



THE HEACHAM NEWSLETTER

September 2013

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Plumb Steam Rally at the Fox Brewery

Deadline for the next edition is 12 noon, Thursday 19th September

THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET
E-MAIL: theheachamnewsletter@yahoo.co.uk www.heachamnewsletter.org.uk

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A voluntary non-profit publication produced with financial assistance from Heacham Parish Council



Finchley, London

Dear Newsletter

St. Anne's Guest House

I would just like to let you know what a lovely guest house you have in your midst. We have now stayed at St. Anne's Guest House, Neville Road, twice in the last six months. Firstly, when we were in Heacham for my father-in-law, George Graby's funeral, and the second time for the interment of George's ashes.

On both occasions, Jeanie Goat, the owner, was warm-hearted, welcoming and could not do enough for us. On our second visit, this even involved lending us gardening tools to enable a family clear up of the garden.

St. Anne's is homely, spotless, beautifully decorated and Jeanie has such a welcoming manner that we would have no hesitation in recommending it to anyone else.

Julie Graby



Kenwood Road

Dear Newsletter

Christmas Day Lunch

Before Steve, our Vicar at St. Mary's Church, went off to pastures new, he gave us permission to hold Christmas Day Lunch in the Church Hall in the High Street. Thank you Steve and Alison, you will be greatly missed.

Christmas Day Lunch depends on an army of volunteers making preparations months and weeks beforehand and most especially on Christmas Eve. Girls and boys of all ages come along to help arrange the tables and prep the vegetables. It is lovely to see everyone busily preparing for the big day, helping each other, telling tales about the previous year's mishaps! Who did set the oven gloves alight we ask? It really is good fun and we are appealing for volunteers for this year's event.

In next month's issue I shall give you contact details. We hope you can come along and help make this special day even more special with your help. Thank you.

From: Mary, Fred, Martin and Stephanie



Heacham

Dear Newsletter

Pedal Cyclist

As a pedal cyclist I would like to thank the drivers who give me at least three feet clearance when they overtake me, and the patience that they show when a car is approaching or parked in waiting until the road is clear before overtaking.

There are many drivers, however, who impatiently push through, missing me by inches and they are usually the same ones who overtake me on a clear road and miss me by about twelve inches. It should be pointed out that there is a person riding the cycle and if I am knocked off I would probably sustain quite serious injuries.

Also, a Lord Chief Justice decreed that a pedal cyclist should be given at least three feet 'wobble distance'.

Stan Hatherly



Dear Newsletter



Kenwood Road

Dear Newsletter

Heacham's Got Sporting Talent

I have attached a photograph of Eliza McDonald; her grandma is Sandra Howe who lives in Kenwood Road.

Eleven year old Eliza is an all round sports enthusiast and she has played football for the Norwich Girls Centre of Excellence for three years. Eliza says "I love playing football, I meet people from all different walks of life". Eliza was scouted whilst playing football at the Lynn Sports Centre. After her summer holiday she is joining her older sister Harriet at Wisbech Grammar School. Eliza will be travelling frequently to Norwich for training sessions and matches. I am sure that Eliza will perform extremely well, she is very committed to her chosen sport. I look forward to hearing more from Eliza as I am sure that there will be great stories to relate about her Home and Away Matches.

Well done Eliza!



A special mention also to her family for their dedication in getting Eliza to all of her sporting events. Watch this space!

Stephanie Smeaton



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Heacham

Dear Newsletter

A Polite Notice to Dog Owners

I would like to kindly ask dog owners around the village to please consider those of us that aren't so keen to be around your pets. I realise that most of you are very responsible and considerate with your pets but unfortunately there are several people out there that just don't care about anybody else.

The reason I am asking is because over the last few years I have found it almost impossible to walk anywhere in the village without being sniffed, slobbered on, run at or having somebody's dog jump up at me.

I don't trust dogs that I don't know and it can be quite frightening at times to be approached by one, no matter what the size (they all have teeth!). I have a pre-school age child who used to love dogs but now (thanks to one or two ignorant dog owners) has a phobia of them. I can't even take him to play on the beach or to the sports field without being harassed by a dog and they are usually not on leads. Our children need fresh air and exercise as much as dogs but there aren't many, if any, dog free areas in the village. Please remember that the sports field is meant for sports and that dogs are not allowed on the field without a lead.

Some of you have kindly let us know that your dogs won't hurt us but it's still not nice for somebody with a phobia (or even somebody that just doesn't want their clean clothes covered in paw prints and slobber) to have a dog sniffing around them.

I'm just asking that you try to see it from our point of view and consider our personal space, fears, phobias and even allergies when you let your dog approach people, as walking around the village has become a nightmare for us.

Thank you.

A Heacham Resident

(Name & Address supplied)



Malthouse Crescent

Dear Newsletter

Army Cadet Force

With reference to the photograph sent in by Phyllis Sanderson in the August edition.

I also have a copy of this photograph, and with much deliberation with my sister Jean and brother Ernie Dix, we have some more names to add, of boys in the Army Cadet Force (not Boy's Brigade).

First left drummer Ron Bridle and behind him his brother Andy. Drum Major is Les Nourse, middle; behind Les is Finney Hudson, Bass Drum Billy Garfitt, and Drummer right Cecil English.

The boys could join at 16 years old, and they were trained by Lieutenant George Holland. They would parade around the village every Sunday morning with the band, always looking very smart.

We think the parade was probably Armistice Day, as it looks as if Finney Hudson is carrying a poppy wreath.

Lieutenant Holland was a firm disciplinarian, but the village boys were very eager to join, my brother included. The boys in the photograph are in my age group, so I guess the date to be about 1945.

Incidentally, Les Nourse made his own Mace, using a broom handle and a copper ballcock from a toilet cistern, polished up to look like gold!

Kay Mitchell

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01485 525880

nickie@bantoftaccountancy.co.uk

You can also contact Bob who deals with corporate matters.

Robert Jolly FMAAT (Consultant)

bob@bantoftaccountancy.co.uk

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Folgate Road

Dear Newsletter

Village Life at Heacham Carnival/Fete 2013

A very well done to those who organised Heacham Carnival and Fete this year. The weather was just perfect. The field was packed with so many Heacham folk, holiday folk, and folk from surrounding villages and towns. It was so much better this year having the carnival floats congregate nearer to the presentation of the winning Trophies. The fete was well organised with a Bowls highest score competition, Cricket and Shooting. (yes, even I had a 'shot' with the air rifles!!) Children of all ages were entertained with bouncy slide and footie goal competition and lots of other things.

As for the huge/high climbing wall?? Well, we couldn't believe it, watching this little 'dot' climbing carefully up to the top. Yes, it was only my 56 year old sister Jayne Mann!! "Go Jayne! Go Jayne" we all shouted as we looked up at her. She reached the top, rung the bell to lots of applause. She swung down to the ground, and said "That's another thing ticked off my bucket list." Well done!!!

All the entries into the Carnival procession were well thought out and worked on, to a very high standard indeed. I think many a car-booter had a good day as well?

We loved it ALL. This is what 'Village Life' is all about. So cheers to Heacham Parish Council and Heacham Social Club. We know what it takes to organise such occasions.

Now, you all deserve a nice relaxing pint or two - until the next one!!

Thank you.

Janice and Dave Curtis

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Heacham

Dear Newsletter

Heacham Post Office

Firstly, may I say a huge Thank-You to every single business that we in Heacham are so fortunate to have in our village, and our wonderful surgery with doctors and all the staff, and everyone who in any way are involved with helping our village to be so very proud to live in.

This is a very special THANK-YOU (to our not to be beaten) POST OFFICE.

To actually have a Post Office when so many have been closed in so many areas, is a huge bonus. Not only do we have such a First Class professional, knowledgeable, efficient service, when one stops to think a minute of the massive range of services they supply us with, but we are also so fortunate that we have the most wonderful staff that anyone could wish for anywhere. They are not just polite and doing their job, but they welcome everyone who goes through their door with a smile, willingness to help with absolutely anything and everything for anyone who may not be quite sure, and may I say with every respect to our dear more senior citizens and all, when sometimes things are difficult they have absolutely no worries with Sally, Lindsay and all the team who are more than willing to help. I am absolutely sure that for many folk going to the Post Office is the highlight of their week.

Apart from the service received it is so well stocked with everything one could possibly need, stationery wise etc, information leaflets, and more. So much is taken for granted nowadays, but we are so fortunate, as we could never wish for a better service so a huge thank you to you all, (and to our super posties of course).

Also, Thank-You to Eileen for all her help at the counter, who as most people will know has been very poorly and I am sure everyone wishes her all the very best on her road to much better health.

Eileen White

Children's Society Boxes

I shall be collecting up the Children's Society boxes for opening during September and October as usual this year. As I can no longer drive it would very helpful if contributors could bring their boxes to me at 19 Hunstanton Road, Heacham; the first cottage on the right after the river going from the village to the church.

I will be at the 10.00am service at the church on 8th September and 13th October. If I need to collect it my telephone number is 571110 and my email address is jeremyg-w@talktalk.net.

Jeremy Gullan-Whur



High Street

Dear Newsletter

Sale in aid of the NSPCC & Orphans in Belarus

Once again, a huge thank you to everyone who helped make our sale such a success – the poster displayers; the goods providers; the sales assistants; the cash donators; the purchasers at the sale itself and the Village Newsletter. We made an amazing £1,300!!

So thanks again. Wonderful stuff!

Mari Brewster



Heacham

Dear Newsletter

Feeding Ducks

In a recent issue, you published my letter calling on the Parish Council (PC) to erect a sign near the duck pond about the problems caused by feeding the ducks. There has been a resounding silence on that one, and no sign. Meanwhile, residents are urged to support PC policy.

As I said before, it is the PC's job, not mine, and I am not prepared to risk abuse or worse by telling visitors or locals with small children what to do or not to do.

It is quite obvious where householders have put corn or waste food outside their property.

There are two simple steps which the PC could, and maybe should, take. Firstly put up a sign by the duck pond, and secondly, if it is obvious who is putting food out, the PC could approach them directly.

Pete Widdows

1st HEACHAM SCOUTS TABLE TOP SALE

At Heacham Scout Hut
Sunnyside

28th September
9am to 1pm
£5 per table

Phone Julz 572890 or Rob 572239
to book



Heacham

Dear Newsletter

The Kitchen Gardener

I felt I just had to put pen to paper to say how much I am enjoying the monthly articles of The Kitchen Gardener, Hilary Dellar-Lane. Her musings, which cover all elements of the kitchen garden from sowing to eating, are interesting and diverse.

The remembrances of the wartime 'waste not' attitude regarding food remind me of my early childhood in the late fifties. Even though I was not born until 12 years after the war ended, my siblings and I were also brought up with the attitude that things had to last and food was not to be wasted.

I must also mention that Michael Drew's continued articles, now on a diverse range of topics, are also very entertaining.

Long may they both continue.

Mary

ARMY CADET FORCE

Following the publication of the photograph entitled 'Heacham Boys Brigade' the Newsletter received notification from Tom and Marjorie Rudd to advise that this is in fact the Army Cadet Force.

Tom has been in contact with Les Nourse and between them they have come up with the following names:-

- Les Nourse – Drum Major
- Cecil English – Small drummer right
- Billy Garfitt – Large drummer 3rd centre.

Also in the group, but not recognisable, were: Ron Bridle, Andy Bridle, Geoff Hudson, Gerald Hutchinson, Alec Bassenthwaite and Cecil Bassenthwaite.

THN



PALM BEACH HOLIDAY PARK

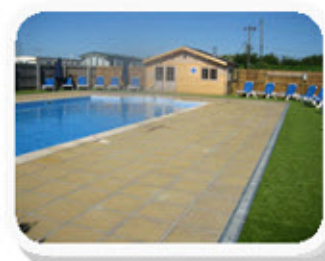
Welcomes you back and wishes you a very happy summer 2013

Please feel free to come and take a look at our friendly, family run, newly redeveloped park on the North Beach at Heacham.

You are welcome to view our large display of new model caravans from leading manufacturers at unbelievable prices (compare ours to others). We also have a selection of preowned caravans.

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Goodbye to Heacham, Hello to Gloucester

This is going to be a strange column for me to write and I approach the task with mixed emotions. The clock is ticking ever more loudly and I am well aware that our move is imminent: the packing boxes are hard to ignore! For one month only the picture at the top of the column is of my new church rather than the Heacham churches.

At 10.00am on 15 September in St Mary's I will start my last service in Heacham, 2318 days after being inducted as Vicar. (Where have they all gone?) After the service there will be a bring and share lunch which will continue for as long as folk – or me – want to stay.

Just over two weeks later, on 1 October in Christchurch Abbeydale, on the outskirts of Gloucester, I will be licensed by the Bishop of Gloucester as the new minister of that church. It will be very different. The church is modern and octagonal in shape; the minister's house has been known as the Manse rather than a Vicarage; when some of the folk speak, the accents remind me of my childhood; there is no churchyard and it is not an Anglican parish church.

There are also many things that will be the same: we worship the same God, we are children of the same heavenly Father; we proclaim Jesus Christ as Lord; as a church we will want to make a difference in the local community; as the people of God we believe there is good news for all from the start to the end of life and every day in between; there will be times when we disagree with each other for churches are not filled with perfect people but normal folk.

Doubtless there will be interesting times, strange times, hard and easy times as I get to know the people and tackle the work expected of me. I will doubtless have thoughts of Heacham and will remember the people here who have been part of my journey over the past six years. I leave changed by my time as Vicar.

This church has seen many Vicars come and go. The first name on the list inside the church is Simon de Petra, around 1230. I am the 48th name on the list and I pray there will be many after me. When there will be a new Vicar I cannot say; the Anglican appointment process deliberately takes time, leaving space for the church to move on. There is much good happening here, work that can and will continue and flourish.

Steve Davies

Steve



Vicar of Heacham
but not for much longer

FROM THE PARISH REGISTERS

Baptisms

21/07/13	Harry Beattie, son of Jay and Kelly
28/07/13	Eleanor Anne Guy, daughter of William and Catherine
04/08/13	Holly Evelyn Hall, daughter of Jonathan and Emma
04/08/13	Reegan Steven Poole-Summers, son of Carl and Megan
18/08/13	Bradley Lewis Carver, son of Brenton and Natasha
18/08/13	Zachary Maximus Walden, son of Luke and Victoria

Faithful Departed (Church Linked Funerals)

20/7/13	Frank Abbott	88
23/7/13	Andrew Calleja	81
6/8/13	Dick Lake	87
11/8/13	Gwen Burgess	89
14/8/13	Peter Patrick	79
19/8/13	Derrick Owen Cartwright	86

"Blessed are those who mourn for they will be comforted"

We do extend our sympathy and condolences to all who have been bereaved. The church prays for friends and family at the Sunday morning services around the time of the funeral.

METHODIST CHURCH Sunday Services

10.30am Morning Worship

Preachers:

1st September -	Rev'd Alison Davies
8th September -	Sheila Johnson
15th September-	Rev'd Dale Gingrich - Harvest Festival
22nd September	Rev'd Kim Nally, with Holy Communion
29th September-	Church Fellowship Service
6th October -	John Winner

Midweek Holy Communion Services:

These are held on the second Wednesday of each month. The September Service will be on Wednesday 11th at 10.30am.

All who love the Lord are welcome to attend.

Regular Activities at the Methodist Church

MONDAY: Indoor Bowls 7pm – weekly

TUESDAY: Ladies' Fellowship:

2.45pm on 3rd and 17th September

Hands and Needles Club

7.30pm on 3rd and 17th September

THURSDAY: Social Evening at 7.15pm on 12th September

FRIDAY: Indoor Bowls 7pm – weekly

SATURDAY: Coffee Morning on 21st September ,
10am-12.00 noon

A warm welcome is given to all who come to our mid-week events - you don't have to be a church attender.

COFFEE MORNINGS AT METHODIST CHURCH

Coffee mornings will be held on the third Saturday morning each month during the spring and summer. The September meeting will be on Saturday 21st from 10am-12 noon. There will be a Book Stall, Gift Stall, Ornaments, and Home Made Cakes. Everyone welcome.

Harvest Festival

We shall be celebrating Harvest Festival on Sunday 15th September at 10.30am. The Service will be conducted by Rev. Dale Gingrich, the Anglican minister at St. Faith's Church, Gaywood. Come and celebrate the Lord's goodness in giving us another blessed Harvest.

Church Contacts: (telephone code: 01485)
 Methodist Church The Rev'd Kim Nally 570232
 St Mary's Church The Rev'd Steve Davies 570268
 St Mary's Church Office 572539
 email: heacham.church@googlegmail.com

The Parish Church of St. Mary:
Sunday Services in September

8.00am Holy Communion (Book of Common Prayer)
 10.00am 1st Morning Worship
 8th Morning Worship
 15th Steve's last service (Communion)
 22nd Morning Worship
 29th Congregation meets at the Junior School

10.30am at Heacham Junior School
 1st Morning Worship
 8th Holy Communion
 15th Joining 10.00am Congregation at St. Mary's
 22nd Morning Worship
 29th School Anniversary Service

6.00pm Evening Worship (Holy Communion on 29th)
NO Evening Service on 15th September

REGULAR ACTIVITIES AT ST. MARY'S CHURCH

Looking at the above information you might think that St. Mary's is only open on Sundays, but it is a busy church with things going on throughout each week. There are Bible Study groups with people meeting in their own homes; there are Prayer Meetings; we have a Choir, and there are Music Groups; for very young children there is the Rainbow Circle Toddlers' Group; all the women are welcome at *Girls Together* and there is a Men's Group as well; everyone can belong to the Mothers' Union; there are also Coffee Mornings and various other activities. So why not find out more about St. Mary's and its regular activities – you might be surprised. The Sunday services act as a focal point when all meet together for worship, for fellowship, for support, learning, encouragement, challenge and growing. And on Sundays there are, of course, activities for children.

September Services at Nursing/Residential Homes

Tues 3rd 2.30pm Rebecca Court
 Mon 9th 11.00am Holy Communion at Millbridge
 Wed 18th 2.30pm Summerville
 Fri 27th 10.30am Fridhem

Hunstanton Catholic Parish

Hunstanton Catholic Parish Church of Our Lady and St Edmund, Sandringham Road, Hunstanton with St Cecilia's, Mountbatten Road, Dersingham.
 Resident Priest: Father Michael Ryan, 81 Mountbatten Road, Dersingham, PE31 6YE

Telephone: 01485 543818 Website:
www.hunstantoncatholicparish.org
 Email: parish@hunstantoncatholicparish.org

It is with regret that we will be saying goodbye to Father Michael Ryan who has been our resident priest for the past 18 months. Fr Michael will be moving to Wymondham, at the end of August, to become parish priest there. He will be missed by us all in the Hunstanton parish, but we wish him well and hope that he settles into his new Parish.

Our Annual Parish Barbeque in the grounds of the Parish Centre was a success despite the change to the previously nice weather. £420 was raised for Parish funds, thanks to all helpers.



The Sponsored Walk, which is our last main fundraiser for the year, will be after Mass on Sunday 15th September. The route may change slightly from time to time, depending on the weather etc. and it is not too far as we like to encourage the children to join in the walk.

Our daily Masses are usually held at 9am at St Theresa's Convent, 27 Sandringham Road, Hunstanton on Tuesday, Thursday, Friday and Saturday and at 10.15am at St Cecilia's, Dersingham on Wednesday. **These are subject to change, so please check Church notice boards, website or phone.** Sunday Masses are 9am at Dersingham and 11am at Hunstanton.

Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15 Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of the month at Dersingham. Please come along, you are most welcome.

The next Messy Church will be on

Saturday 28th September

At St Mary's church, Heacham

Please come & join us!

Children must be accompanied by an adult or carer.

For catering, we ask you to book in advance at griffin568@btinternet.com or 571348 (Brian/Josephine)



2nd Heacham Rainbows

A rumour is abroad that 2nd Heacham Rainbows is closing, but we can confirm that it is to remain open.....

Jenny Smith an experienced Rainbow Leader and Dawn Davies an experienced Leader with Brownies, Guides and Senior Section, have agreed to step in and take over the unit from September. They will be joined by Kathryn who is a Young Leader with Heacham Rainbows. However, there will be a few changes.....

NEW VENUE: Methodist Church Hall, Heacham

NEW DAY: Thursday 4.20pm – 5.20pm

Rainbows are girls aged five to seven who love having fun. They follow a programme called the Rainbow Jigsaw, through which they can take part in lots of different activities with girls their own age. <http://rainbows.girlguiding.org.uk/>

If you know of any girls who would be interested in joining contact us on: www.girlguiding.org.uk/interested or

0800 1 69 59 01 to register.

2nd Heacham Rainbows commenced the new term on Thursday 5th September. If you would like a chat or further information please contact Jenny on 01485 534107.

2nd Heacham Rainbows are eager to participate in community events. If you have any events coming up we would be pleased to hear about them. Please contact Dawn on dawn.daviesuk@hotmail.co.uk.

We would like to offer our thanks and appreciation to Mary who is retiring after all her hard work and dedication with 2nd Heacham Rainbows over the past years.



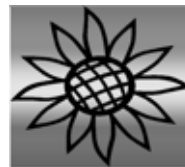
Mary Higgins Clark, international thriller writer, is the featured author for September. An American novelist, she has sold more than 80million books worldwide and we are lucky enough to have a good selection of those best sellers. Copies of the new village maps are also available to purchase, courtesy of the Heacham Newsletter. The printer which has been out action for a number of weeks has been replaced, so documents may be printed at the cost of 10p per page.

We mourn the loss of our long time Library Volunteer and friend Mary Dawson who passed away in July.

Heacham Library Opening Hours

Monday, Wednesday, Friday - 10am-4.00pm

Saturday - 10.am – Noon



Heacham In Bloom

Thank you for all the support at our Annual Garden Party on one of the hottest days of the year, especially to Doreen Reed and the local Hand-Bell ringers for providing the entertainment. I hope you all saw our Carnival

Float - we really enjoyed putting the float together and loved the reaction from the crowds. On 10th September, I am off with other members of the team, to St Albans to hear the results of Anglia In Bloom but, in the meantime, we have been busy presenting our own awards to the caravan parks and caravan owners. Congratulations to: first place - Mr Young & Ms Rickett from



Longacres, second place - Mr & Mrs David J Lappage from Newlands and third place - Mr S G Downs from Putting Green. Once again first prize was sponsored by the Fox & Hounds Public House. A final well done



to our Pride of Place participants; homeowners and businesses who did that little bit extra to make Heacham Bloom.

Most of the plants have stood up well to this summer's weather, but many are now past their best so we will be gradually clearing out beds and baskets this month with key areas being planted with winter pansies as funds allow. Our next meeting will be on 16th September with our AGM in October.

Steve Percy

Chairman of Heacham In Bloom
heachaminbloom@btinternet.com

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The West Norfolk Singers

As I think about writing this article, the sun is shining and we are enjoying some lovely summer weather at last. It's certainly hard to think about what to do in the winter evenings, but here is an idea!

The West Norfolk Singers meet on Wednesday evenings from 19.30 to 21.00 at Heacham Methodist Church and rehearsals will commence on 18th September 2013.

We are a friendly choir and always welcome new members. If you are looking for something different to do, or if you have recently moved to the area and would like to make new friends, then this could be for you!

We are a mixed voice choir and sing both religious and secular music. No auditions are necessary but the ability to read music is helpful.

Our Musical Director is Nigel Wickens, who is an accomplished professional singer and also teaches singing at Peterhouse, Cambridge. William Moss is our accompanist and was Head of Music at City of Ely and Downham Market Colleges. He is currently organist at Long Sutton Parish Church.

During the last year, we performed Christmas Concerts at Heacham Methodist Church and Long Sutton Parish Church. We also entertained the Dersingham Horticultural Society at their Christmas Social. Our Spring Concerts took place at Docking Parish Church and St Nicholas Parish Church in Dersingham.

On October 11th, we are taking part in a charity concert at Hunstanton Town Hall, which is being organised by the Hunstanton Rotary Club.

However, if you are not a singer, perhaps you would like to support your local choir by becoming a patron. For the sum of £20 per annum, you will be entitled to attend, free of charge, one of our Christmas concerts and one of our Spring concerts and your name will be included in our concert programmes. This support is invaluable in helping the choir to purchase new music to enhance its repertoire, giving variety to our concerts and also providing new challenges for the choir members.

Our concerts are usually performed in churches, as these venues are the most appropriate for the choir. If you are aware of a local church that would be interested in a concert, please let me know.

If you would like any further information about the West Norfolk Singers, please contact me on 01485 542960.

Heather Titcomb
(Chair)



MOTHERS' UNION

It has been a busy summer for members of the Mothers' Union of Heacham and Snettisham.

The June meeting involved a picnic for 15 or more members – hosted at Holy Lodge. This has become an almost annual event enjoyed by all – even if the weather turns out not to be quite summer-like. The gardens are always splendid and our hostess very accommodating.

The sun had begun to show itself by our July meeting and, in a very warm meeting hall, we were addressed by Sybil Martin --- about Christmas!! However, this was Christmas from a very special aspect.

The Mothers' Union supports the Angel Tree Project at Christmastime. This was set up, alongside the Prison Fellowship, to aid selected prisoners to give their children a Christmas present each. Sybil is one of the main organisers for this and gave us the numbers (of children) affected by having a parent (or, indeed, parents) in prison. The numbers were in thousands. Some children are within a care plan and have some social service input – but the vast majority do not.

For the Angel Tree Project, the Union provides a certain amount of money (having decided on how many children it can provide for each year – this year three again) and then, on advice, purchases gifts suitable for the age ranges given to them. (There is a price range also suggested). The gifts are then sent to a central point where they are distributed to the chosen families. Not only does this project mean that a child receives a gift from his/her missing parent, it must help with the continuity of contact within that family. Sadly, often family units are splintered by prison sentences and the children lose all link with the parent "inside".

Early in August, we had an additional MU event in that a Garden Party was held – hosted by Val and David Close. The Sandringham Flower Festival was not the only event this year to be affected by a wet or dull day of the week! Wisely Val and David anticipated for an indoor garden party so tables and chairs filled their home where tea, sandwiches, scones and cakes – along with teas of several varieties, were served and enjoyed. However, the rain held off and people overflowed into the garden. It was a tea equal to any provided by the Ritz – all handmade and baked by Val. Splendid.

Enjoyed by all – and many thanks and best wishes were passed to the hostess and host.

For the future we anticipate a talk by Adrian Flower on organ music on 24th October.

All meetings start at 2.00pm and are held in the Church Hall. The next Coffee and Crumbs will be held on 6th September.

As mentioned before, all friends are welcome. (You need not be a Mother!!) Our Branch Leader is Janet Barrow (tel: 570654) - should you need or wish for more detailed information.

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@Coastal TweetUp

The late July Coastal TweetUp saw us venture back to King's Lynn where we were welcomed with open arms by Denver Mill. Lindsay and her family could not have been more hospitable and it was a lovely setting too. Our previous visit to South Quay was at Marriotts Warehouse which was also very enjoyable, but the rustic Denver Mill has a very different warm and cosy feel to it.



The generous food provided for us was wonderful and I was sorry I had eaten dinner before coming! A platter of olives, tapas and bread followed by another platter of steak sandwiches and hand cut chips was a welcome surprise to us tweeties. We will definitely be coming back to Denver Mill before too long and hope we will be equally welcome.



Since the summer holidays have taken over everyone's mindset and people are coming and going on their various holiday breaks, the next Coastal TweetUp will not be until September, so you have not missed out in case you were wondering. Once again we look forward to meeting more old and new friends next time.

Forthcoming Coastal TweetUp:

Date: Wednesday, 25th September 2013

Time: 7.00pm

Place: TBC

If you would like to join in but do not use Twitter please do not let that put you off. We would love to see you! If you want any further information about @CoastalTweetUp please contact Stella on 07788 645157 or visit www.norfolk-online.co.uk/hunstanton/coastaltweetup/index.php.

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THE RECORDER UNLIMITED

This is the title of a Concert to be given at St. Mary's Church, Heacham, on Saturday 14th September at 7.00 pm, and is a greatly awaited return visit of James Risdon and Trevor Hughes, who have established an exciting duo partnership that has seen them perform in venues as diverse as the Handel House Museum, Anglesey Abbey and St. Martins-in-the-Field.

James Risdon is a recorder player with a growing reputation for virtuosic performances and innovative programmes. In 2011 James was runner-up in the world competition for sight impaired musicians held in Prague, and he performed at the closing ceremony of the London Paralympic Games with Coldplay.

Trevor Hughes is a very accomplished organist, performing in many auspicious locations, and has also played keyboard in a number of West End shows.

The concert programme on 14th September will include works by Handel, Telemann, Monti, Piazzolla and Grainger. Tickets at £6.50 can be obtained from the Christian Bookshop, Station Road, Heacham – tel: 01485 579094 or from Terry Clay – tel: 01485 570712.

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THE SONG REMAINS THE SAME

Monthly musings on music by Frank Edmonds

Was Brian Jones murdered?

On July 3, 1969, Brian Jones, erstwhile leader of the Rolling Stones, was found dead in his swimming pool. By anyone's standards, he cut a pitiable figure.

He had founded the Stones, named them, and forged their musical direction. But he had slowly seen Mick Jagger and Keith Richards take over the band, and as they established themselves as a hugely successful songwriting team, Brian became increasingly peripheral.



It certainly didn't help that Jones, as with many talented young musicians who suddenly found themselves stars in the kaleidoscope of the Swinging Sixties, had developed quite a drugs and drink problem. That never seemed to be an issue with Keith "Mr Indestructible" Richards – more a badge of honour, really – but then he is one of a kind. Brian's constitution, sadly, paled by comparison.

And then, in a move that would make even the most hard-hearted wince, Richards had run off with Brian's girlfriend, Anita Pallenberg. This immediately proved to be not just a fling, but a major relationship, and Jones' emasculation seemed complete. Always a difficult personality, susceptible to mood swings, Brian began to play a smaller and smaller part in the Stones' creative process, until he was looked upon more as a liability than a valued member.

Finally, the inevitable happened. The Stones decided to get a new guitarist, Mick Taylor. On June 8, 1969, Jagger, Richards, and drummer Charlie Watts arrived on Brian's doorstep to tell him that he was being kicked out of the band he had put together. Less than a month later, he was dead. To the outside world, this seemed shocking, if scarcely surprising. Brian's death would be the first of a string of high-profile young musicians of the time, who appeared to succumb to the cruel creed of "live fast, die young, leave a good-looking corpse."

Jimi Hendrix and Janis Joplin the following year, and Jim Morrison the year after. Bizarrely, they and Brian were all just 27 when they died – giving rise to the somewhat callous label, "the 27 Club." The Summer Of Love was indeed grinding to an uncomfortable close.

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But was Brian Jones just a rock and roll casualty? Was he, in fact, murdered?

This is the belief of Anna Wohlin (pictured), a Swedish dancer and model who was his live-in girlfriend, who shared the last three months of Jones' life.



One of the most striking points she makes in her book – unequivocally entitled *The Murder Of Brian Jones* – is that Brian was a very strong swimmer, who was completely comfortable in the water. Not the sort of person, in fact, who would accidentally drown in his own pool – especially because, she maintains,

Jones had put his life of excess behind him, and was strongly anti-drugs during the time she lived with him.

Wohlin points the finger firmly at builder Frank Thorogood, who was engaged in the long-term renovation of Jones' beloved Cotchford Farm, in East Sussex, formerly the home of Winnie The Pooh author AA Milne (Jones apparently died close to his favourite statue of Christopher Robin).

Thorogood and Jones had an odd love-hate relationship, part employee and boss, part socialising friends. The personalities of both men meant they would frequently bait each other, but Jones, ever eager to be liked, would still have Thorogood round for dinner most nights.

However, Jones became concerned that Thorogood and his men were conning him, and things came to a head when a beam at Cotchford Farm collapsed, nearly seriously injuring Anna.

A massive row resulted, which Wohlin contends could have been the final straw for Thorogood, sick of having his professional integrity called into question by the spoilt and pampered young rock star.

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In an act of appeasement, Jones invited Thorogood and his mistress over for a meal on the night of his death. The men were having a late-night swim in the pool when Anna was called into the house to answer a phone call. When she went back outside, Brian was at the bottom of the pool.

They dragged him out, although she contends Thorogood did little to help, and while his mistress was a nurse, apparently she couldn't swim.

At Jones' inquest, the coroner recorded a verdict of death by misadventure. Wohlin went to the police with her concerns, but they took no action.

She also claims the Stones' management tried to buy her silence, and while she says she did not take any money, she did allow herself to be effectively removed from the scene and out of the public eye, by being flown back home to Sweden.

This is frankly strange – although she says she was only a young girl in a foreign country, and was afraid of what would happen to her if she clashed with the powerful Stones' management. I also find it strange that Anna Wohlin took over 30 years to truly speak out about Jones' death, with the writing of her book. Such a passage of time cannot possibly help the truth to come out about less than straightforward circumstances.

Thorogood is said to have confessed on his own death bed to the murder of Jones, but it was not taken seriously by police. What is clear is that Sussex Police reviewed the case in 2009 in the light of new evidence presented by an investigative journalist, but found nothing to challenge the coroner's original verdict.

Did the two men have a fresh row in the pool on that fateful night? Probably. Was it murder? Who can tell?

Jones' post-mortem was said to reveal no signs of a struggle or external injury, although his heart and liver were enlarged by drug and alcohol abuse.

It's been suggested that, despite being a strong swimmer, and maybe even despite being relatively drug-free, he could simply have had a seizure. Perhaps if it was aggravated by a row, that would explain Thorogood's sense of guilt.

What is without question is that the music world was prematurely deprived of true talent. Jones' wide-ranging musicality can be found on everything from the unusual sounds which added colour to Sixties Stones singles, lifting them out of conventional rhythm and blues and pop, to odd little touches like playing oboe on the Beatles' Baby You're A Rich Man.

Before his death he had become interested in Moroccan music, well before it became fashionable. There were also rumours that he was putting a new band together. Who knows what might have been in years to come?

• **FEEDBACK:** If you have any views, comments or suggestions you'd like to air about the column, feel free to contact me at: frank@bronyaur.demon.co.uk



Incinerator update

QC investigation back on track.

On June 10th the leadership of Norfolk County Council (NCC) announced it would follow Scrutiny Committee recommendations to investigate the incinerator contract. To give the process credibility, opponents of the incinerator KLWIN, Cllr Kemp and the leader of West Norfolk Borough Council were asked to be the selection panel choosing who does each part of the work. On 4th July, the County Council's Acting Managing Director provided panel members with a choice of three pre-selected QCs plus Deloitte as the only option for financial advisers. KLWIN met with the other selection panel members to discuss how to proceed; all recognised there were problems.

A joint email was then sent back to NCC suggesting how the panel's concerns could be overcome. The panel were not happy for anyone potentially under investigation to be influencing or instructing the direction of that investigation. The QC pre-selection process and the introduction of 'financial advisers' instead of approved waste specialists also caused concern, especially because Deloitte were the only firm offered and they do significant Energy from Waste work on behalf of Cory Environmental. When NCC initially dismissed the Panel's concerns/suggestions, it looked as if the reports would be nothing more than a costly 'PR' exercise for the County's leadership. This view was reinforced during a council meeting on 29th July when a senior Cabinet member, Mick Castle, expressed his support for the incinerator. Cllr Castle then successfully called for all motions associated with the incinerator to be blocked from being debated.

Following a meeting between KLWIN and representatives of the County's administration there was fresh hope of a breakthrough. An email from the County Council's Leader George Nobbs has now put the QC report back on track; not every concern raised has been addressed but some important issues were. KLWIN can now participate in the selection process and hopes rapid progress can be made. According to Schedule 26 of the incinerator contract, if the County Council does not agree to a 'Revised Project Plan' by 29th October the contract will be terminated on the same penalty terms as if Planning Permission is refused. This and other important clauses need independent reviewing urgently.

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Heacham at Night

I am writing this on the 13th August, the day after the peak of the Perseid meteor shower. It was a very clear sky last night and I understand, from someone who uses Facebook and Twitter, that quite a few people in and around Heacham enjoyed the show. I saw 38 meteors between 10.15pm and 1.27am but I wasn't watching all the time and only counted the bright ones. The numbers, as predicted, certainly increased after midnight and almost half of my count happened in the last half hour. The early ones appeared in different parts of the sky and I was reminded of that old advert when pandas started dancing every time people turned their backs on them. Between meteors the sky was interesting in other ways: aeroplanes with various lights; lonely waders, for some reason deciding to fly in the night, sending down a plaintive call; the odd bat, and, as the sky darkened before midnight, the Milky Way. This is a broad band of misty light running roughly from NNE to SSW and currently high in the sky above your heads. The misty light is, in fact, light from millions of individual stars. Look into it and you are looking towards the centre of our galaxy which contains several hundred billion stars arranged as a flattened spiral – something like a Catherine wheel with a bulging centre. Our sun is about half way in and there are far more stars between us and the centre than between us and the edge. Many stars are obscured by interstellar gas and astrophotographs reveal strange convoluted shapes which were often seen on television in the early days of the Hubble space telescope (<http://hubblesite.org/gallery/>).

Very dark sky sites allow people to see the complexity of the Milky Way structure. Most people in England never get a glimpse of it as light pollution from roads and buildings wash it out. So value the opportunity a clear night in Heacham presents you with. Go and have a look. Sweep a pair of binoculars along

the Milky Way and get shocked by the countless stars you see. Some parts of the country, through general tourism, education and astronomy breaks have cashed in on this sight – North Devon, Galloway, Kielder in Northumberland, and even North Norfolk, to a limited extent, at Kelling Heath. Heacham and Hunstanton could intelligently reduce light pollution and cater for public interest in the night sky and also persuade the thousands who come to watch birds to stay longer and visit more often in the dark winter; they would get more use out of their binoculars and spotting scopes too.

The sun was fairly active in the last week of July with some large prominences, several sunspots and ghostly filaments drifting over the surface. Evening skies had an early promise of clarity but the very hot weather put a lot of water vapour and dust into the air which ended up as high level mist when the sky darkened and cooled. However, on July 28th, I had a very good telescopic view of the double star Albireo and managed to see the fuzzy shapes of many of the Messier objects in the Sky at Night binocular tour. Messier objects, you remember, are fuzzy things which confused Charles Messier when he was looking for comets. They are star clusters or illuminated gas clouds – nebulae. I saw these binocular objects through a telescope which indicates how much the sky was obscured by the heat mist. I also saw Neptune, Uranus and Pluto strung out from just above the neighbour's roof to well above the old pig sheds. I didn't manage to see Triton, a large moon of Neptune but I did on the next night which was clearer. It was a fuzzy point close to blue green Neptune. On the 1st August I saw 5 meteors, likely early Perseids. Two of these were fat and bright and one burst. I have often been lucky to see meteors from Heacham, something which many people living under more light polluted skies miss out on.

Planets in September are, again, mostly not well placed for the casual observer. However, if you are prepared for some

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challenges: Venus is pretty close to the horizon just south of west at twilight. Get down to the beach. On the 19th September Venus is close to Saturn at midnight. It is about 3 1/2 degrees away (this is the width of the middle two fingers seen at arm's length).

Mars is a morning object. On the 2nd (which is before this publication is available I think) at 6am it is just over 6 degrees north of the moon (four fingers at arm's length). At around 3am on the 8th it will be in front of a Messier object, M44. With a pair of binoculars you will see both the double cluster of stars and Mars. If you are keen enough to try this then Google some astronomy sites or use Stellarium software (free download) to find out where to look.

Jupiter is coming back. Look NE from midnight. It will get better as winter approaches.

Uranus and Neptune are well placed. Look south and SE but a telescope is needed. I will try and get some images. They will just be blobs when printed but I may get one of Neptune with Triton in attendance.

The 9th has a minor meteor shower, the Piscids. Maybe 5 meteors/hour. Look south.

Your star challenge this month is to have a good look at the Milky Way on a clear night. The other task is to start looking at the moon. New moon is on the 5th so the sky will be dark. Let's hope there are no clouds. Full moon is on the 19th and this wipes out much of the sky and neither is it a good time to observe the moon. First quarter is on the 12th and last quarter on the 27th. These times and the phases in between are the best times to observe the moon particularly along the terminator – the line between light and dark. Details of craters and mountains are revealed and it is well worth using your binoculars to study them. Try to pick up earthshine too – look for the segment of the moon not lit by the sun but lit by reflected light from the Earth. A camera will pick this up well. Experiment with settings.

The King's Lynn and District Astronomy Society will put on a talk in Heacham in late autumn /early winter. If the sky permits there may be telescopes and a giant pair of binoculars.

PS: It was too misty to see any more meteors tonight but right overhead was clear enough (through a telescope) to see the Blue Snowball a bright blue ball of gas around a central star, though I didn't see the star. Not far from this I saw the Andromeda Galaxy which is similar to our Milky Way but with twice as many stars in it. Light from it takes two and a half million years to reach us and, on a clear, dark, night you can just glimpse it with your naked eyes.

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The Kitchen Gardener

I'm up close and personal with the comfrey again, making comfrey leaf compost with the third cut so far this year. There was a plastic sack of reasonably well rotted leaf mould put down last autumn, and rescued twice during winter after some little critter chewed its way through the sack, leaving a less than charming trail of spat out plastic in its wake.

Equal amounts of chopped fresh comfrey leaves were well mixed with the leaf mould and put in a plastic dustbin. It will stay there, lid on, over winter or until the comfrey has completely decomposed. Another of my many lessons learned the hard way is to make the mixture in a barrow with a fork, then transfer it into the bin. To turn and stir is far too awkward in the dustbin – the mixture is surprisingly heavy.

Studying the endlessly fascinating subject of making and using compost, I was a bit shocked to read that it's OK to compost blight infected potato and tomato leaves and stems. They can be well buried in a good active compost heap or buried in a trench in the soil. Thin potato peelings are fine too as they break down quickly and tend not to re-sprout. Infected tubers or tomatoes should never be composted.

We all have our absolute rules in the garden – learned from bitter experience or passed on by fellow gardeners. For example, I always set the fruit cage nets long before the fruit shows any signs of colour. The moment a blackbird gets a taste for soft fruit it will turn into an unpleasant little thug trying by hook or by crook to carry on feasting. I've seen them bouncing on the netted roof and patrolling the boundary at ground level throwing themselves at the nets trying to find a way in. Prevention is by far the best measure so I get the nets down super early.



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Never compost blight infected material has always been a rule for me – and I've read the same thing in countless gardening books and heard it from gardening mentors and lots of wise ones on allotments.

I contacted the source of the information – Garden Organic (previously Ryton Organic Gardens HDRA) for clarification and reproduce – with permission – their reply:

“The organism causing potato blight almost always needs living material on which to survive and so dies with the foliage (in a compost heap or, indeed, just left as a mulch on the ground as commercial growers do). The real problem comes from re-growing potato tubers which can survive over winter and often act as a source of infection epidemics for the following year. There has been concern that two different types of blight could sometimes cross to produce overwintering ‘resting spores’, but it seems that this is rarely an issue in Britain. Some other diseases, such as onion white rot, can persist in a normal cool home compost heap and so it is better that this infected material is sent for municipal composting where much higher temperatures are achieved.”

I'm thinking that, as hyper-keen composters Garden Organic want us all to succeed, I have this summer trusted their advice and have been composting the odd dodgy looking leaves that I've removed as soon as I've suspected it may be the beginnings of blight. If there is a widespread infection I shall pluck up courage and compost the lot.

September is the month for taking gooseberry cuttings. This is food for the free eventually and gives an opportunity to experiment. They can be grown as single, double or triple cordons, fans, bushes or standards. I like the standard form, easy to pick, the fruit stays out of the mud and soil splash back from the rain. They seem less prone to fungal attacks too. They are trained up a sturdy fruit tree stage which looks faintly ridiculous when they are small, but necessary as they need plenty of support once cropping, and to stake the plants once mature risks damaging the roots.

Gooseberries are very versatile – one of the few fruits that can be used at various stages of their development. Small and green for jams and jellies, as they grow on for compotes – gorgeous with a pool of sieved fresh raspberries and a sprig of apple mint. Gooseberry pickle is great with curries, game and, or course, oily fish. Groseille a maquereau is the French name – literally, mackerel currants.

Then there's gooseberry cheese, curd, and gooseberry chutney is lovely with cold roast pork, some crisp salty crackling and jacket potatoes. While the fruit is being thinned and used, those left are getting fatter and riper, the last few ending up the size of a big walnut in its shell, translucent and ready to eat straight off the bush.

Even if it's a green gooseberry being grown, bird protection is still required. There's a truly frustrating moment when you walk up the garden anticipating those lovely fruit you've been thinning and bringing on for many weeks only to find a feathered fiend has got there first and trashed the lot.

Mid to late September, take 10 – 12 inch cuttings from healthy ripened (the wood has turned a darker colour) young shoots. Make a straight cut at the base and an angled cut at the tip. If nothing else you'll know which way is up when you insert the cuttings into a little slip trench leaving the cutting buried to half its length.

It's tempting to debud the half destined to be buried but it reduces the chances of success. The lower buds can be removed

when they are lifted prior to replanting in their permanent position around this time next year.

Early September is also my time for sowing the winter cabbages and all the salading for the polytunnel to see me through to next spring.

Autumn really is a time to celebrate our efforts in the garden with a huge variety of fruit and veg and lots of ways to cook, preserve and combine new recipes to experiment with. Here's one I tried a couple of years ago and have made regularly since as it's so addictive to eat and goes well with this season's produce.

I've always wanted to make my own hard cheese – not an easy pastime I understand. I'll have a bash eventually. In the meantime I learned about a soft cheese made from yogurt called labne. Origins Middle Eastern, it's thick, creamy and made in the blink of an eye. You can make it from any natural yogurt including supermarket own brand low fat economy – it's still thick creamy and delicious.

Line a sieve with muslin/cheesecloth/something of that nature. Pour a little boiling water over the cloth. Stand the sieve in a saucepan – something that will hold it level. Rest the handle of the sieve on the handle of the pan. Pour in the pot of yogurt. Put in a cool place for between five to eight hours. The longer you leave it to drip the thicker it gets. Pour off the whey and unpeel the labne into the pan then transfer into a covered container or the washed out yogurt pot and refrigerate overnight.

It lasts for 10-14 days if kept in the coldest part of the fridge and not left out for too long in a warm kitchen when it is being used. Once you start to use it whey will appear as it does for many soft cheeses. Either pour it off and your labne will thicken further, or stir it in.

Use it as a spread, a dip, chop herbs and/or spring onions or not needed baby leek plants into it, grind spices into it, go sweet with honey and fruits, go hot with chilli. Do taste it before adding any salt, I speak as one who loves a bit of salt but find it not needed here. Go down market with pittas stuffed with marmite, labne, pickled onions, tomatoes and crispy lettuce. Go upmarket with labne on freshly baked bread, smoked fish, cucumber and chopped dill. Everything except the marmite and smoked fish homemade and/or home grown. Come to think of it I should like to have a go at smoking fish too.

By hook or by crook, a country workman's rights in certain woods to take out (but not cut) all the dead wood he could find by hook – the agricultural labourer's weeding hook or by crook, the shepherd's crook. A very valuable right when wood was the only fuel a family had in certain parts of the country. The rule was – "Let workman at night bring in wood, or a log, Let none come home empty, but slut and thy dog". Tusser 1580.

Hilary Dellar-Lane



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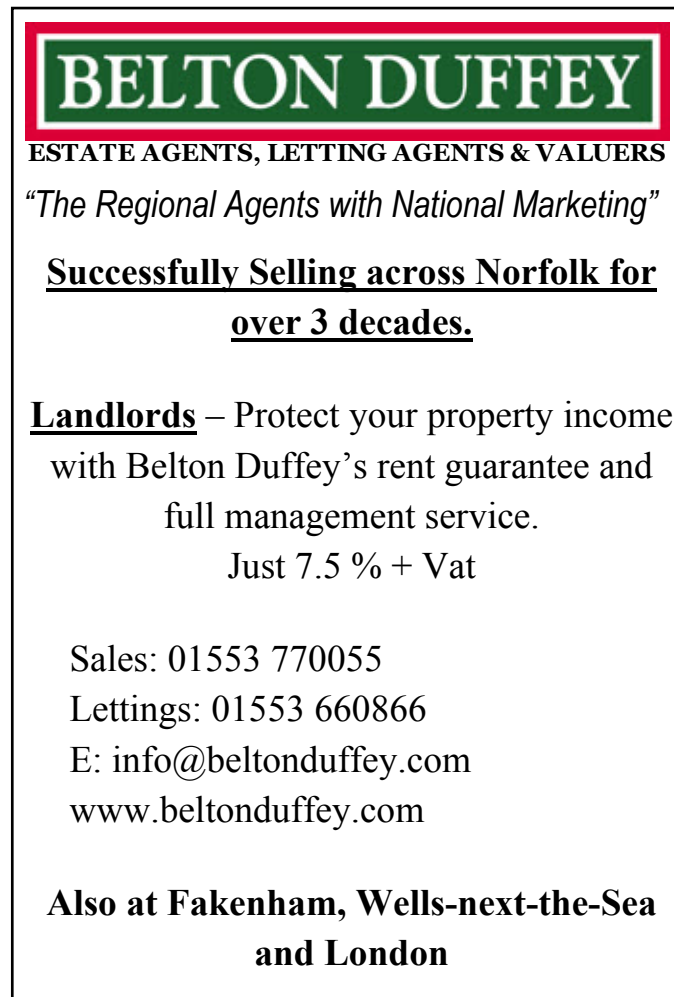
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The House that Jack Built

On 29th July, a group of Americans entered the Bushel & Strike Public House asking for directions to the 'House that Jack Built' which they understood was situated in the near vicinity.

One of the group, Janet Haskins from Texas, was trying to locate this property in which she lived as a child with her parents when her father was stationed here during the War years.

The initial request drew a blank, but then David Jones and Jim Evans promptly jumped into action as the group were due to return to America the next day. They came to The Newsletter and after many telephone calls from these two people, The Newsletter made some enquiries.

Firstly, being asked to contact one of the village's informative residents – Jean Bassenthwaite – where the response was negative – she in turn contacted her sister, Kay Mitchell, another 'mine of information', who promptly came up with the answer.

The house they were looking for was actually 'Jack Bilt' which no longer existed but was originally one of the wooden bungalows situated on the corner of lower School Road and Lords Lane, known locally as 'Gravers Buildings' which were all now knocked down and the new bungalows erected in their place. At the time, the bungalows were used for military personnel who were stationed at RAF Bircham Newton.

Janet was directed to the correct area but obviously drew a blank in finding the actual building of her childhood memories – the house signed 'Jack Bilt'.

THN



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REGISTER OF ELECTORS

The Government is requiring all Electoral Registration Officers in England to publish a revised Register of Electors on 17th February 2014. A form and reply paid envelope will be personally delivered to every property in West Norfolk from 1st October. You must complete and return the form. This is important because the Register is used not only for electoral purposes but also by many financial service providers dealing with mortgages, loans or new accounts etc. Anyone whose name is not on the Register will be unable to vote at future elections, and is also likely to have problems using any service that involves a check of the Register.

The form is intended for the present occupiers of an address. The name of anyone aged 16 or over who is resident at the address needs to be on the form and the names of anyone no longer at the address crossed out. The date of birth of anyone aged 16 or 17 is also required.

Forms received by owners of empty properties need to tick the 'Property empty' box and return the form. This will avoid the issue of reminders.

A REPLY IS STILL NEEDED IF THE ADDRESS ON THE FORM IS A SECOND HOME OR HOLIDAY LET

Second home owners may register if at least 3 months of the year in total is spent at the second home. This would give a right to vote in local elections (possibly by a postal vote), although at national elections only one vote would be available and a choice of areas to cast it would need to be made. If residence is for less than 3 months, if a person does not wish to register in West Norfolk as a second home owner, or if a property is used solely for holiday letting, the 'Second home - Registered elsewhere' box should be ticked and the form returned.

In the event of any queries when the form arrives, householders can telephone the Helpline where any of the electoral staff will be happy to assist. The telephone number is 01553 616773.

Prompt return of the form or, better still, confirmation by freephone, internet or SMS (details on the form), would be very helpful. It will also avoid the need for reminders and help to keep costs down.

DIRTY DC WITH TATTOOED LIES

Saturday October 19th sees the very welcome return of the one and only tribute to AC/DC...DIRTY DC. These boys need no introduction as they are without doubt the best tribute band in the country. Two hours of some of the greatest songs ever recorded.

Simon Davies and his trademark cherry red Gibson sg, Chris Hill and his screaming vocals backed up by a rock solid rhythm section, are as good as it gets. Make no mistake this is as close to an ac/dc show as you will get without actually seeing ac/dc themselves and its only £12.50 a ticket. Last time I saw ac/dc I had to travel to London and it was £65 a ticket. Opening the proceedings once again will be the excellent TATTOOED LIES who are rapidly making a name for themselves and gaining a big following on the local rock circuit.

Doors open at 7.30pm. Get your tickets in advance if possible as this one will attract a big crowd and we cannot guarantee there will be any tickets on the door. Tickets as usual from Trev Frammingham 07747 156204.

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Anna Mudeka (West Norfolk Libraries)

A night of unique music full of colour, vibrancy and happiness at West Norfolk Libraries!

Creative Arts East and Norfolk Libraries are excited to be welcoming the gloriously talented Zimbabwean musician Anna Mudeka and her 6 piece band to perform upbeat, African rhythms, to celebrate Black History Month in October.



The Anna Mudeka Band play songs rooted in the Mbira music of Zimbabwe, and have created a unique sound, full of colour, vibrancy, happiness and spice which they call chimurenga pop! Mudeka's songs are lively, uplifting and draw from a host of African rhythms, chants and choruses, which are sometimes fused with Latin and European musical influences. She usually writes and sings lyrics in her mother tongue of Zimbabwe, which easily translates through the soulful expression and versatile tonal qualities of her vocals. Mudeka is passionate about her cultural roots and even more so about sharing her culture with the rest of the world. This will be a fantastic night of music and dancing that's not to be missed!

You can see The Anna Mudeka Band at:

Hunstanton Library on Thursday 17th October – 7pm

Other venues are:-

Dersingham Library on Friday 11th October – 7pm

King's Lynn Library on Tuesday 15th October – 7pm

Gaywood Library on Friday 18th October – 7pm

Downham Market Library on Wednesday 16th October – 7.30pm

Tickets: £5 per person or £15 for groups of 4 people and can be bought in person at each library. (For bookings at Hunstanton Library, Tel: 01485 532280 or in person at the library).

This event is organised in partnership with Creative Arts East with funding by Norfolk County Council, King's Lynn and West Norfolk Borough Council, Arts Council England and the Esmée Fairbairn Foundation.

Creative Arts East is also offering a free transport service for people with mobility issues for these performances at the libraries in the King's Lynn and West Norfolk district. The transport will be provided through the West Norfolk Community Transport Project. If you wish to use this service please contact Creative Arts East at enquiries@creativeartseast.co.uk or telephone 07568 532744.

For further information on this and other Creative Arts East events please go to <http://www.creativeartseast.co.uk/live/whatson.asp> or contact Karen Kidman on 01953 713390 or karen@creativeartseast.co.uk

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Heacham

Dear Newsletter

Carnival – The Rickshaw

We would just like to thank the following people that helped us to get the rickshaw ready for the carnival on 4th August.

John Wallis for the rickshaw and working with us by putting on new tyres, brakes, gear etc, to make the rickshaw workable.

Danny for sand blasting the frame.

Dave Curtis for supplying the banners.

Dave Penty for supplying and cutting the wood for the seating area.

Brian for spraying the frame.



Geoff from South Creake for the wicker stand and cradle.

When I first saw the rickshaw, I did have my doubts if it could ever be brought back to its original look, but with hard work and elbow grease we did it. Four weeks later Doug cycled round the village with pride in the carnival and Rob drove the French car, so between them both I think they did a good job. This was to show people watching the carnival that Heacham and Critueil-la-

Magdelene Twinning Association have a good time, it is very family orientated. When arriving at the sports field, the Twinning Association had a display of all French goodies, cheese, wine, sausages etc and free ‘tasters.’ Without the help from all members, this would not have been the success it was.



Doug had not been on a cycle in 30 years plus, but enjoyed every minute. He is now talking about buying a cycle for himself. Watch out folks if you see a guy with ‘L’ plates on his back cycling round the village. That will be Doug – he will be getting the exercise he needs. Perhaps one would say a healthy option.

Margaret Burns

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WHAT'S ON REGULAR EVENTS

PC = Parish Council Office, Pound Lane
PH = Public Hall
NC = Neville Court

OFH = Old Friends Hall, Sunnyside
PRH = Pine Resident's Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club
MC = Methodist Church Hall, Station Rd
SM = St Mary's Church Hall, High Street

MONDAYS

TABLE TENNIS 9.30am Tel: Adrian 570477 (PH) Top Room
SUNNYSIDE CLOSE (Sheltered Housing for over 60's) Coffee
Morning 10.30am Tel : 570492

RAINBOW CIRCLE TODDLER GROUP 1pm in school term
time Tel: Pip 570812 or Karen 571837 (SM)

ZUMBA GOLD Exercise to music 1-2pm Suitable for all
levels 2.15 - 3.15pm Gentle stretch & relaxation classes for all
ages Tel: Suzie Povey 07900 818311 (PH)

ROLLASON STAGE SCHOOL Dance Classes age 6+ Ballet
tap & modern 4.15-5.15pm Street 5.15-6pm Boys only street
6-6.45pm age14+ Zumba 7-8pm [Tel:579074](tel:579074) (PH)Top Room
HEACHAM TENNIS CLUB Junior Coaching @ 5pm
Tel:Richard 07718553415 or Janice 07923612187 (HSC)

RESTORATIVE YOGA 6 - 7.30pm at Heacham First School
Contact Sandee Tel: 01485 570485

1st HEACHAM SCOUTS (boys and girls aged 10 to 14yrs)
7 - 9pm Tel: Rob 572239 or Julz 572890 (SG)

HEACHAM IN BLOOM 3rd Monday monthly @ 7pm (PC)
INDOOR BOWLS CLUB 7pm (MC)

ZUMBA 7-8pm £4 pp Tel: Michelle 579074 (PH) Top Room
LINE DANCING 7-9pm £3.00 Tel: 532317 (PH)

HEACHAM WIVES GROUP – 2nd Monday of most months
at 7.30pm (HSC) Top Room Contact Sue Scott Tel: 572252

TUESDAYS

HEACHAM DAY CENTRE FOR ELDERLY 9am-3.30pm
Transport may be available Tel:Mick Harpley 07527125574
(OFH)

CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)

LADIES KEEP FIT FOR OVER 50's 10.30 - 11.30am. Contact
Kath Manning-Coe Tel : 01553 774343 (SM)

CARERS SUPPORT GROUP West Norfolk Mind Tea & Chat
at Piece of Mind 4 Poplar Avenue 1 - 2.30pm Tel: 572707

LINE DANCING 1.30 - 3.30 pm Contact Diane 571166 (SM)
WOMENS FELLOWSHIP 2.45pm Every other Tuesday (MC)

1st HEACHAM GUIDES 5.30 – 7pm Tel: Sue Theunissen
07833747059 or just come along (MC)

SLIMMING WORLD 5.30pm & 7.30pm Tel: Ann 01553
763949 (SM)

WEIGHT WATCHERS 7pm (OFH) Tel:Alison 07796 904311
PARISH COUNCIL MTG 3rd Tuesday monthly 7.30pm (PC)

HANDS & NEEDLES GROUP every other Tuesday
7.30 – 9.00pm Tel: Joan Careless 570363 (MC)

HEACHAM DIGITAL CAMERA CLUB meets 1st & 3rd
Tuesday monthly 7.30pm Sandringham Club West Newton
Email: heachamdigitalcameraclub@yahoo.co.uk or call Viv for
info on 07906056019

POCAHONTAS PLAYERS Drama Group 7.30 – 9.30 pm Tel:
570402 (PH)

LIVE ENTERTAINMENT from 8.30pm at Fox & Hounds

HEACHAM BOOK CLUB 3rd Tuesday monthly Tel: Beth
570479

WEDNESDAYS

CAR BOOT SALE Sports Field from 7am (HSC)

SCALLYWAGS PLAYGROUP Term Time 9.30 – 11am £2
Tel: Clare 07816913657/Jo 07521447284 (SG)

WEST NORFOLK MIND Day Centre 9.30–3 pm at 4 Poplar
Ave Heacham £35 per day or £20 part of a day (personal
budget holders & self-funders welcome) Tel: Joyce Armstrong
07704338775 www.westnorfolkmind.org.uk

CARPET BOWLS 10.30 – 12 noon Tel: 570776 (PH)

LINE DANCING 1.30 – 3.30pm £3 Tel: 532317 (PH)

PATIENT ADVICE & LIAISON SERVICE 2 – 4pm on
2nd & 4th Wednesdays monthly (PC)

HEACHAM LITTLE DRAGONS Korean martial arts of self
defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)

FOOTBALL Under 8 & 9's 4.30-5.30pm Contact Mark
07561303886 (HSC) playing fields

TAI CHI & KUNG FU 6–7.15pm-Childrens Kung Fu 7.15–
8.15pm-Adult Tai Chi 8.15–9.30pm-Adult Kung Fu Tel:Derek
01553 674779 (PRH)

HEACHAM TENNIS CLUB Senior Club night @ 6pm Tel:
Janice Campbell 07923612187 (HSC)

LINE DANCING FOR IMPROVERS – 7 - 9pm. £3.
Contact Diane 571166 (SM)

BINGO 7.30pm Neville Court Grouped Home

HEACHAM TWINNING ASSOCIATION 3rd Wednesday
monthly @7.30pm New members welcome Tel: 579465.(PC)

WEST NORFOLK SINGERS 7.30pm Tel :Heather Titcomb
01485 542960 (MC)

QUIZ NIGHT 8.45pm Prompt start New teams of up to 5
welcome £1 entry pp Cash Prize & Cash Snowball (HSC)

THURSDAYS

WEST NORFOLK MIND Day Centre (specifically for older
people dementia friendly) 9.30–3pm For info see Wednesday
TABLE TENNIS CLUB 10am (PH Top Room)

CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)

MOTHERS' UNION 4th Thursday monthly 2pm (SM)

TREFOIL GUILD 1st Thursday monthly 2 - 4pm
Tel: 07813014477 Mary Harpley (PRH)

BINGO 2.30pm at Sunnyside Close (Sheltered Housing for over
60's) Tel: 570492

WRITING GROUP AT HEACHAM SURGERY 3 - 5pm every
other Thursday Contact Heacham Surgery or Tel: Caroline
Smith 01553 819460 between 1-1.30pm Tuesday

2nd HEACHAM RAINBOWS Term Time Girls 5-7 years
4.20-5.20pm For more information Tel: Jenny 534107 (MC)

1st HEACHAM BROWNIES Term Time Girls 7 - 10yrs (MC)
5.30 – 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084

JUDO Beginners 6 - 7.30pm Tel: 571614 (PH)

1st HEACHAM CUBS ages 8 – 10yrs

Term Time 6.45 – 8.30pm Tel: Sam 572138 (SG)

JUDO Advanced 7 – 9 pm Tel: 571614 (PH)

FLOWER CLUB 4th Thursday monthly 7.30pm Flower
arranging & demonstrations Tel:Alayne Seymour570560 (SM)

RAO BUFFALOS 8pm (HSC Top Room)

QUIZ NIGHT Cash Prizes 9pm at Fox & Hounds

FRIDAYS

BEREAVEMENT SUPPORT IN HEACHAM 10am - 12 noon
3rd Friday of the month Contact Renee Smith or Barbara
Fargher silverlinings@gmx.co.uk or [Tel:534741](tel:534741) (SM)

COFFEE AFTERNOON Fridhem Rest Home Station Rd Last
Friday of the month at 2pm

SOLO WHIST – Don't be solo – Go solo 2 - 4pm Entry £1
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1st HEACHAM BEAVER SCOUTS for boys & girls aged 6 to
8 years Term time 6 - 7.15pm Tel : Barry 570767 (SG)

TAI CHI & KUNG FU 6-7pm Beginners Tai Chi
7-8pm Advanced Tai Chi 8-9.30pm Adult Kung Fu
Tel: Derek 01553 674779 (PRH)

CASH BINGO 7.30pm (PH)

WILDFOWLERS CLUB 1st Friday monthly 7.30pm
(HSC Top Room)

HEACHAM DIARY

SATURDAYS

HEACHAM YOUTH CLUB Term Time School years 6-11
Tel: Tracey Swann 07833 307856 (SM)

HEACHAM DIARY

Saturday 7th September GIG 'Band Playing' at Silver Sands
** GIG 'Mark Wilkinson's Jazz Quartet' at Fox & Hounds
Station Rd from 8.30pm

Tuesday 10th September GIG 'Sidevalves' at Fox & Hounds
Station Rd from 8.30pm

Wednesday 11th September 'Friends of Heacham Beaches'
7.30pm at 35 High Street Heacham

Saturday 14th September 'The Recorder Unlimited' 7pm at
St Mary's Heacham Tickets £6.50 from the Christian Bookshop
[Tel: 579094](tel:579094) or Terry Clay Tel: 570712

** GIG 'Kenny Bernard' at Silver Sands

Tuesday 17th September 'West Norfolk Health Walk' meet at
bus stop at Fenside/Fenway Junction in Heacham for info Tel:
Jackie Squires 01553 616657 www.walkingforhealth.org.uk

** GIG 'Tattooed Lies' at Fox & Hounds from 8.30pm

Thursday 19th September 12 noon Deadline for submissions
for insertion into the October Edition of the Newsletter

Friday 20th September GIG 'Groove Cartel' at Fox & Hounds
Station Rd from 8.30pm

Saturday 21st September GIG 'Mark Joseph' at Silver Sands

Monday 23rd September 'Bingo' at Fridhem Rest Home
Station Road Eyes down @ 7pm 'All Welcome'

Friday 27th September GIG 'Jam Session with D.N.A.' at
Fox & Hounds from 8.30pm

Saturday 28th September 1st Heacham Scouts 'Table Top
Sale' 9am - 1pm at Heacham Scout Hut Sunnyside £5 per table
Phone Julz 572890 or Rob 572239 to book a table

** Messy Church at St Mary's Church Heacham 10am-12noon
Book in advance Tel: 571348 or email griffin568@btinternet.com

** GIG 'Rachael Samantha' at Sliver Sands

Friday 4th October GIG 'Hillbilly Cats' at Fox & Hounds
Station Rd from 8.30pm

Saturday 5th October GIG 'Mark Wilkinson's Jazz Quartet'
at Fox & Hounds Station Rd from 8.30pm

Sunday 6th October GIG 'The Kings Swingers' at Fox &
Hounds Station Rd from 1.30pm

Saturday 19th October GIG 'Dirty DC with Tattooed Lies' at
the Public Hall Doors open 7.30pm Tickets £12.50 From Trev
Frammingham 07747156204

OTHER EVENTS

Monday 9th September 'Folk Dancing' at Brancaster Staithe
Village Hall 7.30-9.30pm Contact Janet Bowles Tel: 210587

Sunday 15th September Campaign Care 94 Charity Bike Ride,
Family Fun Day & BBQ in aid of Tapping House & Bob
Champion Cancer Trust at Feathers Pub Dersingham 10am
Forms from www.campaigncare94.org.uk or Terry Wagg
07767460341

Friday 20th September Anmer Village Social Club Film Night
'The Great Gatsby' at 8pm Tickets £3 Doors open 7.30pm Tel
579465 or films@anmerclub.co.uk

Monday 23rd September Macmillan Coffee Morning at 22
Onedin Close Dersingham 10am to 12noon Tel: Brenda
01754868121

Friday 27th September Fundraising walk for Macmillan
Cancer Support 10.30am Meet Sandringham Visitor Centre car
park For info Tel: 01553 616657 Jackie Squires

Sunday 29th September RAF Bircham Newton Heritage Centre
Open Day 11am-5pm more info at www.rafbnmp.org.uk
SEDFORD PRE-SCHOOL - Toddlers from age 2+ Mon to
Fri mornings 8.45-11.45am (with optional 'wraparound' from
11.45am to 12.30pm) and **Tues & Thurs** afternoons 12.30-

3.30pm (term time) Sedgford Primary School Ringstead Rd
Sedgford – Tel: Jane 01485 579489

Mondays

U3A HUNSTANTON meets 3rd Monday monthly (except Aug
& Dec) 2pm at Hunstanton Community Centre for details Tel:
Chris (Chairman)535065 or Barbara (Secretary)571484

Tuesdays

BRANCASTER BABY & TODDLER GROUP Simms Reeve
Inst.Hall Brancaster 9.30-11.30am(term time) £2 per family For
info email: brancasterbabyandtoddlergroup@yahoo.co.uk

KEEP FIT FOR OVER 50's 10.00 to 11.30 am Ringstead VH
Cost £3.50 Tel: Val Barnes 01328 864358

HUNSTANTON TANG SOO DO CLUB Korean martial arts
of self defence 'all ages' 6.30 - 8.30pm at Smithdon High
School For details contact Ian on 07806 622154

HUNSTANTON COMMUNITY CHOIR Informal singing for
fun, no audition required 7-9pm at Hunstanton Town Hall £3
per session Inc. refreshments Just turn up

Wednesdays

HUNSTANTON VOLUNTEER SURGERY 3rd Wednesday
monthly 10am-12noon at 1st Flr Council Offices Valentine Rd
Tel: 01553760568 Karen Lee or Karen@westnorfolkvca.org

RESTORATIVE YOGA 10 - 11am Sedgford Village Hall
Contact Sandee Tel: 01485 570485

DOCKING LOCAL PRODUCE MARKET 10am - 3pm in
Ripper Hall Tel: 518945

LYMPHOEDEMA SUPPORT GRP meets the 2nd Wednesday
monthly 10.30am-12noon at Tapping House Snettisham

NICE & GENTLE Fitness 1-2pm £3 pp Inc's Tea or Coffee at
Hunstanton Community Centre tel: Michelle 579074

CATKINS TODDLER GROUP – Wed afternoons 1.00-3.00pm
term time only Sedgford Primary School Ringstead Rd
Sedgford – Tel: Diana 01485 579489

ROLLASON STAGE SCHOOL Dance Classes under 6yrs
Ballet tap & modern 4.30-5.15pm Seniors Ballet & modern
5.15-6.15pm Senior street crew 6.15-7pm at Hunstanton Town
Hall Basement Tel: 579074

YOUTH 45 GROUP meet at Ringstead Village Hall 7pm-8 pm
for ages 7-14 Cost is £1 per evening and the contact is Mr T
Large 11 Holme Road Ringstead Tel: 01485 525480

FIRE CADETS at Hunstanton Fire Station 7-9 pm Boys &
Girls 13yrs+ Come along for a fun and interesting evening
learning about all aspects of fire safety Tel : 07919 492294

WEST NORFOLK TAI CHI CHUAN – weekly local Tai Chi
classes www.west-norfolk-tai-chi.com for information.

Thursdays

ROLLASON STAGE SCHOOL Musical theatre group 4.30-
5.30pm at Hunstanton Town Hall Basement Tel: 579074

CHILLATES 6-7pm £4 pp at Hunstanton Town Hall Basement
Tel: 579074

Fridays

BRANCASTER BABY & TODDLER MUSIC GRP Simms
Reeve Inst. Hall Brancaster 10-11.30am(term time) 1st & 3rd
Friday monthly £1.50 per family (see Tuesday for info details)

ZUMBA at Docking Ripper Hall 6.15-7.15 £4 pp New term
starts 13th September for info Tel: Michelle 579074

HUNSTANTON TANG SOO DO CLUB Korean martial arts
of self defence mixed club all ages 6.30 - 8.30pm at Smithdon
High School Hunstanton For info Tel: Ian 07806 622154

Saturdays

CHRISTIAN YOUTH GROUP 3rd Sat monthly 10am-12 noon
ages 10-14 Cost £1 at Dersingham Church Hall More info from
Steve 07425 145887

INDIE ARTS CLUB 2nd Sat monthly 1-4pm at Hunstanton
Town Hall Basement Entry & Membership free Tea or Coffee
50p Book in advance via email: bookings@wattsington.com



Norfolk Coast Partnership

9 Chalk Rivers Project

Did you know the Norfolk landscape has a stronghold of internationally rare Chalk Rivers?

Chalk Rivers are incredibly important for wildlife as the water quality is so healthy. There are about 200 in the world and over 160 of these are in England with a definite stronghold in Norfolk.

The Norfolk Rivers Trust, in conjunction with the Norfolk Coast Partnership and the Norfolk County Council, has been awarded £1.3m from the Environment Agency to work on restoring some of Norfolk's internationally rare chalk river habitats. This project is the second biggest catchment restoration project in the country.

Over the next couple of years the 9 Chalk Rivers project team will be looking at the Glaven, Stiffkey, Babingley and Gaywood with a long term hope to apply for more funding to work on the Hun, Mun, Heacham, Ingol and Burn. Work will include reinstating the natural bends to allow the rivers to clean themselves, removal of non native species to enable native species to flourish, enable flood plains where possible to develop to store water and provide new habitat for species and work to decrease silt and pollution in the rivers.

The project will involve on the ground improvements, and the team are working closely with landowners and communities to ensure that their needs are also being met and that they can gain from the work planned by healthier and better functioning rivers.

Another major component of the work is to bring local communities together to learn about their rivers, talk about their concerns and, in time, form self sustaining groups that can 'manage' the rivers over the longer term. The project team will be doing that by running a series of walks, talks, workshops and family events.

You can find out more about the project on Twitter @9ChalkRivers and on the Norfolk Rivers Trust website at www.norfolkriverstrust.org or contact Gemma Clark the Community Involvement Officer for the 9 Chalk Rivers Project, by email at gemma.clark@norfolk.gov.uk or telephone on 01553 778024.



The Environment Agency

The Wash Tide Gauge

This summer we will be constructing a tide gauge in The Wash, which will link to our UK coastal network of 44 high specification tidal gauges.

The tide gauge will monitor sea levels in The Wash. It will provide data for our tidal surge modelling and flood forecasting and will improve the warning service we provide to communities around The Wash. The gauge will also help us to develop our knowledge of coastal monitoring and long-term climate study by providing us with accurate water level data.

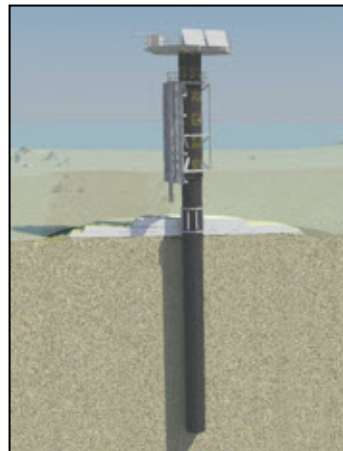
In addition to the tidal gauge, we are installing a weather station to monitor wind speed, wind direction, air pressure and temperature. Data will be available in real time to the public and mariners within The Wash.

We will be installing a monopile platform (please see illustration), approximately two metres in diameter and 10–12 metres in height. The construction site will be based at the Port of King's Lynn. We started setting up our construction site in King's Lynn during the week commencing 19 August. We expect to begin constructing the platform within The Wash in early September depending on weather conditions.

The gauge will be located near Outer Westmark Knock, close to the Port of Sutton Bridge and the Ministry Of Defence's bombing range. It will replace the RAF No. 4 buoy. This location is considered deep enough to collect the full tidal range, and has been approved by the Wisbech Harbour Authority, Port of Sutton Bridge and the Ministry Of Defence. The gauge will not impede navigation through the channel and we are working with

the Port and Harbour Authority to ensure this remains the case.

We will maintain the tidal gauge until the site and quality of the data it provides has been verified. The gauge will then be adopted into the National Tide Gauge Network which is managed by the UK Coastal Monitoring and Forecasting service (UKCMF). The life of the gauge will be a minimum of 60 years. This will ensure it can log tidal data.



An example of a monopile platform structure:

HEACHAM BUTCHERS
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SECURITY GRILLES - FIRE HOODS - ARCHES - CARAVAN STEPS

Anmer Village Social Club Film Night

Friday 20th September at 8.00pm

'THE GREAT GATSBY'

Doors open 7.30pm

Tickets on sale at the door - £3.00

Further details tel: 01485 579465 or

email: films@anmerclub.co.uk



Thursday 26th Sept – 7.30pm

The West Norfolk members' group invites you to an illustrated talk by Sivi Sivanesan of **Froglife** on **Amphibians**

Find out how to identify British amphibians and manage your pond.

Venue: Hunstanton Methodist Church Hall, Austin Street
Cost: £2.00 members / £2.50 visitors

Community Cinema

On Saturday 28th September

Cinema in Syderstone

presents

'Trance'

The new film by Danny Boyle. Stunningly photographed, fast-moving, psychological crime thriller that twists and turns and keeps viewers on their toes.

Venue: Amy Robsart Village Hall,
Syderstone PE31 8RX.

Start time: 7.30pm.

Advance Tickets £3.50

Contact 01485 578588 or 578171

Email: cinema@syderstone.com

Singing is good for you!

Come and join us at the
Hunstanton Community Choir

7pm to 9pm on Tuesdays
(new term starts Tuesday 3rd Sept!)

at Hunstanton Town Hall
(next to the Tourist Information Centre)

Friendly, informal singing for fun, no audition required,
no need to read music;

just turn up and see if you like it – we do!

£3 a session, including refreshments

West Norfolk VCA

Does Your Organisation Need Funding?

Come along to our Funding Fair, from 10am – 2pm at the Assembly Rooms, Market Place, Swaffham, PE37 7AB on

Wednesday 25th September

Pop in, browse stalls and chat to funders. Big Lottery Fund, Heritage Lottery Fund and Norfolk Community Foundation will be giving presentations. Other funders include Norfolk County Council's Workforce Forward Grants and Momentum.

Schedule of Presentations

11.00 – 11.25am - Big Lottery Fund supports community groups and projects that improve health, education and the environment. They give grants from £300 to over £500,000.

11.25 – 11.30am - Questions

12.00 – 12.25pm - Heritage Lottery Fund supports a wide range of activities that help people of all ages explore their heritage together. They can help groups with funding to research the history of their local village, explore folklore and traditions, improve wildlife sites or help restore historic buildings. This talk introduces a new range of programmes for groups who are looking to fund projects between £3,000 and £100,000.

12.25 – 12.30pm - Questions

1.00 – 1.25pm - Norfolk Community Foundation supports charitable groups in the county whose work benefits local people and meets local needs. Grants are available from £500 and under up to £100,000 for some funds – most are in the range of £2,000 - £5,000.

1.25 – 1.30pm - Questions

To confirm your attendance, or for any questions, please call Karen on 01553 760568 or email Karen@westnorfolkvca.org

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**Large selection of cushions and seat pads
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and a home choose service**

Events at Hunstanton Library

For further information about these events (or to book your place where necessary) please contact the Library on (01485) 532280 or pop in.

A new weekly Under 5s rhyme and storytime starts Wednesday 11th September 2.00 - 2.30pm (term time only). Come along for some stories and rhymes. Suitable for pre school children and their parents/carers.

Scrabble club goes weekly!

If you enjoy a good game of scrabble then pop to the library between 10am and 12 noon on Wednesdays! Refreshments provided.

Open wide!

A talk on the history of Dentistry by Tim Thorpe, Curator of Lynn Museum. Come along and hear grisly details of tooth care from the past! Thursday 10th October 2pm - 3pm. Free ticket but booking essential. Refreshments provided.

Are you interested in learning how to make your own cards?

Card Making Demonstration

Monday 30th September at Hunstanton Library 1 - 3pm. Never tried it? Come along, we'll provide the materials to get you started. Booking essential.

For further information or to book your place contact Hunstanton Library on 01485 532280



Hunstanton Lions Club

Jane Scott

Hunstanton Lions have been busy delivering "Message in a Bottle" to all local GP Surgeries. These are small plastic screw top bottles that you put your medical history or prescription details in and leave in the fridge for example for the emergency services to access in the event of an emergency situation.

Our bowls tournament at Heacham Social Club was unfortunately cancelled due to lack of support. Thanks to the players that did turn up for the event.

For those who attended the Sandringham Flower Show, you may have seen our somewhat wet Lions weathering the storm. Thanks to all Hunstanton Lions for your support on the day.

Forthcoming Events

Sunday 8th September Indoor Carpet Bowls Competition at Smithdon High School

200 Club 1st Prize Val Rybak, 2nd Gareth May, 3rd Steve Chapman 4th Margaret Grave

Car Boot Dates:

1st & 8th September, October 6th & 20th

If you would like more information about Hunstanton Lions please contact Mike Ruston 01485 533367

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If you have existing double glazing with condensation between the panes, there is no need to replace the whole window. As part of our comprehensive repair service, we offer a Sealed Unit Replacement Service. Available for PVC, Timber and Aluminium windows.

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Secondary Glazing is available in horizontal and vertical sliders, lift-out units, fixed panes and hinged systems.

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Integral Blinds are a fantastic addition to any home or conservatory. The standard double glazed unit is replaced with a unit containing a blind which can be raised, lowered and tilted.

Available in 3 different types - Pleated, Venetian and Roller, and in a range of colours to suit any application.

Whatever your glazing requirements Call 01485 570016 For a FREE Quote or go to www.mshglazing.co.uk

**All Types of Repairs Undertaken
No Job Too Big or Too Small**

Sealed Units Replaced From Only £45.00*

* Conditions Apply

Searles Autumn
70's & 80's Tribute Nights



Fri 15th Nov: Live tributes to Wham, Duran Duran & David Bowie
Enjoy a two course meal followed by an evening of live music & dancing.

Sat 16th Nov: Join us for the greatest show on earth with the full live band and 2 hour stage show with The Official Chicago Blues Brothers.

Sun 17th Nov: Live tributes to The Eurythmics & Sir Elton John
Adults only. £28.00 per person per night including meal & evening entertainment.
3 night weekend pass with meals £80.00pp

Christmas Party Nights
Searles Party Nights include an arrival drink of wine, a pre-ordered choice of meals served to your table or evening buffet followed by the fabulous sounds of Pulse Roadshow Disco.

Dec 14th & 21st offers a 3 course table service meal. Dec 20th offer a Hot buffet.
All nights are priced at £29.50 per person.
Special rates for large company group bookings. Please enquire.

For Music Night Tickets and Christmas Party enquiries & bookings please call Emma on 01485 536002 or email estodart@searles.co.uk
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RESCUE : WOODEN : BOATS

Visitor Centre is OPEN at Stiffkey this Summer!

We are a charitable trust aiming: "to acquire, restore, maintain and use examples of heritage maritime wooden working craft and in so doing, tell their stories through the people who crewed them and provide education about their history, construction, maintenance and use as well as about the crafts involved in all of these".

Visitor Centre open

We have just passed our second birthday, and are delighted to announce the opening of the first phase of our Visitor Centre, just beyond the High Sands Campsite office in Greenway, Stiffkey NR23 1QP. We are open at weekends from 10.30 - 4.30pm for the summer. Check with us after that for opening times.

There are displays, films, photos and artefacts as well as the opportunity to see work progressing in the boatyard workshop a few yards away on Dunkirk veteran lifeboat 'Lucy Lavers'.



Do come and visit, we look forward to welcoming you there and hearing what you think.

Volunteer?

We have a great start up team of volunteers helping at the Visitor Centre and need many more – do get involved, however much or little time you might be able to offer. Come and visit and/or find out more from Sue Gathercole 07774 245810 or email below.



We are also looking for people who might be interested in leading and/or working on developing schools visits at the Visitor Centre for this autumn.

Do get in touch to discuss this further. Wendy Pritchard 07920 760238 or email below.

RESCUE : WOODEN : BOATS (Registered Charity 1144180)

Office: 14 Norton Street, Burnham Norton, King's Lynn, Norfolk PE31 8DR

info@rescuewoodenboats.com

www.rescuewoodenboats.com Tel: 07920 760238

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M: 07799 118503

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Corrosion Repairs · Insurance Approved**

Heacham in 1921

Thursday 6th October 1921

Further adventures of S.C. Neville-Rolfe's descendants.

The end of day without radio, television or other later 20th century necessities.

Dressing for dinner can be difficult when one is only 19 years old and staying in a great aunt's house.

The student hunted high and low and simply could not find his collars. These maids in these swagger houses are too D---- D--- trying. Nervously he fidgeted, now here and now there, in an endeavour to find them but they had made off with them. He cursed and fumed, wished to the D-v-l they would leave his things alone.

Being desperate for time, he had to use an old one – oh how he swore. Luckily it was not really soiled.

At 7.30 he arrived downstairs and in a few minutes set off across the fields to the Windmill for he was dining there with Loui at 7.45.

He found his Aunt Maud and Uncle Carl about to set out for the Mill House.

Carl said a hat was unnecessary while Maud replied “You silly old donkey Carl you'll only catch cold – here take this” and clapped an old Homburg on his head. When they had gone the student went through to the billiard room.

Walking through the darkness of the hall and smoking room he discovered Ramsay, Loui and the Contessa at the further end of the billiard room. (Ramsay was an elderly neighbour who lived in what is now Lynn Road.)

The student was the only one present who had been to the funeral. Ramsay declared that he had never been to a marriage. They immediately suggested he should go to one.

They moved into the dining room almost at once. Curried eggs were the first dish – the party went off well. Stories were told to the astonishment of Loui who had never heard any of them and enquired where they had got them.

After dinner they moved into the billiard room and Ramsay took the student on. Scoring proceeded normally to begin with, but after a time no one could hit a ball – scoring went up by twos and threes and ones and it looked as if the game would never end. They braced themselves up, chalked their cues, shifted their ties, cleared their throats, hitched up their trousers, scratched their heads and blinked. Thinking they looked like gents, they hitched up their sleeves, and began to play methodically. Ramsay scored 10 to every 3 that the student gave him and the triumph was eventually his, he beating the student by an odd 40.

The time was late – about a quarter to ten, so there was no time for another game. The student assured them he would go up there again next day (Friday) to say good-bye. They left.

He persuaded Ramsay to accompany him home via the Mill House. When they got to the level crossing, they got over the barbed wire on the right, and made across the fields.

Ramsay asked the student if he played golf? ”No” was the reply. The student said that while he was young he preferred more active exercise, and would leave golf till the days when he could not play tennis and other agile exercises. Ramsay said that he

had seen the student's name in the papers in connection with some sculling races – and he knew a Fairbairn out in Australia. The student corrected him saying that he was not in the Fairbairn sculls, but a namesake in Christ's College.

By this time they had reached the garden gate near the waterfall and the student pointed out the seat of the wasps.

Ramsay would not go into the house so they ‘au revoired’, and the descendant was able to wish his Uncle Carl and Aunt Maud good-night, as they were disappearing round the garage.

He marched into the drawing room and found Sybil and his Aunt Margaret on the sofa. She was in extraordinarily good form and they sat talking. Sybil was wearing an orange brown coloured dress pleated from the top to the bottom, looking rather nice.

She lit a cigarette, Margaret pronouncing that it would be bedtime at its conclusion.

Sybil said that Clive was flourishing (in Constantinople) and seemed to like it very much. The bazaars etc thrilled her immensely. She dwelt upon the appallingness of the government, and showed what an absolute mess the supreme conference was making of everything it touched – she was rather hot on these topics.

The cigarette done, they closed the windows and whisked off towards bed. Breakfast was to be at 8.00 the following morning instead of 8.30.

Next month, Goodbyes will be said and a train caught at Heacham station.

From another descendant

Christina Thain & Co Solicitors

Conveyancing, Wills and Probate

Please note that our new address is:-

**‘Beamish’
68, High Street,
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Hunstanton, Norfolk PE36 5JU**

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**The same friendly, efficient service - only
the address has changed!**



THE POTTING SHED, MUTTERINGS FROM August /September 2013

The philosopher who said that work well done never needs redoing, never weeded a garden. Ray D Everson.

As age creeps up - well gallops actually - on me, I find it harder to plan properly ahead and it gets all too easy to say, "it can wait until later." It's like that with me and these articles. I should have started a week ago at least and here I am a couple of days from the deadline and I haven't done anything.

Apparently someone has been whinging about my articles getting all political. For these critics I have just a bit to say. First, I belong to no political party and dislike them all so there will be no bias. Second, I ran out of gardening things to talk about and very nearly stopped altogether. I think a bit of moaning about our "masters" is good as none of them are anything like perfect - far from it! Third, you don't have to read my drivel if you don't want to. So yah boo to the moaner(s) of which I think there may be at least one. Hilary on the other hand, is a joy to read and I hope she continues for years and years. In the meantime, this old curmudgeon will try and keep within the bounds of decency and good taste.

I have been discussing with my brother - an expert - the future of my garden. I have a half acre plot and my back is not as limber as it should be. A couple of weeks ago I was cleaning out my garage as the dog and cat have moved to my daughter's new home and after a half hour I was knackered (that means fit for the knackers yard so no, I'm not being coarse). So I was bellyaching to said brother that I should maybe sell up but didn't want to as my lovely girl's remains are scattered around the garden she loved. So we have discussed a number of options the main one being to reduce the cultivated area by at least half. The rest will be left mainly as grass and some of this will be left to go wild. It should be interesting but quite a lot of initial work is needed. I'll wait until the flowers die back this winter before tackling the decorative beds. I'm going to take some photos from the third floor before we start so I can see how it all develops.

This weekend, I've been cleaning out the garage gutters, a longish job, not helped by the chickens clustering round wanting to be of assistance. As soon as I've swept the gutter clearings into a neat heap, they are in there throwing the stuff around looking for tasty morsels. As the garages are overshadowed by my huge cedar tree the gutters soon fill up with shed needles. However these rot down, fairly slowly, to give me a good supply of acidic leaf-mould which is good stuff for mulching round plants that don't like lime like my ornamental rhododendron and my witch hazel. I have a cunning plan for next year. In the past, I have, if possible, planted my potatoes in a nest of grass cuttings. This helps to deter scab as the rotting grass is slightly acidic. However, for the last two years I haven't had a crop of mowings in time so have had to resort to good old horse muck. But whilst I was gathering up the gutter cleansings this morning, I had this epiphany (that's a great revelation in case you didn't know). I always have lots of acidic leaf mould so why not use it instead of mowings thought I. So that's next year's project.

The poor old QE is having a hard time of it. A real shortage of nurses, not enough space in the A&E department and no money. This is not unique to Lynn as I would guess that most small District General Hospitals are in the same boat. I attended a public meeting the other Monday and whilst a few people sang the QE's praises, they were far outweighed by people detailing the bad experiences they had suffered. The place has been inspected by a team of experts very recently and I pray that they don't do too badly. As I come into contact with the administrative team fairly frequently, I know that they are doing

their utmost to turn the place around. They have taken on another 50 or so, new, qualified nurses and whilst this will do nothing for the hospital's finances, I think it will help enormously with patient care. It is also hoped that some money will be made available to expand the A&E dept. The trouble is that as there is no emergency GP service either at night or weekends, if you are unwell or have an accident, you have nowhere to go but A&E. So, unless you really have to, it might be better to wait until you can see your own doctor. I was thinking this morning as I balanced on my step ladder, one leg of which was sinking slowly into the ground and I was reaching too far over to get at a dollop of sludgy leaf-mould, that if the whole thing collapsed under me, I could have a nasty accident. You know, break a leg, an arm, or even my neck. No one around to help, I could lie there for ages. I remember my mum falling over in the garden of her home at Wootton and being found by a neighbour the next morning. Luckily it was a balmy late June night and she was OK after a few days in hospital. She was 82 at the time. We do some silly things I guess and probably deserve what we get.

I finished up with approximately 4.5Kg of broad beans in my freezer but already I guess I've scoffed at least 1.0Kg. I do love broadies and they freeze so very well. The runners and climbing French beans have cropped well also but, sadly, they don't freeze very well. Snap peas are hopeless, lovely fresh but turn into soggy tasteless lumps when frozen. I've only ever seen frozen Mange tout peas in the supermarket and they come from far, far away. I wonder why "they" don't freeze snap peas, they taste much better. Still, I do like frozen garden peas (forget petit pois, they don't taste any better than garden peas and cost more) and they add flavour to my veg mix, (chopped cabbage, chopped runners, peas, broad beans, salt and just a touch of five spice or Thai spice to up the flavour. 2-3 inches of water in the bottom of the saucepan and simmer for about 10mins - lovely). Saves on washing-up as well. Mind you if you're cooking for a family you might need a cauldron. I'm only cooking for me.

Whilst talking about food, it really depresses me to read, as I often do, about food banks for poverty stricken families. It's a sad thing when a country as wealthy as we are, are so obsessed with giving millions to places like India, who as a country is much richer than we are, and yet we cannot sort out the problems of our own poor people. And why in God's name are we building a new generation of submarines to carry trident nuclear missiles at a cost of billions then making our soldiers, airmen and sailors redundant. We don't need nuclear weapons, who would want to conquer this country anyway? I have never voted for anyone but the Conservatives until now but not anymore. Cameron and co have lost the plot completely. There you go, a bit of politics.

Whilst I usually read the EDP which despite its bad spelling and grammar is not a bad paper, I buy the Observer for my Sunday reading. I don't really know why as I usually get cross. For instance here is an article in it this week about a very bright lad who, despite getting seven "A levels" and being offered a place at Harvard University, is being refused a place at Oxford. This is probably because he has a secondary school education and is, presumably, not wealthy.

The little village of Padstow in Devon where Rick Stein has built an empire and where our beloved Prime minister is holidaying with his wife at the home of a friend who owns THREE houses in the village, is a bit like some of the villages round here. The locals whose families have lived in the villages for often centuries, can no longer live there because rich people have bought everything up as second homes. I'm sorry but this is wrong. Luckily, Heacham hasn't become "popular" yet and it should remain so.

Michael "grumpy" Drew.

TAX RETURN CATCH UP:

Latest HMRC campaign to encourage disclosure

You may need our help to get your tax affairs in order!

By Kathryn Gigg Chartered Accountants, Hunstanton

HM Revenue & Customs (HMRC) has launched its latest campaign, called "My Tax Return Catch Up" offering a structured way to bring your tax affairs up to date.

This campaign is aimed at those who have previously been issued with a Self Assessment Tax Return, or Notice to Complete a Tax Return, for any year up to and including 2011/12, and have not yet taken any action.

These Revenue campaigns offer a 'carrot & stick' approach: the best terms available for those who come forward, then taking a tough standpoint in the case of those who do not. In these circumstances, if you do not come forward and HMRC subsequently find that you owe additional tax, you may face higher penalties, or even criminal investigation.

To take part in My Tax Return Catch Up, as with most HMRC campaigns, there are 2 stages, but this time both have the same deadline:

- Firstly you must tell HMRC that you want to use the disclosure opportunity, by 15 October 2013 at the latest; and,
- Secondly you must complete and submit the outstanding Returns and pay the tax, interest and penalties that you owe (or claim any repayment that might be due), again, all by 15 October 2013. There are various ways to notify HMRC; and agents, such as ourselves, can notify HMRC on their clients' behalf.

The Collector of Taxes will also consider time to pay arrangements for those who cannot afford to settle their arrears in one go. Again, as tax agents we will be able to negotiate such payment by instalment arrangements for clients.

It is not possible for everyone to use this disclosure facility. This is the second campaign aimed at overdue tax returns, and those who were contacted by HMRC in connection with the previous one, but did not use it, are excluded this time.

Those who have failed, to date, to notify the Revenue of previously undeclared taxable income or gains should, most urgently, make a Voluntary Disclosure and it will be important to take professional advice before doing so.

The only other current campaign is the Property Sales Campaign with a deadline of 6 September 2013 which gives the opportunity to make the disclosure and settle the tax, interest and penalties arising on previously undeclared property sales. This campaign is aimed at individuals who have sold a residential property, either in the UK or abroad. This might be a second home or a holiday home, or a property that has been rented out. There might also be an assessable gain on the sale of a main home if it did not qualify in full for the principal private residence exemption.

After 6 September 2013, the Revenue will take a closer look at the tax affairs of those who have sold properties but who appear not to have paid any Capital Gains Tax (CGT). Working out the CGT assessable on a property sale can be a complex matter and hence it will be of paramount importance to take relevant professional advice.

It is clear that in these economically challenging times HMRC are stepping up their drive to ensure compliance, and to identify those who have under declared taxable income, so it is important that these opportunities to "set matters right" are not missed.

It must be borne in mind that HMRC cannot provide independent advice to any taxpayer. For these reasons it is vital that anyone who needs to take advantage of these schemes should seek prompt independent professional advice.

If you think you may be affected by the matters mentioned above, or require advice generally, please contact either myself or any one of my highly qualified staff, who will be pleased to assist you. With our specialist knowledge and experience of previous disclosure facilities we are able to ensure that you are advised correctly to get the best result for you.

Mrs K H Gigg FCA

Please contact Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800/email kate@kathryngigg.co.uk if we can assist in any way.

Caution: The information set out above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.

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TIDE TABLES FOR SEPTEMBER & OCTOBER 2013

HIGH WATER AT HUNSTANTON									
Heights above chart datum									
Time Zone UT (GMT), add 1hr for BST									
September 2013					October 2013				
Date	Morning		Afternoon		Date	Morning		Afternoon	
	Time	m	Time	m		Time	m	Time	m
1 SU	02 51	5.7	15 34	5.7	1 TU	03 10	5.9	15 51	6.1
2 M	03 48	6.1	16 26	6.1	2 W	03 57	6.4	16 35	6.4
3 TU	04 35	6.6	17 09	6.4	3 TH	04 39	6.8	17 13	6.8
4 W	05 14	6.8	17 45	6.7	4 F	05 18	7.0	17 50	7.0
5 TH	05 51	7.0	18 21	6.9	5 SA	05 57	7.3	18 26	7.3
6 F	06 27	7.3	18 56	7.0	6 SU	06 36	7.5	19 02	7.4
7 SA	07 03	7.4	19 31	7.2	7 M	07 15	7.6	19 37	7.4
8 SU	07 38	7.4	20 03	7.2	8 TU	07 52	7.5	20 12	7.3
9 M	08 11	7.4	20 35	7.0	9 W	08 31	7.4	20 49	7.1
10 TU	08 46	7.3	21 10	6.8	10 TH	09 16	6.9	21 33	6.7
11 W	09 29	6.9	21 51	6.6	11 F	10 08	6.4	22 27	6.3
12 TH	10 15	6.4	22 43	6.1	12 SA	11 20	5.9	23 41	5.9
13 F	11 22	6.0	23 58	5.8	13 SU			12 59	5.7
14 SA			13 01	5.7	14 M	01 10	5.9	14 24	5.9
15 SU	01 32	5.8	14 38	6.0	15 TU	02 28	6.3	15 33	6.4
16 M	02 52	6.3	15 51	6.4	16 W	03 31	6.8	16 28	6.9
17 TU	03 54	6.8	16 50	6.9	17 TH	04 23	7.1	17 14	7.1
18 W	04 47	7.3	17 38	7.3	18 F	06 11	7.4	17 54	7.3
19 TH	05 34	7.6	18 20	7.5	19 SA	05 55	7.5	18 29	7.4
20 F	06 18	7.9	18 59	7.5	20 SU	06 36	7.5	19 05	7.4
21 SA	07 00	7.9	19 34	7.4	21 M	07 17	7.4	19 36	7.3
22 SU	07 40	7.8	20 06	7.3	22 TU	07 52	7.3	20 05	7.0
23 M	08 16	7.5	20 37	7.0	23 W	08 26	6.9	20 33	6.8
24 TU	08 51	7.0	21 05	6.7	24 TH	08 58	6.5	21 02	6.5
25 W	09 26	6.6	21 34	6.3	25 F	09 35	6.1	21 37	6.2
26 TH	10 04	6.1	22 14	5.8	26 SA	10 22	5.6	22 27	5.7
27 F	10 58	5.5	23 16	5.5	27 SU	11 31	5.2	23 46	5.5
28 SA			12 24	5.1	28 M			12 55	5.2
29 SU	00 52	5.4	13 49	5.2	29 TU	01 12	5.5	14 08	5.5
30 M	02 10	5.6	14 58	5.6	30 W	02 20	5.8	15 06	5.9
					31 TH	03 13	6.2	15 54	6.3

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NEWSLETTER SUDOKU No. 73

Complete the puzzle so that each row, each column and each block of nine contain the numbers 1 to 9. Solution next month.

3		4	8	7			5	6
		6	1					7
	5		3			2		
	7				4			1
6			2					9
9		1	6	3			4	5
		2		6	9	7	1	
	6							
5				8	3	4	6	

Solution to
Newsletter
SUDOKU
No. 72

2	7	6	4	5	9	3	1	8
8	5	3	1	2	6	4	7	9
1	9	4	3	7	8	5	6	2
4	1	5	6	9	7	2	8	3
3	8	7	2	1	5	6	9	4
6	2	9	8	4	3	7	5	1
9	3	8	7	6	2	1	4	5
7	4	2	5	8	1	9	3	6
5	6	1	9	3	4	8	2	7

The average age of the 11 members of a cricket team was 19. However, the youngest player, who was 16, failed to turn up for one match, and his place was taken by the team coach. This raised the the average age of the team that day to 22. How old was the the coach?

Answer page ... 40.

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News from Rollason Stage School

The children have been working very hard on their dancing. They have performed at lots of carnivals and shows. The winter term will see us working towards exams and also Christmas shows! We will also see student Caitlin

Steadman start her teacher training - she will be helping out and taking classes.

We have had a great summer and we are really looking forward to a Great winter term!

NEW TERM STARTING MONDAY 9th SEPTEMBER.

Classes are held in Heacham and Hunstanton.

Mondays are at Heacham Public Hall top room.

6 yrs and over

4.15 – 5.15 ballet tap and modern dance

5.15 - 6.00 street dance.

NEW CLASS starting 9th September BOYS ONLY

Street dance 6.00 – 6.45!!

NEW CLASS starting 9th September

Zumba for 14yrs and over 7.00 – 8.00.

Wednesdays and Thursdays are at Hunstanton Town Hall Basement.

Under 6 yrs classes are on a Wednesday in Hunstanton Basement.

4.30 – 5.15 ballet tap and modern.

Seniors are also on Wednesday

5.15 - 6.15 ballet modern

6.15 - 7.00 senior street crew.

There is also a musical theatre group. This is held on Thursdays 4.30 – 5.30 in the Basement. In September we will be starting training for I.A.M.D.A. drama exams, which is very exciting indeed.

Private lessons are available on request. This is a friendly school; we take examinations, take part in dance festivals and perform at lots of events. The children gain lots of confidence, keep fit and really enjoy it.

The new term is starting so it's a great time to join!!

We are planning to open a school in Docking very soon so watch this space.

Please call 01485 579074 or 07585 002124 for more information

**Happy dancing!
Michelle Rollason**

Fitness Classes with Michelle Rollason

CLASSES RESUME SEPTEMBER.

Starting Monday 9th September:

ZUMBA at The Heacham Public Hall, Top Room,

7.00-8.00pm. £4 per person.

Starting Wednesday 11th September:

NICE AND GENTLE FITNESS

At Hunstanton Community Centre - 1.00-2.00pm

Enjoy a cup of tea or coffee afterwards. £3 per person

Starting Thursday 12th September:

NEW CLASS STARTING CHILLATES

at Hunstanton Town Hall Basement.

6.00-7.00pm. £4 per person.

Starting Friday night 13th September

ZUMBA at Docking Ripper Hall

6.15- 7.15pm . £4 per person.

Friendly fitness classes for all ages. Loyalty card scheme.

I look forward to seeing you all in September.

Please call Michelle 01485 579074 / 07585 002124 for more details or just turn up!!!!

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THE PRINCESS PLAYERS

Press Release

The Princess Players (formerly the Princess Theatre Club) are pleased to announce their Autumn production:-

“STRICTLY MURDER” by Brian Clemens*

(this replaces previously advertised plays).

Synopsis:

April 1939. An English couple, Peter and Suzy, are living in Provence in idyllic isolation, far it seems from the rumblings of the coming war. Their peace is shattered from within when Suzy discovers she has been betrayed; Peter is not the man he claims to be. Suzy's life is thrown into turmoil as the possibility arises that Peter may in fact be a ruthless killer on the run. Then a Scotland Yard detective arrives and events become even more complicated and frightening ...Lies, subterfuge and murder make this fast-moving thriller a dark and disturbing roller coaster of bluff and double bluff.

"What a play. It's certainly one of the best murder mysteries I've seen and grips you by the throat from start to finish ... the plot is full of twists and turns ..." - *The Stage*

*Writer of the “Professionals” and “Avengers”

There will be three performances at the Princess Theatre, Hunstanton – Friday 15th November 2013 at 7.30pm and Saturday 16th November 2013 at 2.30pm and 7.30pm.

Tickets £12.00 and £10.50 (concessions). NB: This includes 50p handling fee. Available from the box office 01485 532252.

Enquiries to: Rae Steward, Publicity Officer, Princess Players, 01485 533420.



Beginners to Tai Chi

Starts Tues 10th Sept 2013

10 am to 10:30 am

Hunstanton Town Hall

£3 per class

This class will prepare participants to join the main class which follows on at 10:30 am to 12 Noon.

For further information or to join the class

email: westnorfolktaichi@hotmail.co.uk or

telephone 07919 906330 or simply come along on the day.

www.west-norfolk-tai-chi.com

Beginners to Tai Chi can start to play the ancient Chinese art of Tai Chi in Hunstanton on Tuesday 10th Sept 2013. This class will run from 10 am to 10:30 am every Tuesday; taking place at Hunstanton Town Hall at a fee of £3 per class.

Tai Chi is an interesting activity that relaxes mind and body. It has physical benefits, such as: improved balance, posture, flexibility, concentration, coordination, strength.

One moves slowly and attentively from one posture to another in a lowered stance. The movement of lower body and upper body must be coordinated and balance maintained; all the joints are moved through their full range of motion, muscles and soft tissue is gently stretched and muscle and bone strength is maintained through the lowered posture.

Tai Chi is very popular all over the world now, but began its existence as a Chinese martial art. It is still widely practised as a martial art, but more people now do Tai Chi as a purely health, fitness, well being hobby.

Tai Chi is suitable for all age groups and genders, in fact all can enjoy and benefit from Tai Chi. Many people say they like Tai Chi because they feel different after Tai Chi, with a clearer mind and better mood.

At Hunstanton, we have an established class with a steady membership that runs from 10:30 am to 12 Noon. The idea of the new 10 am class is to prepare beginners to move into the main class.

We have an excellent venue in the main hall at Hunstanton Town Hall. We have ample room, natural daylight windows and it is nice and quiet for a relaxing class.

I have over 23 years experience of Tai Chi and was only satisfied that I was ready to teach after I had been practising for some 16 years. I am now qualified as an Advanced Level Instructor with the Tai Chi Union for Great Britain.

I have long-standing classes at Wells, Downham Market, Kings Lynn as well as at Hunstanton, with around 15 people in each class. I also teach bespoke small groups and 1 to 1 sessions.

Further information can be obtained at: www.west-norfolk-tai-chi.com If you are interested or have questions, please contact me at: westnorfolktaichi@hotmail.co.uk or on 07919 906330. Otherwise, simply come along at 10 am on the day.

Glenn Belton

West Norfolk Tai Chi

BACK BY PUBLIC DEMAND

“Johnny Cash Comes To Town”

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starring

Roger Dean & The Lazy Boys

Princess Theatre, Hunstanton

Saturday 2nd November, 7:30pm



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**THE POCAHONTAS PLAYERS
Drama Group.**

Yes! The Pocahontas Players are back after a long hot summer break. We meet on Tuesday 10th September at 7.30pm in the Public Hall, where we have 'readings' for our forthcoming Pantomime 2014: 'Summer Holiday the Panto'. Pocahontas Players Drama group was founded way back in 1995 and one of the first Pantos performed was, 'Summer Holiday the Panto', written by Jim Race. In 1995 the group had no backdrops, no proper stage curtains, no stage lights, no radio microphones, and a very limited expenditure on costumes. We look forward to re-enacting this brilliant script again with much improved equipment. Jim Race will be adding more of his wit and one liners, bringing it into 2013 times.

If you are interested in joining, please come along and join us on Tuesday the 10th. There will be lots of parts on offer. Baddies, Goodies, Dancers, Singers, plus backstage crew. The script will be read through and then auditions will take place. It's Fun! It's Hard work! It's Rewarding!

We meet every Tuesday evening, but from the new year, more rehearsal time may be needed, plus prop and scenery building. Also, we do rehearse the dance routines on Monday evenings. So if you have Monday/Tuesday evenings free and would like to join an enthusiastic group of all ages, we would love to see you.

The age for members is from Year 8! They MUST be in Year 8 or above, attending High School to 'the sky's the limit' age!!! Rehearsals are from 7.30pm to approx 9.30pm but 10.00pm as we near the Panto date, which will be the third week in January 2014. (Watch this space for dates).

See you soon . . .

The Pocahontas Players (Tel No. 01485 570402)

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17 October 2013

Hunstanton Methodist Church, Austin St

from 10am – 4pm

Information Day for Older People

To give you the information and reassurance to help you maintain an independent lifestyle including blood pressure testing by The Stroke Association.

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West Norfolk Health Walks

Fit Together

Ever feel like it would be nice to get out and about more often to get a little more fresh air in your lungs and be a bit more active? Lots of us wish we did more exercise; we know it's good for us and we know our health is important, but it can be easy to find excuses for not actually getting out there and doing it:

- The gym is boring/intimidating/expensive.
- There's not enough time.
- My knee/back/hip isn't up to it these days.
- It's no fun.

If you find it difficult to get active, why not start walking? It's really easy to get started; you don't need any special equipment and best of all it counts towards your recommended amount of physical activity. Walking can improve your health, your happiness and, if you join one of our groups, it will give you the chance to explore the outdoors, get to know your local area and meet new people.

If you have problems with your health, or if you've had them in the past, it can be hard to stay active, but walking could make all the difference. It is a low impact exercise, so it's easy for you to get involved - even if you're not feeling your best. In fact, walking could help you feel great again!

Joining one of our walks with a trained walk leader could help you feel more confident about taking those first steps to a more active lifestyle. Walking as part of a group is a good way to start and keep going. You'll make friends, encourage each other, develop a network of supportive fellow walkers and discover new walks in and around your area.

Walking is a normal, everyday activity and that's partly why we forget it's actually exercise at all. It is good for us and can help us stay healthy and watch our weight. It gives us energy (which makes us feel great). There's really no other exercise like it!

You don't have to walk for a long time or at a brisk pace from day one. You can build up as you go and it won't be long before you start to see the benefits. Local walks to Heacham happening soon are on:-

Tuesday 3rd September, 10.20am. Meet at No11 bus stop at The Feathers, Manor Road, Dersingham. PE31 6LN.

Tuesday 17th September, 10.35am. Meet at No10 & 11 bus stop at Fenside and Fenway junction, Heacham. PE31 7BJ.

Friday 27th September, 10.30am. Fundraising walk for Macmillan Cancer Support. Meet at Sandringham Visitor Centre car park. A woodland walk followed by coffee afterwards. Macmillan staff will be joining the walk.

There are walks happening every day of the week so please see the programme for more information about these and other exercise opportunities. Copies of the Health Walks programme can be picked up at the doctors' surgery and library in Heacham.

It can be also be found at www.activenorfolk.org/fittogether and for more information about the benefits of walking please go to www.walkingforhealth.org.uk or for more information you can call me; Jackie Squires, Activity Coordinator, Borough Council King's Lynn & West Norfolk. Tel: 01553 616657.

Email: jackie.squires@west-norfolk.gov.uk

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The first auction was run between January and April 2013 and nationally 160,000 households registered with 11,845 households in Norfolk taking part.

Approximately three quarters of those households registering for the last auction nationally were offered a better deal on their energy bills.

Residents using prepayment meters can also register.

Ofgem have made new exclusive collective switching procedures under the new Retail Market Review so that energy companies are able to offer special tariffs for collective switching schemes as extra to their 'core tariffs'. These tariffs will only be open to the registrants of a collective scheme and the energy companies will be unable to offer 'cash backs' or 'bill credits' as part of the tariff scheme, therefore enabling more competition between suppliers on tariff rates.

Those households who use heating oil can also find out about current oil purchasing schemes in their area by following the link on the website.

To register or find out more about the scheme go to:

www.bigswitchandsave.co.uk

or visit [Frequently Asked Questions](#)

For help with online registration call 0800 0488 285 and if you don't have access to an email address there are other ways to register, just call 01553 616200 for advice.



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Greetings from Heacham Tesco Express!

We have had a great summer here in store. It's nice to see regular faces as well as welcoming many visitors to the area too. It seems to have gone very quickly and already the nights are drawing in, the children back at school and Halloween, Bonfire night and... (no I'm not going to say the 'C' word just yet) are fast approaching!

At the moment we are promoting 'Love Every Mouthful' – it's a great way of introducing people to new, fresh, sometimes local, produce. We have many recipe cards to help you make the most of the season's best and have had taste testing of selected items too.

We all know that 'Every Little Helps' which is why the Clubcard scheme is so valuable to so many. We have more details available in store. We have rather a lot of Clubcards left behind at the tills so if you think you have lost yours it may well be here.

Since my last entry we have been privileged to have helped 11 local charities with their fundraising events. We are proud of our links with the local community, so if you would like help with your charity event then just send a letter on headed paper to me at Heacham Tesco Express, 5 Lynn Road, Heacham, PE31 7HU and we will see what we can do.

Lastly, many thanks to everybody who so generously donated items to our collection for Fare Share. It really does make a difference to those in need and it's very much appreciated!

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Community Champion
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Brancaster Camera Club

We held a very successful exhibition during August which was enjoyed by those who came. There was a wide variety of subject matter and one of the most popular was Nigel Mason's 'Sunset at Brancaster Staithe'. The overall winner was Geoff Lea with his poignant picture of the 'Music Man'.

During September we have two evenings planned:

Tuesday, 10th September

An evening with Dave Stewart LBPPA.

'Pictures that please me'.

Dave specialises in extreme images at sporting events, etc & this should be an interesting evening

Tuesday, 24th September

Jim Hartje, who will talk on Photoshop & Elements.

This is a chance to perhaps learn new techniques or see what can be achieved with a little extra knowledge

We would welcome anyone interested in joining us. Contact Jim Till on 01485 2100143 or Wendy Calow on 01553 674725. We meet in Brancaster Staithe Village Hall at 7.30pm.

Father Christmas is Coming

The Old Friends Hall Committee are planning to create a grotto for Father Christmas this December. The Committee would be grateful for donations of artificial Christmas Trees, large or small, to decorate the grotto. Trees can be taken to the Parish Council Office or Heacham Library - Many thanks

Answer to page 33.....49 years old.

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HEACHAM SPORTS & SOCIAL CLUB FETE

Where to start?

What a superb day for Heacham village. The field was crammed with people and a wonderful atmosphere surrounded the place. The arrival of the Carnival procession brought with it droves of followers, but this year we are sure there were even more than in previous years. We had prepared the field and the many waiting spectators for the procession arrival to circulate the waiting crowd, but only the first few 'walkers' in the parade followed that route leaving the awaiting crowd a little disappointed in not seeing the floats and others following. Once parked up though, I'm sure the hundreds, nay thousands, of people were able to view and appreciate all the hard work that had gone into the entries.

The day started with the gates opening at 6am to let in the many car boot stallholders. As we didn't have competition from others in the area this year, this aspect of the fete day was again very well supported.

The attractions on the field this year were many and varied – some of which turning up unexpectedly with some different games/rides etc - and seemed to be well supported and busy throughout the day.

The Ambassadors of Borrowwash Marching Band gave the crowds a lovely display and were well appreciated by all. Sadly, Andy Groom couldn't be with us this year, but Mick's Sensations did an excellent job keeping all informed of goings on as well as random games with prizes for young and not so young.

The Heacham Wildfowlers once again supported the day with their rifle range and provided the opportunity, particularly to the younger element, to try their hand under supervision at what used to be a common attraction at fairgrounds. Understandably, these type of attractions, due to Health & Safety rules and regulations, are becoming a thing of the past but we are so lucky in Heacham to have a group of people willing to instruct and conduct this attraction with due care.

The St John Ambulance were on site again this year but thankfully didn't have anything major to cope with.

We would like to thank East of England Co-op for donating the goods to enable us to run our refreshment stall at the fete, and also for bringing the defibrillation display for all to see and learn how to operate the defib unit on the outside wall of their shop.

We hope that everyone enjoyed themselves and will remember the fete of 2013 with fond memories as there appeared to be many little congregations of 'old friends' meeting on the field and sharing their memories of past carnival/fetes.

To the many voluntary helpers on the day one can only say a tremendous thank you. Without so many people giving their time freely, the day would have been a disaster. Do you know, the car park, gates and traffic flow was manned by a minimum of 10 people throughout the day from 6am till 5pm? That was an incredible 170 hours of manning, sometimes under extremely stressful situations. Many people were involved in this operation alone and the majority stayed longer than their allotted / committed time to ensure smooth running of the field. A huge thank you must go to these people as flexibility and adaptability was essential to accommodate the massive influx of cars and pedestrian traffic as well as the many other helpers in so many other areas.

Refreshments, stalls, games, BBQ, draw ticket sellers, bar staff and everyone else from the Heacham Club community did their village proud on Sunday 4th August 2013. What more can be said - only that this was Heacham performing at its very best. THANK YOU, one and all.

WINNERS ON THE FIELD ON FETE DAY:-

Winners of the Grand Summer Draw:

1st prize - £150 Ticket number 413Snettisham

2nd prize - £75 Ticket number 2745 Heacham
3rd prize - £50 Ticket number 3962 Heacham
4th prize - £25 Ticket number 429 Hunstanton

Tennis game winner:

High score of 10 went to Sam Easom.

Target Bowls winners:

Seniors - Steve Curtis; Juniors - Jessica Parrish.

Football Winners Penalty shoot out - was won by Joey Watson.
No-one hit the **cross-bar 3 times** so no winner

Number of sweets in the jar - was 98 and won by Sam Willetts with the closest of 99.

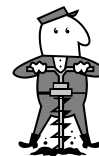
The Bunny's birthday was January 22nd.

No-one was even close so no winner.

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HEACHAM PARISH COUNCIL NOTICEBOARD

Parish Council Meetings in Brief

Vice-Chairman: The Council appointed Mr. Michael Williamson as the new Parish Council Vice-Chairman.

New Bus Stop: The Council approved Norfolk County Council's plan for a new bus stop on Lynn Road near to Nourse Drive.

Church Lane: The Council agreed to write to the Planning Inspector regarding the application to build 16 houses off Church Lane. The Borough Planning Committee had turned down the application on the grounds that the proposals were too intensive and too little provision had been made for parking. However the applicant had been granted leave to appeal.

Brays Pit: The Natural Environment Committee had carried out a site visit and agreed to arrange a work day to remove dead wood from the trees. The Committee also spent some time discussing appropriate signage for the pond.

A149 Planning Application: The Chairman briefed the Council on the arrangements for the Planning Committee on 2nd September. The Chairman would speak at the Committee in opposition to the application as would both Borough Councillors.

Local Development Framework: The Chairman referred members to the special meeting held to review the Borough Council's proposals. The report confirmed that the Borough wanted to allow 66 homes to be built on sites outside the village envelope and had provided a list of preferred, non-preferred and rejected sites. The Chairman stated that residents would have the opportunity to make their views known at the Public Meeting on 7th September in the Public Hall.

Heacham Wildfowling: The 'Hotshots' day was well attended and the Parish Council thanked the Wildfowling for once again running the very popular sessions. The Wildfowling had also donated the session fees to the Parish Council.

Notice of Parish Council Vacancies

Two vacancies have arisen on Heacham Parish Council for a Parish Councillor. The vacancy will be filled by cooption rather than election. Interested parties should contact the Parish Council Office for further information or present themselves at the next Parish Council meeting which will be held at the Parish Office on Tuesday 17 September at 7.30pm

The Clerk

Letter from Parish Council Chairman

As I mentioned last month, the Borough Council have published the report giving its view on where and how many houses should be built in Heacham and West Norfolk. The Parish Council have arranged for a Public Meeting to take place on Saturday 7th September at the Heacham Public Hall. The proposals will be on display from 12noon and the meeting will start at 2.00pm. Your views are important and will help shape the Parish Council's response to the Borough Council. Secondly, I turn to the proposed double yellow lines at the "Tesco Junction". The Parish Council are generally not in favour of parking restrictions. However, Highways have carried out a safety assessment after so many residents raised their concern about the safety of the Junction. The outcome of the assessment is that the only way to make the junction safer for cars and pedestrians is to restrict where cars can park.

Peter Colvin

WW1 Centenary – Heacham Remembers

Next August, the Nation will remember the start of World War One in 1914 and will trigger special acts of remembrance over four years. Heacham Parish Council is looking at ways in which the village can commemorate this centenary, remembering those who gave so much. The first project being developed is to sow a wild flower mix, mainly poppies, along the Highway verges on the A149. Local groups, families and individuals are being invited to sponsor the wild flowers which start at £1.00 a metre.

Compostable Caddy Liners

The caddy liners are available from the Parish Council Office. These are the same bags provided by the Borough Council. We advise residents not to stockpile the bags as they are a perishable item with a shelf life of between 4-6 months. The price from August onwards is £1.60 for 50 bags.

Any queries should be addressed to:
Heacham Parish Council Office
Jubilee Clinic Pound Lane Heacham
Norfolk PE31 7ET
Tel/Fax 01485 572142
www.heachamparishcouncil.co.uk

Open Tuesday - Friday 10.00am-Noon



Heacham Carnival Parade and Fete

The Lavender Queen and her four princesses had the ahhhh factor atop their float filled with fragrant lavender plants as did the Heacham Rainbows who, as Flower Fairies on a picnic, took the cup for **Best Youth Entry**. The **Best Group** cup went to St Mary's Church who were promoting their popular Messy Church Days with a float in a riot of colour and artwork. Heacham Judo Club transformed their truck into the Tardis with instantly recognisable aliens from the recent series and favourites from previous regenerations. The Judo Club continued their run of wins as **Best Overall** float. A new category of **Best Costume** was introduced this year in recognition of all the hard work gone into making outfits. This was won by the Stone Angels on the Dr Who Float in a close run contest with Daleks and Aliens from Heacham Youth Club entry. The Parade Collection raised £343.50 which helps to cover the cost of providing a band for the parade. Heacham Parish Council gives thanks to everyone who entered a float, Norfolk Lavender, and Mr M Jennings for their continued sponsorship of the event.

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