they got the Marquee down and packed away. Darren came at 2.30pm and the trailer was loaded up ready to be taken back to the hut to be all put away.

The Cubs left at 3pm very tired but at least they were dry.

Friday night was freezing as it was a very very clear night (I was really glad I brought my hot water bottle). Saturday was dry but the wind was cold and it was overcast all day, the night was warmer which I was glad about as I was up and down a few times in the night due to Cubs getting up.

Our first night back at Cubs we carried on the theme of Recycling and hope to make some models later in the term. We also have a few other things planned including a family camp and a couple of evenings out.

Happy Scouting to all our Cubs.

Akela (Sam), Rama (Michael), Ziggy (Julie) and Kaa (Jack)



1ST HEACHAM SCOUTS

The AGM of the 1st Heacham Scout Group at the Scout Hut, Sunnyside, on 17th July at 7.00pm. All are welcome.

**Julz - 572890
Rob - 572239**

Heacham at Night

The Coronation Tea Party on 2nd June was very good. The sun shone brightly and after sunset I finally got to see Mercury and Venus from South Beach at around 10pm. Jupiter was lost in the murk over Lincolnshire but never mind. Both planets are on the other side of the sun at present; Mercury was a bright spark and around 106 million miles away, Venus shone brightly and 153 million miles off. The next night was clearer but still no Jupiter. I did meet several holidaymakers, one offered tea at 11pm and another asked, "Is this the Wash?"

If you managed to see any of them, then well done. If not, or your appetite has been wetted, then you can try again this month but before sunrise (about 4.20am) so you need a clear horizon to the NE. Start looking from the 16th. Jupiter will be bright and above it should be a small red dot – Mars. By the 22nd they are very close and from the 25th Mercury pops up above the horizon but somewhat below Mars and Jupiter. **WARNING:** using binoculars when looking in the direction of sunrise is hazardous – the sun can catch you out – much safer to just use your eyes and stop when the sun becomes visible. If you are wondering what has happened to Venus, it is still an evening object and will shine brightly in the low WNW sky from just before 10pm though you can find it before then. South Beach calls again. Venus shows phases like the moon. At the beginning of the month it will appear bigger than at the end.

Saturn is still with us too. Look SW and up about a sixth of the distance between the horizon and the point above your head. It will be a yellowish spot which will be a disc in binoculars. On 16th June I could see it without any aids through light cloud cover which obscured almost all stars. It appeared to be right over the Bushel and Strike – home of excellent cider and Sunday dinners. My telescope picked out the rings quite clearly.

If you were looking at the full moon on 23rd June you might have thought it looked bigger than usual. Well it was, or at least it appeared to be as the moon was at its closest approach to us this year (the closest perigee), I forgot to mention it last month. I did tell you a little about the movement of the earth around the sun though and on the 5th July at 3.44pm the earth is at aphelion – it is as far from the sun as it gets in the elliptical, egg shaped, orbit it follows. Consequently the sun's *apparent* size is the smallest it appears in the year. I also talked about solar observing and mentioned the radiation burst from the sun on 13th May. On 16th May, from my back garden in Heacham, I managed to take good photographs of the many sunspots present on the sun at that time. There have been far fewer since. A few stars, not the sun, can go supernova – effectively blow up and briefly burn as bright as a billion stars. There is a supernova in our sky at the moment. It can only be seen in a telescope but look west and up at about 45 degrees, a hands width below the end of the Plough's handle, and the light from this gigantic explosion, which happened 62 million years ago will be shining on your face. It is a star in the spiral galaxy NGC 4414, far, far away.

Now get the sun lounger out and set it up in the garden at night because July and August provide good opportunities for meteor watching and the best way to see them is to lie on your back. On the 8th, 15th and 30th July the weak Capricornids shower can produce up to 5 meteors /hour. Also on the 30th is the Delta Aquarids shower which could be better at around 16 meteors /hour; and from the 23rd July until its peak on 12th August it is the best meteor shower of the year, the Perseids. A meteorite is a meteor which does not burn up, hits the ground and can be picked up. These are rare and can be sold for a lot of money. Deserts and Antarctica are good places to find them but you might be lucky unless one hits your house, car or you. One meteorite is commonly named after Ann Hodges, an American, because it struck her in 1954 after crashing through her roof and bouncing off a radio. On 15th February this year a large meteorite caused damage to buildings in Russia from the sonic bang it caused. Such events are very rare.

We are also in the season for noctilucent clouds. These are very high clouds made up of very small particles of ice. They are so

high that they remain illuminated after the sun has set or become illuminated before it has risen. They shimmer, are often bluish and are sometimes mistaken for aurora. Photographs of them can win prizes. Look north about an hour after sunset and an hour before sunrise. There is likely a link with meteors as it is now thought that the tiny ice crystals seed on the very fine dust created in the upper atmosphere when meteors (most often rocky particles) burn up. Next time you look in your roof gutters roll a magnet in the dust in them. If particles stick to the magnet they are likely meteoritic dust. Tons of it is falling on the Earth every day.

On 15th June I spent all day at the Institute of Astronomy at Cambridge. The talks were very good and far ranging. There was a Texas oilman who runs the Texas star Party and trucks his 36 inch wide telescope to it; a long ladder is needed to reach the eyepiece which protrudes from the side of the end of the telescope furthest from the ground. Another speaker was a sixth form teacher in London who rings up the meteorological office to get a personal forecast for a very dark sky spot he has found near Land's End, Cornwall. If the report is favourable he runs out of work at 6pm carrying a bag of cameras and lenses and then travels there by train and taxi, takes his astro photographs, gets a couple of hours sleep and then returns the next day for work at 9am. So getting to Heacham South Beach with a pair of binoculars should be a doddle.

Another talk was by a chap, based in Cambridge, in charge of a European satellite project. This has been planned for over 20 years and will launch the biggest CCD camera ever into space this autumn. It has 1 billion pixels and will map a chunk of the Milky Way in 3D. One hundred million Euros of its cost has been spent in England where the control systems have been built. Space is one of our biggest and fastest growing high tech industries. Look out for the Gaia Project.

Terry Parish



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Heacham in 1921

Thursday 6th October 1921

Further adventures of S.C. Neville-Rolfe's Descendants.

A 19 year old student attends a funeral.

Following a day which had begun with a visit to Sedgeford and the acquisition of some game, a walk in Hunstanton and a visit to his Aunt Marie, he eventually returned to the Mill House to prepare for the funeral.

He went to his room and re-attired himself for the fray. He saw Margaret in the garden and she looked to see his tie – it was a greyish one, so it did not matter. He had been wearing a gaudy tie on the day of his arrival, and she did not want him to go to the funeral in that, of course. When all was ready they set off in the direction of Marie's house.

When they arrived at the house, they found everyone assembled in the dining room. Marie, Betty and a creature in blue who he gathered was called Mrs. Johnson or something to that effect. (Wasn't the bakery on what is now the site of the ex dairy, run by the Johnsons?). Margaret refused tea and sat on a stool in the rear, while the student was roped in for nutrition: unfortunately he was too polite to eat anything, and had to drink tea solo – not very amusing.

After a few minutes of extreme elegance with the little finger properly curved, they told Marie that time was short, and she hastily retired to fetch her hat. They trooped off up the drive at 0 m.p.h. (Margaret, Marie and the student).

Marie kept on marvelling and wondering and praising and chortling at the student going to the funeral. Margaret narrated the trouble she had had with her cross. She did not want to send a cross as she thought it would be too high for the Spennies and they would not like it. However she could think of nothing but a garland wreath and had not a frame for one. So she told Eugenie to do what she could.

This brilliant spark got hold of some electric wire and twisted it about. Wire, which is so floppy it can scarcely maintain its position and with a plug saying PRESS adhering to one end. It was the greatest scream he ever saw for a funeral. Margaret was in desperation as she saw this at the last moment – the only other thing in the place was a giant cross about 3 feet long. Eugenie set to work on this and produced quite a nice show – but thoroughly unfitted to the Spennies – however it was the only thing that could be done, and, as the flowers would all fade in less than an hour, she sent it up at once. We all rather laughed.

Then Marie shouted to the student "What was that joke you enjoyed so much last summer, don't you remember how we laughed". "Oh yes of course I do" he said "and Erica was down here – don't you remember they had not seen the joke for about a minute and then they joined in". Margaret then chipped in and commanded Marie not to bubble with funny stories which would make the student laugh all through the service, and they continued in a more sober fashion.

A small crowd had gathered outside Church House, and they soon found themselves walking up between the two old yew hedges – How topping they are. They sat in Marie's pew. Most of the village turned up – being fairly far forward he could not see very much, but with casual and tactful glances most people seemed to be there. The choir laughed and giggled as usual – will they ever get out of it? No.

He began looking up the Funeral Service by way of doing something – he had never been to one before. Playford tolled the bell very little – once every five minutes.

Just before the service, the coffin came in borne by four people, with quite a lot of flowers. And a whole lot of Spennies came in and sat on the row in front of the student and family. The Viper seemed to boss them about fairly and squarely.

Thompie and Carlo performed the ceremony with gusto, and the service over they strolled out. The student noticed the War Memorial in the church – very effective with the two windmill lions – by the back entrance. Walking round the back of the church he caught his Aunt Maud up and strolled with her to the grave. He could scarcely prevent himself from bursting into laughter to see so many people serious.

Of course it is was sad to see old Miss Spenny gone and all the rest, but even then, putting all that apart and viewing the whole from another standpoint, everything was screamingly funny.

When everybody had assembled at the grave the coffin was lowered and the service proceeded. Thompie threw a few bits of gravel in, which Playford had great difficulty in putting it into his hand, 90% being lost in the transaction, and the service over, the Spennies went to have a last glance. A short confusion followed, Aunt Margaret managed to get in the Viper's way and condoled.

There he saw good old jolly Ray "Howdoyou do Howdoyou do – what a pleasure – what a pleasure to see you tobesure tobesure-yes-yes- howsyourmother isshe flourishing – yes-yes an Ineverexpected to see you here." They had a wonderful talk all down the churchyard .

Going up to his Aunt Maud he told her that, on her account, he nearly spoil the whole show by bursting with laughter.

By another descendant

Footnote.

There used to be a family or families with the surname Spencer. C.W. Spencer was a Baker and Confectioner in 1920. The sort of baker where the customers had a book recording what they owed the shop. The Miss Spencer who died lived in Chestnut House, Hunstanton Road.

In 1944 there were two Miss Spencers' (aged 80+) living in the large house adjacent to the Social Club. One of them was a baker. The student referred to them as 'The Spennies'. There must have been a number of Spencers in the village at that time. A 1921 Census result would be interesting to see.

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The Kitchen Gardener

The jays are back in my neighbour's garden so all is well in the world. I have to admit to calling them a rude word last year though, when they thought it would be a bit of a wheeze to play in my greenhouse which was full of plants at the time.

Speaking of birds and, for that matter, the other creatures that share our gardens – I would like to take a leaf out of Michael Drew's very kind book of encouragement and ask if anyone is up for writing a bird and wildlife column. It would be a lovely addition to our newsletter.

I'm busy making tea. The comfrey patch installed a couple of years ago has made itself at home and is producing nicely. I planted five roots of Bocking 14 which is a sterile clone and will not spread itself around the garden by seed distribution. Comfrey can be invasive and even with Bocking 14 (which is propagated by division or root cutting) anyone with a rotavator wouldn't be wise to use it on a comfrey patch.

The bed was prepared really well with plenty of organic matter before planting in spring, spacing at two and a half foot apart. A comfrey bed can last a good twenty years so it's well worth having a long think about where it should be sited. There is a payoff for some 'tic' in the first year – I removed the flowering stems and didn't take any cuts from the leaves.

From then on the reward has been a generous three to four cuts a year. First cut is crammed into net bags (recycled from seed potatoes), necks tied with a stick inserted into the knot for easy retrieval. Three or four nets go into a lidded black dustbin and are covered with water and weighted down with an old ridge tile. It is given a stir a couple of times a week and after four weeks or so there's an excellent liquid feed. The nets and grotty scum on the surface are fished out and contents put on the

compost heap. Nets are washed and left – weighted with a brick – outside for several weeks to get rid of the smell, which many people find highly offensive.

A word of caution here, it really does stink and for this stage of the process I wear old clothes and rubber gloves that I will not be needing any time soon – weeks later those gloves will smell like they've been dangling in a blocked sewer. The liquid fertilizer is decanted into plastic containers and used diluted to the colour of weak black tea or roughly 1 part comfrey to ten parts water. Comfrey is rich in potash (potassium) which is needed by plants for flower and fruit production, also containing nitrogen and phosphate; that's twenty years of free liquid fertilizer for slightly more than the price of one container of commercial tomato food. Or for nothing if you know someone who will take a few root cuttings for you.

Comfrey tea is great for fast growing summer crops, particularly tomatoes, peppers, cucumbers, sweetcorn, marrows, squashes and pot grown figs. Tomatoes are fed once a week when the fruit has started to set, as are the peppers and cucumbers. I err to the side of caution when feeding – rather underfeed than overfeed. It's a bit like seasonings in the kitchen, you can always add more but you can't take out.

The marrows, courgettes, squashes and figs are fed roughly once a fortnight. Sweetcorn is given a mid-season feed. As they are a hungry crop I'll give the potatoes a liquid feed mid-season too. I don't feed the peas but I have read that if the soil is in poor heart or they aren't doing well comfrey tea is an excellent tonic. After the first cut of comfrey leaves earlier in the spring, the bed is fed with either Growmore or a light dressing of sulphate of ammonia. Subsequent cuts are used (wilted) to mulch the potatoes between trenches and other thirsty crops. The rest is put into the compost heap, well mixed in to avoid thick slimy layers – it rots down very quickly.

In the fruit garden I'll be pinching back the young shoots of pot grown figs to five leaves, the same with the wall trained gage to encourage next year's fruit. Around the end of June beginning of July, I'll pinch out the current season's side shoots on the gooseberries to five leaves (no doubt employing a bit of Anglo Saxon vocabulary as I get scratched to bits). They get further winter pruning but the work done now helps to prevent aphids and, importantly, lets the light and air into the bush. I don't touch the main branches at this stage – they are winter pruned and I also want some for cuttings later in the year.

Reading the Green Team report made me think of family recollections of not a wasted scrap of food during the war, which then took me to my cherished old wartime cookery book which includes comprehensive instructions on how to save your dinner when an air raid comes and, interestingly, altered proportions of

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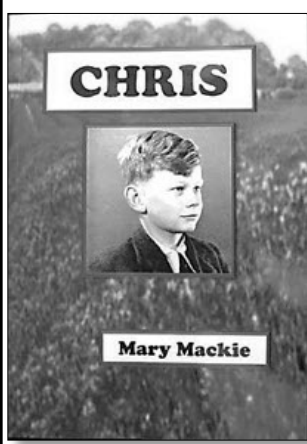
fats, eggs and sugar compared to our modern recipes. That got me thinking about bananas or the lack of them in those days. Then I thought about how quickly bananas turn in the summer. In celebration of our resilient wartime loved ones, I'm going to bake a spiced banana cake which needs very overripe bananas – otherwise destined for compost or bin – for the most aromatic flavour.

Cream 3oz margarine with 5oz sugar, beat in an egg. The spices are mixed in with 8oz self raising flour, and they are: 1tsp cinnamon, 1/2tsp cardamom, 1/4tsp ground cloves, 1/2tsp nutmeg. I'm with the Scandi cooks on spices – if you're going to use them, do it big! So, if you prefer less, go for it but I would say that at least some mixed spice and nutmeg really combine well with the banana and the house smells fantastic as the cake bakes. I digress! Add the flour/spice mixture with two mashed overripe bananas to the creamed mixture and if you like nuts in your cakes add 2oz lightly toasted pecans or walnuts. Toasting brings out the flavour of the nuts, I don't dodge it – it's worth the effort.

Bake in a prepared one and a half pound loaf tin in an oven preheated to 350F, 180C, gas4, for roughly 50mins – 1hour until golden brown, the centre is firm and springy and the edges are shrinking a bit from the sides of the tin. Leave to cool for a few minutes in the tin then turn out onto a wire rack to finish cooling. Wrap and store in an airtight container. This is one of those cakes where the flavour is much improved with keeping.

It goes well with some rhubarb, orange and cardamom compote. Stale, it makes a nice and different base for a trifle. And in my kitchen it's the law to have a cup of tea with a slice of cake as a reward for doing battle with the comfrey!

Hilary Dellar-Lane



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The Evacuee who never went Home

My husband and I had been talking for years about writing his life story. We knew it was a tale worth recording, if only for the family. With my writer's hat on, I felt sure it would appeal to a wider market, except that it had no satisfactory ending. So we talked about it, and the years passed...

Born in London in 1934, Chris was only a few days old when he was taken from his mother and put into care. His foster-mother, known as Aunt Frieda loved him and cared for him, the only mother he ever knew. Then came the war and the inevitable evacuation of schoolchildren. Chris and his two foster-brothers were sent first to Reading, then to Amersham to re-join Aunt Frieda, who had moved because she missed them so much. For a time they were happy, despite the war. For a boy it was an exciting time. But one day in 1942 Chris went to school and when he came home Aunt Frieda was gone, rushed into hospital. He never saw her again.

His foster-brothers moved on and he was taken under the wing of one of Frieda's sisters, a single lady with a career which occupied most of her time. She did her best, sending him back to Amersham thinking that familiar surroundings would be good for him. She was wrong. He was desperately unhappy, severely depressed and missing Aunt Frieda.

After an unsuccessful attempt to have him live with her in Kent, his new 'aunt' brought him to Norfolk, where she had contacts. In Heacham, Chris was taken in by the Proctors at a house on the Broadway, where at last he found a certain happiness. He went to the local school; he enjoyed helping out at the Putting Green Shop and Café, and swimming in the sea; he saw a train smash the crossing gates; he joined the church choir where he knew R P Potts, the parson, and he met Queen Mary. But he never really felt he belonged; he was always afraid that a wrong word might send him on his travels again.

However, as it turned out he stayed in Heacham long after the war ended. After all, he had nowhere to go back to. Officially, he never stopped being an evacuee.

In the end, he joined the RAF and made a new life for himself, though Heacham remained his home base and he came back whenever he could. The Proctor's daughter, Shirley Raines, was like a much-loved older sister. She and her family provided a secure background for Chris until, posted to RAF Waddington, he met me and we formed our own family unit, with two sons and, eventually, four grandchildren. We visited Heacham often and came to love Norfolk, which is why, when the chance arose, we came back to stay.

All the while, over the years, we would often talk about his past and dream of writing the story down. We also wondered about his mother. What was *her* story? Why had she abandoned him like that? What had become of her? From his birth certificate we discovered that her name was Alexandrina Mackie, but that was all, until... until the 1911 Census came on line. It gave us our first clue to finding that satisfactory – I might even say 'happy' — ending.

So I sat down and wrote the book. It happens to be number seventy on my list of published titles and it also happens to be seventy years since Chris came to Heacham as an unwanted evacuee.

If you would care to read the whole story, of a traumatic wartime childhood, West Norfolk in the '40s and '50s, and an adventurous career in the RAF, plus the surprising 'Who Do You Think You Are' ending, our book 'CHRIS' is available now. The first printing sold out within six weeks so don't miss out on the second edition.

CHRIS, by Mary Mackie, is published by Morningside Books at £9.99. See advert for places to buy, or phone 01485 570452.

Mary Mackie

THE SONG REMAINS THE SAME Monthly musings on music by Frank Edmonds

Otis Redding: The King Of Soul

He's probably most remembered for a posthumous song he hadn't even finished at the time he died. His recording career only lasted for five years, before a plane crash claimed his life at the cruelly young age of 26. And yet if Elvis Presley is the King Of Rock And Roll, then Otis Redding is the King Of Soul. It was said he had the power to make you feel he was singing to you and you alone. That he had the sincerity to touch you with songs like Pain In My Heart, Respect, Try A Little Tenderness, and Mr Pitiful ... when in fact he was a happily married father of three, who would ring home at least once a day whenever he was away.

His influence on popular music is incalculable – stretching perhaps to the unlikeliest of places. For example, Bryan Ferry probably isn't the first name you think of in the same breadth as Otis. And yet the young white art school kid from County Durham was so mesmerised watching Redding perform that he decided there and then that he wanted to be a singer himself. Ferry would even name his son Otis. The rest, you might say, is a different kind of history.

Otis Ray Redding Jr was born on September 9, 1941, in Dawson, Georgia, the family moving to Macon when Otis was five. They lived in a ghetto housing project named Bellevue, but which its residents called Hellview. Just like the Queen Of Soul, Aretha Franklin, Otis' father was a Baptist minister, and soon the young lad would be singing in church, and playing with his school band. Clearly he had talent – he began competing for the \$5 prize at his local theatre's talent contest, but was no longer allowed to enter after he won it 15 times straight.



Otis was becoming a big fan of another Macon resident, Little Richard, by the time he joined local band Johnny Jenkins and The Pinetoppers, as an occasional singer but mostly as a driver. In 1959 he went out to California for a few months, worked in a car wash, and cut a couple of records in a Little Richard style, but to no effect. He then came home and picked up where he left off, while never losing sight of his own ambitions.



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Jenkins had a regional hit with an instrumental track, and in 1962 Otis drove the band to the Stax studio in Memphis to record a follow-up. The session went badly; after two and a half hours Steve Cropper and Al Jackson, guitarist and drummer with Stax house band the MGs, were ready to walk out, when it was decided they might as well give Redding a shot at recording something.

Otis tried a self-penned Little Richard-style screamer which, if anything, went down even worse. Then he tried something else, a yearning ballad he'd written, called These Arms Of Mine. Steve Cropper's jaw dropped. A new style was born.

Success was hardly overnight; the single took six months to be a hit, and only then because a top DJ had acquired the publishing rights and plugged it for that long. Nearly a year passed before Pain In My Heart was Otis' second hit – and then only after a lawsuit was settled, because of its similarities to Irma Thomas' Ruler Of My Heart.



But Otis was slowly building up a following among the black audience, and pleading heartbreakers like I've Been Loving You Too Long and That's How Strong My Love Is were balanced by brassy, uptempo numbers like Fa Fa Fa Fa Fa Fa (Sad Song), and the mighty Respect.

Interestingly, Aretha took Otis' desperate plea for respect from an unfaithful girlfriend, and turned it on its head – making her

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signature version an outright demand for respect from a strong, confident woman (blowing the roof off in the process). It's difficult now to appreciate what life was like for black people in America at this time, not just in the segregated Deep South, but in the country generally. Otis' 1965 landmark album, Otis Blue, has a picture of a random blonde white girl on the cover, not the singer. His record company didn't do this because they were prejudiced – they did it to try to cross over to a white audience.

The truly crazy thing was that Stax was a glowing example of a multi-racial company. House band the MGs had a black drummer (Jackson) and organist (Booker T Jones), and a white guitarist (Cropper) and bass player (Donald "Duck" Dunn).

In 1966 and 1967 Otis and the MGs came to Britain, whose music fans had been obsessing about black blues and R'n'B artists for some time. Poignantly their eyes were opened, not just to see unsegregated white audiences enjoying their music, but also to realise how big they'd truly become.

The breakthrough in their homeland came with a show-stopping appearance at the Monterey Pop Festival in June 1967, when America's white flower power generation took Otis to their hearts. But it proved to be his last major concert.

On December 10, after two nights of club concerts, Redding and members of the Bar-Keys group flew to Madison, Wisconsin. Despite warnings, the plane took off in heavy rain and fog, and crashed into Lake Monona, with only one survivor. Otis, his valet, the pilot, and four members of the Bar-Keys all died.

Otis had been listening constantly to The Beatles' Sgt Pepper's Lonely Hearts Club Band album, and wanted to broaden his own musical direction – against the advice of band mates and his label.

The result was the wistful and majestic (Sittin' On) The Dock Of The Bay, co-written with Cropper, and first recorded just three days before the singer's death. Cropper cheerfully recalls that the ocean wave effects at the start of the song were a replacement for Otis' attempts at seagull sounds that "sounded more like crows cawing," while the famous whistling at the end of the song was either an improvisation, or because the singer had forgotten the original ending.

It hardly mattered – it was a pop classic. It also became the first posthumous single to top the US charts. And who knows what might have been, had Otis lived.

Final word from "Duck" Dunn: "You'd be sitting around, and then Otis would come in, and boy, he'd just bring everybody up. 'Cause you knew something was gonna be different. You wanted to play with Otis. He brought out the best in you. That was his secret."

• **FEEDBACK:** If you have any views, comments or suggestions you'd like to air about the column, feel free to contact me at: frank@bronyaur.demon.co.uk



Heacham In Bloom

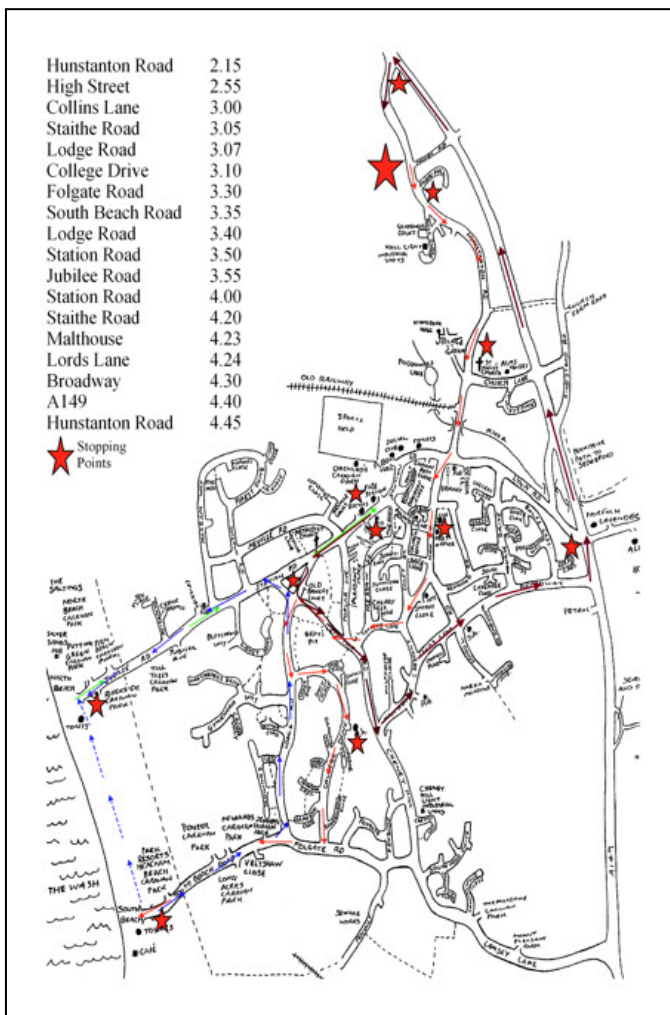
I hope you are all enjoying this year's displays; we have had some lovely comments thus far. Thank you to all those who entered **The Best Blooming Caravan Competition**, you make a real splash of colour on your respective parks. I look forward to announcing the winners in the August edition along with the winner of The Best Blooming Caravan Park Trophy. This year we have also had the highest numbers registering in our **Pride of Place Initiative** and we will be featuring them in the August edition too. We are steadily working towards the judging which takes place on Friday 12 July from 2.00pm. I have published the judging route so you can all see which areas the Judges will be scrutinising. The Team



will be very busy on the Wednesday/Thursday and Friday morning before judging so if anyone can help with that last minute weed or litter pick please do get in touch. We will be

holding our annual garden party, hosted once again by Mr and Mrs Topliss, on Saturday 27 July with refreshments, stalls and entertainment, so I look forward to seeing you all there.

Steve Percy
Chairman of Heacham In Bloom
 heachaminbloom@btinternet.com



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Heacham Green Team

Our first Recycling Scheme is now underway. Heacham Green Team has got together with Charity "The Matthew Project" and has set up a number of drop spots around the village so that you can recycle plastic lids and screw tops. The first 2 drop spots are at St Mary's Church and Heacham Parish Library. We are working on setting up a few more sites in the village. This is an ideal project as it means less goes to landfill and supports a worthwhile cause.

It is great to hear about recycling schemes, but if we didn't have so much waste we might not need to put so much energy into recycling. One way in which you can "Reduce" is to stop Junk Mail and here are some top tips on how to eliminate junk mail.

Step 1: Stop up to 50% of all unaddressed junk mail by registering for FREE with the Royal Mail's door-to-door opt-out. To request an opt-out form, e-mail your name or address to optout@royalmail.com or call them on 01865 796988.

Step 2: Stop even more unaddressed junk mail by registering for FREE, with the Your Choice Preference Scheme. To request an opt-out pack, e-mail your name and address to yourchoice@dma.org.uk

Step 3: Stop unaddressed junk mail from local businesses by putting a "NO JUNK MAIL" sign on your door or letterbox.

Step 4: Stop some addressed junk mail by registering for FREE with the Mailing Preference Service. This can be done online at www.mpsonline.org.uk

Step 5: Stop other addressed junk mail by returning it to sender. Do this by crossing out your own address on the envelope and replacing it with "unsolicited mail – please return to sender" and put it back in the post, unstamped.

(Hints credited to www.thebestof.co.uk/local/kings-lynn)

We are still very keen to set up a "Free to a Good Home" section in the Newsletter. If you have something that you don't want, but know it has still got some use in it, then let us know and we can feature it on our GT page. We have also have an email address greenteamheacham@btopenworld.com

Mike Drew



1st Heacham Brownies

This term and the former one have been both rewarding and fun for both brownies and leaders. Last term had a celebrity theme to meetings.

Brownies designed and made a costume for a pop star out of recycled materials and bin bags. Also, they customised shades and practised for an end of term "Brownies Got Talent" competition. Here, the judges dressed as Simon Cowell and David Walliams (to the brownies amusement,) were treated to skilled and confident performances of singing, dancing, recorder playing and gymnastics! The brownies lined up for a confetti cannon finale, where they were presented with mini trophies for their hard work.



At the moment brownies are working towards their Designer badge. After the first week of the term where they enjoyed the park in the sunshine and collected

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natural materials, the next week they created beautiful miniature gardens. They also designed mini tee shirts on pipe cleaner hangers, which they will use to fabric paint designs onto "real" tee shirts next week. Their last challenge was to make an advert encouraging girls to join brownies, which were videoed. We plan to end the term with a Summer Silly Sports evening and Swimming at the Oasis (this being their choice for an end of term outing.)"



1st Heacham Brownies meet every Thursday from 5.30 to 7.00pm at The Methodist Church and have spaces for girls aged 7-10 years of age. If interested please pop along to a meeting or call Sara Minns on 01485 517028.

FOX & HOUNDS

AWARD WINNING FOX BREWERY

Station Road, Heacham

Tel: 01485 570345

BANDS FOR JULY

Sun 7th July 1.30-3.30pm - Sunday Jazz

Tue 9th July 8.30pm - The Reunion Concert For Map Of Tasmania

Tue 16th July 8.30pm - Tattooed Lies

Fri 19th July 8.30pm - Busker Night

THE BIG ONE

13th ANNUAL BEER FEST

25th - 28th July

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LINE UP:

Thursday 25th - 8:30pm - **HILLBILLY CATS**
(Rock 'n' Roll)

Friday 26th - 8:30pm - **DOGWOOD**
(featuring Billy Fleming from Hawkwind)

Saturday 27th - 2-4pm - **EDDY'S JAZZ**
- 8.30pm - **SOFT TONE NEEDLES**
(the ultimate Classic Soul Band)

Sunday 28th - 2.30pm - **OFFSHORE RIVERS**
(Dave Jackson's new band)

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BBQ - with our trusty trio Marcus, Nigel & Dave



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WHAT'S ON REGULAR EVENTS

PC = Parish Council Office, Pound Lane
PH = Public Hall
NC = Neville Court

OFH = Old Friends Hall, Sunnyside
PRH = Pine Resident's Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club
MC = Methodist Church Hall, Station Rd
SM = St Mary's Church Hall, High Street

MONDAYS

TABLE TENNIS 9.30am Tel: Adrian 570477 (PH Top Room)
SUNNYSIDE CLOSE (Sheltered Housing for over 60's) Coffee Morning 10.30am Tel: 570492
RAINBOW CIRCLE TODDLER GROUP 1pm in school term time Tel: Pip 570812 or Karen 571837 (SM)
ZUMBA GOLD Exercise to music 1-2pm Suitable for all levels 2.15 - 3.15pm Gentle stretch & relaxation classes for all ages Tel: Suzie Povey 07900 818311 (PH)
ROLLASON STAGE SCHOOL Dance Classes age6+ Ballet tap & modern 4.15-5.15pm Street 5.15-6pm Boys only street 6-6.45pm age14+ Zumba 7-8pm [Tel:579074](tel:579074) (PH) Top Room
2nd HEACHAM RAINBOWS Term time Girls 5 to 7 years old 5 - 6.00pm Tel: Mary Harpley 07813014477 (PRH)
HEACHAM TENNIS CLUB Junior Coaching @ 5pm Tel: Richard 07718553415 or Janice 07923612187 (HSC)
RESTORATIVE YOGA 6 - 7.30pm at Heacham First School Contact Sandee Tel: 01485 570485
1st HEACHAM SCOUTS (boys and girls aged 10 to 14yrs) 7 - 9pm Tel: Rob 572239 or Julz 572890 (SG)
HEACHAM IN BLOOM 3rd Monday monthly @ 7pm (PC)
INDOOR BOWLS CLUB 7pm (MC)
LINE DANCING 7-9pm £3.00 Tel: 532317 (PH)
HEACHAM WIVES GROUP - 2nd Monday of most months at 7.30pm (HSC Top Room) Contact Sue Scott Tel: 572252

TUESDAYS

HEACHAM DAY CENTRE FOR ELDERLY 9am-3.30pm Transport may be available Tel: Mick Harpley 07527125574 (OFH)
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)
LADIES KEEP FIT FOR OVER 50's 10.30 - 11.30am. Contact Kath Manning-Coe Tel: 01553 774343 (SM)
CARERS SUPPORT GROUP Run by W.N. Mind Lunch Coffee & Chat at Piece of Mind 4 Poplar Avenue Tel: Hannah or Mandy 01553 776966
LINE DANCING 1.30 - 3.30 pm Contact Diane 571166 (SM)
WOMENS FELLOWSHIP 2.45pm Every other Tuesday (MC)
1st HEACHAM GUIDES wef 4th June 5.30 - 7pm Tel: Sue Theunissen 07833747059 or just come along (MC)
SLIMMING WORLD 5.30pm & 7.30pm Tel: Ann 01553 763949 (SM)
WEIGHT WATCHERS 7pm (OFH) Tel: Alison 07796 904311
PARISH COUNCIL MTG 3rd Tuesday monthly 7.30pm (PC)
HANDS & NEEDLES GROUP every other Tuesday 7.30 - 9.00pm Tel: Joan Careless 570363 (MC)
HEACHAM DIGITAL CAMERA CLUB meets 1st & 3rd Tuesday monthly 7.30pm Sandringham Club West Newton Email: heachamdigitalcameraclub@yahoo.co.uk or call Viv for info on 07906056019
POCAHONTAS PLAYERS Drama Group 7.30 - 9.30 pm Tel: 570402 (PH)
LIVE ENTERTAINMENT from 8.30pm at Fox & Hounds
HEACHAM BOOK CLUB 3rd Tuesday monthly Tel: Beth 570479

WEDNESDAYS

CAR BOOT SALE Sports Field from 7am (HSC)
SCALLYWAGS PLAYGROUP Term Time 9.30 - 11am £2 Tel: Clare 07816913657/Jo 07521447284 (SG)
WEST NORFOLK MIND Day Centre 9.30-3 pm at 4 Poplar Ave Heacham £35 per day or £20 part of a day (personal budget holders & self-funders welcome) Tel: Joyce Armstrong 07704338775 www.westnorfolkmind.org.uk
CARPET BOWLS 10.30 - 12 noon Tel: 570776 (PH)

LINE DANCING 1.30 - 3.30pm £3 Tel: 532317 (PH)
PATIENT ADVICE & LIAISON SERVICE 2 - 4pm on 2nd & 4th Wednesdays monthly (PC)
HEACHAM LITTLE DRAGONS Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)
FOOTBALL Under 8&9's 4.30-5.30pm Contact Mark 07561303886 (HSC) playing fields
TAI CHI & KUNG FU 6-7.15pm-Childrens Kung Fu 7.15-8.15pm-Adult Tai Chi 8.15-9.30pm-Adult Kung Fu Tel: Derek 01553 674779 (PRH)
HEACHAM TENNIS CLUB Senior Club night @ 6pm Tel: Janice Campbell 07923612187 (HSC)
LINE DANCING FOR IMPROVERS - 7 - 9pm. £3. Contact Diane 571166 (SM)
BINGO 7.30pm Neville Court Grouped Home
HEACHAM TWINNING ASSOCIATION 3rd Wednesday monthly @7.30pm New members welcome Tel: 579465.(PC)
WEST NORFOLK SINGERS 7.30pm Tel: Heather Titcomb 01485 542960 (MC)
QUIZ NIGHT 8.45pm Prompt start New teams of up to 5 welcome £1 entry pp Cash Prize & Cash Snowball (HSC)

THURSDAYS

WEST NORFOLK MIND Day Centre (specifically for older people dementia friendly) 9.30-3pm For info see Wednesday
TABLE TENNIS CLUB 10am (PH Top Room)
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)
MOTHERS' UNION 4th Thursday monthly 2pm (SM)
TREFOIL GUILD 1st Thursday monthly 2 - 4pm Tel: 07813014477 Mary Harpley (PRH)
BINGO 2.30pm at Sunnyside Close (Sheltered Housing for over 60's) Tel: 570492
WRITING GROUP AT HEACHAM SURGERY 3 - 5pm every other Thursday Contact Heacham Surgery or Tel: Caroline Smith 01553 819460 between 1-1.30pm Tuesday
1st HEACHAM BROWNIES Term Time Girls 7 - 10yrs (MC) 5.30 - 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084
JUDO Beginners 6 - 7.30pm Tel: 571614 (PH)
1st HEACHAM CUBS ages 8 - 10yrs Term Time 6.45 - 8.30pm Tel: Sam 572138 (SG)
JUDO Advanced 7 - 9 pm Tel: 571614 (PH)
FLOWER CLUB 4th Thursday monthly 7.30pm Flower arranging & demonstrations Tel: Alayne Seymour 570560 (SM)
RAO BUFFALOS 8pm (HSC Top Room)
QUIZ NIGHT Cash Prizes 9pm at Fox & Hounds

FRIDAYS

BEREAVEMENT SUPPORT IN HEACHAM 10am - 12 noon 3rd Friday of the month Contact Renee Smith or Barbara Fargher silverlinings@gmx.co.uk or [Tel:534741](tel:534741) (SM)
COFFEE AFTERNOON Fridhem Rest Home Station Rd Last Friday of the month at 2pm
SOLO WHIST - Don't be solo - Go solo 2 - 4pm Entry £1 Congenial atmosphere (PRH)
1st HEACHAM BEAVER SCOUTS for boys & girls aged 6 to 8 years Term time 6 - 7.15pm Tel: Barry 570767 (SG)
TAI CHI & KUNG FU 6-7pm Beginners Tai Chi 7-8pm Advanced Tai Chi 8-9.30pm Adult Kung Fu Tel: Derek 01553 674779 (PRH)
CASH BINGO 7.30pm (PH)
WILDFOWLERS CLUB 1st Friday monthly 7.30pm (HSC Top Room)

SATURDAYS

HEACHAM YOUTH CLUB Term Time School years 6-11 Tel: Tracey Swann 07833 307856 (SM)

SUNDAYS

CAR BOOT SALE Sports Field from 1pm (HSC)

HEACHAM DIARY

Saturday 6th July GIG 'Niel Patrick' at Silver Sands

** GIG 'Karaoke with 'Mike's Sensations' at Heacham Social Club

Sunday 7th July 'Sunday Jazz' at Fox & Hounds Station Rd 1.30-3.30pm

Tuesday 9th July GIG 'The Reunion Concert for Map of Tasmania.' at Fox & Hounds Station Rd from 8.30pm

Thursday 11th July Green Team Meeting at the Parish Council Office Pound Lane from 12 noon

Friday 12th July Heacham Twinning Ass Evening Car Boot Sale 4-8pm at the Sports field

Saturday 13th July GIG 'Dave George's Karaoke' at Silver Sands

** GIG 'Songs from 50's to 80's with Marcia Santana' at Heacham Social Club

Monday 15th July Heacham Group Practice PPG AGM to be held at Heacham Surgery 7.30pm All Patients Welcome

Tuesday 16th July GIG 'Tattooed Lies.' at Fox & Hounds Station Rd from 8.30pm

Wednesday 17th July 1st Heacham Scout Group AGM at the Scout Hut Sunnyside from 7pm All welcome

** Friends of Heacham Beaches 7.30pm at 35 High Street Heacham

Thursday 18th July 12 noon Deadline for submissions for insertion into the August Edition of the Newsletter

Friday 19th July GIG 'Busker Night' at Fox & Hounds from 8.30pm

Saturday 20th July Heacham Infant & Nursery School Summer Fete 12noon - 4pm Stalls Games Bouncy Castle BBQ & Refreshments for more info Tel: 570357

** GIG 'Mike Selby' at Silver Sands

Monday 22nd July 'Bingo' at Fridhem Rest Home Station Road Eyes down @ 7pm 'All Welcome'

Thursday 25th July GIG 'Hillbilly Cats.' at Fox & Hounds Station Rd from 8.30pm

Thursday 25th - Sunday 28th July 13th Annual Beer Fest at Fox & Hounds Live Music BBQ

Friday 26th July Heacham Twinning Ass Evening Car Boot Sale 4-8pm at the Sports field

** GIG 'Dogwood.' at Fox & Hounds from 8.30pm

Friday 26th - Sunday 28th July Heacham Methodist Church Station Rd '110th Birthday' Arts & Crafts Festival Open 10am-5pm on Friday & Saturday 2-4pm on Sunday

Saturday 27th July GIG 'Matt Pearce' at Silver Sands

** GIG 'Eddy's Jazz' at Fox & Hounds 2-4pm

** GIG 'Soft Tone Needles' at Fox & Hounds from 8.30pm

** GIG 'Elvis night with Tony G' Fancy Dress & BBQ at Heacham Social Club

Sunday 28th July GIG 'Offshore Rivers' at Fox & Hounds from 2.30pm

Thursday 8th to Saturday 10th August Annual Charity Sale in aid of 'TOP KIDS IN BELARUS' & 'NSPCC' at the Church Hall Heacham. 10am-4pm Thur & Fri 9-11.30am Sat

Saturday 31st August GIG 'Pout at the Devil' & 'Genuine Fake' at Heacham Public Hall Doors open 7.30 Tickets £7 Tel:570776

OTHER EVENTS

Saturday 13th July Sedgeford Village Hall & School Fete (inc Car Boot) 2-4pm at Sedgeford Village Hall Jarvie Close Fun for all the family For info Tel: 570889 or 579002

Saturday 20th July Thornham Village Open Day 2-4pm at Thornham Drill Hall Free Entry

Thursday 25th July Hunstanton & District Festival of Arts present 'An evening of Humorous Poetry with Doreen Reed' at Hunstanton Town Hall 7-9pm Tickets £5 from the TIC

Sunday 28th July RAF Bircham Newton Heritage Centre Open Days 11am-5pm more info at www.rafbnmp.org.uk

Sunday 28th July Thornham Summer Yard Sales Maps of venues will be available at Red Brick House 8.30am-1.30pm For info Tel: 512033 Carolyn Barrett or 512546 Sue Warham
SEDFORD PRE-SCHOOL - Toddlers from age 2+ Mon to Fri mornings 8.45-11.45am (with optional 'wraparound' from 11.45am to 12.30pm) and **Tues & Thurs** afternoons 12.30-3.30pm (term time) Sedgeford Primary School Ringstead Rd Sedgeford - Tel: Diana 01485 579489

Mondays

U3A HUNSTANTON meets 3rd Monday monthly (except Aug & Dec) 2pm at Hunstanton Community Centre for details Tel: Chris (Chairman)535065 or Barbara (Secretary)571484

Tuesdays

BRANCASTER BABY & TODDLER GROUP Simms Reeve Inst.Hall Brancaster 9.30-11.30am(term time) £2 per family For info email: brancasterbabyandtoddlergroup@yahoo.co.uk

KEEP FIT FOR OVER 50's 10.00 to 11.30 am Ringstead VH Cost £3.50 Tel: Val Barnes 01328 864358

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

Wednesdays

SING FOR WELLBEING. from 10am-12noon at Snettisham Memorial Hall Accessible to all. New members welcome Tel: Carol O'Neill 01328838316 or email carolone@homecall.co.uk

HUNSTANTON VOLUNTEER SURGERY 3rd Wednesday monthly 10am-12noon at 1st Flr Council Offices Valentine Rd Tel: 01553760568 Karen Lee or Karen@westnorfolkvca.org

RESTORATIVE YOGA 10 - 11am Sedgeford Village Hall Contact Sandee Tel: 01485 570485

DOCKING LOCAL PRODUCE MARKET 10am - 3pm in Ripper Hall Tel: 518945

LYMPHOEDEMA SUPPORT GRP meets the 2nd Wednesday monthly 10.30am-12noon at Tapping House Snettisham

CATKINS TODDLER GROUP - Wed afternoons 1.00-3.00pm term time only Sedgeford Primary School Ringstead Rd Sedgeford - Tel: Diana or Gemma 01485 579489

ROLLASON STAGE SCHOOL Dance Classes under 6yrs Ballet tap & modern 4.30-5.15pm Seniors Ballet & modern 5.15-6.15pm Senior street crew 6.15-7pm at Hunstanton Town Hall Basement Tel: 579074

YOUTH 45 GROUP meet at Ringstead Village Hall 7pm-8 pm for ages 7-14 Cost is £1 per evening and the contact is Mr T Large 11 Holme Road Ringstead Tel: 01485 525480

FIRE CADETS at Hunstanton Fire Station 7-9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07919 492294

WEST NORFOLK TAI CHI CHUAN - weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

Thursdays

ROLLASON STAGE SCHOOL Musical theatre group 4.30-5.30pm at Hunstanton Town Hall Basement Tel: 579074

Fridays

BRANCASTER BABY & TODDLER MUSIC GRP Simms Reeve Inst. Hall Brancaster 10-11.30am(term time) 1st & 3rd Friday monthly £1.50 per family (see Tuesday for info details)

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon High School Hunstanton For info Tel: Ian 07806 622154

Saturdays


CHRISTIAN YOUTH GROUP 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Steve 07425 145887

INDIE ARTS CLUB 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free Tea or Coffee 50p Book in advance via email: bookings@wattsington.com

TIDE TABLES FOR JULY & AUGUST 2013

HIGH WATER AT HUNSTANTON									
Heights above chart datum									
Time Zone UT (GMT), add 1hr for BST									
July 2013					August 2013				
Date	Morning		Afternoon		Date	Morning		Afternoon	
	Time	m	Time	m		Time	m	Time	m
1 M	00 04	6.1	12 11	6.2	1 TH	01 13	5.5	13 46	5.5
2 TU	01 01	5.7	13 15	6.0	2 F	02 22	5.6	14 58	5.6
3 W	02 05	5.7	14 23	5.8	3 SA	03 25	5.8	16 01	5.8
4 TH	03 05	5.8	15 26	5.8	4 SU	04 19	6.2	16 52	6.1
5 F	04 00	6.1	16 23	6.1	5 M	05 04	6.6	17 34	6.4
6 SA	04 47	6.3	17 13	6.2	6 TU	05 42	6.8	18 12	6.6
7 SU	05 28	6.6	17 55	6.4	7 W	06 18	7.0	18 47	6.8
8 M	06 06	6.8	18 34	6.6	8 TH	06 54	7.2	19 23	6.8
9 TU	06 42	6.9	19 10	6.6	9 F	07 30	7.2	19 57	6.9
10 W	07 17	6.9	19 44	6.7	10 SA	08 02	7.2	20 29	6.9
11 TH	07 50	6.9	20 18	6.7	11 SU	08 33	7.2	21 01	6.8
12 F	08 22	6.9	20 52	6.6	12 M	09 05	7.0	21 35	6.6
13 SA	08 53	6.8	21 27	6.4	13 TU	09 43	6.8	22 16	6.3
14 SU	09 27	6.7	22 03	6.2	14 W	10 31	6.4	23 09	6.0
15 M	10 07	6.4	22 48	6.1	15 TH	11 34	6.1		
16 TU	10 57	6.3	23 44	5.8	16 F	00 22	5.7	13 02	5.8
17 W			12 00	6.1	17 SA	01 51	5.8	14 41	6.0
18 TH	00 57	5.8	13 20	6.0	18 SU	03 09	6.2	15 58	6.4
19 F	02 17	6.0	14 47	6.2	19 M	04 12	6.8	17 02	6.9
20 SA	03 26	6.3	16 01	6.6	20 TU	05 07	7.3	17 55	7.3
21 SU	04 27	6.8	17 05	6.9	21 W	05 56	7.6	18 43	7.5
22 M	05 21	7.3	18 03	7.3	22 TH	06 41	7.9	19 26	7.6
23 TU	06 12	7.6	18 56	7.5	23 F	07 25	8.0	20 03	7.5
24 W	06 59	7.9	19 43	7.5	24 SA	08 03	7.9	20 38	7.3
25 TH	07 43	7.9	20 26	7.5	25 SU	08 43	7.6	21 12	7.0
26 F	08 25	7.9	21 07	7.3	26 M	09 20	7.2	21 45	6.6
27 SA	09 07	7.6	21 47	6.9	27 TU	09 59	6.7	22 21	6.1
28 SU	09 50	7.2	22 29	6.4	28 W	10 44	6.1	23 08	5.7
29 M	10 35	6.7	23 15	6.1	29 TH	11 46	5.5		
30 TU	11 29	6.1			30 F	00 22	5.4	13 08	5.2
31 W	00 11	5.6	12 33	5.7	31 SA	01 41	5.4	14 28	5.4

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Incinerator update

The County Council was meant to be debating getting out of the incinerator contract on 17th June but officers did not allow all members to see the contract and instead a press release was issued suggesting it could cost over £80million to walk away. An officer report said compensation would be due to Cory Wheelabrator even if corruption had occurred. This prompts the questions what other surprises are still 'lurking' in the contract and were any of the terms negotiated favourable to Norfolk County Council? Cabinet agreed a QC should examine the contract and review the advice given to the Council that led to it being signed. It was also agreed that waste industry experts would assess the potential savings that could be made from alternative waste treatments. These are likely to be significant because more advanced waste treatments are both cheaper and more efficient. Although Cory Wheelabrator's technology was 'state of the art' in Germany and America around 20 years ago, things have moved on now and expensive marketing does not make up for having an out of date product. On 10th June 2013, Cabinet 'approved in full' recommendations which included having independent waste industry experts prepare a 'Waste Management Report' looking at what can be saved by using alternatives. It will be a good opportunity for the new administration to show it is better than the last.

The July music event is postponed until 21st September due to clashing with Festival Too.

For more information please visit www.farmerscampaign.org & www.klwin.com

Mike Knights
Vice Chairman KLWIN

Indie Arts Club

I started a monthly indie arts club on 8th June and am running it on the second Saturday of the month 1-4pm in the Basement at the Hunstanton Town Hall.

It is a non-taught social indie art group for people of all abilities, over 18 and gives an opportunity for local like minded creative people to doodle/paint 'n' chat. Please bring your own art materials! Tea and coffee will be 50p each.

Entry and membership is free but places must be booked every session as they are strictly limited.

To book, please email: bookings@wattsington.com

or add and message me on facebook:
<https://www.facebook.com/norfolk.indiearts>

Georgie Watts

Thornham Summer Yard Sales Sunday July 28th 2013 8.30am - 1.30pm

There will be at least 9 venues for the Yard Sales.
Maps will be available at:

Red Brick House, Hall Lane, Thornham
Raffle, Cake Stall and Refreshments available.
Bag Ladies of Thornham raising funds for
Thornham Village Projects.

For further information contact:

Carolyn Barrett 01485 512033 or
Sue Warham 01485 512546

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Events at Hunstanton Library

For further information about these events (or to book your place where necessary) please contact the Library on (01485) 532280 or pop in.

Free Wifi now available at Hunstanton Library!

A publicly accessible wireless network has now been installed in the library. For information on how to access it using your laptop, mobile device etc, please ask a member of staff or contact the library on 01485 532280. A current Norfolk Library card will be needed to access this service.

You can join online by visiting:

www.library.norfolk.gov.uk and clicking on the link 'how to join the library' under 'Welcome to Norfolk Libraries'.

Norfolk Adult Education Sessions

Wednesday 17th July 2013 - 10:00 - 1:00pm

Are you aged 16 - 116? Then why not drop-in to one of our regular sessions, and find out how Norfolk Adult Education can help you? From January 2013 third Wednesday in month at Hunstanton Library 10am - 1pm. For more information contact your local library or Laura White, Basic Skills Community Development Worker, on 07825 114272.

Hunstanton Library Town Read

Starts Saturday 20th July 2013 - 10:00am

Hunstanton Library is on a mission to see how many members of the local community they can encourage to read and share the same book at the same time - to tie in with the Creepy House Summer Reading Challenge theme. The chosen book is Dark Matter by Michelle Paver.

January 1937. Clouds of war are gathering over a fogbound London. Twenty-eight year old Jack is poor, lonely and desperate to change his life. So when he's offered the chance to join an Arctic expedition in Gruhuken, he jumps at it. But the Arctic summer is brief. As night returns to claim the land, Jack feels a creeping unease. One by one, his companions are forced to leave. He faces a stark choice. Stay or go. Soon he will reach the point of no return - when the sea will freeze, making escape impossible. And Gruhuken is not uninhabited. Jack is not alone. Something walks there in the dark...

How can you take part? The Hunstanton Library Town Read starts on Saturday 20th July - 10:00am. Come along and get your copy of the book! Join us for the Hunstanton Library Town Read Coffee Morning on Friday 30th August at 10.30am and let others know what you think about the book. Refreshments provided.

For further information about the Town Read please contact Hunstanton Library on (01485) 532280.

Launch of the Creepy House Summer Reading Challenge

Saturday 27th July 2013 - 10:30 - 11:30am

Stories followed by lots of activities! Come along and join in this year's reading game! Children under 8 must be accompanied by an adult.

Creepy House Storytime!

Wednesday 31 July 2013 - 10:30 - 11:30am

Come along for some creepy stories followed by lots of activities! Come and join in this year's reading game! Children under 8 must be accompanied by an adult.

Scrabble Club

Wednesday 24th July 2013 - 10:00 - 12:00noon

Come along and join in a game of Scrabble at Hunstanton Library. Fourth Wednesday in the month. Refreshments provided.

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Hunstanton Lions Club

At the June Lions Business Meeting, items discussed included the Hunstanton Bowls Tournament, and helping good causes.

On June 17th, at our AGM, we saw our outgoing President Peter Sutton hand over his chain of office to our new Lion President Mike Ruston.

Hunstanton & District Lions Club 3rd International Charity Golf Tournament:

Hunstanton Lions Club held their 3rd Charity Golf Tournament, by kind permission of William Searle, at Heacham Manor on Friday 24th May 2013.

Nine teams of four entered, enjoying an early bacon bap with their morning coffee before embarking on an epic 18 hole "Stableford" round in almost biblical conditions. This was followed by a two course lunch, presentations and raffle. The winning team was Edmundson Electrical, with Rossiters Ltd coming second.

Thanks to all teams who entered and the very friendly atmosphere. Thanks also to those who sponsored this event. Special thanks to Ed, the course manager, for all his hard work and assistance. The Hunstanton & District Lions look forward very much to the 2014 competition.

Forthcoming Events:

Sunday 28th July – 2.00pm

Hunstanton Lions Club Open Charity Bowls Drive taking place at Heacham Social Club. For more information or to book a place call Chris Holt on 01485 541534.

Sunday 8th September

Indoor Carpet Bowls Competition at Smithdon High School.

Car Boot Dates:

7th July, September 8th, October 6th & 20th.

200 Club

1st Prize - C. Deemore; 2nd - Neil Ruston; 3rd -Mike Keightly; 4th - Gertrude Spears.

If you would like more information about Hunstanton Lions please contact Mike Ruston 01485 533367.

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PRINCESS THEATRE CLUB

...STOP PRESS...

Those of you who recently saw our spring production and readers of our newsletter will have seen that we have publicised our autumn production 'An Inspector Calls' by J B Priestly.

Unfortunately, due to contractual arrangements, we are unable to obtain a licence to put on this play.

We will announce our autumn production as soon as possible, but please be assured there will be a production at the Princess Theatre, Hunstanton on 15th November at 7.30pm and 16th November at 2.30pm and 7.30pm.

Any queries please contact Rae Steward, Publicity Officer, Princess Theatre Club. Tel: 01485 533420.

Mick Yates, Chairman.



The Princess Players 'Blithe Spirit'

The Princess Players (formerly the Princess Theatre Club*) are pleased to announce their autumn production BLITHE SPIRIT by Noel Coward. The play concerns Charles Condomine, whose first wife

Elvira has been dead for seven years and has been reasonably happy with his second wife Ruth. After he invites Madame Arcati, a local medium, to conduct a seance at their home, Elvira returns from the dead. Determined to get Charles to herself forever, she arranges several 'accidents', one of which culminates in Ruth joining Elvira. Now plagued by two jealous squabbling spirits, Charles bids them both farewell and his two wives are left petulantly tearing the house apart.

This production replaces the previous announced 'AN INSPECTOR CALLS' by J B Priestley, which had to be withdrawn due to contractual rights.

The play will take place at the Princess Theatre, Hunstanton on 15th November at 7.30pm and 16th November at 2.30pm and 7.30pm. Box office 01485 532252 or online www.princesshunstanton.co.uk.

*NB The Princess Theatre Club will officially change it's name to the 'PRINCESS PLAYERS' on 2nd August 2013.

All enquiries to: Rae Steward, Publicity Officer, Princess Players. 01485 533420.

Brancaster Camera Club

Tuesday, 9th July 2013

Club Digital Image Comp.

"Can you tell what it is yet?"

Tuesday, 23rd July 2013

An evening with professional photographer David Morris NOT TO BE MISSED! Visitors are always welcome at our meetings which are held in Brancaster Staithe Village Hall at 7.30pm. Contact Jim Till on 01485 210013 or Wendy Calow on 01553 674725.



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Burnham Market Craft Fair

The 38th BURNHAM MARKET CRAFT FAIR will be held on SATURDAY 17th AUGUST from 10.00am.

Once again all BURNHAM MARKET's village greens will be covered by stalls from over 100 carefully-chosen Craftspeople, who will provide a wide variety of high quality items for sale. These include woodwork, pottery, basketwork, plants, textiles, ceramics, jewellery, cards, sculptures, furniture, glassware, photography, aromatherapy, metalwork and much, much more...

As well as Exhibitors who have supported this event over several years, we have many new Craftspeople bringing new skills and ideas, to what has become an important event on the Norfolk calendar!

The Punch and Judy show, supplied by Mr Poz, will be providing free entertainment for children throughout the day.

A hog roast will also be available.

Parking is on the Village playing field for a small charge and is well signposted. Admission to the Craft Fair is FREE.

Please give your support to this colourful and popular traditional Burnham Market fund-raising event.

10% of all sales donated by the Exhibitors goes to local good causes with an emphasis on young people.

Any enquiries, please ring 01328 738503 or 01328 738978.

NORFOLK BRASS

Back by popular demand

Band Concert on

Saturday 27th July at 7.30pm

in

St Mary's Church, Burnham Market.

Tickets £10 (to include a glass of wine)

from Whitehouse Books, Burnham Market or,

on the evening, at the door.

Thornham Village Hall Open Day

Saturday 20th July 2013

2pm to 4pm at Thornham Drill Hall.

Come along and see what activities, clubs and groups are currently being held in Thornham Drill Hall and the new activities that will be taking place in the exciting, brand new village hall on completion. From Yoga and Zumba to Arts and Photography, there should be something to suit everyone's taste. Or why not trigger a new interest and take up a new hobby! Entry is FREE and refreshments will be available.

We look forward to seeing you there!

SEDGEFORD VILLAGE HALL & SCHOOL FETE

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Saturday 13th July

2.00 – 4.00 pm.

(Car Boot set up from 1 pm onwards)

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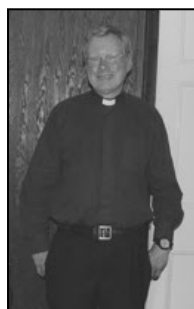
Hunstanton & District Rotary Club

We have several centres in our District that cater for the older generation – Day Centres in Hunstanton, Heacham and Dersingham. Also older people with some form of disablement may go to Phobbies in Dersingham. As this year's Rotary Club President, I was recently invited to the Hunstanton Day Centre which meets at the Community Centre in Hunstanton. I was given a very warm welcome by the older residents who come weekly to meet together. I spoke to several residents, some of whom had fought in the second World War. One had been in the RAF and the Army and had fought in Palestine. Another had been in the Royal Navy and his ship was involved in escorting US troops to the Normandy beaches on the day after D-Day. A third man had been a tank commander.

Back in 1994 I was inducted into Rotary by a man who became an Army Major during the war. Aged 93, he now lives in a Care Home. He never spoke of his war exploits until some years later when I learnt that he had won the Military Cross and had been attached to the Eighth Army under Field Marshall Montgomery, fighting in the North African Desert. Tobruk had fallen and south of it, in the battle code-named 'Knightsbridge', the Allies defended against General Rommel and the attack of the German Africa Korps and Italian Armoured and Motorised Units. Our Allied officer was in charge of 4 anti-tank guns. As the only surviving officer he took command of the remaining 10 guns of the Company, several tanks being destroyed. He was immediately awarded the Military Cross for gallantry.

Why do I recount these stories? Because it is very easy for younger people to think of older ones as barely to be tolerated, not realising that so many of the older ones have had lives for which we should be proud. Those in the war showed fantastic self-sacrifice from which we have all benefited; many others have achievements about which they keep quiet but they deserve great respect from us all.

Hunstanton Day Centre meets on Tuesdays, weekly, from 9.30am to 3.00pm. The Centre is ably run by its President (and Rotarian) Brian Devlin, with much valuable assistance from Peter Atterbury (also a Rotarian) his wife Val, Pam Reynolds and several other helpers. Two of our Rotarians, Margaret Ponder and Maureen Hoverd, assist at Phobbies in Dersingham.



The Hunstanton Centre has been running for 34 years and is a very important organisation as are all centres catering for the older generation. We must keep these. Any help that can be given is much appreciated. At the Hunstanton Day Centre, if you are able to give up some time for this, please telephone Brian Devlin at 01485 532410.

Rotarian Rene Rooth writes the following account of the recent talk given to the Rotary

Club by the Reverend James Monro, Curate of the Saxon Shore Churches:-

James gave us a very detailed account of life in Dodoma in Tanzania, showing us pictures of the local churches and farm houses as well as the wild life typical of Africa: Elephants, Giraffes and Zebras. He showed us the Cathedral built by the Wills family and, in contrast, the bare countryside in the dry season. The churches in that area are well supported with services lasting several hours and various choirs enjoying singing and music. On baptismal days as many as 250 children are baptised as Christians, although there is a Muslim community.



The greatest need in Dodoma, and a nearby village, is for water. Sometimes the locals sink the basic well which is not hygienic and, with rain, it disintegrates. So what is needed is an Artesian well which produces pure water and would supply water for making bricks as well as being for general use. The Diocese of Tanzania owns land in the area and churches are looked after by the Church Elders. A new well would also be looked after by this body.

Most days are windy so a tower with a wind-driven pump is necessary for water storage. Of course, an exploratory drill must first take place and a fund for about £6,000 to £7,000 is needed to purchase items such as rotors, cylinders and rods, not forgetting fencing to keep out jackals and other animals.

Unfortunately, the Government is not in a position to help with these projects so that charity donations are all important. All members were impressed with the presentation and will be giving some thought as to whether the Club can assist in any way.

Phil Newell

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King's Lynn West Norfolk Business Start-up Support Programme

What is it?

A new **free** Business Start up Service that has been launched by the Borough Council of King's Lynn & West Norfolk in association with business start up support specialists, TCHC, to help people who want to become self employed or start a new business.

The service includes practical, informative workshops, covering all the points that you need to consider in becoming self employed or setting up your own business, as well as providing the opportunity to discuss your ideas and questions with an experienced business adviser.

Who's it for?

The service will help anyone resident in the Borough of King's Lynn & West Norfolk who is thinking about becoming self employed or starting a new business make their idea a reality.

What does it consist of?

The programme consists of practical training workshops together with an opportunity to talk through your business ideas with an experienced, independent business adviser.

Workshop Programme

Self Employment – Is it for me?

Business Awareness Workshop.

Half Day

By the end of the workshop you will have the information needed to decide if self employment or running a business would be a viable option for you together with the confidence to explore it in greater detail.

Self Employment – Building your Business Idea Workshop.

Full Day

This workshop will give you a comprehensive overview of the key business disciplines needed to research your business idea, assess its viability and start building the concept into a sustainable business. By the end of the workshop, you will have clarified whether your business idea is potentially viable and whether you have the skills necessary to start your market research and financial planning.

Planning your Business Workshop.

Full Day

This workshop will focus on the purpose, contents and the prospective customers of the business plan and include topics on understanding and explaining your market, resources and funding, cash flow and profit & loss forecasting, sales and marketing and the people involved in the business.

By the end of the workshop, you will have the skills and knowledge together with usable templates to develop a robust business plan suitable for raising finance and for managing your business.

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Business mentoring

On-going business mentoring for people who have recently become self employed or started a business.

What are the benefits:

Learn business skills to enable you to run a business effectively.

Receive independent impartial advice to give you every chance of success.

Meet and network with others in a similar position to yourself to help build your confidence.

How much does it cost?

All workshops, business viability consultations and business mentoring sessions are completely free for residents of the Borough of King's Lynn & West Norfolk.

How do I book?

To book a place on a workshop or a business viability consultation please call TCHC on 01923 698 474 or email courses@tchc.net

July

1st Is it for me? King's Lynn
15th Building your business idea King's Lynn

September

9th Planning your business King's Lynn
16th Is it for me? Hunstanton

October

7th Building your business idea King's Lynn
14th Planning your business King's Lynn

November

11th Planning your business King's Lynn

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**Pout at the Devil + Genuine Fake
Public Hall - 31 August 2013**

This sees the return of the completely over the top 80's rock tribute 'Pout at the Devil' fronted by the shy and retiring DIRK STEELE. These boys are a tribute to what was possibly the most hedonistic and excess laden era ever seen. Not just a tribute to one band, imagine going to a festival in the 80's with all the big rock and metal outfits playing. That's what you get at a POUT gig, great showmen, superb musicians and above all two hours of classic hair metal from the likes of POISON, ALICE COOPER, BON JOVI, WHITESNAKE and MOTLEY CRUE. THIS BAND IS TOO GOOD TO MISS and tickets are a measly £7 each in advance only. Opening the proceedings are 'Genuine Fake', a bunch of local lads who are starting to make a name for themselves on the local circuit. Tickets from me (Trev Frammingham) 07747 156204, Jan Campbell 07923 612187 or the Social Club 01485 570776. I cannot praise this band highly enough and they are surely destined to become one of the major tribute acts in the country. DONT MISS IT.

The doors open at 7.15 pm. 'Genuine Fake' are on stage from 8 till 9pm and 'Pout at the Devil' on stage from 9.30 till 11.30pm. There is also a licensed bar.

Trevor Frammingham

Community Cinema

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**Borough Council of King's Lynn & West
Norfolk - West Norfolk Disability Forum**

The West Norfolk Disability Forum was initially established by the Borough Council of King's Lynn & West Norfolk in 1981 and comprises Borough Councillors, individuals with disabilities, representatives of people with disabilities, and people concerned with disabilities in the Borough.

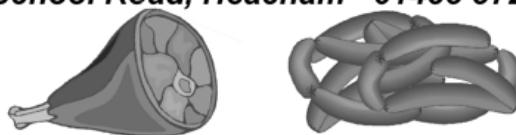
If you are working on a project which you feel may have implications for people with disabilities, the Forum are available for you to consult and can provide advice from their perspective.

For more information on the work of the Forum please visit <http://www.west-norfolk.gov.uk/default.aspx?page=22534> or if you would like to add an item to a future agenda please contact disabilityforum@west-norfolk.gov.uk.

Meetings are usually held once every two months at 2.30pm in the Committee Suite at the main Council Offices in King's Lynn and are open for all to attend.

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Musings From The Potting Shed

The human race is just a chemical scum on a moderate sized planet, orbiting round a very average star in the outer suburb of one among a hundred billion galaxies"

Professor Steven Hawking, Physicist.

Lady Eve Balfour, one of the founders of the Soil Association and a pioneer of organic horticulture, said in 1946, "if you look after the soil, the plants will look after themselves." What she meant was that healthy plants and crops are better able to resist the onslaught of pests and diseases than those growing in poor conditions.

Unfortunately, governments after the last war and indeed ever since, have listened to the shrill cries of the huge agribiz companies who have persuaded farmers to use large quantities of artificial fertilisers and drench the land in ever more toxic chemicals to control pests and disease. Neonicotinamides, the latest poison group, have now been almost certainly found to be at least partially responsible for the huge decline in the bee population. I'm sure you have all read about the disaster scenario implicit in losing the bee population so I won't repeat it here.

The Organic movement has long been derided as consisting of long-haired fanatics who should be pushed aside in the rush to produce more food by whatever means available. So what has triggered this outburst from yours truly? Well, I bought my usual posh Sunday paper yesterday (I read the excellent EDP the rest of the week) and in it was, as usual, an excerpt from the New York Times. In this paper was a quite frightening article about the huge degradation of American farmland caused by grazing and farming practises. The soil is to all intents and purposes a medium for supporting plants and to enable growth the soil is soaked in fertiliser. The feeble plants, unable to defend themselves, have to be drenched in fungicides and pesticides of ever greater potency. Eventually the system will collapse and famine will follow. How about that for a happy thought.

But that's not the end of it. The lead article in this paper is headed, "Biodiversity at risk underfoot". I won't quote the article verbatim (yeah, I know, I'm using really big words this month) but the gist of it is that our soils are home (I nearly said repository there!) to an enormous variety of organisms, bacteria, fungi, nematode worms, protozoa and termites. This ocean of soil contains approximately 1/3 of all living organisms and, so far, only about 1% of these have been identified.

This teeming mass of organisms, billions to a teaspoonful of soil, processes organic waste into soil. It filters and cleans much of the water we drink and the air we breathe. It is second to the oceans as the largest carbon repository (there, I have used the word after all!) on the planet. With all the ploughing, erosion and mismanagement by us silly little human beings we are at risk, serious risk, of releasing all that carbon as CO2 and increasing global warming to the point at which, eventually the whole system will break down. OK, we will be alright but our great grandchildren will have a miserable time of it. I have often thought it a great pity that we humans do not live for say 500 years, because then we would see the results of our stupid actions. I think I should stop this rant as my keyboard is beginning to smoke!

Perhaps, just maybe, our leaders will decide to do the sensible thing. The organic movement has said for years and top scientists are now rediscovering the fact that the greater the soil diversity, the fewer diseases that emerge in plants. They are also "discovering" that a healthy soil ecosystem may sustain plants without the need for chemical inputs. I refer you to the start of this article and Lady Eve Balfour. She, and others were preaching this nearly 70 year's ago and were ignored. Let us pray that this time our leaders will listen. But don't hold your breath. So, what can we do to help avert disaster? Practise no-till agriculture for a start. This enables the natural decay of dead vegetation. Don't plough every year. Actually, some enlightened farmers and many gardeners, have already abandoned digging gardens and ploughing. Add lots of compost, especially worm compost. Farmers can't do this unless they are using mixed arable and animal husbandry but even arable farmers can grow crops of clover and other green manures. These would have to be turned in but deep ploughing is not needed. I've always banged on about making and using compost and you can make it from mostly anything rottable, including old envelopes (remove the plastic widows, I know to my cost that they don't generally compost) and newspapers, as well as garden waste.

INTERLUDE

The reason for the interlude is because I took a break to go visit my eldest daughter Helen in France. A tedious journey involving a train to Stansted airport, lots of waiting around at said airport, having to strip almost naked at security (well, I had to remove the contents of my pockets, my trouser belt and my fleece top) then more waiting around at departure - no seats available - and so on. Then we got onto the plane and with much roaring and bumping took off. Despite my fears, the wings didn't fall off and the bottom of the plane didn't fall out, so I arrived safely at Bellegarde airport, Limoges. More waiting whilst a couple of persons examined our passports, then we were freed.

Helen was waiting and we had a drive through lovely countryside to her home. This comprises an old farmhouse in an acre of land and is currently somewhat overgrown as Helen a) is no gardener and b) has been in the UK for the last five months. So I worked fairly hard tidying up, drinking too much wine and loafing around, then came home again. More waiting around - the plane was late arriving - another terrifying flight and eventually I got home again. You may have gathered that I don't like flying, it's not natural. Despite the long journey, I reckon I might drive there next time. I have been assured that priority boarding saves hanging around. Well if the plane doesn't arrive on time you still have to stand and wait. I guess the people who had paid for priority boarding got on the plane about 10 mins. faster than the rest of us. No, driving's the thing. Or stay at home of course!



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My lovely brother kept the garden in good shape during my absence. I get quite guilty about this but not too guilty. I have only to visit an old friend in Cornwall, then I'll be at home for the rest of the Summer, keeping the old homestead in good nick. I have plans to go all minimalist since my lovely Jill died so the first job is to have a big clear out of all the stuff I don't need anymore. I might just manage it before I go to join her as 42 years in the same house tends to accumulate a lot of stuff. I'm also "planning" (for me there is a difference between planning and the execution) to visit a few National Trust properties during the long, hot, summer months. As a long term NT member, I think it's high time I used my card. I particularly want to visit some of the old industrial sites belonging to the Trust. If I actually get round to visiting them, I'll report back.

I went last weekend to see that old friend in Cornwall. He lives with his partner in a village called Bovey Tracey on the northern edge of Dartmoor. It was good and I haven't laughed so much since before my beloved Jill died. The long drive was a bit tedious but I coped as I wasn't in any rush. I hope to go again before year's end. Now, I really must get down to keeping the garden in good nick. Once more we need a good soak to help the veg along. I've diverted the kitchen sink water into a large bucket, which will do for the pots and the various tanks scattered around will do for the veg plot. But 250 litres goes nowhere and I suspect the hose will be brought into play soon.

I hear the developers of "New Heacham" have submitted a revised plan for 200 houses. This, before the original plan was even discussed by the Borough Council. I wonder what we'll finish up with. And I see that Stainsby's Garage site & land is also up for sale. I'm getting old and don't like all this change. So what will go there? A new supermarket? That was the rumour a couple of years ago.

I really must stop as I've not got enough to say and haven't seen anything in the papers to get cross about.....

Michael Drew

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HEACHAM VILLAGE MAP - Dog Waste Bins 2013

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HEACHAM DECLARATION
 1795 1995
 In the church of St. Mary The Virgin, Heacham on November 5th 1795 a meeting took place of 111 day labourers from Heacham, Snettisham & Seaford with 4 Heacham farmers. They all signed a declaration for a peaceable mode of redress and a petition to Parliament for a minimum wage proportionate to the price of wheat. They advertised this petition to extend it through the county & to every county in the Kingdom. The Acts against Treason & Sedition which silenced protest were carried through Parliament by Pitt's government following riots when King George III opposed Parliament just one week before the Heacham meeting. Many families emigrated as famine prevailed.

**HEACHAM MAP COURTESY OF THE HEACHAM NEWSLETTER
 DRAWN BY KERRY LONG
 2007**

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the past of Sedgeford, recording the story of the village since man first came to live there.

The 'dig' season is from Sunday 7th July to Friday 16th August 2013, and visitors are very welcome, free of charge, from Sunday to Friday between 10am and 4pm. (Please note we are closed on Saturdays) with an extended tour every Friday at 3.30pm, conducted by the various supervisors.

During the season we hold Tuesday night lectures connected with archaeology at Sedgeford Church. The first starts on 9th July and the last one is on 13th August. These commence at 7.30pm and usually end by 9.00pm at the latest. Entry is free but there is a collection which goes to the church.

On Sunday 28th July we will be holding our annual Open Day between 10am and 4pm when additional events and activities will be available for all the family. There is a nominal charge for parking but entry to the site is free.

We are once again running our 'Dig for a Day' Course. between 14th and 26th July. The cost is approx £25 per day including lunch and, depending on where you dig there is an age limit for younger enthusiasts (they must be with an adult). For details before the season commences look on the website under bookings. From 7th July you can ask at the site information hut if there are spaces still available.

Please note that places and days are very limited!

If you want to join in, there are plenty of courses, both week long and day, to attend and learn about different aspects of archaeology. If you are already an experienced digger you are very welcome to join in. See www.sharp.org.uk for more information and application forms.

How to find us.

Coming on the B1454, which passes through Sedgeford, take the road signposted to Snettisham. The sign for 'SHARP' is on the left at the first bend and the site is at the end of the track with a carpark available.

If you are interested in actually getting your hands dirty or helping in other ways and/or want more information about SHARP check out the website at: www.sharp.org.uk

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Coronation Tea Party

Celebrating the 60th Anniversary of The Queen's Coronation

On Sunday 2nd June, a Celebration Tea Party was held on the Heacham Recreation Ground, hosted by the Parish Council. The afternoon was thankfully sunny, an oasis of warmth within the unsettled weather we have been having so far this summer.

Musical entertainment was provided by DJ Andy Groom, other entertainment by Rollason Entertainments Face Painter, The Paper Wizard and Balloon Artist/Magician.



After the picnic tea was served and enjoyed, a themed Quiz and Best Decorated

Hat competition were held. The afternoon ended with a rousing bout of patriotic community singing.



HEACHAM LIBRARY

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Perfect for light reading is the extensive range of MC Beaton books, we have enough of her titles to keep you going all through the summer. For something a little bit darker try out the novels by Virginia Andrews.

We are pleased to have become a partner in Heacham Green Team's recycling initiative, so the Library is now a drop off point for plastic lids and screw tops (clean ones please) as you can't recycle these at home at the moment. Details of what sort of lids that can be dropped off are on the poster in the Library.

Sponsored by the Borough Council, there are 3 computers available for use at the Library with internet access. If you would like to learn the basics of how to get online and use the internet, we also run free courses at the Library on Thursdays. If you would like to book a place, please ring 01485 572142.

Heacham Library Opening Hours
Monday, Wednesday, Friday - 10am-4.00pm
Saturday - 10.am – Noon
Scrabble Club – Wednesday 2-4.00pm

Coasthopper bus service

There is a possibility that the Coasthopper bus service may be discontinued: There is an on line petition which can be found on: "<http://www.change.org/en-GB/petitions/>" and then follow the links for norfolk-county-council-keep-the-coasthopper-bus-service?

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Heacham Cricket Club

After six games of the 2013 season we currently sit top of the West Norfolk Cricket League 2. It has been a fantastic start to the season, winning all of our first five fixtures.

Results:

Heacham v Hillington – Heacham win by 1 wicket
Heacham v Hockwold – Heacham win by 72 runs
Downham 3rds v Heacham – Heacham win by 116 runs
Heacham v King's Lynn Hospital – Heacham win by 112 runs
Heacham v Fakenham 3rds – Heacham win by 165 runs
Hillington v Heacham – Hillington win by 45 runs

Fixtures:

Sat 6th July – away v Hockwold
Sat 13th July – home v Northwold
Sat 20th July – away v Sandringham 2nds
Sat 27th July – home v Downham 3rds

Looking ahead to August, the club will be holding what has become our annual charity cricket match. Over the past four years it has been a very successful event. This year it will again be Heacham C C v Heacham C C veterans to be played on Sunday 18th August. Support and sponsorship for this event would be very welcome.

Practice sessions are still being held on Tuesday and Thursday evenings from 6 o'clock at the cricket field. Any new or old players are always welcome to attend.

If you would like to keep up to date with club news, fixtures, results and events, we are now available to follow on twitter @HeachamCC

If you require any further information, please get in contact with me on 07827 447219.

Kevin Dix
Secretary

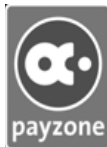
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Football Team.

Joseph Gascoigne (Gazza) first started playing football with Heacham Minors and then moved on to Cambridge United before being scouted by Norwich City where he has trained over the last year with the under 11's academy boys.

He has just been given another 1 year contract. A special thanks must go to Debbie Knight, Jason his Dad, and Heacham Minors for his early training. This takes a lot of commitment from everyone.

Over the weekend of 7th, 8th and 9th June, Joseph played for Norwich City under 12's in a Premier League International Festival at St. George's Park, the FA football centre, competing against some of the best teams in Europe, e.g. AC Milan, RSC Anderlecht, Arsenal and Manchester City to name a few. Norwich finished 3rd in the Plate final.

What a wonderful opportunity and experience for someone so young. Well done Joseph for your commitment and hard work. Keep it up.

David Page
Senior Football Club Secretary



	<p>MIDDLESBOROUGH FC Ethan Lockwood, Jack Nicholson, Joseph Bartlett, Harry Green, Isaac Fletcher, Harry Healy, Joe Gibson, Cain Sykes, Jack Skelton, Ciaran Banks, Albie Hughes, Will Gowan, Jack Hannah, Hayden Hackney, Christopher Pennock. Coach Paul Crager.</p>
	<p>NORWICH CITY FC Josh Ellwood, Sam Wright, Joe Bennett, Zach Dronfield, Harry Phillipps, Bobby Copping, Kieran Axten, George Quantrell, Spencer Keller, Nelson Knumbeni, George Whitmore, Joe Gascoigne, Saxon Earley, Tai Fleming. Coach Matthew Wright.</p>
	<p>RSC ANDERLECHT Nicolas Alavoine, Niko Dailly, Jari De Wiensdt, Simion Michez, Halim B Evangelos Patoulidis, Killian Sardella, Alex Yanga, Mathis Van Landuyt, Jeremy Doku, Anouar Ait El Hadj, Nayel Mehssatou, Sacha De Corte, Jelle Spruyt, Albuquerque Rui, Turkoz Erdem.</p>

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HEACHAM PARISH COUNCIL NOTICEBOARD

Parish Council Meetings in brief

Annual Return: The Parish Council discussed and approved the Annual Return for the financial year ending 31 March 2013. The Chairman thanked the Council's Internal Auditor Mr M Barge for his work in reviewing the Council's financial procedures.

Recreation Ground: The Council noted that their bid for funds under Highway's Parish Partnership Scheme had been successful. This meant that Norfolk County Council would fund 75% of a scheme to improve the access to the Recreation Ground from Staithe Road.

School Road Planning Application: The Council noted that the developer had revised the planning application to reduce the number of dwellings to 200. The proposal still included the Nursing Home, 60 Housing with Care properties and Business units. At the time of the meeting all the revisions had not been submitted, but the Borough Council had confirmed that given the changes they would formally re-consult.

Neville Court: The Council were pleased to note that the issue of ownership of the small area in Neville Court at the junction with Neville Road had been resolved. Freebridge had now accepted ownership, although there was still a section which belonged to the Borough Council. The Borough Council agreed that the remaining section would be transferred to Freebridge in due course.

Planning and the NHS: The Council discussed, at the request of the Patient's Participation Group, the anomaly that developers did not need to consult the Health Authority when putting forward large scale developments. The recent largescale application had shown how much of a concern health care provision was to residents. The Parish Council agreed to support a campaign for more inclusion in the consultation process for Surgeries and would liaise with Mr Press, the Heacham PPG Chairman, on a way forward.

Co-option: Council members co-opted Mrs Pam Harrod and Mr Chris Lynn on to the Council. There remained one vacancy on the Council; however members were pleased to note that an expression of interest had already been received.

SUMMER ACTIVITY - HOT SHOTS DAY

There is to be no Children's Summer Activities scheme this summer; however Heacham Wildfowlers Assoc. will be hosting a hot shots day on Tuesday 6 August at the Chalk Pit. Children from the age of 8 to 18 can try their hand at Clay Pigeon shooting, under the supervision of BASC instructors. Places must be booked in advance via the Parish Council Office. Cost of a session is £2.00.

CORONATION TEA PARTY

It was a lovely day and the sun shone whilst an afternoon tea to commemorate the Coronation was served in the Recreation Ground. The event was the result of much planning by Parish Council members and staff. However the Parish Council are also grateful to DJ Andy Groom, Rollason Entertainments, The Paper Wizard, Jean Smith, Dave Curtis and Heacham Scouts who all helped make the event special.

COMPOSTABLE CADDY LINERS

The caddy liners are available from the Parish Council Office. These are the same bags provided by the Borough Council, but the Parish Council have agreed to provide them on their behalf. We advise residents not to stockpile the bags as they are a perishable item with a shelf life of between 4-6 months. The price from July onwards will be £1.30 for 50 bags.



Heacham Carnival Parade and Fete

This year's Carnival Parade and Fete will be held on Sunday 4 August. The Parade which will start at 2.30pm from College Drive will be led by the Ambassadors of Borrowash. Forms to register your float which include exact parade timings and route are available from the Parish Library, Parish Council Office and website. This year's Lavender Queen is Shannon Tucker with attendants Seren Cartwright, Libby Baker, Trinity Lusher and Lucy Whitmore.

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Notice of Parish Council Vacancy

One vacancy has arisen on Heacham Parish Council for a Parish Councillor. The vacancy will be filled by cooption rather than election. Interested parties should contact the Parish Council Office for further information or present themselves at the next Parish Council meeting which will be held at the Parish Office on Tuesday 16 July at 7.30pm

The Clerk

Any queries should be addressed to:
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Jubilee Clinic Pound Lane Heacham
Norfolk PE31 7ET
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OUT OF HOURS DOCTOR 111
For out of hours service, please call the NHS Helpline

HEACHAM & DISTRICT COMMUNITY CAR SCHEME 534777

HEACHAM CHEMIST 570297
OPENING HOURS MON TO FRI 09.00 TO 18.30
SAT 09.00 TO 17.30

Open 13.00-14.00 - prescriptions and certain other products only available if Pharmacist is in attendance
DUTY CHEMIST NOTICE DISPLAYED ON DOOR

HEACHAM PARISH COUNCIL OFFICE 572142
OPEN TUES TO FRI 10.00 TO 12.00

STREET LIGHT FAULT REPORT 572142
BOROUGH COUNCIL OFFICE 01553 616200

BOROUGH COUNCILLORS
Mrs S. SMEATON 01485 572528
Mr C. MANNING 01485 523287
NORFOLK C C MICHAEL CHENERY 01328 823411

PARISH LIBRARY 571928
OPEN MON, WED, FRI 10.00 TO 16.00 SAT 10.00 TO 12.00

HEACHAM POST OFFICE 570330
OPEN MON TO FRI 09.00 TO 17.30 SAT 09.00 TO 12.30

EMERGENCY SERVICES
QUEEN ELIZABETH HOSPITAL 01553 613613
NHS Helpline 111
DENTIST Emergency only for patients not registered with a dentist 01553 769264
COMMUNITY MIDWIFE (Ask for Hunstanton M/W) 01553 613613
POLICE 101
SAMARITANS 01553 761616
CHILD LINE 0800 1111
ELECTRIC 0800 7838838
ANGLIAN WATER 0845 7145145
GAS ESCAPE 0800 111999
EMERGENCY 24hrs VETERINARY CLINICS 01485 570065

HUNSTANTON LIBRARY 532280

OPEN MON. TUE. and FRI 10.00 TO 17.00
WED. 10.00 TO 19.00
THUR and SAT 10.00 TO 13.00

HEACHAM COMMUNITY WEBSITES

www.heacham-on-line.co.uk
E-mail admin@norfolk-on-line.co.uk

www.heacham-village.co.uk
E-mail enquiries@heacham-village.co.uk

www.heachamgrouppractice.org

www.heachamnewsletter.org.uk

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Personal Service
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LOCAL BUS SERVICE BETWEEN HUNSTANTON AND KINGS LYNN

Norfolk Green

Service 10 and 11

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.
0647 first bus to Kings Lynn then twice an hour.
0654 first bus to Hunstanton then twice an hour.

Service 10 (Sunday)

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.
0908 first bus to Kings Lynn then 0938, then hourly from 1048.
0843 first bus to Hunstanton, then hourly from 1018.

Service 10

Via:- Hunstanton Road, Fox and Hounds and Lodge Road.
0855 first bus to Kings Lynn, then 55 min past the hour.
0808 first bus to Hunstanton, then 0849, then hourly from 1003.

Service 10 and 11 (Sunday)

Via:- Hunstanton Road, Fox and Hounds and Lodge Road.
1008 first bus to Kings Lynn, then hourly from 1118.
0943 first bus to Hunstanton, then hourly from 1048.

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Smithdon High School Bus

Service 401

Via:- Folgate Road/Fengate, Station Road
0816 to Smithdon School
1530 from Smithdon School

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Coasthopper Service

Kings Lynn to Cromer & Fakenham Via Norfolk Lavender,
Hunstanton, Holme, Thornham, Titchwell, Brancaster, Wells,
Sheringham.

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All Bus Enquiries

www.norfolkgreen.co.uk.

Tel: 01553 776980

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Main pick up points for The Heacham Newsletter.

First Saturday each month except January.

Jennings, Cooks Butchers, Heacham Bakery, Heacham News (Olivers),
Post Office, Parish Council, Church, Co-op, Tesco's, Fish Bar, Wine Cellar.

HEACHAM HALLS

Public Hall 570776
Pine Residents Hall, Wilton Road Mrs Crisp 579440
Methodist Church Hall, Station Road Mike Careless 570363
St Mary's Church Hall, High Street Mon, Wed, Fri 10.30 to 12.30 572539
Old Friends Hall Sunnyside Close 572142
Heacham Scout Hut 572890

HEACHAM CHALK PIT RECYCLING CENTRE

Summer opening times are 9am - 6pm. Winter opening times, which apply from 1st October to 31st March, are 9am - 4pm.

MOBILE LIBRARY

ROUTE DER 224 (Tuesdays)	ROUTE DER 223
9th/23rd July	2nd/16th/30th
COLLINGWOOD CLOSE 09.40	ROBIN HILL 10.25
SOUTHMOOR DRIVE 10.00	CHURCH LANE 10.40
SANDRINGHAM DRIVE 10.20	RINGSTEAD ROAD 10.55
CHENEY HILL (F/SIDE) 10.40	NEVILLE CT 11.40
WOODSIDE AVE 11.05	NEVILLE ROAD 12.15
HEACHAM INFANT SCH 11.20	PINE MALL 12.30
NOURSE DR/INGLEBY CL 12.15	SITKA CLOSE 12.50
ROLFE CRESCENT 13.45	SUNNYSIDE 14.15
BUSHEL & STRIKE 14.05	MEADOW RD 14.40
GIDNEY DRIVE 14.20	POPLAR AVE 15.30
BANKSIDE reverse in 14.40	GYMKHANA WAY 15.50
MARRAM Way/Norway CL 14.55	JENNINGS CLOSE 16.15
MARRAM Way/Spruce CL 15.10	COLLEGE DR/G CL 16.50
MARRAM Way/Neville RD 15.25	
CUNNINGHAM COURT 15.45	