



THE HEACHAM NEWSLETTER



September 2014

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The Pocahontas Players Commemoration Show. *See page 29 for the full report.*



Deadline for the next edition is 12 noon, Thursday 18th September

ART

**The Old Friends Hall,
Sunnyside, Heacham**

Will be holding its inaugural **Photographic Exhibition**

13th September 2014.

Doors open at 10.00 and closing at 16.30 hours

entry is free.

The exhibition is for **one day** only

Full details can be found on page 17



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**In aid of
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and Saturday 13th September
10am to 12 noon

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Staithe Road

Dear Newsletter

Lousy Bush Wood

I can answer Hugh Williams' query about Lousy Bush Wood, as this was researched some years ago by the late Dr. John Wells.

Lousy is a corruption of Lowry (or Lowrie), which is an old name for Laurel, so a lousy bush is a laurel bush. Lousy Bush Wood still contains a large population of the Spurge Laurel (*Daphne laureola*) which gives it its name.

Dr. Wells found that other places elsewhere in the country with Lousy or Lowry in the name were also associated with Spurge Laurel.

Paul Cobb



Church Farm Road

Dear Newsletter

Steam Party

Once again the Plumb family would like to say a big thank you to all those who helped us raise the magnificent sum of £1,800 for **Headway Norfolk and Waveney and the King's Lynn day centre**, over the weekend of 2nd and 3rd August at our Longacres Caravan Park, South Beach Road. Special thanks to Paul and Lizzy for all their effort and time, also to Mark, family and staff at the Fox & Hounds, for providing the bar and hosting the steam engines on their pub run to the village and collecting £140 towards **Headway**.

Mike Plumb



Hunstanton Road

Dear Newsletter

Thank you

I would like – through the columns of your Newsletter – to express my appreciation to the four kind people who stopped and asked if we needed any help or assistance in changing a wheel on our car, when we had a puncture in Heacham recently.

My wife is nearly 70 and I'm 80 next year, and we had the misfortune to get a puncture at the end of Beach Road, just passed Jennings Store. In the short time it took it took to change the wheel, four separate people (one a pedestrian) stopped to offer assistance. We did thank them for stopping and for their concern for our predicament, but, being a retired Engineer, it wasn't a problem.

Heacham is a pretty village and a lovely place to live. We both felt that this proves what we've always thought, that it is full of nice people.

I've lived in many parts of England during my life, but in how many places would this happen – especially in this day and age? Not many I can assure you. How lucky we are to live in Heacham.

My kindest regards.

Bill Simpson

letters...



Llantwit Major, South Wales

Dear Newsletter

Lousy Bush

In your August edition, Hugh Williams asked "What is a Lousy Bush?"

Ninety nine point nine percent of the answers on Google suggested George W! However, I remember going along Ringstead Road on nature walks with Miss Hume, our class teacher, when I was in Heacham School in the early 1950s. She told us that a Lousy Bush was a tree beneath which agricultural workers would sit to delouse themselves or pick off ticks before returning to the village. She pointed out a tree, its trunk protected by steel bands, which used to stand on the left as you headed out of Heacham towards Ringstead. I'm sure she told us that this was Heacham's "Lousy Bush".

Whether any of this is correct or not I don't know, but it certainly made sense to my impressionable mind. I think it's a great tribute to Miss Hume that I still recall much of what she taught us after more than 60 years and, right or wrong, hers is certainly a more colourful and interesting explanation than anything I've found on the internet. It also makes sense in the context of a small country village.

Mike Trundle

PS: My 92 year old mother still lives in our family home in Heacham and keeps me in touch by saving copies of your excellent newsletter for our visits to Heacham.



Strachan Close

Dear Newsletter

Pocahontas Players

We have just returned home from the afternoon performance of the Pocahontas Players Commemoration Show.

Just had to take the time to say a heartfelt thank you and a big WELL DONE to all who took part, especially in such intense heat.

Thank you for stirring some lovely memories.

Thanks again.

Jean & John Pekszy



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Dear Newsletter

Folgate Road

Heacham Carnival

Well, we all woke up to bright blue skies, a light breeze and in a Carnival mood.

First job, clean out the little trailer and hitch up to the car. Painted cardboard (its handy being able to get BIG boxes from Mr Wallis!) hammer, hand saw, nails, drawing pins, sticky tape, crepe paper, bunting, and lots of 'puff' to blow up the brightly coloured balloons.

After a couple of hours, all going to plan with plenty of hot 'brews' to keep us going, our little trailer began to take shape.

Next, was costume and face paints for four very excited children. Trying to make two 10 year olds, look like OAPs was a bit of a task, to say the least! We had made lots of Bank notes for one of the children (The Bank of Heacham?!) and the other looked like she had fallen into a bag of flour with HUGE hair! It was all good fun! At last we had our Family Float done!

'David Walliams Book Titles' - back left - Archie as Mr Stink; back right - Miss Ellie as Gangsta Granny; front left - Fletcher as The Billionaire Boy; front right - Livvy as Demon Dentist.

As you can imagine, these children were so excited to win the Best Family Float, but Jemma Greef was even more excited when she received a reply from Mr David Walliams himself, after tweeting him this photograph!

Thank you to the organisers of the Carnival/Fete. It was amazing to see so many spectators along the Parade route and folk packed onto the Cricket field.

Great atmosphere! Great weather! Great Village!

Thank you.

Janice & Dave Curtis



Jemma Greef @JemmaGreef 1h
@davidwalliams Just entered our children in the local carnival as Characters from your books . What do you think ?!



5 34



David Walliams @davidwalliams 27m
@JemmaGreef I love it!

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Dear Newsletter

Heacham

Pocahontas Players

We would like to congratulate everyone concerned with the very enjoyable performance commemorating both World Wars, and to remember the men and boys who gave their lives for their country.

We all sang with gusto. It's amazing how you realize you know all the words, once you start singing.

Some of us went for the afternoon performance, and some to the evening one. It was a most enjoyable time, with a great atmosphere.

Well done to everyone.

From all the 20 members of the Pine Residents Association who attended.

Pine Residents Association



Dear Newsletter

Cunningham Court

**Pocahontas Players –
The Commemoration Show**

I am writing to say that the way the Pocahontas Players portrayed the two World Wars was brilliant. It was sad, happy, funny and so well acted. Also, singing the songs that will last for ever. What a wonderful tribute to those who did so much for us.

“Well done” Pocahontas – we are so lucky to have you, and the Newsletter, in our village.

Mrs B Preston (Babs)



Dear Newsletter

Ipswich

Re. Recent Show by Pocahontas Players

Whilst on a Hunstanton holiday 13 years ago I saw a telephone number to get tickets for a Heacham show, I asked the lady who answered was it good? I jolly well hope so I've written it, and it's my first attempt. The lady was Janice Curtis who with husband David have, with friends, made The Pocahontas Players a leading amateur company in East Anglia, every year putting on bigger and better shows with unusual costumes plus clever imaginative scripts. Each time the company has grown with members of all ages.

We were so impressed we came every year for 10 years to the Pantomimes and Summer Shows. Unfortunately health and weather reasons have prevented us attending the past 2 years, until we saw advertised the recent World War One memorial presentation. A really first class production, the way it brought the suffering and hardship of ordinary folk to the fore, coupled with courage and bravery of our Servicemen most of them being volunteers was brilliantly done. The finale of war time songs and humour made a real impression on me, and will stay in my mind for a long while.

Congratulations and thanks to everyone concerned in anyway with the superb production. Our 182 mile round trip was well worth while, and a pleasure to see our Norfolk friends again.

Regards to all.

Arthur & Joan

News & Events in the Community...

Have a say on your coastline

There is still time to have your say about the future management of the coastline between Hunstanton Cliffs and Wolferton Creek.

The Wash East Coastal Management Strategy identifies a range of options from 'do nothing' to improving the standard of protection to a one in 75 year chance of flooding in any one year throughout the frontage. The public consultation on the recommendations is open until **8th September 2014** so you still have a few days to submit your views.

The consultation document can be viewed online at <https://consult.environment-agency.gov.uk> or at Environment Agency Office in King's Lynn, the Borough Council of King's Lynn and West Norfolk Offices in King's Lynn and Hunstanton. Alternatively, you can request a copy by emailing wash.east@environment-agency.gov.uk.

**Tamsyn Ellway Flood Resilience Advisor
Cambridgeshire and Bedfordshire**



Michelle Rollason's Fitness in Heacham

Michelle Rollason's fitness is based at Heacham Scout Hut. We have two very busy classes:-

- Tuesdays – Zumba - 7.00 'til 8.00pm
- Wednesdays – Chillates - 7.30 'til 8.30pm
- £4 a class or £7 for both.

For more information call Michelle or just come along. 01485 579074 or 07585 002124.

Jubilee Welfare Trust

This charitable Trust, based in Heacham, is available to help provide financial support for the following purposes:-

- To provide payment for items, services or facilities to children or adults who are disabled, handicapped or with long term health problems.
- Enquiries would be considered when items, services or facilities are not readily available through existing services e.g. NHS, Social Services, Education Authority, etc.
- Usually intended for residents of Heacham Parish.

If you know of someone who may benefit from the Trust, or wish to find out more, please enquire in writing to: The Jubilee Welfare Trust Secretary, c/o Heacham Parish Council, Jubilee Clinic, Pound Lane, Heacham, PE31 7ET.

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Operation Christmas Child Shoebox Appeal 2014

Last year almost 10,000,000 shoeboxes were made and sent worldwide, of which the UK contributed nearly 1,000,000. Trying to even think of the physical size of all these boxes is almost impossible. However, imagining the sheer delight on the face of a child receiving a gift, is one much easier to imagine and comprehend. Paul Shane Spear said, "As one person I cannot change the world but I can change the world of one person."



Samaritan's Purse works with local churches and ministry partners to

deliver the gifts and share the life-changing Good News of Jesus Christ.

Shoeboxes are given to children based on need, regardless of their background or religious beliefs. It's an unconditional gift of love.

Last year Heacham sent 200 boxes to Operation Christmas Child. Thank you to all who gave so generously. St Mary's Church will be taking part in this year's campaign which starts on September 7th and would like to encourage you all as either groups or individuals, to make up a box(s) for this year.

Detailed leaflets are available from St Mary's Church, Christian Book Shop, church office, on-line at www.operationchristmaschild.org.uk or contact John Whitbread on 01485 579326. This year we have special "Operation Christmas Child shoeboxes". If you are unable to find your own and would like some of these new boxes, please contact John as above. Please deliver your boxes by 16th November to either the Church, Church Office or The Christian Bookshop; if you need them collected contact John Whitbread. We have so much - it would be wonderful to share. the Shoebox appeal will be included as part of the morning worship at St Mary's on Sunday 16th November.



Your Newsletter Needs You

Would you like to get involved in your local newsletter? We need a volunteer who is willing to take charge of distributing the newsletter to our local outlets.

A car is essential and you must be prepared to lift heavy boxes.

Interested? Then please e-mail theheachamnewsletter@yahoo.co.uk

Dear Newsletter

We are holding a Macmillan Coffee morning on Palm Beach Holiday Park on the North Beach Heacham.

It is to take place from 11.30 am on the 27th September .

We are sure lots of readers would like to pop to the park and support such a fantastic cause.

Everyone knows of someone who has suffered, is suffering or has thankfully beaten this dreadful disease.

We are looking for crafters that may be interested in coming and supporting us with their stalls for the day.

We have space for gazebos if the weather is not to good.

There will be no charge to have a stall on the park but we would like a donation from each crafter to go to Macmillan Cancer Support.

If you love to bake the odd cake or two we would love to receive them on the morning to help with the funds.

I can be contacted on 01485 570565

Many thanks

**Geraldine Roseblade
Park Manager.**



PALM BEACH HOLIDAY PARK WELCOMES YOU BACK FOR 2014 AND HERE'S TO ANOTHER GLORIOUS SUMMER!!!

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or call 01485 570565



Come and join us for our Macmillan Coffee Morning on Sat 27th September at 11.30. Lots of lovely cakes, tea and coffee, art and craft stalls and raffle etc. Donations to the Macmillan Cancer Support **LIMITED PARKING**





CHURCHES TOGETHER IN HEACHAM CONSIGNED TO HISTORY

I was recently told that there was an old photo of me on the College of West Anglia website. Naturally, I investigated. I found myself in the corner of a photo featuring Stephen Fry, who is listed as one of their notable alumni, along with John Wallis. It is my only claim to fame, having acted in a play with Stephen Fry.

It is rather odd looking at a picture of your seventeen year old self. It is even stranger to see yourself listed under the section of college history. I was not sure how comfortable I felt about being consigned to history.

When I pondered a little on the issue, it occurred to me that, whether I like it or not, every day that passes is consigned to history. It made me think of the village in the '70s when that photo would have been taken. So much has changed. The estate where I live had not been built, neither had the other larger estates. There were a lot more shops and the village boasted at least 5 pubs. There was a playschool in the council offices. The carnival was a sight to behold and you could be in danger of getting wet, not from the rain! Miss Torrey drove around in an old estate car and lent out her field for dog shows and girls were allowed to look after her horses. Jenny's cafe had pinball machines and the church still had pews and Rev'd Pott. Best of all there were some village characters, long since gone, who kept the village amused with their antics. All history now, and maybe for some, the best days.

For me, the constant thread in this patchwork of village history, is The Lord. In all our histories, our comings and goings, He is present, even if we choose to ignore Him. Let's take time today to think of our own stories and maybe say a thank you prayer for the good days, and for the difficult days when we were sustained by a knowing, loving Lord. Let's thank The Lord that for us the boundary lines have fallen in pleasant places. And for the record, we are all notable alumni in the college of The Lord.

Pip Lawrence

Member of St. Mary's Ministry Team

The next Messy Church
will be on
Saturday 27th September

At St Mary's church, Heacham



For catering, we ask you to book in advance at griffin568@btinternet.com or 571348 (Brian/Josephine)

METHODIST CHURCH Sunday Services

10.30am **Morning Worship**

Preachers:

7th September - Greg Sarjent
14th September - John Houghton
21st September - Rev'd Stephen Oliver - Harvest
28th September - Sheila Johnson
5th October - Rev'd David Blacklock - Holy Communion

Harvest Festival

We shall celebrate Harvest on Sunday 21st September at 10.30am. This will be a double celebration as this year we shall not only thank the Lord for our new season's fruit and vegetables but also for sending our new Minister to us; for this will be the first Sunday Service at Heacham for Rev'd Stephen Oliver. Please come and join us for, as the hymn says, "*It's a very special day!*"

Midweek Holy Communion Service

midweek Holy Communion Service is held at 10.30am on the second Wednesday of each week. The September Service will be on Wednesday 10th September, conducted by Rev'd Stephen Oliver. All who love the Lord are welcome to attend.

Regular Activities at the Methodist Church

MONDAY: Indoor Bowls - 7pm weekly

TUESDAY: Ladies' Fellowship:

16th and 30th September, 2.15pm

Hands and Needles Club

7.30pm on 2nd, 16th and 30th September

FRIDAY: Indoor Bowls - 7pm weekly

A warm welcome is given to all who wish to come to our mid-week activities - you don't have to be a church attender.

Ladies' Fellowship

A new season of Ladies' Fellowship commences on Tuesday 16th September at 2.15pm, and fortnightly thereafter. All ladies of Heacham are welcome.

Coffee Morning

A Coffee Morning with Sale (cakes, books, bric-a-brac) in aid of the Royal School for the Deaf, will be held on Saturday 13th September, 10.00am-12.00noon. Please come, and bring your friends.

THE PARISH CHURCH OF ST. MARY:

Sunday Services in September 2014

8.00am Holy Communion (BCP)

10.00am 7th Morning Worship

14th Holy Communion

21st Morning Worship

28th Service at Junior School

10.30am Services at the Junior School

7th Morning Worship

14th Morning Worship

21st Holy Communion

28th 22nd Anniversary Service, when

St. Mary's Congregation will join with us

6.00pm Evening Worship

REGULAR ACTIVITIES AT ST. MARY'S CHURCH

Looking at the above information you might think that St. Mary's is only open on Sundays, but it is a busy church with things going on throughout each week. There are Bible Study groups with people meeting in their own homes; there are Prayer Meetings; we have a Choir, and there are Music Groups; for very young children there is the Rainbow Circle Toddlers' Group; all the women are welcome at Girls Together and there is a Men's Group as well; everyone can belong to the Mothers' Union; there are also Coffee Mornings and various other activities. So why not find out more about St. Mary's and its regular activities – you might be surprised. The Sunday services act as a focal point when all meet together for worship, for fellowship, for support, learning, encouragement, challenge and growing. And on Sundays there are, of course, activities for children. Also for children, usually on the last Saturday of each month, there is MESSY CHURCH with crafts, games, singing, Bible stories and lunch.

For further details about any of the above activities, telephone the contact number* below (under "Church Contacts").

September Services at Nursing/Residential Homes


Tues 2nd Sept	2.30pm	Rebecca Court
Mon 8th	11.00am	Holy Communion at Millbridge
Wed 17th	2.30pm	Summerville
Fri 26th	10.30am	Fridhem

Church Contacts: (telephone code: 01485)

Methodist Church	Rev'd Stephen Oliver	570232
St Mary's Church	Rev'd Veronica Wilson	570697
St Mary's Church Office		* 572539

email: heacham.church@googlemail.com

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Hunstanton Catholic Parish

Hunstanton Catholic Parish (Church of Our Lady and St Edmund, Sandringham Road, Hunstanton with St Cecilia's, Mountbatten Road, Dersingham).



Our annual parish barbecue in the grounds of the parish church was held at lunch time on Saturday 9th August. We were very lucky to have sunny weather in the midst of a wet weekend. It was well attended and, as well as the delicious food and drinks, there were

raffle, tombola and bric-a-brac stalls. All money raised will go towards the Restoration and Development fund for work which is needed on the parish church in Hunstanton.

Our next fundraiser will be the parish sponsored walk after Mass on Sunday 14th September.

Watch for our parish social events during the year which will be advertised on the website and in the weekly bulletins and church notice boards.

Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11.00am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9.00am Mass on the first Sunday of the month at Dersingham. Please come along, you will be most welcome.



Our daily Masses are held at St Theresa's Convent, 27 Sandringham Road, Hunstanton, except on Wednesday when it is usually at 10.15am at St Cecilia's, Dersingham. Please check for dates and times on Church notice boards, website or phone. Sunday Masses are 9.00am at Dersingham and 11.00am at Hunstanton.

The Parish telephone number is 01485 534675. If you require a Priest urgently please telephone Fr Peter Rollings on 01553 772220.

Website: www.hunstantoncatholicparish.org

Email: parish@hunstantoncatholicparish.org



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King's Lynn Festival Chorus Heacham Workshop

Come and sing Faure's Requiem at St Mary's Church, Heacham, on Saturday October 18th 2014 under the directorship of one of the UK's most gifted and inspirational young conductors and join with King's Lynn Festival Chorus in the celebrations for the 100 year anniversary of the church's magnificent organ.

Tom Appleton is the Music Director of King's Lynn Festival Chorus and will make you sing and understand this glorious work by Faure as you have never experienced it before. "A concert in a day" is the challenge and you will be astonished at the high level of performance Tom is able to achieve in just a few hours of rehearsal.

Tom sings professionally with the world famous Monteverdi Choir and is rapidly making a name for himself, not only as a conductor, but also as a soloist with a memorable performance at a recent Proms concert. Last year he was also appointed Music Outreach Director at Gresham's School, Holt.

The day starts in the church at 10am with coffee and registration followed by a morning rehearsal, lunch, afternoon rehearsal and buffet supper in the church hall. Breaks will be at Tom's discretion so times might be variable throughout the day but rehearsals will almost certainly finish by 5pm. Those wishing to go home, not have supper and be back for the concert performance at 7.30pm, will have ample time to do so.

The cost of the day is £18 per head for all meals and refreshments as well as the workshop. The cost is the same regardless of whether you take up the offer for supper or not.

Spaces will be limited so it is a case of first come first served with the proviso that Tom has final decision on the make up of the choir. We don't want 60 altos and only 2 tenors obviously!

Book early to avoid disappointment.



I would like to attend the workshop organised by King's Lynn Festival Chorus at St Mary's Church, Heacham, on Saturday 18th October 2014 at 10.00am.

Name:.....

Postal Address:
.....
.....

Contact telephone number:
.....

Email address:.....

I am a (tick relevant):-

Soprano:

Alto:

Tenor:

Bass:

Please name choir/choral group you sing with:
.....

Do you require a copy of Faure's Requiem?? Yes/ No

Please send this form and cheque if relevant to:
Marian Abramovich, Rose Cottage, North Creake, Fakenham
Norfolk NR21 9JU
or email form to klfcworkshop@gmail.com

Payment may be made by cheque payable to King's Lynn Festival Chorus or direct into the Chorus' bank account at Nat West Sort Code 52-41-29, account number 00255165. Please make sure you reference your transfer with your name!! You will receive an acknowledgement for your form but final details and a decision on make up of the choir will be sent out no later than mid September and monies will be reimbursed to those who are too late in applying or not chosen, so do book now! Music will be supplied.

St Mary's Pocahontas link

A special service will be taking place on Sunday 7th September at 2.00pm to commemorate the 400th anniversary of the wedding of John Rolfe and Princess Pocahontas in 1614.

The service also marks the visit of the National Society of Colonial Dames XVII Century from the USA who have a special interest in this link. At the service, which will be attended by Bishop Graham, Bishop of Norwich, a new churchyard seat, inscribed by Keith German with details of the 400th anniversary, will be officially donated by the Colonial Dames, and a new lectern bible, also donated as part of the anniversary, will



be inscribed by the Dames, the Bishop, and also the Queen's representative, Lady Romney, who is attending the service.

The bench will find a permanent home in the Rolfe Acre part of the churchyard. We hope that the village will be well represented at the service



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The West Norfolk Singers

Such a lot has happened behind the scenes whilst we have been on our summer break!

As you can see, we now have a logo and, thanks to our webmaster, Stephen Kent, we also have a brand new website:

www.westnorfolksingers.org.uk

The West Norfolk Singers meet on Wednesday evenings from 19.30 to 21.00 at Heacham Methodist Church and rehearsals will re-commence on 10th September 2014.

We are a friendly, mixed voice choir and always welcome new members. So if you are looking for something different to do,



or if you have recently moved to the area and would like to make new friends, this could be for you. We sing both religious and secular music and no auditions are necessary, but the ability to

read music is very helpful.

Our Musical Director is Nigel Wickens, who is an accomplished professional singer and also teaches singing at Peterhouse, Cambridge. William Moss is our accompanist and was Head of Music at City of Ely and Downham Market Colleges. He is currently organist at Long Sutton Parish Church.

During the last year, we performed Christmas Concerts at Heacham Methodist Church and St Faith's Church, Gaywood. Our Spring Concerts took place at Stanhoe Parish Church and Long Sutton Parish Church.

We have the following future concerts arranged:

Saturday 8th November 2014 at 7.00pm at St Mary's Church, Heacham.

Saturday 13th December 2014 at 2.30pm at Heacham Methodist Church.

Wednesday 22nd April 2015 at 7.00pm at St Faith's Church, Gaywood

Saturday 2nd May 2015 at 7.30pm at St Nicholas Church, Dersingham.

If you have not attended one of our concerts, then you can see that you have two opportunities to do so in Heacham this year.

However, if you are not a singer, perhaps you would like to support your local choir, by becoming a patron. We try to keep costs to a minimum but one expense over which we have no control is the cost of music scores. By becoming a patron, you can really help us. For an annual contribution of £20, you will receive a complimentary ticket for our Christmas and Spring concerts and your name will be included on our concert programmes. (Of course, if you would like to donate more than £20, it will not be declined!).

If you would like any further information about the West Norfolk Singers, please have a look at our website or contact me on 01485 542960.

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THE SONG REMAINS THE SAME

Monthly musings on music by Frank Edmonds

The Dolly Phenomenon

The music world is used to sensations – but this one was little short of staggering. And, on the face of it, so unlikely. Listen – there’s going down well, and there’s getting a good reception ... but this was verging on the ridiculous.

I’m talking about Dolly Parton at Glastonbury Festival – or, as I think we have to call it, The Dolly Phenomenon.

Glastonbury is many things to many people these days. But you still wouldn’t expect a veteran country and western singer, who hasn’t had a chart hit here for some time, and is old enough to be many fellow performers’ grandmother, to be such an incredible success. Dolly’s impact was amazing.

Let’s put this into context. It seemed that just about everybody at Glastonbury wanted to see Dolly – artists and audience alike. At a festival renowned for the size of its crowds, Dolly’s was simply unbelievable. And never let it be said of Dolly that size didn’t matter!

She drew an even bigger crowd than “the greatest rock and roll band in the world,” The Rolling Stones, last year. Yes! More people wanted to see Dolly than the Stones!



The vast crowd who watched Dolly at Glastonbury – described by co-organiser Emily Eavis as the biggest she’d even seen at the festival

This year’s big deal was Metallica, one of the fastest and loudest metal bands on the planet, and certainly Glastonbury’s heaviest-ever headliners. But when asked who he most wanted to catch at the festival, Metallica’s drummer Lars Ulrich, with positively boyish enthusiasm, said: “I want to see Dolly!”

He pounds the skins for Metallica, the titans of thrash for heaven’s sake – and more than anyone he wants to see Dolly Parton! How does that work?!

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But he wasn’t alone, was he? Most of the acts interviewed said the same thing, and you have to feel sorry for the poor saps who had to perform at the same time as Dolly, because by all accounts their audiences were pretty threadbare.

It was estimated that over 100,000 people saw Dolly at Glastonbury. But festival co-organiser Emily Eavis went one better on the official website, saying: “Dolly’s was the biggest crowd I’ve ever seen here.”

I’m sorry? This is the daughter of festival founder Michael Eavis, she grew up with Glastonbury ... and she’s NEVER seen a bigger crowd there than the one for Dolly Parton!

How did that happen? Not exactly rock and roll, is it? Or even especially trendy? So what did all these people know that non-Dolly fans didn’t?

Dolly was in the late-afternoon “legends” slot – not even close to a main evening headlining billing, not that that mattered. But I guess there are legends ... and then there are legends! And let’s face it, Dolly has always been larger than life.


Watching her set, it didn’t take you long to realise that here was a true star, a consummate performer, who could work a crowd quite brilliantly – no matter HOW big it was.

She has that rare gift, that transcends just being a singer – the ability to communicate the very warmth of her personality. You can feel it, it’s emotional. It’s a lovely thing.



And with Dolly, what you see is what you get. OK, it might not be what she was born with – but she makes no bones about that, either. There’s no artifice with Dolly – and it’s so refreshing.

She’s had a career lasting well over half a century, achieved over 100 million sales (that puts her on a par with Paul McCartney and Bob Dylan), and written over 3,000 songs (Three thousand! How about that?). But underneath it all, as she told the

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Glastonbury crowd, she's just a farmer's daughter from rural Tennessee, "so I know what mud is!"

She cheerfully told the festival-goers that when she was young she modelled her look on the local woman of ill-repute – but she happened to be the prettiest, so what did it matter?!

Anecdotes like this were lapped up by a rapturous crowd – liberally sprinkled with lads paying their own "tribute" in blonde wigs and with balloons stuffed up their shirts.

Dolly talks quite a lot between songs – probably more than anyone I've seen, save for the positively story-telling Bruce Springsteen – but how great is that, really.

It comes straight from the heart, and soon she has the crowd eating out of her hand (not the place one banner-waver in the crowd urged Dolly to clasp him to!). And what a nice change from some po-faced performers who take themselves altogether too seriously these days.

We learned that Dolly was one of 12 children, and that her song Coat Of Many Colours was written about the prejudice she received because of her poor upbringing. And – perhaps a surprise to many, as it certainly was to me – that she wrote I Will Always Love You not as a token of undying love for her man, as Whitney Houston's version leads you to imagine, but as a platonic pledge to her former singing partner, Porter Wagoner, when she quit to go solo.

And what about her songs. You forget how many all-out classics she's written. But listening to a set full of them, you realise she has that rare gift of doing the simple things well – writing catchy melodies, and lyrics that strike a chord with everyone.

Probably the best example is her evergreen, Jolene – an absolutely heart-wrenching song, a plea from one girl to her much prettier rival, not to take her man "just because you can." This is such a powerful song that even such a cool and trendy

modern-day icon as Jack White has covered it with The White Stripes, in a particularly torrid blues rock version.

But yes, Jolene was a real person, and it all happened to Dolly and her husband – but she's still married to him, "and I got a great song out of it, so thank you, Jolene!"



Glastonbury's new queen: Dolly Parton

She cuts a striking figure – petite, with an improbably thin waist below that famous impossibly stacked upper half. It's just as well she freely confesses her love of plastic surgery. She once quipped: "It takes a lot of money to look this cheap!," and told Oprah Winfrey: "If I have one more facelift, I'll have a beard!"

But unlike some of her veteran contemporaries, who can now only boast rather reedy imitations of past glories, Dolly still has a beautiful and melodic voice. Not bad for a 68-year-old.

Make way, you young whippersnappers – Glastonbury has a new queen of hearts.

• **FEEDBACK:** If you have any views, comments or suggestions you'd like to make about the column, feel free to contact me at: oldlowestoftboy@gmail.com

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**FRENCH "TWINNERS" VISIT
HEACHAM – JULY 2014**

The evening of Wednesday 23rd July saw the arrival in Heacham of forty plus French visitors from our twinned village of Criteuil-la-Magdeleine, which lies in the Charente department of South West France just a few kilometres from the town of Cognac.



Members of the Heacham and Criteuil-la-Magdeleine Twinning Association were waiting eagerly to whisk their guests home to their accommodation. Those for whom this

was a return visit renewed old friendships built up over the past years whilst the "first timers" were introduced to their new hosts.

The following morning we all met at the Social Club in the village for games of bowls which everyone enjoyed due to the warm and sunny weather and perhaps several visits to the club bar where our French friends could sample a good selection of English beer. Later that afternoon everyone went to the home of our Chairman and his wife for a Hog Roast washed down with some excellent French wine, which one of the members had brought over with her, and real ale from the local brewery. Several members and guests tried their hand at Hand bell ringing whilst others were content to sit and chat.

On Friday we had arranged a visit to Thursford to see the collection of vintage steam farm machinery fairground rides and mechanical organs. The concert by resident organist Robert Wolfe on the Wurlitzer was especially enjoyable as he included a selection of French tunes especially for our visitors. Lunch was either a picnic or a light snack in the restaurant before returning to Heacham. In the evening everyone met up at the Church Rooms where a Fish and Chips supper had been organised for some 82 people. Our thanks to the Heacham Fish Bar for managing to provide so many portions all at the same time. During the course of the evening we were entertained by Mr Michel Fougère, the Mayor of Criteuil, who is no mean jazz pianist, and one or two volunteer singers.

Saturday was a 'free day' spent with the individual host families. On Sunday, as in past years, those who wished to went to St. Mary's church in the village for the morning service. Monsieur Le Maire read one of the lessons in French and the congregation sang hymns both English and French with the aid of a screen

showing the translations. After the service, everyone was invited to stay behind for tea, coffee and biscuits or a slice of a delicious cake which had been donated by a couple celebrating their 60th wedding anniversary. At 12.30 p.m. we all went round to the Public Hall where a traditional English Sunday lunch had been organised. The hall and tables had been decked out in bunting and flags of both countries with the association's banner hanging proudly from the balcony. Everyone enjoyed a 'bon repas' which naturally included a main course of roast beef with all the usual trimmings accompanied again by 'les bons vins français'. Thanks must go to Lynn and Nick Handley for providing such an excellent lunch and showing our French friends that we English do know how to eat well. Peter Colvin, Chairman of Heacham Parish Council, gave a speech to welcome our visitors and a reply from Sally Brimblecombe, the chairman of the Criteuil Twinning Club who, unfortunately, could not be with us this year due to work commitments, was read out followed by a short address by The Mayor of Criteuil. Background music, played by George and Graham on piano and bass, was enjoyed during the meal, after which Michel Fougère was invited to play the piano to accompany George on saxophone and Michael on guitar in some jazz numbers.

This being the final day of the visit we mustered at the Public Hall later that afternoon for a typical English afternoon tea again provided by Lynn and Nick. This was followed by an evening of Barn Dancing. Even those who did not wish to participate had a wonderful fun time watching those on the floor trying to work through the various sequences as instructed by Janet who, by the end of the evening, was herself exhausted.

Alas Monday morning came all too soon and we met at the church car park where it was time to say our goodbyes to all our friends who had to board the coach back to Stansted for the return flight to France. We were all feeling perhaps a little exhausted after such an eventful weekend and sad to say "au revoir" to our visitors but none the less extremely pleased with the way the weekend had gone after all the planning over the past year. We are now looking forward to our visit to Criteuil-la-Magdeleine next July in the knowledge that our visit there will be as enjoyable as their visit here.

The Twinning Association's next major fundraising event is a Mouse Racing Evening in the Old Friends' Hall, Sunnyside, Heacham on Saturday 18th October 2014. This is the first time that such an event has taken place in the village and promises to be a fun evening and a sell-out. Tickets are limited and will be on sale shortly priced at £10 to include wine and a ploughman's supper.

For more details of this and information regarding membership of the association please contact the treasurer / membership secretary on 01485 579465 or email: twinclub@hotmail.co.uk



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West Norfolk Disability Forum
Celebrate Ability

Following the success of previous Celebrate Ability events, the West Norfolk Disability Forum is delighted to announce that it will be holding the 4th Celebrate Ability on Friday 21st November 2014 from 10.00am until 4.00pm at the Downham Market Town Hall.

The event will feature displays, demonstrations, information and advice on a wealth of ideas from organisations, groups and individuals in the local community to help people with disabilities and their families to be more active and lead an everyday life.

It will be a great way to meet people and to find out about the services, support and facilities available in your area all under one roof.

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The Kitchen Gardener

September – early Autumn. A pyjama-less pea season, tree fruit harvest time begins and squirrelling tendencies emerge.

Glory be – found room in the fruit cage for this year’s crop of mange tout peas, and what a difference it made. Pigeons will sell their souls and their grannies for a feed of tender young pea shoots. The nets and supports go up before the module grown plants are put out. As they mature I have to put up taller extra canes set at angles with plastic milk bottles atop followed by a second net – a garden version of a bristling twelve mile exclusion zone. If I don't, the birds land on net one and peck through killing the growing points of the young peas, leaving their calling card behind to add insult to injury.

As I often mis-time the second netting and the clever birds sneak up just after dawn – serious nuisance they may be but they're not stupid – I'm frequently to be seen dashing up the garden in pyjamas to shoo them off.

New site in the fruit cage has put a stop to all that and picking un-netted peas felt like the height of luxury. A pea patch will now join the sweetcorn in rotation in a safe haven. Sweetcorn, squirrels, same problem. Cobs ready, mouth watering and a pan of hot water on the hob. Up the garden to pick for cooking only to find ears stripped bare and little scraps of spat out corn on the soil below, the corn and myself looking rather sad and desolate.

I've tried lots of peas over the years but always come back to mange tout Oregon Sugar Pod. They are sown in succession in modules. I plant them out four inches apart – the extra spacing

can extend the crop over a longer period as there's less competition for nutrients and water.

They are sweet, delicious and versatile. They can be eaten raw or cooked, hot or cold at all stages of maturity. I put a couple of tablespoons of water into the base of a wide pan, add the peas with a sprig of mint and put onto the heat to cook quickly with the lid on. When the water has evaporated and you can hear they are just about to catch on the base of the pan, whip them off the heat and leave the lid on for about half a minute. Remove lid and they're ready to eat. This method brings out all the sweetness and flavour – sometimes I let them cook on a few seconds longer and just start to caramelize on the base of the pan, then they are really sweet.

I'm hopeless at growing main crop peas. Worm, miss the vital picking moment when they are at their prime, hot couple of days and the pods shrivel and the peas go mealy. But even the old mealy peas have their uses straight off the vine or dried.

Pease Pudding is one of our oldest English dishes.

Soaked overnight (if dried) the peas are put with a pinch or two of sugar and mint into a greased pudding cloth, tied up and suspended beside a simmering bacon joint. After a couple of hours both are removed from the pan and the pudding - which has soaked up all the flavours from the slow cooked bacon joint- is placed on a serving dish and pulled apart with two forks. The crumbly lumps are served hot with a dusting of white pepper and a ladleful of the hot bacon broth alongside the bacon.

I like this recipe for its practicality, the frugality of using up the mealy peas and one pot cooking and, with the peas providing the starch, saving on potatoes. I can see that when lots of smallholders kept pigs, this whole meal would have come from their own patch. I'd have a poke about in the windfalls box and serve an apple sauce too - and a really hot English mustard. I'm sure a lot of cooks did that and probably still do.

I've often wondered if Carlins were dried peas, but it turns out that they are small dried brown pulses that look a bit like Chick Peas. There's a long northern tradition of serving them on Carlin Sunday - the fifth Sunday in Lent – soaked overnight then boiled for twenty minutes or so, they are drained and fried for two to three minutes in a knob of butter and served hot sprinkled with brown sugar and rum.

This month I'll be sowing late Autumn and Winter salading for the polytunnel to go in as soon as the tomatoes are taken out – mizuna, tatsoi, pak choi, corn salad, overwinter lettuce and as an experiment some non hearting frisee lettuce to use as a cut and come again. Outside and towards the end of the month I'll be planting the overwinter onions and the very best cloves of garlic saved from this year’s crop.

The first of the maincrop apples – as opposed to the early apples eaten straight off the tree which will not store for more than a couple of weeks – will be ready to pick sometime this month. It's often a case of picking a few from each tree, rarely is the entire harvest from one tree ready at the same time. First signs will be a few windfalls and a slight change in fruit colour which I found hard to detect when I first started to grow fruit – but as with all things you get your eye adjusted with experience, and come to know each tree's little habits, likes and dislikes and growing conditions.

It is remarkable how the micro climate and growing conditions can vary in a garden – even by a few feet. After what I think is a generous rainfall I can take a trowel and delve under one tree and the soil a couple of inches below will be dry and the tree a few feet away can be nicely hydrated.

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I've planted a quince in a spot that drains too quickly and am paying the price with a petulant and disease prone tree yet the damson a few feet away is doing nicely. You live and learn, one hopes....

An apple is only ready for picking when lifted gently in the palm of the hand and given a slight twist and it comes away easily. It should then be placed very carefully into the bucket making every effort not to bruise it. Bruised and damaged apples should not be put into the winter store but in a separate box to be used first. Marred fruit turns quickly and will send off those around it.

Apples will store for a period of weeks or months depending on the apple. I use ventilated trays that stack with a gap between. I don't wrap the apples, they are gently placed in the trays - they are not crammed in but they often just touch each other. I check the fruit store once a week and remove any that show even a sign of turning - again a very slight change of colour, scent, or brown spots are hints.

The long keeping cookers and eaters will store until April, others I'll start eating around the end of September, beginning of October - when they tell me they are ripe and ready.

When taking fruit from the store I use the largest apples first, the more compact fruit will last longer. This is a trick I learned from RHS Wisley when attending a fruit lecture - they sell off the largest apples first, and keep the smaller apples for sale later in the year, the cells are smaller within the structure of the more compact fruit and so will take longer to age and decay.

By the way, Carlin Sunday is often followed by Carlin Monday. Apparently it's the Jerusalem Artichoke effect. Just so you know.....

Hilary Dellar-Lane

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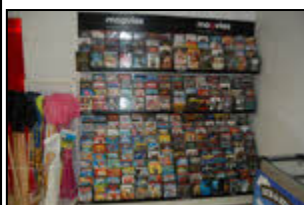
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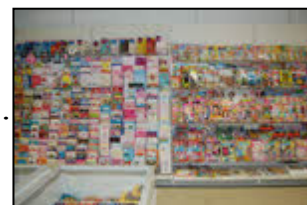
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September 2014					October 2014				
Date	Morning		Afternoon		Date	Morning		Afternoon	
	Time	m	Time	m		Time	m	Time	m
1 M	09 41	6.6	22 09	6.2	1 W	10 11	6.2	22 36	6.1
2 TU	10 28	6.1	23 02	5.8	2 TH	11 20	5.7	23 52	5.7
3 M	11 34	5.7			3 F			13 07	5.6
4 TH	00 20	5.6	13 14	5.6	4 SA	01 30	5.9	14 37	5.9
5 F	01 57	5.8	14 52	6.0	5 SU	02 47	6.4	15 44	6.5
6 SA	03 11	6.3	16 01	6.6	6 M	03 47	6.9	16 40	7.0
7 SU	04 11	6.9	16 58	7.0	7 TU	04 40	7.4	17 28	7.4
8 M	05 03	7.4	17 50	7.4	8 W	05 28	7.7	18 12	7.6
9 TU	05 51	7.9	18 36	7.6	9 TH	06 14	8.0	18 52	7.7
10 W	06 37	8.1	19 19	7.8	10 F	06 59	8.0	19 31	7.6
11 TH	07 22	8.2	19 57	7.8	11 SA	07 42	7.9	20 05	7.5
12 F	08 03	8.1	20 34	7.5	12 SU	08 22	7.5	20 40	7.1
13 SA	08 45	7.8	21 10	7.2	13 M	09 02	7.0	21 14	6.8
14 SU	09 28	7.3	21 48	6.7	14 TU	09 44	6.5	21 51	6.3
15 M	10 11	6.6	22 32	6.1	15 W	10 34	5.8	22 41	5.8
16 TU	11 07	6.0	23 33	5.7	16 TH	11 45	5.5		
17 W			12 23	5.5	17 F	00 01	5.5	13 04	5.2
18 TH	00 50	5.5	13 43	5.4	18 SA	01 21	5.5	14 17	5.5
19 F	02 05	5.6	14 57	5.6	19 SU	02 30	5.7	15 17	5.8
20 SA	03 10	6.0	15 56	6.0	20 M	03 25	6.2	16 07	6.2
21 SU	04 04	6.3	16 44	6.3	21 TU	04 10	6.5	16 46	6.5
22 M	04 47	6.7	17 22	6.7	22 W	04 49	6.8	17 21	6.9
23 TU	05 24	6.9	17 55	6.9	23 TH	05 26	7.0	17 55	7.0
24 W	05 59	7.2	18 26	7.0	24 F	06 04	7.1	18 29	7.1
25 TH	06 34	7.3	18 58	7.0	25 SA	06 41	7.3	19 03	7.3
26 F	07 09	7.3	19 31	7.2	26 SU	07 19	7.3	19 36	7.3
27 SA	07 41	7.3	20 01	7.0	27 M	07 54	7.1	20 09	7.1
28 SU	08 12	7.2	20 30	6.9	28 TU	08 32	7.0	20 46	6.9
29 M	08 45	6.9	21 03	6.7	29 W	09 14	6.7	21 28	6.7
30 TU	09 23	6.6	21 43	6.4	30 TH	10 05	6.3	22 21	6.3
					31 F	11 16	5.8	23 33	6.1

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Heacham Songsters

Heacham Songsters here again. We are now in our 6th year as a group and are pleased to say that, during that time, we have raised a considerable amount of money for various charities, which we could only do with your support from donations we receive. In the past three years, we have given over £3,000. We try to give to local charities which include MIND, Neuroblastoma and 'Little Discoverers'.



We still have our lovely ladies but we do need more men, so if you would like to give it a try, or make a booking, please contact us on 01485 298592.

Once again, thank you all for your support and hope to get your bookings soon.

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EVENTS Sun 7th Sept to Fri 3rd Oct
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Sun 7th - The Kings Swingers 1.30pm

Tue 9th - After Hours Blues Band

Fri 12th - Groove Cartel

Tues 16th - TBA

Fri 19th - Hush

Tue 23rd - Betty Swallox Band

Fri 26th - Jam Session with DNA

Tue 30th - Keno Kings

Fri 3rd Oct - Workhorse



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*Opening hours may change. Please call Pub on the day.



Heacham Club Charity

What another fantastic day for Heacham. Families young and old joining together to share and enjoy a day of fun and sunshine

on the Sports Field. We would like to applaud the village as a whole for all their efforts in the Carnival parade and it is obvious that we put many other villages / towns to shame in the many entrants that turned out this year. Comments were overheard from visitors from far and wide saying 'why can't our village do something like this?' The answer to this is quite simply..... THIS IS HEACHAM!

Once on the field, people seemed quite content to wile away their time just taking in the sunshine and general atmosphere and enjoy the events going on around them.

The pavilions have made an enormous difference to the grounds generally and it has been so nice to hear so many complimentary comments, particularly about the newest addition of the veranda. Heacham Club Charity are so proud to have been considered 'worthy' of such enormous National financial support.

We are sure that everyone enjoyed their day and hope for even better next year.

First Aid thankfully was not busy and only had very minor cuts and wasp stings to contend with and Mick's Sensations kept all informed of what was happening.

Thanks must go to Jennings Store for providing the sweets for the children's games, the Co-op for providing the necessary for the refreshment tent PLUS a prize for the on-field raffle, David Cook, Richard Burton, Silk Road and Heacham Club for vouchers also for the Raffle. Thanks also to the many hands helping on the day. Policing the traffic and car parking needed

46 people alone, not to mention the bbq, refreshment tent, bar, stalls, general helpers and the setting up and clearing away team. Once again the Wildfowlers supported with their rifle range; an opportunity for us all to handle a gun under professional supervision. We hope they may even get a few enquiries for new memberships!

Rollasons Dance School gave a lovely performance and we are sure everyone enjoyed seeing the youngsters putting into practice what they have learnt.

Whether you were there as a visitor or helper, THANK YOU ALL for supporting a good old traditional Heacham event.

Grand Summer Draw Ticket Winners:

Number 2665	£150	Page	Heacham
Number 1284	£75	Richardson	Heacham
Number 1736	£50	Bowen	Heacham
Number 0094	£25	Harvey	Heacham

On field Raffle Winners:

1st prize	BBQ	E. Crown
2nd prize	£20 Silk Road Voucher	P. Drinkwater
3rd prize	Sunday Lunch-Heacham Club	'Tracy'
4th prize	George Foreman Grill	C. Bell
5th prize	£15 Meat Voucher	- R. Burton 'Scott'
6th prize	Southern Comfort	S. Whitmore
7th prize	Bottle of Baileys	P. Drinkwater
8th prize	£10 Meat Voucher	- D. Cook 'Steve'
9th prize	Digital Photo Frame	T. Beale
10th prize	Alex Ferguson Autobiography	S. Whitmore
11th prize	2 bottles of wine	Prestland

Bowls Competition: was won by C Hammond and J Read (2 competitions).

Sweets in the Jar: Number was 99. Closest was 92 won by J. Saunders.

Owl doorstep: Date was 22nd January. Closest was 27th Feb won by J. Saunders.

Cross Bar Challenge: was won by a lad called Oak.

Penalty Shoot Out: was won by Eliza McDonald.

All prizes have been claimed.

Old Friends Hall



The Old Friends Hall, Sunnyside, will be holding its inaugural Photographic Exhibition on 13th September 2014. The exhibition is for one day only with doors opening at 10.00 and closing at 16.30

hours; entry is free.

The exhibition is showcasing the talents of our local cameramen and women who will be exhibiting as individuals or as part of a club. The theme of the show is "Village Life", though with such a wide remit we will no doubt be surprised by the depth and variety of entries. It is also hoped to display work by school children from our own Junior School via a slide show as well as showing some old photographs of our village.

The committee hopes that all who attend enjoy the show and welcome any feedback on this event. We also would be grateful for further suggestions from people for other events or activities that they would like to see in the Old Friends Hall.

Roger Drinkwater (Tel 01485 571659)

On behalf of the Old Friends Hall Committee

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Heacham at Night

(Pictures from European Space Agency via New scientist)

Met. Office autumn begins on September 1st. The equinox on 23rd September is the start of astronomical autumn. The equinox is when day and night are each about 12 hours long. The full Moon of 9th September is the Harvest Moon, as it is the one closest to the equinox.

Looking back at last month; did you see some Perseid meteors? I did just by standing in the back garden at Heacham and looking up. Here is the record:

Monday 11/12th

Late until early morning 3 meteors at Heacham including one air burst in the direction of Hunstanton.

Tuesday 12th

10pmish at North Norfolk Astronomy Society's barbecue at Wiveton. 10 meteors including 4 very bright – one like a fireworks rocket and 2 that passed through the Plough. Also saw several satellites and a very bright International Space Station. Supermoon (a little past best) held in check by cloud, clear otherwise. Saturn and Mars low down, just discerned rings through small scope. 2 meteors seen back at Heacham despite thin overcast cloud – meteor trails lit up back of clouds

Wednesday 13th

11.30pm+ 4 meteors, 3 faint, 1 bright.

I have seen more but this show included the brightest meteors I have ever seen. Well worth it. There are other regular showers to come so if you missed the Perseids look out for them.

What to look for this month: If Panstarrs (see below) is a bit too early in the morning and hard to spot, have breakfast and start looking east about 6.30am from about the 20th. You will see a thin crescent Moon. Close, but to the left and above it, will be

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Jupiter – you are looking right across the solar system, beyond the sun, to see it. Due east and close to the horizon will be bright Venus. This is also on the other side of the sun and will show as an almost full disc through steady binoculars – don't catch the sun as it rises. Over the next three days the Moon moves lower in the sky and closer to the east. On the 23rd the Moon and Venus are closest together and the Moon shows the barest sliver of itself.

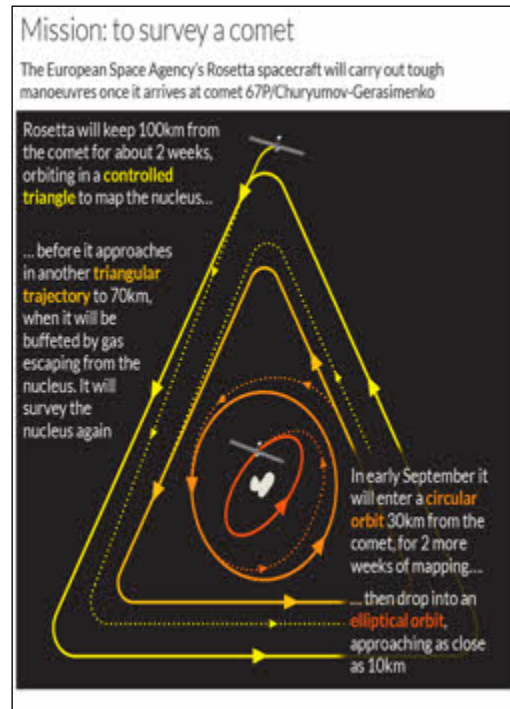
Now for something in the evening from the 25th: between 7 and 8pm look south-west. On the 25th, close to the horizon, you should see two red dots. The slightly brighter, higher, one is Mars whilst the lower is the red giant star Antares – its name means 'rival of Mars'. By the 27th the crescent moon has joined in and to the left of that, at about the same elevation as Mars is the dim, yellowish, speck which is Saturn. A telescope will still reveal the rings. Saturn is to the right of the moon on the 28th. On the 29th, the Moon, Mars and Arcturus form an almost vertical line in the SW.

Mercury is an early evening object at the beginning of the month. Start looking almost due west from about 7pm. It is low down and the sun will still be peeping over the horizon so take care. You are looking for a bright spark almost lost in the sunset. Heacham beaches have always proved a good place to be for Mercury spotting

If you want to have a stab of spotting Uranus, about 1,800,000,000 miles away, about 1am on the 11th is a good time to try. It is then very close to the Moon. Look, with steady binoculars, just below the southern edge and a little to the left. A blue green dot will be Uranus. It will be visible most of the month. Stellarium, in the library, will help you find where to look.

Star asterisms – face south and tilt your head back, the Great Square of Pegasus should stand out- 4 stars of similar brightness separated by a fist or two at arm's length - while to the SW the Summer triangle is still evident – Altair, Vega and Deneb.

Comets are in the news again. The Rosetta craft is going around (well not quite round, see below) comet 67P/ Churyumov-Gerasimenko.

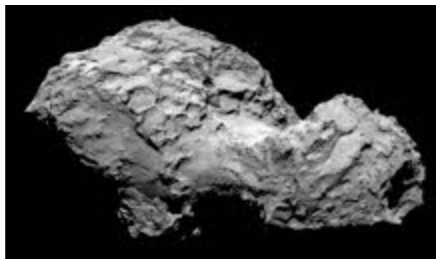


The names are of two Russians, the second being a woman which makes a change. Their observatory was in the now independent country of Kazakhstan. This comet is a short period one going around the sun in about 6 and a half years and will be closest to the sun in about a year's time.

The Rosetta craft was due to be launched earlier and rendezvous with a different comet but this could not happen due to a problem

with the Ariane 5 rocket launcher. Anyway, it was launched in 2004 and has spent 10 years getting to its destination. Famously, it was 'asleep' for three years to conserve energy systems – it gets energy from solar panels – and waking it up became a news story.

In case the image above is not clear, Rosetta is going around the comet in a triangular pattern at the time of writing, mapping the surface. Early this month it drops closer into a circular orbit and then an elliptical orbit. It will drop a lander, Philae, in early November. This is about as big as a washing machine and will anchor itself down. The lander's name is that of an obelisk used in conjunction with the Rosetta stone to decipher Egyptian hieroglyphics – the spacecraft will answer questions about comets.



67P/C-G turned out to have an unusual shape likened to a rubber duck. Speculation is that two bodies collided in the distant past. This is the nucleus of the comet. It will not start

to gas out and produce a tail until it is closer to the sun.

Another comet making astronomical news, if not the Lynn News, is C/2012 K1 PANSTARRS. This is not the one possibly seen in the evening last year but another discovered by PANSTARRS observatory. Binoculars should see it, low in the east, from the middle of the month. A predawn object, you have to start looking from about 5am. On the 20th there is a crescent Moon; Jupiter is slightly above it and due east. The comet will be about as twice as far below and to the south of the Moon as the distance Jupiter is away from it. Otherwise, from the beginning of the month look east and low down, the comet gets progressively lower and moves towards the south as the month progresses. Unlike the short period comet Rosetta has chased, Panstarrs is a long period (time as yet unspecified) comet that originated in the far distant Oort cloud which is well beyond the planets.

A reminder - Professor Gerry Gilmore from the Institute of Astronomy, Cambridge, talks about the GAIA space mission on Friday 12th September at 7.30pm. It is at King's Lynn Academy so parking will be free. Tickets are now available at £5 – contact me or turn up on the night. And a message to Carol Woodhouse: I will help you sort the telescope but the 'phone number given does not work. I hope there are some clear nights.

Terry Parish



Charity Cricket Match 20th July 2014

This was the sixth annual charity cricket match for the Philip & Ernie Cup between Heacham Cricket Club (HCC) and Heacham 'Veterans'.

The match started at 1.00pm with match balls kindly donated by Gary Rushmore Flooring. As usual, HCC batted first and, with good contributions from M Blake and A Saddler, reached 208 after 40 overs. T Wright (3 for 6) and C Grief (2 for 13) were the pick of the 'Veterans' bowlers. Many thanks once again goes to Harry Hornsby for umpiring this year's match.

At the midway interval, Ant Saddler endured a chest wax which raised a very welcome sum towards the event. The waxing was very professionally performed in front of a large and sympathetic (well, some of them were) crowd.

As usual, available on the day was a BBQ, hot and cold drinks, home-made cakes & savouries, a tombola stall and a prize raffle. In addition, this year there was a bouncy castle (funded by Grandad and Nanny) which was thoroughly enjoyed by Lola Playford and her many friends during her 4th Birthday celebration. Phyllis also kindly set up a book stall and donated all the proceeds towards the event. Many thanks to all those who put in a great deal of effort to provide these popular amenities

It was now the 'Veterans' turn to bat and they couldn't quite get the run rate up towards that of HCC. Despite good contributions from I Rix (51) and S Grief (44), the 'Veterans' fell short of the HCC total, reaching 143 after 40 overs. Congratulations go to HCC for winning the Philip and Ernie Cup this year.

Once again, this charity event proved to be very popular; the attendance on the day was the biggest since the event started. Special thanks to all the local businesses and individuals who generously donated prizes for the raffle and tombola stall, to those who raised money via raffles or sponsorship prior to the event and to those who donated money directly to the cause. As a result of the great effort put in by all those concerned before, during and after the event, and the generosity of the many local people who contributed in so many ways, a record total of £2,077 was raised; this has been shared equally between Heacham Cricket Club and Macmillan Cancer Support.

With sincere thanks to all who supported this year's event.

Andy Wright

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Heacham Wildfowlers

The younger generation once again had the opportunity to experience the clay pigeon shooting held each year by the Heacham Wildfowlers. Again it was a complete full event and the expert tuition has given more of our next generation a chance to learn how to handle guns.

THN



Photo by George Brown



FRIENDS OF HEACHAM BEACHES

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7.30 pm

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WHAT'S ON REGULAR EVENTS

PC = Parish Council Office, Pound Lane OFH = Old Friends Hall, Sunnyside HSC = Heacham Social Club
PH = Public Hall PRH = Pine Residents Hall, Wilton Rd MC = Methodist Church Hall, Station Road
NC = Neville Court SG = Scout & Guide Hut, Sunnyside SM = St Mary's Church Hall, High Street

MONDAYS

TABLE TENNIS 9.30am Tel: Adrian 570477 (PH) Top Room
SUNNYSIDE CLOSE (Sheltered Housing for over 60's) Coffee Morning 10.30am Tel : 570492
RAINBOW CIRCLE TODDLER GROUP 1pm in school term time Tel: Pip 570812 or Karen 571837 (SM)
ZUMBA GOLD Exercise to music 1-2.30pm Suitable for all levels 2.15 - 3.15pm Gentle stretch & relaxation classes for all ages Tel: Suzie Povey 07900 818311 (PH)
ROLLASON STAGE SCHOOL Dance Classes 6yrs+ Ballet/tap/modern 4.15-5.15pm Junior Street 5.15-6pm Tel:579074 (PH)Top Room
2nd HEACHAM RAINBOWS Term Time Girls 5-7 years 5 - 6pm Contact Tel: Jenny 534107 (MC)
JUNIOR TENNIS COACHING 5 - 6pm For details Tel: Janice 07923612187 (HSC)
RESTORATIVE YOGA 6 - 7.30pm at Heacham First School Contact Sandee Tel: 01485 570485
1st HEACHAM SCOUTS (boys and girls aged 10 to 14yrs) 7 - 9pm Tel: Rob 572239 or Julz 572890 (SG)
HEACHAM IN BLOOM 3rd Monday Monthly @ 7pm (PC)
INDOOR BOWLS CLUB 7pm (MC)
LINE DANCING 7-9pm £3.00 Tel: 532317 (PH)
HEACHAM WIVES GROUP - 2nd Monday of most months at 7.30pm (HSC) Top Room Contact Sue Scott Tel: 572252

TUESDAYS

HEACHAM DAY CENTRE FOR ELDERLY 9am-3.30pm Transport may be available Tel:Mick Harpley 07527125574 (OFH)
ACTIVE FOR LIFE exercise classes for those aged 60 and over or at risk of Osteoporosis 10-11am at Heacham Surgery Classroom Tel : Pat 298429 or Jane 571232
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)
LADIES KEEP FIT FOR OVER 50's 10.30 - 11.30am. Contact Kath Manning-Coe Tel : 01553 774343 (SM)
CARERS SUPPORT GROUP West Norfolk Mind Tea & Chat at Piece of Mind 4 Poplar Avenue 1 - 2.30pm Tel: 572707
LINE DANCING 1.30 - 3.30 pm Contact Diane 571166 (SM)
WOMENS FELLOWSHIP 2.45pm Every other Tuesday (MC)
1st HEACHAM GUIDES 5.30 - 7pm Tel: Sue Theunissen 07833747059 or just come along (MC)
WEIGHT WATCHERS 6pm Tel:Alison 07796 904311 (OFH)
ZUMBA 7-8pm £4 per class or £7 for both Tuesday & Wednesday classes Tel: Michelle 07585002124 (SG)
PARISH COUNCIL MTG 3rd Tuesday monthly 7.30pm (PC)
HANDS & NEEDLES GROUP every other Tuesday 7.30 - 9.00pm Tel: Joan Careless 570363 (MC)
HEACHAM DIGITAL CAMERA CLUB meets 1st & 3rd Tuesday monthly 7.30pm Sandringham Club West Newton Email: heachamdigitalcamerclub@yahoo.co.uk or call Viv for info on 07906056019
POCAHONTAS PLAYERS Drama Group 7.30 - 9.30 pm Tel: 570402 (PH)
LIVE ENTERTAINMENT from 8.30pm at Fox & Hounds
HEACHAM BOOK CLUB 3rd Tuesday monthly Tel: Beth 570479
LINE DANCING Beginners/Improvers 6.30 - 8pm Cost £3 Contact Diane 571166 (SM)

WEDNESDAYS

CAR BOOT SALE Gates open at 7am (not before, do not turn up any earlier) £6 up to two tables £10 all others Tel: Mick Harpley 07527125574 (HSC) Sports Field

WEST NORFOLK MIND Day Centre 9.30-3 pm at 4 Poplar Ave Heacham £35 per day or £20 part of a day (personal budget holders & self-funders welcome) Tel: Joyce Armstrong 07704338775 www.westnorfolkmind.org.uk
SCALLYWAGS PLAYGROUPO Term Time 9.30 - 11am £2 Tel: Clare 07816913657/Jo 07521447284 (SG)
CARPET BOWLS 10.30 - 12 noon Tel: 570776 (PH)
LINE DANCING 1.30 - 3.30pm £3 Tel: 532317 (PH)
PATIENT ADVICE & LIAISON SERVICE 2 - 4pm on 2nd & 4th Wednesdays monthly (PC)
HEACHAM LITTLE DRAGONS Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)
FOOTBALL Under 8&9's 4.30-5.30pm Contact Mark 07561303886 (HSC) playing fields
SENIOR TENNIS From 6pm (Thursday if wet) For details Tel: Janice 07923612187 (HSC)
TAI CHI & KUNG FU 6-7.15pm-Childrens Kung Fu 7.15-8.15pm-Adult Tai Chi 8.15-9.30pm-Adult Kung Fu Tel:Derek 01553 674779 (PRH)
LINE DANCING FOR IMPROVERS - 7 - 9pm. £3. Contact Diane 571166 (SM)
BINGO 7.30pm Neville Court Grouped Home
HEACHAM TWINNING ASSOCIATION 3rd Wednesday monthly @7.30pm New members welcome Tel: 579465.(PC)
ZUMBA 7.30-8.30pm for cost & info see Tuesday (SG)
WEST NORFOLK SINGERS 7.30-9pm For info Tel:542960 Heather Titcomb www.westnorfolksingers.org.uk/ (MC)
QUIZ NIGHT 8.45pm Prompt start New teams of up to 5 welcome £1 entry pp Cash Prize & Cash Snowball (HSC)
THURSDAYS
WEST NORFOLK MIND Day Centre (specifically for older people dementia friendly) 9.30-3pm For info see Wednesday
TABLE TENNIS CLUB 10am (PH Top Room)
ACTIVE FOR LIFE see Tuesdays entry for details
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)
MOTHERS' UNION 4th Thursday monthly 2pm (SM)
TREFOIL GUILD 1st Thursday monthly 2 - 4pm Tel: 07813014477 Mary Harpley (PRH)
BINGO 2.30pm at Sunnyside Close (Sheltered Housing for over 60's) Tel: 570492
1st HEACHAM BROWNIES Term Time Girls 7 - 10yrs (MC) 5.30 - 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084
JUDO Beginners 6 - 7.30pm Tel: 571614 (PH)
1st HEACHAM CUBS ages 8 - 10yrs Term Time 6.45 - 8.30pm Tel: Sam 572138 (SG)
JUDO Advanced 7 - 9 pm Tel: 571614 (PH)
FLOWER CLUB 4th Thursday monthly 7.30pm Flower arranging & demonstrations Tel:Alayne Seymour570560 (SM)
RAO BUFFALOS 8pm (HSC Top Room)
QUIZ NIGHT Cash Prizes 9pm at Fox & Hounds
FRIDAYS
BEREAVEMENT SUPPORT IN HEACHAM 10am - 12 noon 3rd Friday of the month Contact Renee Smith or Barbara Fargher silverlinings@gmx.co.uk or Tel:534741 (SM)
COFFEE AFTERNOON Fridhem Rest Home Station Rd Last Friday of the month at 2pm
1st HEACHAM BEAVER SCOUTS for boys & girls aged 6 to 8 years Term time 6 - 7.15pm Tel : Barry 570767 (SG)
TAI CHI & KUNG FU 6-7pm Beginners Tai Chi 7-8pm Advanced Tai Chi 8-9.30pm Adult Kung Fu Tel: Derek 01553 674779 (PRH)
CASH BINGO 7.30pm (PH)

WILDFOWLERS CLUB 1st Friday monthly 7.30pm
(HSC Top Room)

SATURDAYS

HEACHAM YOUTH CLUB Term Time School years 6-11
Tel: Tracey Swann 07833 307856 (SM)

HEACHAM DIARY

Saturday 6th September GIG 'Steve Whiteman' at Silver Sands

** GIG 'Kingswingers Jazz Trio' at Heacham Social Club

Sunday 7th September GIG 'The Kings Swingers' 1.30pm at the Fox & Hounds Station Rd

Tuesday 9th September GIG 'After Hours Blues Band' 8.30pm at the Fox & Hounds Station Rd

Thursday 11th to Saturday 13th September 'Annual Sale in aid of Top Kids in Belarus and the NSPCC' at the Church Hall High St Heacham 10am – 4pm (Thurs & Fri) 10am to 12noon (Sat) Only new, nearly-new and good second-hand items for sale

Friday 12th September GIG 'Groove Cartel' 8.30pm at the Fox & Hounds Station Rd

Saturday 13th September Photographic Exhibition 'Village Life' 10am to 4.30pm at the Old Friends Hall Sunnyside. Free entry For info Tel: 572142

** GIG 'Mark Joseph' at Silver Sands

** GIG 'Ed and Laura' at Heacham Social Club

Tuesday 16th September GIG 'T.B.A.' 8.30pm at Fox & Hounds Station Rd

Friday 19th September GIG 'Hush' 8.30pm at the Fox & Hounds Station Rd

Saturday 20th September GIG 'Rachael Hammond' at Silver Sands

Monday 22nd September 'Bingo' at Fridhem Rest Home Station Road Eyes down at 7pm All Welcome

Tuesday 23rd September GIG 'Betty Swallox Band' 8.30pm at the Fox & Hounds Station Rd

Friday 26th September GIG 'Jam Session With DNA' 8.30pm at Fox & Hounds Station Rd

Saturday 27th September Messy Church at St Mary's Heacham 10am–12 noon Book in advance Tel: Brian/Josephine 571348 or email griffin568@btinternet.com

** 'Macmillan Coffee Morning' in support of Macmillan Cancer Support at Palm Beach Holiday Park North Beach Heacham from 11.30am

** 'Open Day' at Heacham Veterinary Clinic 1pm to 4pm Take a look round the Practise Tombola Children's Activities Refreshments All proceeds going to Shamans Legacy Dog Rescue who hope to be there

** GIG 'Ryan' at Silver Sands

** GIG 'Jodie and Friends' at Heacham Social Club

Tuesday 30th September GIG 'Keno Kings' 8.30pm at the Fox & Hounds Station Rd

Friday 3rd October GIG 'Workhorse' 8.30pm at the Fox & Hounds Station Rd

Wednesday 8th October 'Blood Donation Session' at Heacham Public Hall 13.15pm to 15.30pm & 17.00pm to 19.00pm To book an appointment Tel: 0300 123 23 23 or go on-line at www.blood.co.uk

Saturday 18th October Heacham Twinning Association 'Mouse Racing Evening' 7pm at the Old Friends Hall Sunnyside Admission £10 (under 12's free) includes Wine & Ploughman's Supper For tickets & info Tel: 576465 or email twinclub@hotmail.co.uk



Heacham In Bloom

This month, the Team will hear the results of the judges' visit, so fingers crossed for high marks. The Team have had so many compliments for the High Street, that it is only fair to say that it couldn't be done without the support of most of the High Street Traders who sponsor all the baskets and troughs.



Thank you to everyone who supported our Garden Party on 23rd August, especially the Pocohontas Players for providing the entertainment and bringing the sun. It was a rainy afternoon, but over £400.00 was

raised thanks to In Bloom's stalwart supporters. The next fundraiser will be a Quiz night on 20th October at the Fox and Hounds. The Team hopes to see you there.



Heacham In Bloom
[@btinternet.com](https://www.facebook.com/Heachaminbloom)

OTHER EVENTS

Saturday 13th September Cinema in Syderstone presents 'Mr Morgan's Last Love' 7.30pm at Amy Robsart Village Hall Tickets in advance £3.50 Tel 578588 or 578171 or email cinema@syderstone.com

Wednesday 17th September Poetry Morning 'Moving On' at Hunstanton Town Hall Basement from 10.30am For info Tel: 533933 Ann McKimm

Friday 19th September Anmer Village Social Club Film Night 'Love Punch' 8pm Tickets £3 For more info Tel 579465 or email films@anmerclub.co.uk

Tuesday 23rd September Brancaster Camera Club 'A print lecture by David Hodgson DPAGB BPE1* & Judy Hodgson CPAGB BPE1*' 7.30pm at Brancaster Staithe Village Hall Entrance £3 inc's refreshments For info Tel Jim Till 210013 or Wendy Callow 01553 674725

Thursday 25th September Norfolk Wildlife Trust invite you to an illustrated talk by Tim Turner 'Wader Ringing on the Wash' 7.30pm at Hunstanton Methodist Church Hall Entry £2 Members/£2.50 Visitors

Sunday 28th September Open Day at R.A.F. Bircham Newton Heritage Centre 11am – 5pm Admission & Parking free More info at www.rafbnmp.org.uk

Sunday 19th October '8th Annual Norfolk Family Walk' at Holkham Hall in aid of Brain Tumour Research & Support 10am-4pm Adults £5 Children free Parking £2.50 per car for info Tel: 572767 or email info@astrofund.org.uk

SEDGEFORD PRE-SCHOOL - Toddlers from age 2+ Mon to Fri mornings 8.45-11.45am (with optional 'wraparound' from 11.45am to 12.30pm) and **Tues & Thurs** afternoons 12.30-3.30pm (term time) Sedgeford Primary School Ringstead Rd Sedgeford – Tel: Jane 01485 579489

Mondays

U3A HUNSTANTON meets 3rd Monday monthly (except Aug & Dec) 2pm at Hunstanton Community Centre for details Tel: Chris (Chairman) 535065 or Barbara (Secretary) 571484

Tuesdays

BRANCASTER BABY & TODDLER GROUP Simms Reeve Inst.Hall Brancaster 9.30-11.30am(term time) £2 per family For info email: brancasterbabyandtoddlergroup@yahoo.co.uk
KEEP FIT FOR OVER 50's 10.00 to 11.30 am Ringstead VH Cost £3.50 Tel: Val Barnes 01328 864358

COASTAL STROKE GROUP 10.30am – 12.30pm at Hunstanton Methodist Church Austin St For more info Tel: Julie Manning 600930 or Gemma Smith 01366 377803

SLIMMING WORLD 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

HUNSTANTON COMMUNITY CHOIR Informal singing for fun, no audition required 7-9pm at Hunstanton Town Hall £3 per session Inc. refreshments Just turn up

Wednesdays

DOCKING MARKET 9am - 1pm in The Ripper Hall Local Produce Craft and Gift Stalls Tel: 518945

RESTORATIVE YOGA 10 - 11am Sedgeford Village Hall Contact Sandee Tel: 01485 570485

SING FOR WELLBEING Snettisham Community Choir 10am-12noon at St Mary's Church Hall Snettisham For info Tel:Carol O'Neill on 01328838616

LYMPHOEDEMA SUPPORT GRP meets the 2nd Wednesday monthly 10.30am-12noon at Tapping House Snettisham

NICE & GENTLE Fitness 1-2pm £3 pp Inc's Tea or Coffee at Hunstanton Community Centre tel: Michelle 579074

CATKINS TODDLER GROUP – Wed afternoons 1.00-3.00pm term time only Sedgeford Primary School Ringstead Rd Sedgeford – Tel: 01485 579489

ROLLASON STAGE SCHOOL Dance Classes under 6yrs Ballet/tap/modern 4.30-5.15pm 12yrs+ Ballet & modern 5.15-6.15pm Senior street crew 6.15-7pm at Hunstanton Town Hall Basement Tel: 579074

YOUTH 45 GROUP meet at Ringstead Village Hall 7pm-8 pm for ages 7-14 Cost is £1 per evening and the contact is Mr T Large 11 Holme Road Ringstead Tel: 01485 525480

FIRE CADETS at Hunstanton Fire Station 7-9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07919 492294

WEST NORFOLK TAI CHI CHUAN – weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

Thursdays

ROLLASON STAGE SCHOOL Musical Theatre class All ages 4.30 – 5.30pm at Hunstanton Town Hall Basement For info Tel: 579074

CHILLATES 6-7pm £4 pp at Hunstanton Town Hall Basement Tel: 579074

KINGS LYNN & DISTRICT OSTEOPOROSIS SOCIETY meet in Kings Lynn 4th Thursday monthly at 7.30pm Door to door taxi service - £2 For more info Tel: Pat Reilly 572271

Fridays

BRANCASTER BABY & TODDLER MUSIC GRP Simms Reeve Inst. Hall Brancaster 10-11.30am(term time) 1st & 3rd Friday monthly £1.50 per family (see Tuesday for info details)
ZUMBA at Docking Ripper Hall 6.15-7.15 £4 pp for info Tel: Michelle 579004

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon High School Hunstanton For info Tel: Ian 07806 622154

Saturdays

CHRISTIAN YOUTH GROUP 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

ROLLASON STAGE SCHOOL with Lucy Rose Musical Theatre Group 11am Street dance under 12's 12noon Drama Group with Ann McKimm 1pm Musical Theatre 2pm at Hunstanton Town Hall Basement For information re attendance Tel: 579074

INDIE ARTS CLUB 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free Tea or Coffee 50p Book in advance via email: bookings@wattington.com

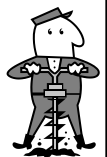
Sundays

CAR BOOT SALE at Glebe House School Hunstanton (7th 14th & 28th September) 7am to 1pm

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Heacham Carnival



More pictures can be found on the Newsletters

yal Pinboard



HELP FOR HEROES FUNDRAISING EVENT

The fundraising event held on the Pioneer Holiday Park raised a total of £1765.06, WOW!!

I would like to take this opportunity to thank all the people who helped to put up and down the gazebos, sell tea, coffee and cakes, run Tombola, sell Bric-a-Brac, sell raffle tickets and who helped on the craft stalls, also all the caravan owners who paid to have a table top sale outside their caravans, plus all those who made donations.



Lastly, thank you to all who attended the event, at least the weather was very kind to us.

It is such a wonderful amount to be able to give to such a worthy cause.

**Many Thanks
Sue Windle**

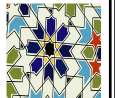


PS We still have two unclaimed raffle prizes as the mobile numbers given are not recognised. The winning numbers are orange ticket number 43 and orange number 169. Please contact Pioneer Holiday Park office.

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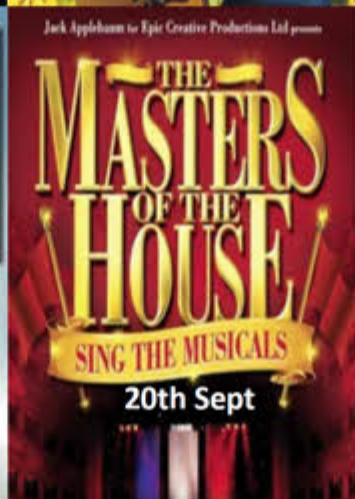
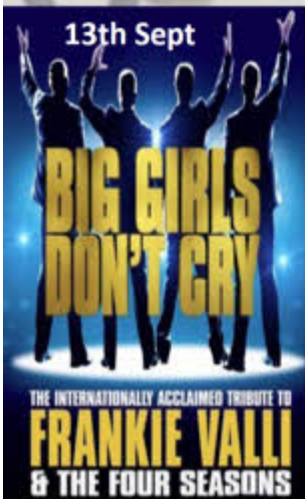
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MOBILE: 07923 985104

HUNSTANTON





Norfolk Rivers Trust Wildlife Fun day

In association with Norfolk Wildlife Trust



**Knights Hill Hotel, South Wootton,
King's Lynn, Norfolk, PE30 3HQ
Sunday 14th September 2014 • 10am to 4pm**

- Meet and find out more from environment and wildlife organisations from around Norfolk.
- Free wildlife activities for the whole family
- Discover the history of the Gaywood Valley with a free walk and talk led by Dr Clive Bond (Booking required - see back of poster)
- Brush up on your wildlife photography skills with a free photography workshop and session (Booking required - see back of poster).
- Free parking and refreshments available

www.norfolkriverstrust.org
Follow us on Twitter @9ChalkRivers and @N_Rivers_Trust

FREE EVENT!

Free Wildlife Photography Workshop

Brush up on your wildlife photography skills with Jerry Kinsley. Jerry will run a short workshop before testing your new skills outside.

The workshop will start at 10:00am please bring your own camera.

For beginners to intermediate.

Booking essential
● Phone 07768031629 ● Email gemma.clark@norfolk.gov.uk

Views across our historic valley and fen edge landscape

Dr Clive Bond will take you on a prehistoric tour of Grimston Warren and Roydon Common looking at how the landscape has changed in the Gaywood river catchment and the people that lived here.

Transport will be available. The tour takes 2 hours

First tour is at 10am second tour is at 2pm please say which tour you want when booking.

Booking essential
● Phone 07768031629 ● Email gemma.clark@norfolk.gov.uk

Put it in your diary!



www.norfolkriverstrust.org

Christmas Party Nights





It's never too early to book your Christmas Party Night and avoid disappointment.

Searles Party Nights have been running for over 23 years and prove very popular with couples, small groups, and for company parties.

All Party Nights include an arrival drink of either red or white wine, and a pre-ordered choice of dishes served to your table.

Following your meal you can sit back and enjoy the entertainment or dance the night away to our fabulous 'Pulse Roadshow' disco.

Party Nights are available on Friday 12th, Friday 19th and Saturday 20th December.

All Party Nights are priced at £29.50 per person.
Private Company Parties also available.

For enquiries please email Emma at emilsom@searles.co.uk or call 01485 536002



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Heacham World War I

Lights Out Centenary Commemoration

At 22.00hrs on August 4th, we joined what we thought would be an hour by candlelight at the village War Memorial for the anniversary of the start of WW1. A wreath was laid and prayers were read, followed by a role call of Heacham's fallen men from that war. Some people brought candles and a few placed them by the wreath for lost family.



However, it was disappointing that most people had left by 22.15hrs. We understood that we would all be

there for the full hour as many places around the area/country were commemorating this occasion; also people in their homes turning off lights and



lighting a candle for the hour as a mark of respect.

Between 22.15-23.00hrs only myself and 2 Parish Councillors Terry Clay and Alan Walker, remained. However, we did feel it right that we should stay for the hour.

Viv Walker



News from Rollason Stage School

We have been very busy with performances at the Hunstanton and Heacham Carnivals.

We had two very busy summer schools in which the children took part in acting, dancing, singing and face painting(!) which they all thoroughly enjoyed. More holiday school days are planned for October. These are also open to non Rollason Stage School students.

We start the new term on Saturday 6th September so there is no better time to join. We offer affordable classes in ballet, tap, modern, jazz, commercial and street dance.

We will be training to take exams before Christmas and rehearsing for a Christmas show this term, so lots to look forward to.

There will be a 'bring a friend' session in the Autumn term - look out for dates in the next Newsletter.

For more details call Michelle on 01485 579074.

Look forward to seeing you all for our Autumn Term.

Happy Dancing!

Michelle and Lucy

If you'd like to get in touch, you can find our address on the front cover. Alternatively, you can email us at theheachamnewsletter@yahoo.co.uk



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THE POCAHONTAS PLAYERS

COMMEMORATION SHOW

£3,004.80p!!!! - Yes you read it right - Three Thousand and Four Pounds and Eighty Pence!!!

This is the grand total raised for the two charities from The Pocahontas Players' Commemoration Show, held on July 26th. £1,502.40p has gone to The Far East Prisoner of War Association and £1,502.40p has gone to Scotty's Little Soldiers.

Sometimes the 'Thank you' list goes on and on but in this case please bear with us because without these 'giving' people we could never have raised this kind of money for two such worthy causes.

We had only six weeks to rehearse and prepare for this show, so it was pretty hard going. We had lines to learn, lots of songs to learn, costumes, backdrops, props to make/get together, programmes, tickets, banners, posters, flyers to design but, with the huge support from The Players and others, WE DID IT!!

We only seemed to ask "Can we have....." and we got it.....

Mr Mick Jennings - 150 programmes

Derricks Taxi's - 35 printed posters/600 flyers

Dolphin Graphics - 300 tickets and the printing of song sheets
Scent With Love Florist - 350 Union Jack flags and white table covering

Rounce & Evans Estate Agent - between shows casts refreshments

Dave Curtis - 16 vinyl war time table runners and advertising banner (thank you Mr Alan Rudd for fixing it up)

Jeannie Tooley - 15 song sheet black folders

Juliet and Ray Slight - hand built Pub Bar with accessories

Janice Curtis - Old Time Music Hall costumes etc

Heacham Club - free rent of the hall for rehearsals and performance day of this show

Jim (the Video Man) - £50 towards charities.

To make this production different to any that we had done before, it was suggested that The Cast served the audience their drinks.

All very new to The Pocahontas Players, so the elected cast were each given a clip board to take orders from their particular table. We must thank Barclays Bank, Hunstanton, for supplying a box full of new Barclays pens for them to do this.

We had two intervals, with the second interval being the Raffle. Every raffle prize was donated, many of which tied in with the theme of The War - a Poppy Brooch, War time mugs, War time jigsaws and lots of other superb prizes. Thank you to ALL who donated.

The scripts for the show were outstandingly good, with a poignant piece written by Peter Everingham written around our Heacham lads enlisting for World War I and a more humorous look, written by Jimma Race, of life down at the Local Pub during World War II. Thank you Peter and Jimma. What super script writing. War time original speeches were written into these scripts with Sir Winston Churchill being heard speaking from a war time wireless (thank you Mr Richard Wallis for the loan of this precious item). Also, thank you to John Jones who played The Last Post on his Bugle.

Jeannie and Dave worked tirelessly getting song words to match the music. Using the original music was a difficult task indeed and then getting the cast to Sing! Sing! Sing! them with gusto (but it was fun rehearsing!).

We had 5 new members join The Pocahontas Players - Tony Bishopp (narrator and singer) Barney Sheldon, Pam and Patrick Swann (singers) and Leesa Espley for her very moving

acting and her singing. We hope they enjoyed it so much that they will join us for our next production?

Always a big thank you to Janet Race, June Critcher and Suzanne Everingham for their Front of House Team Work. It was such a very very hot day and with 165 audience packed into Heacham Public Hall, they felt they were melting! It was also great to see some of you dressed up in war time attire.

But, as you see by this photograph, our biggest thank you goes to the audience because, without you supporting us, we wouldn't have had such a huge success! We, as a group, felt so proud, standing on that stage listening to you all joining in and watching as you vigorously waved your Union Jack Flags with pride, singing 'There Will Always be an England'. We must thank the very talented Photographer, Kelly Rix who gave up her valuable family time to take photos of our Dress rehearsal and for taking this fantastic shot.

We have had so much positive feedback from this production - congratulatory phone calls, social media messages, texts, cards via Royal Mail plus the many of you who have stopped us in the street, shook our hand and said 'Well done!'

It's been amazing. Thank you ALL once again for your support.

**From the very proud
Heacham Pocahontas Players Drama Group**



Mrs Carol Cooper founder member of C O F E P O W receiving her cheque from Dave Curtis (Chairman of The Pocahontas Players).

Pictured with Debbie Dack of Scottys Little Soldiers (middle). Presenting the cheque are the two founder members of The Pocahontas Players - Jeannie Tooley (left) and Janice Curtis (right).



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around and about...

Community Cinema

**On Saturday 13th September
Cinema in Syderstone**

Presents

“Mr Morgan’s Last Love” (12A)

Following the death of his beloved wife, a retired American philosophy professor meets a young Parisian woman. A gentle film about the power of love when all seems over. Michael Caine is excellent, as is Clemence Poesy, such a hit recently in TV’s ‘Birdsong.’ The Paris atmosphere is enchanting.

Venue: Amy Robsart Village Hall,
Syderstone PE31 8RX.

Start time: 7.30pm.

Advance Tickets £3.50

Contact 01485 578588 or 578171

Email: cinema@syderstone.com

Anmer Village Social Club Film Night

Friday 19th September 2014 at 8.00pm

‘LOVE PUNCH’

A comedy starring Emma Thompson, Pierce Brosnan, Celia Imrie and Timothy Small in which a divorced couple scheme to recover the retirement money which was stolen from them.

Doors open 7.30pm

Tickets on sale at the door - £3.00

Further details tel: 01485 579465 or

email: films@anmerclub.co.uk

Brancaster Camera Club

We held a very successful exhibition during August. Many thanks to all those who came along and supported us.

The winners were:

1st - Noel Robinson with his contemporary image "Hello Girls"

2nd - Noel Robinson - 'Poppies & grasses'

3rd - Tony Luxton - 'Old Tram humming along'

The People's choice was David Langley's beautiful 'Hunstanton Sunset'

Our next meeting is Tuesday, 23rd September

A print lecture by David Hodgson DPAGB BPE1* and Judy Hodgson CPAGB BPE1*

Visitors are always welcome at our meetings which are held in Brancaster Staithe Village Hall at 7.30 pm. Contact Jim Till on 01485 210013 or Wendy Calow on 01553 674725.



Thursday 25th September – 7.30pm

The West Norfolk members' group invites you to:-

an illustrated talk by Tim Turner

Wader Ringing on the Wash

Venue: Hunstanton Methodist Church Hall, Austin Street

Cost: £2.00 members / £2.50 visitors

SJP

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**Sainsbury's Sport Competition Results
Sports Poem
by Year 5 Redgate School**

Hunstanton Sainsbury's set Redgate School a competition for the year 5 class. We asked the class to come up with a poem about any sport of their choice. Some of the colleagues at Sainsbury's thought that, with all the sports events that have been in the media these last few months, it would be good to see what the children could come up with.



It really was very difficult to choose a winner, but we did. The winner was Jarred Link with his poem titled RUN. Second place was an untitled poem by Rebecca Wallace. The poems were read out in the children's assembly.

Well done to all those who entered the competition. All the entries will be on display at the Hunstanton store for our customers to read .

RUN!

On your marks, get set, GO!
The race has begun.
I'm trying as hard as I can,
In the scorching sun.
10,000 metres
A long way to go.
And I'm so busy day dreaming,
I'm going too slow!
But it doesn't matter
It's about taking part.
I went for the win
But I'm a proper winner in my heart.

Jarred Link

Oh no! It's swimming lessons again.
Every Saturday I wake up early
Rise and shine it's morning.
Waiting for my turn I was sitting and
shaking as my teacher calls me as I walked over to her
She gave me a letter, a kind of letter I never get.
I opened it like a flash, it said that I was moving up
to the top group the biggest and the best.
When I went for my first lesson there
I was the star, the best of the group
Today was the best day for swimming!

Rebecca Wallace



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DO YOU HAVE INCOME (OR GAINS) FROM PROPERTY?.....

PART IV: BUILDING PLOTS

By Kathryn Gigg Chartered Accountants, Hunstanton

With the current increase in property values and a return of lenders with an appetite to assist with property matters, subject to status, people are exploring how to make the most of their assets and a popular plan is to explore selling off excess land as a building plot. If you are fortunate enough to have "spare" garden land and live in an area which will allow development then an opportune course of action might be to obtain planning permission for part of the plot. This then gives rise to the question of whether you are thinking of building on the land yourself and selling on; moving into the new property personally; or selling the plot, with the benefit of planning permission, to a third party, who then takes on the development project but pays you a healthy premium for the bare land.

If such an exercise is planned thoroughly and managed well, then it can be the key to a useful cash bounty. However, despite the plethora of TV programmes suggesting that land development is easy, a badly carried out project can result in heartache, financial hardship and an unexpected tax bill. Good and careful planning is, as ever, a prerequisite to success and the first port of call after the architect or planning consultant should be your Accountant/Tax Adviser as the tax treatment of the development is fundamental to a satisfactory outcome. Errors and oversight here, can give rise to unwanted tax bills and the figures can be high.

So, what are the tax considerations to take advice on? The first question is the treatment of the garden plot itself. Garden land can be worth as little as £5,000 per acre with no planning permission, however, an acre of development land can be worth a considerable sum and this uplift in value can create a large tax bill. A common misconception is that the sale of a garden plot is always free from **Capital Gains Tax (CGT)**. This is not the case and there are a number of "elephant traps" for the unwary. If planned carefully then the land may be deemed part of your "**Principal Private Residence**" (PPR) and hence be covered by the exemption that prevents CGT being charged when you dispose of your PPR, or part of it. However, the land must be being enjoyed as part of the property (it needs to be garden rather than waste land or a field or paddock) and, in most cases, the entire plot (before being split) must be under half a hectare in area (around one and a quarter acres). Furthermore the usage and enjoyment needs to be continuing as at the date of sale. Hence, for example, if you were in the process of selling the house and the garden plot at the same time, perhaps to separate purchasers, but, not realising otherwise, due to delays with contracts, sold off the house before the plot then you are at risk of having automatically cancelled out the CGT exemption; because, despite the plot having been part of the garden for years, at the point of sale it was simply a piece of ground and cannot be connected with the house as this is already sold! Structured another way, ensuring the garden is sold off first, can achieve the same return but with no unpleasant CGT bill at a maximum of 28%.

The potential CGT exemption is of utmost importance and, given the potential tax liability at stake, HM Revenue & Customs look at this very carefully indeed.

If you have progressed to this point and simply plan to sell off the bare land with the benefit of the planning then you may stop here. (Having said that, **every set of circumstances is different** and it would be **far preferable to take advice ahead of entering into any transaction.**)

If you are considering building the new house and become a "speculative" builder in your own right, then detailed tax planning is paramount. The temptation is that by doing this you can potentially benefit from the increase in the land value due to the planning permission (as you would do if you simply sold it bare) but then, in the hope that the profit in the building itself may be yours as well! Another possibility might be that you have a property built and then move into the new one and sell or let out your existing property? **There are endless possibilities. All of them have taxation consequences** (you may become a "trading" builder for example and need to register for self employment or operate through a limited company perhaps) **and**

Kathryn Gigg

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can be dealt with to advantage but obtaining proper professional help is advisable all round. As an aside, there is always also the spectre of VAT to consider.

The moral of the tale is to take specialist taxation advice at an early stage. It will incur a fee but can save many thousands if it avoids a course of action that leaves you liable to a tax that you were not expecting.

Kate Gigg and her team at Kathryn Gigg Chartered Accountants specialise in all aspects of property tax and would be pleased to advise you if you are carrying out any property transaction and need specialised Capital Gains Tax assistance.

If any of these issues affect you and you are in need of further advice, please contact either myself or my assistant Nic Tarry FCA, who will be pleased to talk matters through with you.

Mrs K H Gigg FCA

Please contact Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800

Email kate@kathryngigg.co.uk if we can assist in any way.

Caution: The information set out above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.

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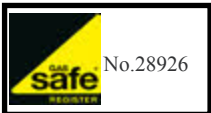
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The Hunstanton Community Choir.....

Continues to grow in popularity. A recent outdoor concert at The Ringstead Chalkpit proved a crowd-puller. A beautiful, balmy Sunday evening with folding chairs, picnics and a bar (just in case anyone forgot to pack the drinks!). Everyone was set for the night ahead. The choir started the event with some old familiar favourites; The Skye Boat Song, Summertime and Bridge Over Troubled Water, to name a few. Exuberant as ever, the choir sung



with enthusiasm, (and maybe a few more wine-relaxed voices than usual!) but this only adding to the entertainment. The choir was followed by David Wood, a hilarious local comedy poet, who kept the fun element flowing. Also singing at this mini-festival were The Quaysiders, a Brancaster duo who performed a mixture of folk and shanties that had the audience merrily singing along.

Whilst in the singing mood, the choir went on to perform a second half of songs from the wartime era, including Pack Up Your Troubles and White Cliffs of Dover, their set ending in a flag-waving, Land Of Hope And Glory. Everyone agreed that the event had been a great success with much praise for Liz Rogers, a choir committee member who organised proceedings and, in the process, profits from the event (almost £500!) were shared between The Norfolk Hospice, Tapping House and

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Ringstead Woodland Walks. Many are hoping this will not be the end to The Chalkpit Evening and are looking forward eagerly to doing it all over again next year!

Sunday 3rd August had the choir meeting again to share their wartime medley with the holidaymakers and locals at Hunstanton Bandstand & The Spinney; what lucky folks to spend the day in such a wonderful place, with such talent filling the glorious summertime air with song. Big thanks go out to all those people who supported the singing at all events and gave with such generosity.

And so the end of summer term is here for the choir, one last get-together on the green for fish and chips to celebrate an amazing year! Everyone will be meeting up again for their regular practice at 7.00pm September 2nd at The Town Hall, when the choir will be readying themselves for Autumn Events and looking forward to Christmas. There'll be more news later, but any fans of Hunstanton Community Choir and The Delta Pilots may be in for a great treat ... watch this space!

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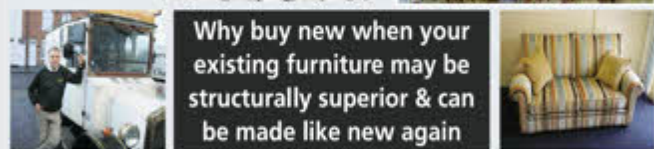
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Hunstanton & District Rotary Club

Rotary Matters

A report by Rotarian Maggie Ponder, the organiser of the **Norton Hill railway weekend held on Saturday and Sunday July 26th/ 27th.**

The Hunstanton and District Rotary club were invited, as usual, to run the first Norton Hill Railway weekend of the summer at Hall Farm, Snettisham. The owner, Mr Schumann, kindly allows these events for charity three times during the summer giving people the pleasure of riding in a train pulled by steam engines and also have a fun afternoon out. This year the charities being supported were The Norfolk Hospice, The West Norfolk branch of Riding for the Disabled Association and Keeping Abreast. All three charities had all sorts of stalls and entertainments there including pony rides which were a great attraction. Charity volunteers helped the Rotary Club to turn the handle of the manual round-about. Our new Rotary Associate members were a great help. Rotary club members ran their own stalls and the Inner Wheel ran the tea and cake stall and everyone helped each other. We were entertained by the Hunstanton Concert Band on Saturday and Rig a Jig Jig on the Sunday. The trains ran all afternoon. The event started an hour earlier this year at 1pm and as a result it had record attendance resulting in a record in terms of money raised for charity. There will be a presentation towards Christmas when the total amount will be announced.



The three Charity stalls at the Norton Hill weekend)

This event is a wonderful family outing

and is made so successful because everyone, charities, Rotary Club Full and Associate members, Inner Wheel members, Mr Schumann and his family and train team, all work so hard together. People leaving all left with smiles saying how much they had enjoyed themselves.

The Club is delighted to report that three more Associate Members have joined recently. These are Malcolm and Patricia Diggins from Heacham and Jeffrey Dillon from Dersingham. We now have six Associate Members.

At a recent Club meeting our speaker was Ginny Sepping from the **Ormiston Families Trust.**

This is a charity, established 1992, which helps children and young people in the East of England. Their aim is to give the best possible start for children who face social exclusion and who need help, and as such is a worthwhile trust. Referrals can



Ginny Sepping speaking at the Club meeting)

come from schools, the doctor or social services.

The Trust also gives valuable help to families with a parent or sibling in prison, liaising with the prison authority so the children can relax with their families while visiting. A good relationship has been established with gypsies and travellers so the children do not feel excluded at school or in the community.

We are always happy to answer questions about Rotary from members of the public. If you are interested in either full or associate membership then a 'phone call to one of the following will explain more: Club President (2014-15) Peter Atterbury, tel 534820 or Past President Phil Newell, tel 533864. The Club's website is www.hunstanton-rotary.org.uk

Phil Newell & Rene Rooth

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Forthcoming events at Hunstanton Library

For further information about any of these events, or to book your place where necessary, please contact the library on 01485 532280.

Hunstanton Library celebrates its 50th birthday!

Coffee morning Monday 22nd September 10.30am

Come and celebrate our forthcoming 50th birthday with us! Share your memories of Hunstanton library over a coffee and cake! Refreshments free but donations welcome.

Hunstanton Library Family history group:

Tuesday 2nd September – 2.00-4.00pm

Would you like help tracing your family tree or, alternatively, would you like to help others find out about their ancestors? The Hunstanton Library family history group meets at the library on the first Tuesday of the month from 2.00pm – 4.00pm. Why not come along and share your experiences, ideas and tips for searching for your ancestors. The library provides free access to the Ancestry database.

Scrabble Club:

Every Wednesday from 10.00–12.00 noon. Come along and enjoy a game of scrabble. Refreshments provided for a small donation.

Mythical Maze Celebration!

Saturday 6th September 2014 – 11.00–11.30am

Come along and collect your medal for completing this year's reading challenge from our special guests! **BOOKING ESSENTIAL.** All children must be accompanied by an adult.

Knit and Natter at Hunstanton Library:

Thursday 11th September - 10.30am–12.30pm

Second Thursday in the month 10.30am - 12.30pm with the Norfolk Knitters. Come along and knit for charity or, if you're a beginner, we'll help get you started. All welcome; if you're just visiting Hunstanton come along too! Refreshments provided for a small donation.

Weekly Rhymetime!

From Friday 12th September we will be running weekly rhymetimes for pre school children! Look out for further information at the library or contact us on 01485 532280.

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NEWSLETTER SUDOKU No. 84

Complete the puzzle so that each row, each column and each block of nine contain the numbers 1 to 9. Solution next month.

8		9		2		5		7
2				5				
		5				6	2	
3				7	9			
		2					7	
9		8	6		3		1	
5					1			9
1		3		9			6	
		4	7			8		

Solution to Newsletter SUDOKU No. 83

5	7	3	9	2	4	8	1	6
8	9	6	1	7	3	5	2	4
2	4	1	6	5	8	3	7	9
4	8	5	3	1	7	9	6	2
9	6	2	8	4	5	7	3	1
3	1	7	2	9	6	4	8	5
7	2	8	5	6	9	1	4	3
1	5	4	7	3	2	6	9	8
6	3	9	4	8	1	2	5	7

In this puzzle you have to form each pair of words into a pair of synonyms by transplanting a single letter from one word into the other.

1. OAK & WEST
2. TINE & BID
3. FOG & BLEAT
4. AGE & RANGER
5. SHEAR & CAR

Answers page 43

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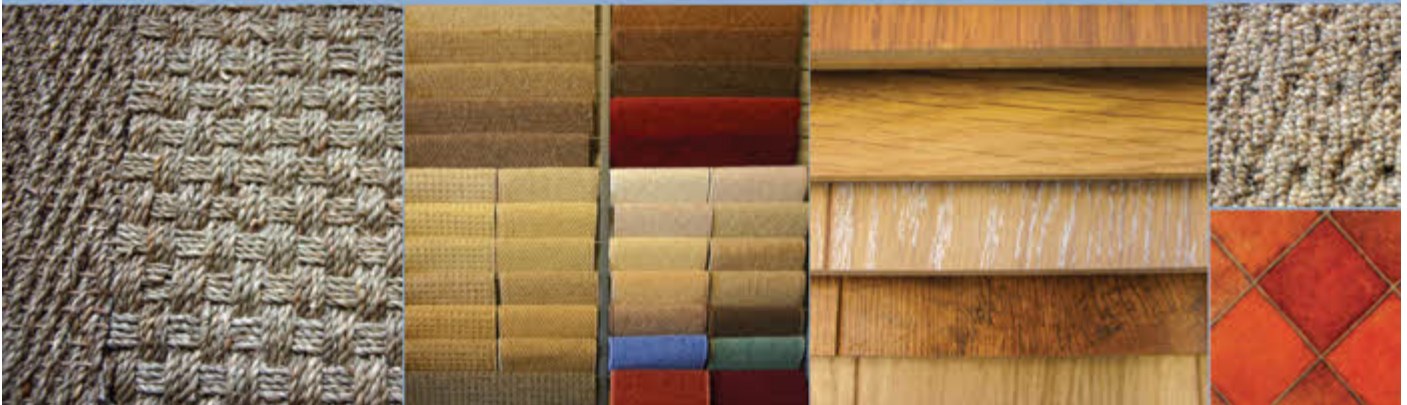
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The West Norfolk Alliance is a partnership of organisations involved in providing health and care services in West Norfolk. It includes:

- NHS West Norfolk Clinical Commissioning Group (WNCCG)
- Norfolk Community Health and Care NHS Trust (NCH&C)
- The Queen Elizabeth Hospital NHS Foundation Trust
- Norfolk County Council (Community Services)
- Borough Council of King's Lynn & West Norfolk
- West Norfolk Voluntary and Community Action (WNVCA)
- Norfolk & Suffolk NHS Foundation Trust (NSFT).

Members of The Alliance have made a formal commitment to work together to develop a new way of providing health and social care services that are better for local people and financially sustainable in the long term.

Why has the West Norfolk Alliance been formed?

Agencies are already working together to deliver some services and it is the success of this way of working that has prompted the formation of the West Norfolk Alliance. There is room for improvement and the time to act is now. Decreasing budgets, combined with increasing demand for services mean that the current way of working is simply not an option if the future health needs of our population are to be met.

The Alliance understands that the idea of changing such important services can cause concern, but there is a real opportunity to redesign how services work and improve and protect those that local people rely on.

Marie Connell, Project Manager at West Norfolk VCA has been appointed Project Manager for the engagement and communications element of the West Norfolk Alliance Project and is arranging for members of the West Norfolk Alliance to attend meetings, forums, AGMs or other networks and meetings. This will be an opportunity for groups to hear about the work of the Alliance, ask questions and have a say on the future delivery of health and social care in West Norfolk.

If you would like to discuss this opportunity to meet members of The West Norfolk Alliance, please get in touch with Marie on 01553 760568 or email marie@westnorfolkvca.org

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Friday 14th Nov - 7pm:

Almost P!nk recreation of 90s & noughties rock princess **Pink**.
New2 brings the stage alive with their amazing tribute to Dublin rockers **U2**.



Saturday 15th Nov - 2pm:

'Legend' are seven great musicians and singers dedicated to the life and music of the late great **Bob Marley**.



Saturday 15th Nov - 7pm:

Kylee performs the sounds of pop princess **Kylie Minogue**
Re-Take That brings you a superb tribute to the kings of pop, **Take That**.



Sunday 16th Nov - 7pm:

Gerry Trew will astound you with his uncanny resemblance to the 70's icon **Rod Stewart**.
Martin Jarvis with his powerhouse of a voice dedicated to the Welsh legend **Sir Tom Jones**.



***Legends Ticket Only**
Nightly only ticket: £15.00pp
Saturday afternoon only ticket: £15.00pp
Saturday afternoon & evening ticket: £25.00pp
All weekend Pass: £50.00pp
Evening pre-show 2 course meal: £15.00pp

Legends Package with Accommodation
2 night Pass with accommodation & nightly 2 course evening meal & daily breakfast from £123.00pp
3 night pass with accommodation & nightly 2 course evening meal & daily breakfast from £160.00pp

*Ticket only do not include food. If you would like to pre-book a two course meal prior to an evening event please let us know at the time of purchasing your tickets.

Tickets sell fast so book early to avoid disappointment. Call 01485 534211

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Searles Leisure Resort, South Beach Road, Hunstanton PE36 5BB
www.searles.co.uk

Norfolk Lodge Residential Home

This photo was taken at the recent event in Norfolk Lodge Residential Home for an afternoon of gaiety, consuming cocktails and dancing to a steel drummer. The event was organised by Yvonne Sands, manageress, and Shelley Ross, activities organiser, ably assisted by the staff.

More photos can be seen if you visit:

<http://www.armscare.co.uk/2014/07/caribbean-fun-at-norfolk-lodge/>

Roland Worth



Kathryn Fox is the fiction feature writer for September. Kathryn is an Australian with a fascination for Forensic Science, the most popular subject amongst Library borrowers. If the Great British Bake Off has whetted your appetite for all things tasty, take a look at the recipe books in the non-fiction section.

The free online courses are held on a Tuesday morning or afternoon. The courses are aimed at helping you to use the internet to search for information, shop, compare prices and emailing. Three, free sessions of one and half hours in small learning groups are available.

Please ring 01485 572142 to book your free place or to have a chat about what "Learn my Way" entails.

Heacham Library Opening Hours
Monday, Wednesday, Friday - 10am-4.00pm
Saturday - 10.am – Noon

Quiz page 39

1. SOAK & WET
2. TIE & BIND
3. FLOG & BEAT
4. RAGE & ANGER
5. SEAR & CHAR



New rooms available at Rebecca Court in Heacham

We are delighted to announce that we have 2 new spacious, ensuite rooms now available for very competitive price at Rebecca Court, our residential care home on Staithe Road in Heacham.

At NorseCare, we aim to:

- provide individualised care, helping residents and their loved ones to participate fully in the planning and delivery of their care
- keep the dignity of our residents at the heart of everything we do
- keep residents safe, enabling them to exercise choice over their life and to remain as independent as possible
- continually assess the quality of the service provided to our residents, embracing new ideas and researching improvements to their quality of life
- ensure our fully trained staff provide the very best care and support.

For more information about the rooms or to arrange a visit, please call the team at the home on 01485 570421 or email rebeccacourt@norsecare.co.uk.

Visit our website: www.norsecare.co.uk.



Dignity in everything we do...



Latest News from Wells Community Hospital

Open Day – Thursday 9th October

We are holding our Open Day this year on Thursday 9th October. Not only will we have stands and stalls from various groups such as Age UK,

Alzheimer's and Wells Carers, but also demonstrations from some of the people who hold clinics here such as Joanna Foster - Soft Tissue Specialist, Sally Walker, Norfolk Health Trainer and Su Hamilton who will be holding free mini yoga sessions. David Saunders will be holding two 'Music for Memory' singing sessions for people with dementia.

The cafe, garden room and garden will all be open and tea, coffee and cake will be available to buy. Please tell your friends and come and have a look around and see the wonderful facilities we have.

Dementia Hub

The dementia hub is now fully up and running and we are holding sessions every Wednesday. If anyone has dementia or knows of someone that does, please come along and enjoy the activities, which range from singing, to games, DVDs, art and reminiscence mornings. The volunteers, carers and people with dementia, all get a huge amount out of them and they are open to anyone in North and West Norfolk. They start at either 10.00 or 10.30 and last for two hours, but you are more than welcome to just pop in for a short time if you would prefer.

Wednesdays at Wells - Diary Dates:

- 3rd September - Dementia Activities - 10.00am
- 10th September - Dementia Café - 10.30am
- 17th September - Dementia Activities - 10.00am



2 4 t h
September -
Music for
Memory -
10.00am

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rent at very reasonable rates - any length of time, from an hourly basis up to half day, full day, evenings and weekends.



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£30, Full day
£60. Weekend
rates poa.

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aprons, gloves, and clinical waste disposal **along with patient/client waiting area - all are DDA compliant.**

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Chris Geering Garden Room - seats up to 50 people - opens out on to Sensory Garden.

Training Suite - seats up to 10 people - desk chairs and ceiling mounted projector available.

Please contact Katrina Melton on 01328 7119 or email katrina.melton@wellshospital.org.uk

Recent Lottery Winners:

Mr G Pinney, Miss A Bennett, Mrs S Worsley, Mr G Dodman, Mrs G Thompson, Mrs C Raison, Mr T Moore, Ms C Crawford, Maria Herman, Joyce Bingham, Miss Runciman, Mr J Edwards, Mrs S Emerson, Mr G Medd, Mrs B Groves, Mr R Wilson-Stephens, Mr Barnham, Mr Stanford, Mr R Faire, Mr K Raisbury,, Mr S Dodman and Mr V Nierop-Reading

Bereavement Support:

Survivors of Bereavement by Suicide Support Group is starting on 8th October at Wells Community Hospital and will be held on the second Wednesday of each month from 7.00pm – 9.00pm. Please contact Jacqui on 07867 512800 or sobsnorfolk2@gmail.com for further details.

Yoga:

Su Hamilton's yoga sessions start again on Thursday 4th September from 10.00am until 11.30am. For more details please contact her at 01328 738494 or email suyoga.relation@gmail.com.

Liz Downing

Wells Community Hospital Trust Mill Road, Wells-next-the-Sea, Norfolk. NR23 1RF
Tel: 01328 711996



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MACMILLAN COFFEE MORNING
Friday 26 September, from 10am
Staff bake off, bring and buy sale, raffle, guess the weight of the cake and more.

SUNDAY LUNCH 12-2.30pm
1 course: **£10.95**, 2 courses: **£15.95**, 3 courses: **£20.95**

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www.caleyhallhotel.co.uk

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THE LAST TWO WEEKS IN SEPTEMBER
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ACTS FOR SEPTEMBER

SEPT 6TH -	STEVE WHITEMAN
SEPT 13TH -	MARK JOSEPH
SEPT 20TH -	RACHAEL HAMMOMD
SEPT 27TH -	RYAN

FOR MORE INFORMATION FOLLOW US ON
FACEBOOK SILVER SANDS.
FAMILIES WELCOME

HEACHAM PARISH COUNCIL NOTICEBOARD

Parish Council Meetings in Brief

Heacham Carnival Parade: The Council was pleased to report that the parade had gone very well. The Council acknowledged the invaluable support of the volunteer marshals, Heacham Club Charity and the sponsors Jennings Shop and Norfolk Lavender.

Heacham Park Project: The Project Committee stated that it had issued over 2500 leaflets around the village asking residents to support the proposal to fund the purchase of the park via the village council tax. The Project Committee had also organised a public meeting to discuss the proposal which had been well attended. The Committee asked the Parish Council to underwrite a bid for the Heacham Park. It was acknowledged that the amount required, up to £500,000.00, would have to be borrowed, although it was the Committee's intention to continue to fundraise. Councillors asked for more information about the management of the park before they could make a decision. A separate fact finding meeting was arranged between the Council and the Park Committee. It was then agreed at that meeting, the Parish Council would ask for a meeting with the Youth and Community Trust to confirm the Trust's position.

Old Friends' Hall: The Management Committee was pleased to announce that the Jubilee Trust had agreed funding to ensure the refurbishment of the outdated toilets. Work to make the toilets fully accessible would start in September. New storage cupboards had also been installed in the main hall.

The Dairy Site: The Council noted that the vendors had agreed to the reduced offer proposed by the Council in July. The Council did agree the Heads of Terms, subject to finance. Several councillors asked for more details of the Council's planned and likely expenditure in the future.

Hopkins Homes: The Chairman confirmed that the Council had submitted an objection to the development proposed to the South of Hunstanton.

School Road Planning Appeal: The Council noted that the appeal had been submitted and validated, but as yet the deadline for submissions to the Planning Inspectorate had not been published. The Council would seek the advice of a planning consultant to assist in the compilation of its objection.

Photography Exhibition: The OFH Committee reminded Council of the planned photography exhibition on 13 September.

Church Green Seat: The new seat at the Church Green was now in place and the damaged concrete plinth replaced with setts. The Green is not public land and the Parish Council are grateful to the owners for their kind permission to allow a seat to remain on the site.

Litter Bins

It is not unusual to find the odd carrier bag of waste by the village litter bins in the summer. However, the Council has noted a large increase in the misuse of litter bins, with bags of garden and household waste being shoved into many of the bins all over the village. The Council reminds residents that the litter bins are for litter only. If households have more rubbish than will fit into their own bin, the Parish Council sells red tags that can be put around black bin bags. These bags can then be put out with the black bins and will be removed at the same time that the bins are emptied.

Thinking Fuel Campaign

Norfolk Rural Community Council is urging people to buy their oil early this year and avoid higher prices. As part of the buy early campaign, NRCC is offering free lifetime membership of its oil buying scheme "Thinking Fuel". Traditionally the summer months are a better time to buy oil than the winter when prices tend to rise and delivery can be more difficult around peak times. Norfolk RCC's buy-early campaign is aimed at encouraging people to check their tank now and see if they can accommodate an early order or even just a top-up. Thinking Fuel is an oil buying scheme; with over 2,500 members it saves people on average £120 a year through buying together. With the scheme everyone pays the price per litre, regardless of how much they order. The deadline for the free lifetime membership offer is the 19th September. You can join the scheme by contacting Norfolk RCC on 01362 698216, email office@norfolkrc.org.uk or forms can be downloaded directly from Norfolk RCC's website www.norfolkrc.org.uk

Applying for funding and grants

This free workshop aims to help community groups successfully apply for funding. The session covers how to find out about suitable grants and how to complete the application forms. Sessions are aimed at those new to external funding.

Duration: 3 hours

Dates and locations:

- 7th October 2014 6.00pm – 9.00pm - WNVCA, Regis Place, Bergen Way Kings Lynn PE30 2JN.
- 24th November 2014 1.30pm – 4.30pm – Hunstanton Town Hall.

Additional Information: Delivered by West Norfolk Voluntary Community Action (WNVCA).

Compostable Caddy Liners

The caddy liners are available from the Parish Council Office. These are the same bags provided by the Borough Council. We advise residents not to stockpile the bags as they are a perishable item with a shelf life of between 4-6 months. The price is £1.60 for 50 bags.

Any queries should be addressed to:

Heacham Parish Council Office

Jubilee Clinic Pound Lane Heacham

Norfolk PE31 7ET

Tel/Fax 01485 572142

www.heachamparishcouncil.co.uk

Open Tuesday - Friday 10.00am-Noon



HEACHAM REMEMBERS

The First World War, often said to be the war to end all wars, changed the nation. Keeping the memory of the sacrifices and hardships caused by WWI alive ensures that current and future generations appreciate that the freedom enjoyed today came at cost for our relatives in the past. It is also an opportunity for residents to pay tribute to those who gave up so much. Heacham Remembers plans to publish stories over the coming months and the Parish Council would be grateful for your family memories and stories from both at home and on the front lines. **Heacham Parish Council – 01485 572142.**

ARTHUR SAMUEL GROOM

My Grandfather was Private Arthur Samuel Groom and he served in WW1. He was born in Heacham about 1886 and was only a young lad when he joined up at the age of 14/15 to see action in the Boer War in 1902, he survived that war by being in charge of the Padre's horse



and by the other soldiers, perhaps thinking of their own sons back home, sharing their food with him. At the start of WW1, Private Groom was a professional soldier, trained to be a sniper, serving in the Royal Norfolks. My grandfather saw action in France and although wounded several times, he served throughout the War. I am proud to have the medals that he was awarded. He often told how he was one of the serving soldiers that laid the first wreath on the Heacham War Memorial. My

Grandfather was a typical country man and as a boy, he would take me off to shoot rabbits for tea and on a Sunday, we would comb the beaches for coal to put on the fire. How proud I was walking home with him. My grandfather lived out the rest of his days in Heacham in a house on Folgate and is buried in Heacham Churchyard.

Jimmy Groom

Private Groom's medals include the 1914-15 Star and Victory Medal. The ribbons also denote the fact that Pte. Groom should have also received the 1914 Medal, known as the Mons Star and the General Service Medal. The Medal with the red and Navy Ribbon is a Boer War medal.

Private Groom's uniform shows him wearing the Britannia cap badge of the Norfolk Regiment which became the Royal Norfolk Regiment in 1935



HELP LINES

HEACHAM GROUP PRACTICE 01485 572769
HEACHAM MON TO FRI 08.30 TO 13.00 14.00 TO 18.30
SNETTISHAM MON TO WED 08.30 TO 12.30 14.30 TO 18.30
 THURS/FRIDAY 08.30 TO 12.30 Closed p.m.

OUT OF HOURS DOCTOR 111
 For out of hours service, please call the NHS Helpline

HEACHAM & DISTRICT COMMUNITY CAR SCHEME 534777

HEACHAM CHEMIST 570297
 OPENING HOURS MON TO FRI 09.00 TO 18.30
 SAT 09.00 TO 17.30

Between 13.00-14.00 prescriptions and certain other products only available if the Pharmacist is in attendance
 DUTY CHEMIST NOTICE DISPLAYED ON DOOR

HEACHAM PARISH COUNCIL OFFICE 572142
 OPEN TUES TO FRI 10.00 TO 12.00

STREET LIGHT FAULT REPORT 572142
 BOROUGH COUNCIL OFFICE 01553 616200
 BOROUGH COUNCILLORS

Mrs S. SMEATON 01485 572528
 Mr C. MANNING 01485 523287
 NORFOLK C C MICHAEL CHENERY 01328 823411

PARISH LIBRARY 571928
 OPEN MON, WED, FRI 10.00 TO 16.00 SAT 10.00 TO 12.00

HEACHAM POST OFFICE 570330
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EMERGENCY SERVICES
 QUEEN ELIZABETH HOSPITAL 01553 613613
 NHS Helpline 111
 DENTIST Emergency only for patients not registered with a dentist 01553 769264

COMMUNITY MIDWIFE (Ask for Hunstanton M/W) 01553 613613
 POLICE 101
 SAMARITANS 01553 761616

CHILD LINE 0800 1111
 SILVER LINE 0800 4708090
 ELECTRIC 0800 7838838
 ANGLIAN WATER 0845 7145145
 GAS ESCAPE 0800 111999
 EMERGENCY 24hrs VETERINARY CLINICS 01485 570065

HUNSTANTON LIBRARY 532280

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 WED. 10.00 TO 19.00
 THUR and SAT 10.00 TO 13.00

HEACHAM COMMUNITY WEBSITES

www.heacham-on-line.co.uk
 E-mail admin@norfolk-on-line.co.uk

www.heacham-village.co.uk
 E-mail enquiries@heacham-village.co.uk

www.heachamgrouppractice.org

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Via:- Heacham Lavender, Fox and Hounds and Lodge Road.
 0647 first bus to Kings Lynn then twice an hour.
 0654 first bus to Hunstanton then twice an hour.

Service 10 (Sunday)

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.
 0908 first bus to Kings Lynn, then hourly from 1054.
 0843 first bus to Hunstanton, then hourly from 101

Service 10

Via:- Hunstanton Road, Fox and Hounds and Lodge Road.
 0836 first bus to Kings Lynn, then hourly
 0815 first bus to Hunstanton, then hourly from 09.32

Service 10 and 11 (Sunday)

Via:- Hunstanton Road, Fox and Hounds and Lodge Road.
 1008 first bus to Kings Lynn, then hourly from 11.23
 0943 first bus to Hunstanton, then hourly from 10.48

xx

Smithdon High School Bus

Service 401

Via:- Folgate Road/Fengate, Station Road
 0816 to Smithdon School
 1530 from Smithdon School

xx

Coasthopper Service

Kings Lynn to Cromer & Fakenham Via Norfolk Lavender, Hunstanton, Holme, Thornham, Titchwell, Brancaster, Wells, Sheringham.

xx

All Bus Enquiries

www.norfolkgreen.co.uk or Tel: 01553 776980

xx

Main pick up points for The Heacham Newsletter.
First Saturday each month except January.

Jennings, Cooks Butchers, Heacham Bakery, Heacham News, Post Office, Parish Council, Church, Co-op, Tescos, Fish Bar, Wine Cellar.

HEACHAM HALLS

Public Hall	570776
Pine Residents Hall, Wilton Road Mrs Crisp	579440
Methodist Church Hall, Station Road Mike Careless	570363
St Mary's Church Hall, High Street Mon, Wed, Fri 10.30 to 12.30	572539
Old Friends Hall Sunnyside Close	572142
Heacham Scout Hut	572890

HEACHAM CHALK PIT RECYCLING CENTRE

Summer opening times are 9am - 6pm. Winter opening times, which apply from 1st October to 31st March, are 9am - 4pm.

MOBILE LIBRARY

ROUTE WEL 124	(Mondays)	ROUTE WEL 123	
1st/15th/29th	September	8th/22nd	
COLLINGWOOD CLOSE	09.55	ROBIN HILL	10.40
SOUTHMOOR DRIVE	10.15	RINGSTEAD ROAD	11.00
SANDRINGHAM DRIVE	10.35	CUNNINGHAM CRT	11.25
CHENEY HILL (F/SIDE)	10.55	NEVILLE CT	11.45
WOODSIDE AVE	11.20	NEVILLE ROAD	12.15
HEACHAM INFANT SCH	11.35	PINE MALL	12.30
MILLBRIDGE Care Home	12.00	SITKA CLOSE	12.50
NOURSE DRIVE	12.25	SUNNYSIDE	14.15
POCAHONTAS WAY	13.55	MEADOW RD	14.40
BUSHEL & STRIKE	14.15	REBECCA CRT **	15.00
GIDNEY DRIVE	14.30	FRIDHEM Rest Home **	15.00
BANKSIDE	14.50	** 4 Weekly Alternative	
MARRAM Way/Norway CL	15.05	POPLAR AVE	15.25
MARRAM Way/Spruce CL	15.20	GYMKHANA WAY	15.45
MARRAM Way/Neville RD	15.35	JENNINGS CLOSE	16.10
		COLLEGE DR	16.30
		COLLEGE DR/Gonville	16.45