



THE HEACHAM NEWSLETTER

October 2014



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Today**

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The **National Blood Service** will be visiting Heacham in October and would welcome existing and new donors.

**Wednesday 8th October 2014 at the Public Hall,
Station Road. 1pm - 3.30pm and 5pm - 7pm.**

Please make an appointment if you can, by calling the Helpline 0300 1232323 or online at www.blood.co.uk



HEACHAM IN BLOOM

QUIZ NIGHT

Monday 20th October 2014

Raffle, Prize for the winning Team

Starts 7.30pm

FOX & HOUNDS, STATION ROAD

£2.50 per person, includes sandwiches and nibbles (max 4 per team)

To book your place

Tel: 572142 or 572130

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✉
Dear Newsletter

Gymkhana Way

Heacham Park

In the past, my late wife and I were tasked to lead a fundraising team. The aim of this team was to raise, in part, funds to purchase or build a 'Youth & Community Centre'.

With the aid of a team of enthusiastic volunteers, over a period of about twelve years, we, with donations, achieved about £60,000. Many, I am sure, will recall the jumble sales, fairs, auctions and car boots. This was further topped up with an outstanding £100,000 gift. With this £160,000 the committee were able to purchase The Barn, Cheney Hill.

After twelve years of fundraising, our task was completed and the application for grants was instigated. Unfortunately, the grants came to nothing and The Barn was sold privately for approximately £305,000. This money, quite rightly, was put in trust.

My concern is this money, plus accrued interest, was effectively generated from the first humble jumble sale to the sale of The Barn and every donation in between.

In my opinion, this money should be earmarked for the purpose for which it was intended, namely a facility to be enjoyed by all youth and community, namely '**Heacham Park**'.

Greatly concerned.

Mike English

✉
Dear Newsletter

Neville Court

Macmillan Coffee Morning

Neville Court wishes to thank all who came to help, donated raffle prizes and everyone that came to the Macmillan Coffee Morning.

We raised £646. Thank you.

Eileen Snow

✉
Dear Newsletter

School Road

Heacham in Bloom

Congratulations to the Heacham in Bloom team in winning a Gold Medal again. Their hard work has been duly rewarded.

The difference their efforts make in making Heacham even prettier than it is already, is highly commended. Thanks to you all.

Jackie & George Brown

✉
Dear Newsletter

High Street

Sale in aid of 'Top Kids in Belarus' and the NSPCC

Once again a huge THANK YOU to absolutely everyone who helped in any way at all to make the recent sale such a success. We couldn't have done it without you.

Together with generous donations, after the sale was over, we achieved £1,000!

Thanks again.

Mari Brewster

letters...

✉
Dear Newsletter

Folgate Road

West Norfolk Mind

We would like to thank the lady in the tea shop, Station Road and Rod's fish shop in the High Street, for letting us have a charity stall outside their shops. We made £150 which we have given to West Norfolk Mind.

Phyllis Sanderson and Mary English

Heacham Pocahontas Park Project

We are sad to say we have failed in our bid to buy Heacham Park for the village. An offer has been accepted which ties in with the purchase of a house in the centre of the park, i.e. house and land together.

After many meetings, we eventually persuaded the Parish Council to come on board and support the project but, unfortunately, it was too late. In truth, we suspect the agents knew about this deal back in February when we first spoke to them, but they were clearly hedging their bets. Oh well! It's not sold until the money is in the bank, so we will watch this space.

We want to say a huge thank you to everyone who has supported our campaign with offers of help and very generous pledged donations.

In just six months we received letters/flyers in support from 394 people, and only 2 against. Written pledges of donations totalled £36,010, with a further 108 undisclosed amounts. Based on the average donation, the potential was circa £60,000, i.e. £75k if Gift Aid was available on all donations. In addition we had many more verbal promises of "substantial" donations. Not bad for such a short campaign period.

Thank you everyone for your support and ideas. Without you we would not have come this far. Maybe the opportunity will come around again. If so, hopefully, we will be better prepared and able to act quickly enough to grasp it.

Chrissy Wright

on behalf of Heacham Pocahontas Park Project




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Dear Newsletter

Berkhamsted, Herts

George & Molly Graby

Well, we finally packed up Mum and Dad's house and left on Sunday with many tears and aching hearts.

Heacham has been such a massive part of our lives that I would like to share some memories and say a few thank yous. We have been coming to Heacham as a family since I was very young, as my Grandad lived in King's Lynn and this is where Dad grew up. Earliest memories are of buying sweets from Peggy's beach shop and our highlight of the holiday - going along the bumpy road to the fair! We were delighted when Mum and Dad decided to retire to Heacham -they bought one of the plots on Jennings Close, moved into a brand new bungalow and thoroughly immersed themselves into village life. Mum helped run Rainbows, was a member of the Trefoil Guild and was one of the earliest performers in the Pocahontas Players – I think Janice Curtis would agree that one performance in particular was most memorable! Both Mum and Dad were on the Patients Participation Group and Dad finally gave up being a driver for Meals on Wheels at 80, but continued to help out the local Scout Group with their finances.

A whole new generation of the family enjoyed Heacham as our children arrived. Our girls bought penny sweets from Jennings (sorry guys but they are devastated at the new building), went to Dave Cook Butchers and, if Duggie was there, they would go behind to make some sausages, selling raffle tickets for the Patients Participation Group on flu jab day and of course the highlight for them too, going to the fair in Hunstanton. So much so that they insisted on going there again on Saturday!

I would like to take this opportunity to say thank you to those in the village who were great friends to Mum and Dad, some like Freda England are no longer with us, and there are so many it would be impossible to mention them all, but we thank you. We would like to send special thanks to Barbara McAllister who was a loyal and stalwart friend to our Mum but then when we lost her, was equally so to our Dad – we could never have managed without her. Also to Jean Smith, not only was she brilliant with Dad but has been a massive help since we lost him – our love and thanks go to you both, we will always be indebted to you.

Well, I refuse to say goodbye to Heacham, it will only be farewell – Mum and Dad are resting in St Mary's together so there is the main reason for us to return. Once you have been part of Heacham – you always will be a part of Heacham.

Angela Row

Daughter of George and Molly Graby



Dear Newsletter

Hunstanton Road

The Children's Society

Please would anyone kind enough to have a Children's Society collecting box, bring it to me so that I can empty the contents and send it to the Society.

My address is 19 Hunstanton Road, Heacham. It would be a good idea to check that I will be in and my phone number is 01485 571110 or mobile 07775 514585.

Jeremy Gullan-Whur

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High Street

Dear Newsletter

Heacham in Bloom

May I offer my congratulations and thanks to the Heacham in Bloom team who really excel at what they do and work so hard. They have now achieved a very well-deserved gold award for the second year.

So many people appreciate the beautiful displays – Heacham is a far prettier place since they started!

Beth Winsor

News & Events in the Community...

HEACHAM GROUP PRACTICE 2014 FLU CAMPAIGN.



This year's flu campaign will be held during the months of October and November at Heacham and Snettisham.

Appointments for the clinics will be available a month in advance.

Book From 1st October for November appointments

When booking your appointment can we ask you to call 01485 572769 **AFTER 11.00 a.m.** to avoid the busiest time of day.

To qualify for a Flu Vaccination you will need to fall into the following category:

- YOU ARE OVER 65, OR SUFFER FROM:-
- ASTHMA/BREATHING PROBLEMS,
- CYSTIC FIBROSIS, HEART DISEASE,
- DIABETES, KIDNEY DISEASE
- WEAK IMMUNE SYSTEM, LIVER DISEASE,
- NEUROLOGICAL DISEASE

CARERS WHO LOOK AFTER PHYSICALLY DISABLED, OR A DEPENDANT PERSON, PREGNANT.

For Children who qualify for flu jab and as a reminder to parents if you are unable to bring your child on the day, but another *family* member attends on your behalf we will require written consent from you to enable our staff to proceed with the flu jab.

Thank You

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Heacham Group Practice Patients' Participation Group

Surgeries at Heacham and Snettisham



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Health Improvement
in Heacham,
Snettisham, Fring,
Sedgeford and
Ringstead*

Understanding Dementia

Anne Biggar - Service Manager Alzheimer's Society

Queen Elizabeth Hospital Updates

Esmé Corner- Lead Governor Foundation Trust

All Patients Welcome
Monday October 20th at 7.30pm in Heacham Surgery

Chairman Mike Press 579007

ppg@heachamgrouppractice.org



1st Heacham Cubs

Way back on a sunny afternoon in August, Heacham Cubs joined Beavers and Scouts in the Heacham Carnival and walked round in the parade. Cubs took it in turns to hold our Cub banner while Chil (Sam L.) carried our flag for us.

Then on 4th August, Heacham Scout Group was represented at the Lights Out Centenary Commemoration at the War Memorial in the village, by leaders in uniform.

This term sees the evenings drawing in and getting darker each week. Our first week back we thought would be quiet as we had 5 Cubs leave us to go up to Scouts, but the Cubs we had left soon found their voices and we had a loud evening playing games.

Our garden was looking a little overgrown so Thank You to Michael N. for strimming and mowing the grass; it was getting a bit long and it we were worried we may lose a Cub or two in there! The wild flowers have been cleared from the four little gardens (thanks Simon and Jemma) and the Cubs planted daffodil bulbs and garden chrysanthemums (from Ward's Nursery in Ringstead) in the twilight.

Over the next few weeks, we have a compass walk with torches planned and are hoping to make a Harvest display for the Church.

Lots of things have been planned to make the Autumn term lots of fun!

Happy Scouting to all our Cubs.

Akela (Sam C.), Rama (Michael), Ziggy (Julie) and Chil (Sam L.)



PALM BEACH HOLIDAY PARK

WELCOMES YOU BACK FOR 2014 AND HERE'S TO ANOTHER GLORIOUS SUMMER!!!

2014 AWARD WINNING HOLIDAY PARK

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CHURCHES TOGETHER IN HEACHAM

TIME IS RUNNING OUT

“Time is running out....” So runs some advert, urging us to buy. Recently I saw an alarm clock featured which literally runs away with time; as it is set off, it runs off so you have to get up to find it. On the farm time is always running out as I dash from one task to another, cheered on by “Moos” and “Eeores”! And now there’s less than sixty-five shopping days to Christmas!

On a more sobering thought, there are ?? days till the End of the World. Do we believe this will happen? Apparently, according to a global survey, one in seven people do. So does the Daily Mail, which ran an article in the spring, flagging up the Lunar Tetrad we are in the midst of. The Lunar what? Well..... it began on April 15th with the first of four Blood Moons (eclipses), coinciding with four full or partial solar eclipses and, more significantly, with the Jewish Passover and Harvest Festivals. October 8th and 14th is the next and then April 4th and September 28th 2015.

Tetrads are rare and very, very rare to coincide in this way. Only four have been seen in the last 500 years: the first in the 14th century when Columbus discovered the Americas, and the other two in the 20th century, in 1948 and 1967 when Israel was restored and Jerusalem was unified. So the question is....what momentous event will occur to affect the Jews and the world this time?

Time is definitely moving on to our Saviour Lord Jesus’ return to reign and restore a new world, as He promised. In Matthew Chapter 24, He told us “No one knows the day, but there will be signs in the heavens, the sun turning to darkness and the moon to blood”. We are actually seeing this and other signs unfolding before our very eyes. His return will usher in a “new heavens and earth”, with no more death, war, injustice etc., for us and all Creation. No alarm clocks will be breaking into eternity and time will never run out again. And I just might get all those farm tasks done at last!

*Jenny Sparks,
Member of St. Mary's Ministry Team.*

METHODIST CHURCH Sunday Services

10.30am **Morning Worship**

Preachers:

5th October - Rev. David Blacklock
- Holy Communion
12th October - Bob Smith
19th October - Jean Harrington
26th October - Rev. Stephen Abram
2nd November - Rev. Stephen Oliver
- Holy Communion

Midweek Holy Communion Service

A midweek Holy Communion Service is held at 10.30am on the second Wednesday of each month. The October Service will be on Wednesday 8th October, conducted by Rev’d Stephen Oliver. All who love the Lord are welcome to attend.

Regular Activities at the Methodist Church

MONDAY: Indoor Bowls - 7pm weekly

TUESDAY: Ladies’ Fellowship:
14th and 28th October, 2.15pm
Hands and Needles Club
14th and 28th October, 7.30pm

THURSDAY: Social Evening, 7pm weekly

FRIDAY: Indoor Bowls - 7pm weekly

A warm welcome is given to all who wish to come to our mid-week activities - you don’t have to be a church attender.

THE PARISH CHURCH OF ST. MARY: Sunday Services in October 2014

8.00am Holy Communion (BCP)
10.00am 5th All Age Worship
12th Holy Communion
19th Morning Worship
26th Morning Worship

10.30am - Services at the Junior School

5th Morning Worship
12th Morning Worship
19th Holy Communion
24th Morning Worship

6.00pm Evening Worship

CHRISTMAS DAY LUNCH 2014

We are sorry that we shall not have Stephanie and Martin with us this year. Stephanie’s health is not too good, but we are very grateful for the wonderful effort she has put in over the last 4-5 years to make this occasion so successful and happy. She will be sadly missed. However, we are pleased to say that we have someone else who has agreed to take on the cooking. So if you are going to be on your own on Christmas Day and would like to join us for lunch at 12.30pm please book with Mary Sanders (570264). Obviously numbers are limited, so you are advised to book as early as possible. Transport can be arranged if needed.

REGULAR ACTIVITIES AT ST. MARY’S CHURCH

Looking at the above information you might think that St. Mary’s is only open on Sundays, but it is a busy church with things going on throughout each week. There are Bible Study groups with people meeting in their own homes; there are Prayer Meetings; we have a Choir, and there are Music Groups; for very young children there is the Rainbow Circle Toddlers’ Group; all the women are welcome at *Girls Together* and there is a Men’s Group as well; everyone can belong to the Mothers’ Union; there are also Coffee Mornings and various other activities. So why not find out more about St. Mary’s and its regular activities – you might be surprised. The Sunday services act as a focal point when all meet together for worship, for fellowship, for support, learning, encouragement, challenge and growing. And on Sundays there are, of course, activities for children. Also for children, usually on the last Saturday of each month, there is *MESSY CHURCH* with crafts, games, singing, Bible stories and lunch.

For further details about any of the above activities, telephone the contact number* below (under “Church Contacts”).

October Services at Nursing/Residential Homes

Tues 7th Oct 2.30pm Rebecca Court
Mon 13th “ 11.00am Holy Communion at Millbridge
Wed 15th “ 2.30pm Summerville
Fri 24th “ 10.30am Fridhem

Church Contacts: (telephone code: 01485)

Methodist Church Rev’d Stephen Oliver 570232
St Mary’s Church Rev’d Veronica Wilson 570697
St Mary’s Church Office * 572539
email: heacham.church@googlemail.com



Heacham

Dear Newsletter

Christmas Day Lunches

A very big thank you to Stephanie Smeaton for the many Christmas Day Lunches she has lovingly prepared and cooked for us, with the excellent help of Martin. She has done so much for so many people and her friendliness and vitality have been an inspiration to us all.

Molly Sage



Hunstanton Catholic Parish

Hunstanton Catholic Parish (Church of Our Lady and St Edmund, Sandringham Road, Hunstanton with St Cecilia's, Mountbatten Road, Dersingham).

Our next fundraiser will be the parish sponsored walk after Mass on Sunday 5th October, which is later than previously reported. It is open to everyone and children and dog walkers are welcome to participate. A light soup lunch is available before the start of the walk, which will be from the Parish Church in Hunstanton. This is a major fundraiser, so if you are not able to walk please sponsor someone. Sponsorship forms are available from both churches.

There will be a ladies' shared lunch at St Cecilia's on Saturday 8th November starting at 12.00noon. This is always a popular and well attended social function.

Watch for our parish social events during the year which are advertised on the website, in the weekly bulletins and on church notice boards. Are you new to the parish? We would like to make you welcome. Just complete your contact details on one of the cards in the porch and hand to the priest or put into the collection plate so that we can include you on the parish list.

Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11.00am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9.00am Mass on the first Sunday of the month at Dersingham. Please come along, you will be most welcome.

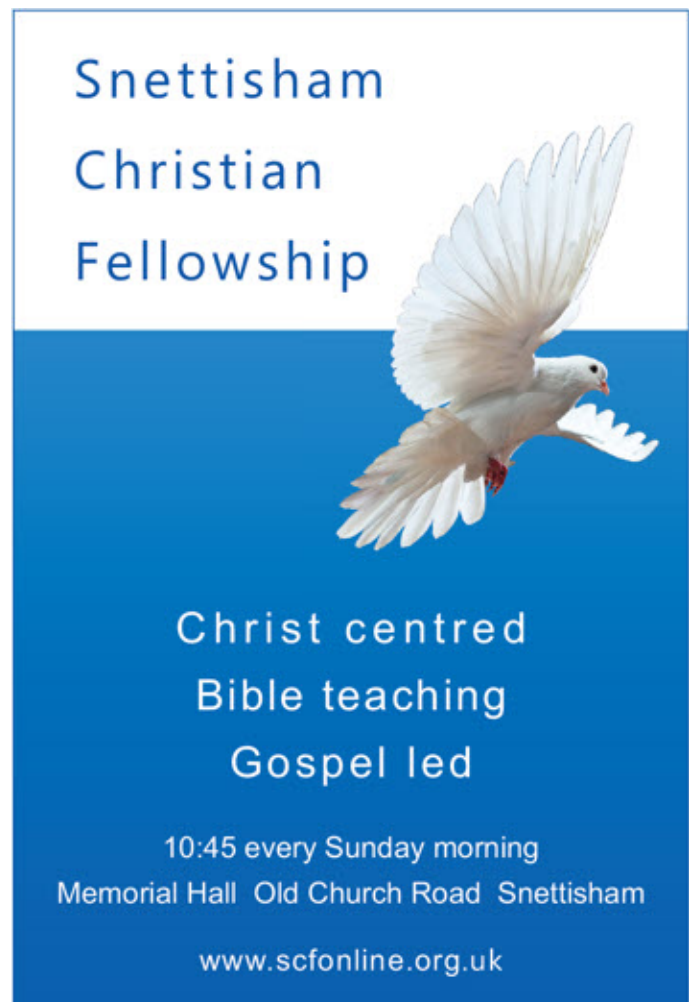
Our daily Masses are held at St Theresa's Convent, 27 Sandringham Road, Hunstanton, except on Wednesday when it is usually at 10.15am at St Cecilia's, Dersingham. *This is subject to change so please check for dates and times on Church notice boards, website or phone.* Sunday Masses are 9.00am at Dersingham and 11.00am at Hunstanton.

The Parish telephone number is 01485 534675. If you require a Priest urgently please telephone Fr Peter Rollings on

01553 772220.

Website: www.hunstantoncatholicparish.org

Email: parish@hunstantoncatholicparish.org



HEACHAM PARK

The current revival of interest in Heacham Park and the welcome movement to ensure its preservation as a perpetual amenity for the community, made me wonder when the people of Heacham last had access to these beautiful grounds. During a recent visit to Heacham to see my mother, Iris, we unearthed some old photographs which sparked memories of fetes held in the Park in the early 1950s.

The 1953 Fete must have been held in the month following the Queen's Coronation on 2 June. I think it was a church fete because much of the organisation was carried out by our energetic vicar, the Reverend Roger Pott. As many readers will remember, the Reverend Pott also ran a school, based in Ingoldisthorpe, which attracted scholars from all over the world. This establishment, properly named St Michael's School, was more commonly known locally as "Pott's Academy" or just "Pott's" and many of its students were involved in the running of the various side shows. Pott's students always seemed so grown up and mature – some of them even used to drive the minibus which ferried boys to and from their accommodation in Heacham to the school. One sleekly groomed young man was in charge of a tent, displaying at its entrance a cinema poster for the film "The Great Caruso". Impressionable as I was, I really did think he was Mario Lanza



Apart from the numerous side shows, there was a procession and fancy dress parade. This photograph shows some of the participants, not all of whom we can identify. From the left, we think it is Brenda Callaby as "Jill" and her elder sister, Sheila as "Jack"; Susan Warner is the Welsh lady, my sister, Christine, is "An English Rose" - very fashionable in Coronation Year. I'm afraid we don't know the young lady on the right with, possibly, her younger sister as a dolly in a box – perhaps they or another Newsletter reader could let us know who they are? If anyone pictured here would like a copy of the photograph for their Memory Box, I would be pleased to e-mail higher resolution images to The Heacham Newsletter to pass on to you.

This "Barrow Boy" is me! I was selling fruit and vegetables from my parents' garden to raise money for the fete. Mr Ted Warner, who ran the local grocery store where the East of England Co-op now stands, lent me his wheelbarrow and gave me produce from his shop; he also lent me his grocer's stencils



to add a professional touch to the labelling of the goods. The wheelbarrow had a cast iron wheel with no tyre – I had to push it all the way from our house in Neville Road to the Park. Anyway, it was worth the effort – I won Second Prize! Does anyone remember who won First? Interestingly, the man behind me in the picture is wearing a uniform like that of a cinema commissioner. I can't remember why he was there or what he did. Perhaps he was a bandsman? Did we have a brass band as well?

One of the highlights of the late afternoon/early evening was an athletics match between a team from Pott's School and one from King Edward VII Grammar School in King's Lynn. There was an almost perfectly oval group of trees in the middle of the Park.

The grass around this had been mown short and a reasonably passable 440 yards track had been marked out. The sprint and relay races were very competitive and generated great excitement among supporters of the two teams with chants of "Pott's, Pott's" and the initials "K-E-S, K-E-S". I seem to remember that K-E-S won the competition overall.

I'm not sure what happened after that. It was school the following day so I had to go home to bed. I had to push my barrow all the way, too. At least it was downhill!

There was at least one other fete in the Park that I remember because that year my class from Heacham County Primary School gave a demonstration of country dancing. We had practised in the school playground, dancing to a tune called "Dargason". (I had never seen this name written before so, to check the spelling, I searched for it on the internet; to my amazement I found a number of videos on You Tube showing modern dancers performing the same dance to the same tune).

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CLARE'S CATTERY
WE SPEAK MIAOW!

Our rehearsals, under the supervision of our teacher, Miss Hume, with an ancient (even then!) wind-up gramophone, went well. On the day of the fete, it didn't go quite so well because the music was played over a public address system. This produced a pronounced echo which didn't help our timing as we were all hearing the tune at slightly different times! I think this must have been in the summer of 1952, my first year with Miss Hume. She taught two school years together and I clearly remember dancing with Wendy Frary who was a year ahead of me and would have been at King's Lynn High School in 1953.

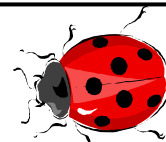
So we certainly used the Park to bring the community together sixty years ago. It would be a great asset to the people of the village and visitors to be able to use it and enjoy it again.

Mike Trundle

PS: Having written this in late August, I've just read, with great disappointment, that the Parish Council's offer to purchase the Park has been rejected by the vendor's agents because a prior offer from another buyer has been accepted. Surely, this is only "Round One" of a process which will continue as the purchaser's identity and intentions for the land become clear. I'm sure that the commitment and enthusiasm of the people of Heacham who have brought the Pocahontas Project thus far can prevail and that, hopefully, this is only a temporary disappointment.

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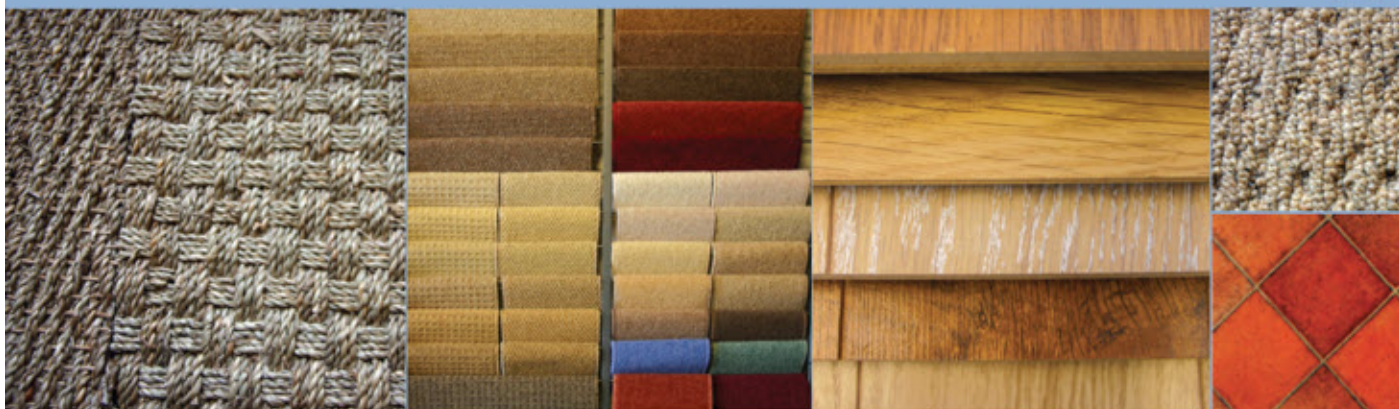
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Mouse Racing Evening



Saturday 18th October 2014
7:00p.m.

Old Friends' Hall
Sunnyside, Heacham

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Mouse Racing Evening Old Friends' Hall, Sunnyside

18th October 2014

I suspect that most of our readers will be familiar with Horse Racing and Dog Racing or have been to a Horse Race evening. You may even have seen Ferret Racing or heard of Snail Racing, but how many will have ever been to a Mouse Racing event?

Well, now you have the opportunity to find out for yourselves what it is all about when Mouse Racing comes to Heacham for the first time on Saturday 18th October at the Old Friends' Hall, Sunnyside.

The event is being organised by the Heacham and Criteuil-la-Magdeleine Twinning Association in conjunction with Pickenham Pacers Mouse Racing, who have run this type of event all over the country and, yes, they are real live mice.

The evening starts at 7.00pm with an auction in which either individuals or syndicates are able to bid for each of the twelve runners which they will own for the first eight races. As with Horse racing evenings, people attending the event will be able to place bets on one or more of the runners using the bang up-to-date computerised Tote system.

The actual racing will start when all the mice have been sold and will be over six heats. The winning mouse in each heat goes forward to the Grand Final with the remainder taking part in a 'Runners Up' race. The owners of the winning mice in each race will receive a prize kindly donated by our sponsors. In fact the owner of the Champion Mouse of the evening will receive two prizes – one for the heat and one for the final. To finish the evening off, all the mice will be re-auctioned and take part in a ninth 'All Comers' race with the winning owner receiving 50% of the auction revenue. A raffle will be held during the course of the evening.

As this promises to be an enjoyable fun evening it is anticipated that it will be a sell-out. Admission is by ticket purchased in advance priced at £10 per adult to include a ploughman's supper and wine - children under the age of 12 admitted free.

For further information and to book your tickets telephone 01485 579465 or email twinclub@hotmail.co.uk

Michael Williamson



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The Heacham Youth and Community Charity Fund

We were approached with a view to supporting financially the Heacham Park project. At a recent meeting we agreed on the following:-

1). The (HY&C) trustees have in the last few years supported financially several causes. £12,000 to the new building for the changing rooms for the sports ground, £4,044 to the Pocahontas Players for a multichannel sound mixer, an unknown sum to the Pocahontas Players for costumes, lighting etc., and some set-up finances for a youth group which is popular and self-funding now.

2). The Charity Commission decrees that trusts which are grant giving, have a duty to conserve and increase their capital funds in line with inflation, so as to sustain the purposes of the trust and meet future calls for assistance. The commission also allows payments to other charities which are consistent with the purposes of our charity, but has much stricter requirements for donations to private businesses and proposals.

3). We cannot tell from the information available how the Heacham Park will be used. There are many differing proposals, some of which are mutually incompatible. The idea of communal use is desirable and popular, but the charity, when it is established, must have a list of categories of people who will be allowed to use it and what will happen to those who disregard the rules. We would need answers to such dilemmas as there are bound to be interest groups with incompatible uses such as: will it be used for grazing animals like sheep or cows for income? If so, dog walkers will not be able to use it for dogs off their leads; will Heacham residents be charged an entrance fee? Will non-Heacham residents be allowed free access? How will a steady income be raised for maintenance, health and safety insurance against risks for volunteers or employees with responsibility for checking that agreed rules are observed (for without them vandalism is to be expected).

4). The organisation needs a businessman's business plan which sets out figures on paying interest on any money borrowed to purchase or lease the land, taking into account that interest rates are subject to increases and reduction; other predictable costs of maintenance and which sets out figures on paying interest on any money borrowed to purchase or lease the land, taking into account that interest rates are subject to increases and reductions.

5). We have not decided what we will offer without greater clarity on the project's functioning and financial expectations. Our funds would not be sufficient to enable the grounds to be bought. We will consider a loan, or part ownership which would imply a charitable company with shares in the business. A loan would only be on the basis of watertight contractual guarantees by residents and backers that they would repay our loan over a fixed term of years.



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6). It was strongly recommended at the Annual Parish meeting in April that donors would be more inclined to contribute to the cause if it became a charity. Nearly 5 months later we have not been informed of any active steps in that direction. There was also a recommendation to check the Charity Commission website on how to set up a charity.

7). A single donor contributed £112,000 to the HY&C trust in the early 1990s. He has since died. The total sum the village aimed to raise was £150,000 but in spite of great and prolonged efforts, achieved rather less – amounting about £8,000, so that the total to about £120,000 was raised after a number of years of fundraising in the village.

8). We all agree that the Heacham Park project is highly to be desired. We do, however, have to be realistic about the cold facts on paying out the whole of our nest egg or it will shrink or disappear into a failed business which will have to spend money with costs, such as maintenance of fences and hedges, control of harmful weeds, or need for grass cutting and setting up transactions fees to lawyers, estate agents, taxes etc. How will it be managed? Will it need an office or a refuge on site for groundsmen which would provide toilets, drains tap water etc.

9). We think that recent experiences in Hunstanton and other places have cast doubt on the benefits of a youth centre.

So although our hearts are in favour of the project, we have to be cautious about our promises and offers. It is 25 years since an anonymous donor contributed £2,000 followed by £10,000, followed by £100,000. Much has changed since then when the Barn was bought. It would be interesting if someone who was involved at the time could write an article on the purposes for which the barn was intended to be used, so that some of those purposes could be supported by The Trust again.

From the Trustees: Mike Jennings, Peter Sutton, David Page, Neville Gunther and Richard Dix.

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THE SONG REMAINS THE SAME
Monthly musings on music by Frank Edmonds

Close my eyes and drift away ...

Greetings, pop pickers! This month we're going to travel back in time to the Swinging Sixties, to revisit three classic singles – so get ready to spin those platters, and let's hop aboard the time machine, and go!

• **LAZY SUNDAY** Small Faces (Immediate IM064, 1968, No 2)

“Here we all are, sitting in a rainbow / Gawd blimey, 'allo Mrs Jones! How's your Bert's lumbago? (Mustn't grumble ...)”

You know, for years I thought the lyric went: “How's your bird's lumbago” – and I imagined poor old Mrs Jones with an arthritic parrot or something, squawking away: “Awwk! Pass the Deep Heat!” Perhaps I should have just turned the volume up a bit ...



Ah, the Small Faces – I get all nostalgic just thinking about them. A riotous collision of R'n'B, pop hooks, and in this case, music hall, they were led by hands-down one of the best singers of his generation in Steve Marriott – a pint-sized explosion of rock and soul.

Having erupted onto the pop charts with 1965's Whatcha Gonna Do About It? – and a better debut vocal performance you'd be hard-pressed to find – they recorded a string of classic hits. Lazy Sunday was the last big one, following the teeth-rattlingly good Tin Soldier.

By this time they were just having fun: “Oh wouldn't it be nice to get on with me neighbours / But they make it very clear they've got no room for ravers.” Marriott and partner-in-crime, bassist Ronnie “Plonk” Lane, were effortlessly turning out catchy hits.

But Marriott wanted more – a less pop, more serious direction – and left to form Humble Pie, with the guitarist from The Herd, Peter Frampton.

The rest of his band dropped the “Small” from their name, and hooked up with a new front man – a promising young singer with a different but equally distinctive voice, called Rod Stewart.

And as The Faces, together they proceeded to take having fun, and bar-room rock, to the next level.

• **KITES** Simon Dupree And The Big Sound (Parlophone R 5646, 1967, No 9)

“In letters of gold on a snow white kite / I will write I love you / And send it soaring high above you / For all to see”

Hey, no one loves a show-off, mate! Although I suppose as grand romantic gestures go, that one does take some beating (I can just imagine what would happen if I tried that. The kites would fly out over The Wash and get entangled in a wind farm before The Other Half even saw them, and that would be that!).

Take a pretty melody, add a yearning vocal, sprinkle liberally with decidedly Oriental-sounding instrumentation, throw in what sounds a bit like Doctor Who's Tardis trying to take off ... and you've got a hit single that's as memorable as it is exotic.

But the real killer comes in the song's bridge, when this girl starts whispering ... in Chinese. I know, it shouldn't work at all, but it's so unusual, and she sounds so sultry and sexy, that Eastern promise isn't the phrase, really!

People have speculated endlessly on the translation of what she was saying – kites, strings, heartstrings, not letting go ... then Peter O'Flaherty, who played bass with The Big Sound, told a newspaper recently he'd love to know himself, because the girl was actress Jacqui Chan – and she didn't either!



So whatever happened to Simon Dupree? Nothing ... because there was no Simon Dupree! The band was put together by singer Derek Shulman and his brothers Phil and Ray – who went on to form cult prog rockers Gentle Giant (check out their 1975 album, Free Hand). Guitarist Jimmy McCulloch would later join Wings.

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In 1967, Big Sound keyboard player Eric Hine was too ill to do a tour of Scotland, so the band hired a chap called Reg Dwight. He nearly joined permanently – although they politely rebuffed his offers to record his own material, and laughed like drains when he told them he was changing his name to Elton John!

• **SOMETHING IN THE AIR** Thunderclap Newman (Track 604-031, 1969, No 1)

“Call out the instigator /
Because there’s
something in the air /
We’ve got to get together
sooner or later / Because
the revolution’s here /
And you know it’s right”

Well, of course! There’s
no arguing with that ...
mainly because you can’t
make head nor tail of it!
Mind you, when the
music is as unforgettable
as this, who cares, really?

“Call out the
instigator”... you don’t
get many No 1 singles starting with a line like that, do you?
Who was this instigator? What was he instigating? And why
did it produce something in the air? Was it an baked-bean style
explosion ... or something more menacing?

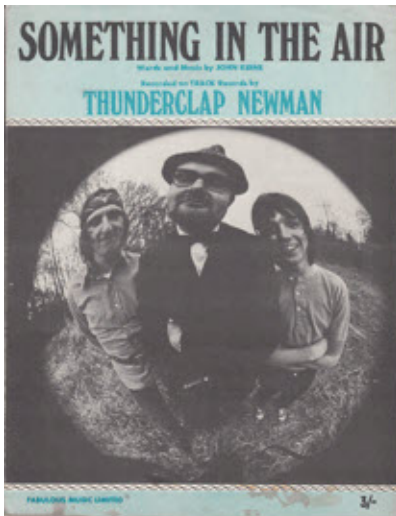
Gently swirling guitars and a sweeping orchestral backing
beautifully sugar-coat what would otherwise be down-right
sinister lyrics. And then, with the sort of brilliant left-field turn
that characterises classic pop, suddenly out of nowhere comes
a barrelhouse piano solo! Well why not, ay?

Thunderclap Newman (great name!) were a band based around
singer/songwriter John “Speedy” Keene, and were a pet project
of no less than Who guitarist Pete Townshend, who produced
this single and played bass on it. So it must have rankled just
a little bit when it got to No 1, for three weeks – a feat he never
did manage in his day job!

Thunderclap was actually the nickname of the band’s jazz
pianist, Andy Newman, who was also to the fore on the B side
to this single. A quirky little number called Wilhelmina, its
jolly refrain went: “Wilhelmina is fat and round, fat and round
...”

Ah, such innocent days. You simply couldn’t get away with it
now, could you?

• **FEEDBACK:** If you have any views, comments or suggestions
you’d like to make about the column, feel free to contact me at:
oldlowestoftboy@gmail.com



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TIDE TABLES FOR OCTOBER & NOVEMBER 2014

HIGH WATER AT HUNSTANTON Heights above chart datum Time Zone UT (GMT) add 1hr for BST ends 26th Oct.									
October 2014					November 2014				
Date	Morning		Afternoon		Date	Morning		Afternoon	
	Time	m	Time	m		Time	m	Time	m
1 W	10 11	6.2	22 36	6.1	1 SA			12 53	5.8
2 TH	11 20	5.7	23 52	5.7	2 SU	01 00	6.1	14 14	6.1
3 F			13 07	5.6	3 M	02 18	6.4	15 19	6.5
4 SA	01 30	5.9	14 37	5.9	4 TU	03 20	6.9	16 15	6.9
5 SU	02 47	6.4	15 44	6.5	5 W	04 15	7.3	17 04	7.3
6 M	03 47	6.9	16 40	7.0	6 TH	05 06	7.5	17 46	7.4
7 TU	04 40	7.4	17 28	7.4	7 F	05 54	7.6	18 26	7.5
8 W	05 28	7.7	18 12	7.6	8 SA	06 39	7.6	19 05	7.5
9 TH	06 14	8.0	18 52	7.7	9 SU	07 23	7.5	19 41	7.4
10 F	06 59	8.0	19 31	7.6	10 M	08 03	7.3	20 14	7.1
11 SA	07 42	7.9	20 05	7.5	11 TU	08 42	6.9	20 47	6.9
12 SU	08 22	7.5	20 40	7.1	12 W	09 20	6.4	21 20	6.5
13 M	09 02	7.0	21 14	6.8	13 TH	10 02	5.9	22 01	6.1
14 TU	09 44	6.5	21 51	6.3	14 F	10 57	5.6	22 59	5.7
15 W	10 34	5.8	22 41	5.8	15 SA			12 10	5.3
16 TH	11 45	5.5			16 SU	00 21	5.5	13 21	5.3
17 F	00 01	5.5	13 04	5.2	17 M	01 34	5.6	14 25	5.7
18 SA	01 21	5.5	14 17	5.5	18 TU	02 34	5.8	15 18	6.1
19 SU	02 30	5.7	15 17	5.8	19 W	03 25	6.2	16 03	6.4
20 M	03 25	6.2	16 07	6.2	20 TH	04 10	6.5	16 44	6.7
21 TU	04 10	6.5	16 46	6.5	21 F	04 53	6.8	17 23	7.0
22 W	04 49	6.9	17 21	6.9	22 SA	05 35	7.0	18 01	7.1
23 TH	05 26	7.0	17 55	7.0	23 SU	06 17	7.1	18 41	7.4
24 F	06 04	7.1	18 29	7.1	24 M	07 00	7.3	19 18	7.4
25 SA	06 41	7.3	19 03	7.3	25 TU	07 42	7.3	19 55	7.4
26 SU	07 19	7.3	19 36	7.3	26 W	08 24	7.1	20 34	7.3
27 M	07 54	7.1	20 09	7.1	27 TH	09 10	6.9	21 18	7.0
28 TU	08 32	7.0	20 46	6.9	28 F	10 01	6.5	22 10	6.7
29 W	09 14	6.7	21 28	6.7	29 SA	11 07	6.2	23 14	6.4
30 TH	10 05	6.3	22 21	6.3	30 SU			12 26	6.1
31 F	11 16	5.8	23 33	6.1					

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The novelist Virginia Andrews gives the reader great family sagas tinged with gothic horror. Best known for “Flowers in the Attic”, Andrews has written a range of other novels which are feature reads for October. The Library will be changing around during October to extend the fiction section. Scrabble games on a Wednesday afternoon are also starting up again.

The free online courses are held on a Tuesday morning or afternoon. The courses are aimed at helping you to use the internet to search for information, shop, compare prices and emailing. Three, free sessions of one and half hours in small learning groups are available. Please ring 01485 572142 to book your free place or to have a chat about what “Learn my Way” entails.

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Photographic Exhibition Old Friends Hall

The inaugural Photographic Exhibition was held in the Old Friends Hall (OFH) 13th September and even though we (I) spelt some people's names incorrectly (sorry) all went well. In fact, it was so well received we are very likely to do it all again next year. Our thanks go to all who visited the exhibition and provided valuable feedback, but our special thanks go to the individuals who exhibited their works producing some wide ranging and wonderful photographs for us to enjoy. I would also like to thank the Brancaster Camera Club who supported us brilliantly.

As with the Art shows held at the OFH, as a bit of fun, we asked visitors to nominate their favourite three pictures on display; the results were then weighted to determine which was the most "liked" photograph. Not very scientific, but as mentioned earlier it was just a bit of fun and not to be taken too seriously. The results of the ballot, which were very close indeed, are shown below (Sorry no prizes just much admiration for some amazing pictures):



- 1st - Heacham Breakers by Jonathon Russ
- 2nd - Winter's Day-Bray's Pit by Jennifer Carroll
- 3rd - Say Cheese - Mice in Sedgeford by Kelly Rix
- 4th - Engine Driver by Jim Till, Brancaster Camera Club
- 5th - equal - Winter Bray's Pit by Jemma Greef
- Snowy Post Box by Jemma Greef
- Sun through a shell by Christopher Hawkins

At the exhibition, some old photographs depicting the 1953 floods, Heacham Station and various other scenes were projected on to one of the walls. These pictures did provoke quite a lot of interest and discussion amongst our visitors, with several enquiring whether there were any more of Old Heacham available. Well I am sure there are many pictures tucked away in collections and albums throughout our village and possibly

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in more distant lands. It was suggested by some, that such pictures could be shared by scanning the photographs into a computer and creating a central bank or archive, which would be available to view by all. So if you have such items and are willing to loan them for electronic scanning, storage and sharing please let us know.

Also at the exhibition, a group suggested that a possible future event could be one on Hobbies where people would be able to demonstrate their own particular craft, skill or interest, answering questions and sharing information on their topic. It was said that it shouldn't be a craft fair, but one where any hobby-related activity could be shared. A possible selection suggested were: knitting, lace making, dolls houses, quilting, war enactment groups, model plane constructors, model boat builders etc; in fact, whatever people wanted to demonstrate. If there is interest in holding such an event, please register your interest with one of the team. We will then ascertain what dates are available around March 2015.

Finally, I didn't really want to mention the "C" word, but with the nights drawing in it won't be long before a certain Gentleman in Red Coat and long white beard will be appearing at his Grotto in the OFH during December. Once again, I'm informed that the Old Man's band of little helpers (including Grumpy) will be transforming the Hall into a magical woodland scene for the youngsters amongst us to visit. So if you have any old "C" trees you no longer need, or some old "C" lights you no longer have use for, I know some little helpers who could really use them to effect the transformation, and it may just help prevent one little helper becoming really "Grumpy".

Roger Drinkwater
On behalf of the Old Friends Hall Management Committee

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The Kitchen Gardener.

October – mid Autumn. Food for free, an experiment, homework and dead monks.

A goodly number of the gooseberry cuttings from last year's prunings have taken, and will be planted out sometime this month. This is

food for free and, as I already have some gooseberries as standards, I'll have a bit of fun with these new apprentices and turn them into single and double cordons.

The planting site will be dug and enriched with a moisture retentive compost and some Growmore. I'll remove any basal buds and shoots less than a hand's breadth from the base before I plant them, with a cane added for support. This winter the single cordons will have their main shoots shortened by half and all side shoots to one inch at a bud.

The double cordons (an elongated 'u' shape on a 4 to 5 inch stem) will be formed by training two strong shoots at an angle of 30 degrees until they are about 12 inches apart; they will then be allowed to grow vertically, each arm will then be pruned as the single cordon. During this longer training the double cordon side shoots will also be shortened to a single bud.

While reading about the Land Girls, many of them mentioned the rush to pick up horse droppings when on their milk rounds. This was because by the summer of 1940 stocks of fertilizers had fallen to 50 percent of their pre-war levels – most having been previously imported from France, Germany and Poland which were now hard to obtain. Allotmenters saw potash rationed. Horse droppings could be turned into a useful liquid fertilizer by suspending them in a hessian sack in water.

The authorities were keen to maximise home food production so in 1942 launched National Growmore. It was popular as it

was a balanced, general easy to use fertilizer and it remains so to this day. Had to do a bit of homework to learn about more specific fertilizers.

Bonemeal is a slow release phosphate and good for woody plants grown for the long term. Monks who died in monasteries that had gardens were often buried beneath the orchard fruit. I can think of worse places to end up.

Dried blood gives a rapid hit of nitrogen so is a good compost activator - lots of gardeners add pee (rich in nitrogen) to their compost for this reason. Dried blood also boosts leaf growth. Caution here though as too much sappy leaf growth often ends up covered in aphid.

Fish, blood and bone is faster acting than bonemeal and also gives a more rounded supply of nutrients making this a good general fertilizer.

Nettle tea is well balanced with trace elements. Best made in spring before the flower heads appear to achieve the highest nutrient content. Spring cutting also offers more nitrogen which is useful for fast growing container plants. This convenient feed can then be followed later on with -

Comfrey Tea - high in potassium, useful for flowers and fruit. So the nettle tea made when the nettles are abundant gets the plants growing away nicely; the butt is then empty ready for the comfrey cuttings which come along a bit later to make tea which feeds the flowers and fruit. Neat.

There were just enough plums this year to make a couple of pots of jam. I always crack open a few stones and add the kernels to the fruit as it cooks prior to adding the sugar; they are left in the jam and add a lovely almond element to the flavour. The almond scent was particularly strong this year, I had a Proust/madeleine moment and thought of the Noyeau de Poissy – a richly almond scented liqueur made with apricot kernels - my French exchange school friend used to give to my mother. Great idea these exchanges, she's still a friend to this day. I digress. A bit more research and hey presto! A jar of Noyeau de Heacham.

Plum stones washed and saved over a couple of weeks – enough to fill a jar. Stones lightly cracked with a hammer, stones and kernels into jar and covered with some brandy left over from Christmas baking. Close jar tightly and leave in a cool dark place for several months after which the spirit will be strained off into a fresh container for use. I'm hoping to use the end result in place of almond essence in baking. We'll see.

Jobs in the garden this month will feature some tidying up and final tree fruit picking for the very long keeping apples and pears. There's beetroot and shallots to pickle and, if the home-made essence is ready, I'll be making this tasty Border Tart. It's made

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in a 7inch sandwich tin, or will make a dozen mince pie size tarts.

Cream 2oz/50g margarine with 2oz/50g sugar. Beat in 1 egg. Stir in 2oz/50g dried fruit, 1oz/25g cut peel or peel from the marmalade jar, 1oz/25g ground almonds or finely chopped nuts (I've used walnuts to good effect) and a few drops of almond essence.

Place on top of the pastry (I often stray from the recipe here and put a layer of jam, marmalade or lemon curd on the pastry first) and bake. Single tart 200C/gas 6 for 15 mins then 180C/gas 4 for 15 mins, until lightly brown and just set on top. The small tarts bake at 200C/gas 6, roughly 15 – 20 mins. Ice while still warm with a thin icing made with 3oz/75g icing sugar and 2 teasp. lemon juice or water.

The filling mixture does not contain flour, this is not an accidental omission from the recipe.

While delving about in my recipe books looking for the way to make my Noyeau de Heacham, I discovered that the old ladies of Buckinghamshire were making their own version of Noyeau with beech leaves. A jar was densely packed with beech leaves and steeped in gin for 6 days. Gin was left for a further 6 days if not sufficiently flavoured. 1lb of sugar was dissolved in ½ pint of water and added to each pint of gin along with a dash of brandy. Some added a few bitter almonds in their skins. Some made the Noyeau from beech nuts – there were local variations.

Thinking of the monks buried under their orchards, the old ladies making their Bucks 'moonshine', of loved ones lost and this autumn time of the year, the words of the wise anchoress Julian of Norwich come to mind -" Love is not changed by death and nothing is lost, and all in the end is harvest."

Hilary Dellar-Lane



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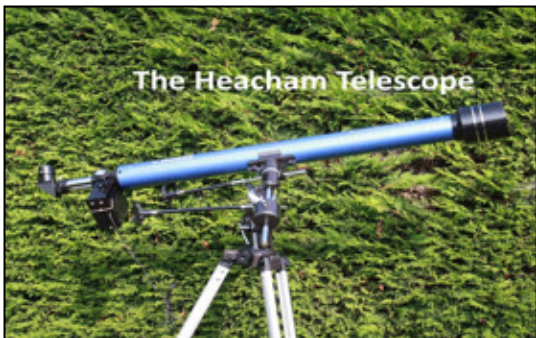
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Heacham at Night

An advert first – Heacham at Night Live 4 will be on Wednesday 22nd October. The talk, about what to look out for in the last months of this year, will start at 7.30pm. If the sky is clear, or nearly so, telescopes will be set up before and after the talk (until about 10pm) and it will be possible to pop in and out during it. Cost - £3 for adults, under 16 free (suitable for interested children from about 10 years upwards).

The talk about the GAIA project by Professor Gary Gilmore on 12th September last was excellent. Professor Gilmore started work at 3am in Poland that day so that he could make time to get to King's Lynn before he set out again for Chile. He is in charge of several international projects and well over 250 scientists and engineers work for him. The GAIA project, a million pixels for a million stars, utilises British technology and has led Britain to taking over the advanced camera market – America now buys them from us. Information on how you or your children's school can be involved in the GAIA project will be given at the meeting above.

There was a raffle for a telescope and I won it. It is a very low end model but has all the bits and pieces needed to get someone familiar with how an astronomical telescope operates. It should be OK for looking at the Moon, Jupiter and Saturn. Anyway, it was free and it will be available for loan to anyone who attends Heacham at Night Live who is willing to follow a few instructions and persevere with it. Someone is already first in any queue that might form.



Looking back to the September article - as I write this (15th September), the Rosetta spacecraft, which is orbiting comet 67/P,

is in the news. The landing site for the small craft which will detach itself from the orbiter, has been chosen. Fingers crossed for the 11th November.

I managed to see both Saturn and Mars close to the half-moon in early September. They, like the moon, lay in the opposite direction to the sun which was setting behind my back. Gradually these planets will appear further and further westwards, moving to the other side of the sun, until they are lost in the glare of the sunset before reappearing in the east

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before sunrise. Saturn will effectively 'vanish' around the middle of October and reappear, pre-dawn, at end of November. It will be a good late evening object again in June. These changes in position are largely due to the movement of the Earth around the sun which takes 1 year whereas Saturn takes about 29 years.

Compare and contrast the movements of these outer planets to those of the inner, Mercury and Venus. To see these you always have to look towards the sun; in the evening if they are on the farside, in the morning if they are between us and the sun.

On Saturday 13th September, I went to North Beach to try and catch Mercury. It was too cloudy but I did see thousands of Knot marching along the boundary between sea and sand before they took off, in the dusk,



towards Snettisham. I used my astro binoculars to see if I could recognise any of the 11,000 individuals which I saw driven off the sandbanks at Holme by the high tide the previous morning.

So get down to the beaches and if you can't see the planets look at the birds.

Better get on with what to see this month, October. There is another comet, C/2013 A1 Sliding Spring, which should be visible through binoculars or a small 'scope. Finding it is the issue. Mars might help between the 18th and the 21st at around 7.30pm. Mars will be low down in the SW, a small red blob, less winky than a star. The comet, a fuzzy thing will be close to Mars – maybe just 24,000 miles on the 19th. Even if the sky is clear

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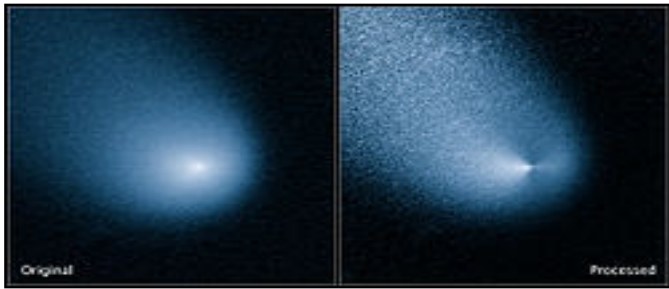
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Tue 28th - Phil Selby & the Shunters
Fri 31st - Jam with DNA

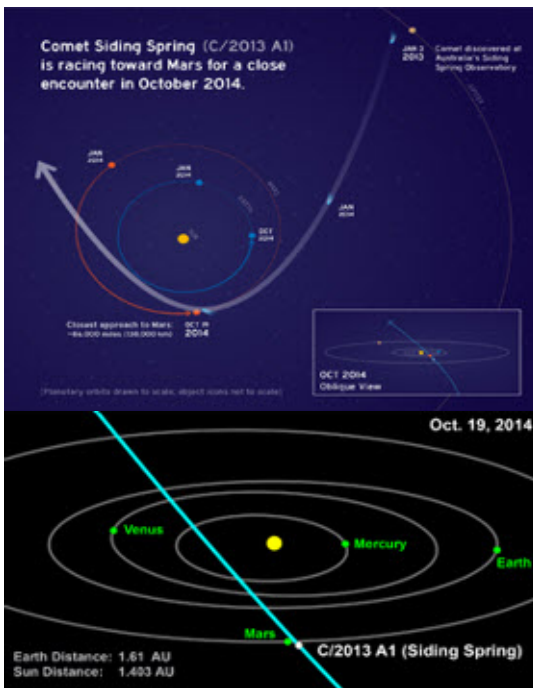
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on the 22nd –Heacham at Night Live 4 – I don't think we will be able to see close enough to the horizon. The comet has come from the Oort cloud so it has likely taken millions of years to get here. It would be nice to glimpse it. A Hubble image from March is shown below



The orbit (Wikipedia image) is as follows:



The bottom diagram also well illustrates the relative positions of Mercury and Venus. Both will be lost to the sun – Mercury in front of it, Venus behind it. The top diagram shows the eccentricity of Mars orbit.

Other things to look for – Uranus reaches opposition (exactly opposite the sun in the sky) on the 7th October and is visible, through a telescope, all night long. We will look for this on the 22nd but can't guarantee a clear night. So have a go yourself with good binoculars on a tripod or a bird spotting scope. Look SE at the beginning of the month, moving towards the SW as the month progresses. It is about a third of the way up the sky and will appear as a small, faint, blue blob. You will need to look at Stellarium to get a fix – remember it is available in the library.

Jupiter should be a good early morning object, 3-5am. Visible all month but practically high enough from about the 12th - look due east at 4am. It gets higher in the sky and moves towards the SSE as the month progresses. On the 18th it is close to the fat crescent moon. The Galilean moons will be evident – you all know the names of those.

Star asterisms (patterns). The Summer Triangle is still with us in the west though Altair is close to the horizon and Vega not much further away. The Great Square of Pegasus is higher due south. The top left hand star is Alpheratz. Go left from this about half the length of one of the sides of the square, and up higher by the same distance and you should see a smudge on the sky. A clear night, young eyes and/or binoculars will help. This smudge is the Great Galaxy in Andromeda. It contains more stars

than our galaxy and is the furthest normal object you can see with the naked eye – 2.5 million light years away.

Meteors again – this time the Orionids. The moon won't be washing the sky out and there should be good rates between the 20th and 23rd. Don't look until after about 9.30pm and late is probably best. Look above the constellation Orion. This shower is bits of Halley's Comet.

Halley (1656 - 1742) was, amongst other things, Professor of Geometry at Oxford University and a Fellow of the Royal Society. Gary Gilmore is Professor of Experimental Philosophy at Cambridge University and a Fellow of that same Royal Society.

Hope to see you on the 22nd October and remember that the clocks go back on the 26th to make it darker earlier – great!

Terry Parish

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As the new owner/s of Paint me Ceramics, Hunstanton I would like to formally introduce ourselves to the local community. Some of you have already met us and know our story but for those of you which have not had the chance, my name is Suzy Mason.

I have been running my own mobile paint your own pottery business for several years and when the opportunity to buy Paint me Ceramics came up, my husband (Dave) and I jumped at the life changing opportunity.

We have completely changed our lives and relocated from Peterborough. This has also included moving our daughters' schools, Dave has given up his career in insurance and of course we have moved house.

We have been surprisingly busy during the summer holidays and are now looking forward towards what will probably be our busiest period, Christmas.

There appears to be 2 main misconceptions about what we do. The first is that we are only for kids and the second is that we are only a wet weather activity, both are wrong! We very often see adults paint or Decopatch with no children and we open our doors whatever the weather.

Over coming weeks and months, we will be looking to run evening events, such as ladies' nights, charity events or themed nights! We have a great website and a very active Facebook page where you can get our promotions and event information.

We have just confirmed our Charity Halloween Evening 7-9 pm 31 October, which will be family safe fun, games and of course painting a Halloween item and tile. The event will cost £13.50 and £3.50 of that will go to Scotties Little Soldiers. We anticipate high demand for places, so if you DARE to come advance booking is required.

Within our short space of time in Hunstanton, we have been amazed at the support that everyone has shown us and would like to thank you for this. We are also looking forward to becoming involved in the community, setting down some roots and of course meeting more of you in the future.

Suzy & Dave



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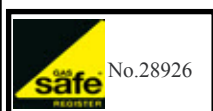
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OLD SCHOOLFRIENDS RE-UNITED

Below is a photograph of our recent Coffee Morning held at Norfolk Lavender.

We were all pupils at Heacham School when Mr Williman was our Headmaster.

We meet every four weeks for a get-together "chat" with coffee at Norfolk Lavender.

If there are any other schoolfriends who attended Heacham School and you are interested in joining us for coffee and a good old natter, you are very welcome.

Please ring Janice Maiden (Daw) on 01485 570742 or Janice Rumley (Proctor) on 01485 579126.



Heacham Green Team

Thank you all for the enthusiasm you have shown in collecting the plastic tops for the Matthew Project. The collection points at St Mary's Church, the Library, Heacham Infant School and Heacham Junior School have been well supported and every two weeks we send over seventy containers (usually plastic 2 litre milk bottles) full of various plastic tops to the Matthew Project.

You will have heard that from 1st October a recycling revolution will be introduced for Norfolk's residents. This will enable us to place many more items in our green bins. Glass bottles and jars, other plastics such as food containers and also bottle tops, if they are put back on their bottles, are among the things that can be recycled in our normal recycling bin.

However, we are asking you to continue collecting the bottle tops and other plastic tops as you have been and placing them in the bins at the collection points listed above. These tops are a source of income for the charity involved and your efforts in collecting them are greatly appreciated.

Please keep up the good work and give yourselves a big pat on the back for what we have already achieved in the last year.

Pat Diggins on behalf of the Green Team





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WHAT'S ON REGULAR EVENTS

CC = Cunningham Court
PH = Public Hall
NC = Neville Court

OFH = Old Friends Hall, Sunnyside
PRH = Pine Residents Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside
HSC = Heacham Social Club
MC = Methodist Church Hall, Station Road
SM = St Mary's Church Hall, High Street

MONDAYS

TABLE TENNIS 9.30am Tel: Adrian 570477 (PH) Top Room
SUNNYSIDE CLOSE (Sheltered Housing for over 60's) Coffee
Morning 10.30am Tel: 570492
RAINBOW CIRCLE TODDLER GROUP 1pm in school term
time Tel: Pip 570812 or Karen 571837 (SM)
FITNESS PILATES 12.15 - 1pm For info Tel: Suzie Povey
07900 818311 (PH)
FITSTEPS 1.15 - 2.15pm To book Tel:Jaime 571395 or
07765433100 or email jaimefitsteps@gmail.com (PH)
ROLLASON STAGE SCHOOL Dance Classes 6yrs+
Ballet/tap/modern 4.15-5.15pm Junior Street 5.15-6pm
Tel:579074 (PH)Top Room
2nd HEACHAM RAINBOWS Term Time Girls 5-7 years
5 - 6pm Contact Tel: Jenny 534107 (MC)
JUNIOR TENNIS COACHING 5 - 6pm For details
Tel: Janice 07923612187 (HSC)
RESTORATIVE YOGA 6 - 7.30pm at Heacham First School
Contact Sandee Tel: 01485 570485
1st HEACHAM SCOUTS (boys and girls aged 10 to 14yrs)
7 - 9pm Tel: Rob 572239 or Julz 572890 (SG)
HEACHAM IN BLOOM 3rd Monday Monthly @ 7pm (PC)
(No meeting October)
INDOOR BOWLS CLUB 7pm (MC)
LINE DANCING 7-9pm £3.00 Tel: 532317 (PH)
HEACHAM WIVES GROUP - 2nd Monday of most months
at 7.30pm (HSC) Top Room Contact Sue Scott Tel: 572252

TUESDAYS

HEACHAM DAY CENTRE FOR ELDERLY 9am-3.30pm
Transport may be available Tel:Mick Harpley 07527125574
(OFH)
ACTIVE FOR LIFE exercise classes for those aged 60 and over
or at risk of Osteoporosis 10-11am at Heacham Surgery
Classroom Tel : Pat 298429 or Jane 571232
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)
LADIES KEEP FIT FOR OVER 50's 10.30 - 11.30am. Contact
Kath Manning-Coe Tel : 01553 774343 (SM)
CARERS SUPPORT GROUP West Norfolk Mind Tea & Chat
at Piece of Mind 4 Poplar Avenue 1 - 2.30pm Tel: 572707
LINE DANCING 1.30 - 3.30 pm Contact Diane 571166 (SM)
WOMENS FELLOWSHIP 2.45pm Every other Tuesday (MC)
1st HEACHAM GUIDES 5.30 - 7pm Tel: Sue Theunissen
07833747059 or just come along (MC)
WEIGHT WATCHERS 6pm Tel:Alison 07796 904311 (OFH)
ZUMBA 7-8pm £4 per class or £7 for both Tuesday &
Wednesday classes Tel: Michelle 07585002124 (SG)
PARISH COUNCIL MTG 3rd Tuesday monthly 7.30pm (PC)
HANDS & NEEDLES GROUP every other Tuesday
7.30 - 9.00pm Tel: Joan Careless 570363 (MC)
HEACHAM DIGITAL CAMERA CLUB meets 1st & 3rd
Tuesday monthly 7.30pm Sandringham Club West Newton
Email: heachamdigitalcamerclub@yahoo.co.uk or call Viv for
info on 07906056019
POCAHONTAS PLAYERS Drama Group 7.30 - 9.30 pm Tel:
570402 (PH)
LIVE ENTERTAINMENT from 8.30pm at Fox & Hounds
HEACHAM BOOK CLUB 3rd Tuesday monthly Tel: Beth
570479
LINE DANCING Beginners/Improvers 6.30 - 8pm Cost £3
Contact Diane 571166 (SM)

WEDNESDAYS

CAR BOOT SALE Gates open at 7am (not before, do not
turn up any earlier) £6 up to two tables £10 all others Tel:
Mick Harpley 07527125574 (HSC) Sports Field

WEST NORFOLK MIND Day Centre 9.30-3 pm at 4 Poplar
Ave Heacham £35 per day or £20 part of a day (personal budget
holders & self-funders welcome) Tel: Joyce Armstrong
07704338775 www.westnorfolkmind.org.uk
SCALLYWAGS PLAYGROUP Term Time 9.30 - 11am £2
Tel: Clare 07816913657/Jo 07521447284 (SG)
CARPET BOWLS 10.30 - 12 noon Tel: 570776 (PH)
LINE DANCING 1.30 - 3.30pm £3 Tel: 532317 (PH)
PATIENT ADVICE & LIAISON SERVICE 2 - 4pm on
2nd & 4th Wednesdays monthly (PC)
SCRABBLE GROUP meets 2-4pm at Heacham Library No
charge apart from a donation for Tea & Coffee To join or for
more info Tel:298592 Pam Swan
HEACHAM LITTLE DRAGONS Korean martial arts of self
defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)
FOOTBALL Under 8&9's 4.30-5.30pm Contact Mark
07561303886 (HSC) playing fields
SENIOR TENNIS From 6pm (Thursday if wet)
For details Tel: Janice 07923612187 (HSC)
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8.15pm-Adult Tai Chi 8.15-9.30pm-Adult Kung Fu Tel:Derek
01553 674779 (PRH)
LINE DANCING FOR IMPROVERS - 7 - 9pm. £3.
Contact Diane 571166 (SM)
BINGO 7.30pm Neville Court Grouped Home
HEACHAM TWINNING ASSOCIATION 3rd Wednesday
monthly @7.30pm New members welcome Tel: 579465.(PC)
ZUMBA 7.30-8.30pm for cost & info see Tuesday (SG)
WEST NORFOLK SINGERS 7.30-9pm For info Tel:542960
Heather Titcomb www.westnorfolksingers.org.uk/
(MC)
QUIZ NIGHT 8.45pm Prompt start New teams of up to 5
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THURSDAYS

WEST NORFOLK MIND Day Centre (specifically for older
people dementia friendly) 9.30-3pm For info see Wednesday
TABLE TENNIS CLUB 10am (PH Top Room)
ACTIVE FOR LIFE see Tuesdays entry for details
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)
MOTHERS' UNION 4th Thursday monthly 2pm (SM)
TREFOIL GUILD 1st Thursday monthly 2 - 4pm
Tel: 07813014477 Mary Harpley (PRH)
BINGO 2.30pm at Sunnyside Close (Sheltered Housing for over
60's) Tel: 570492
1st HEACHAM BROWNIES Term Time Girls 7 - 10yrs (MC)
5.30 - 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084
JUDO Beginners 6 - 7.30pm Tel: 571614 (PH)
1st HEACHAM CUBS ages 8 - 10yrs
Term Time 6.45 - 8.30pm Tel: Sam 572138 (SG)
JUDO Advanced 7 - 9 pm Tel: 571614 (PH)
FLOWER CLUB 4th Thursday monthly 7.30pm Flower
arranging & demonstrations Tel:Alayne Seymour570560 (SM)
RAO BUFFALOS 8pm (HSC Top Room)
QUIZ NIGHT Cash Prizes 9pm at Fox & Hounds

FRIDAYS

BEREAVEMENT SUPPORT IN HEACHAM 10am - 12 noon
3rd Friday of the month Contact Renee Smith or Barbara
Fargher silverlinings@gmx.co.uk or Tel:534741 (SM)
COFFEE AFTERNOON Fridhem Rest Home Station Rd Last
Friday of the month at 2pm
1st HEACHAM BEAVER SCOUTS for boys & girls aged 6 to
8 years Term time 6 - 7.15pm Tel : Barry 570767 (SG)

TAI CHI & KUNG FU 6-7pm Beginners Tai Chi
 7-8pm Advanced Tai Chi 8-9.30pm Adult Kung Fu
 Tel: Derek 01553 674779 (PRH)
 CASH BINGO 7.30pm (PH)
 WILDFOWLERS CLUB 1st Friday monthly 7.30pm
 (HSC Top Room)

SATURDAYS

HEACHAM YOUTH CLUB Term Time School years 6-11
 Tel: Tracey Swann 07833 307856 (SM)

HEACHAM DIARY

Saturday 4th October GIG 'Steve Whiteman' at Silver Sands

Sunday 5th October GIG 'Afternoon Jazz' 1.30pm at the Fox & Hounds Station Road

Tuesday 7th October GIG 'Blues Situation' 8.30pm at the Fox & Hounds Station Road

Wednesday 8th October 'Blood Donation Session' at Heacham Public Hall 13.15pm to 15.30pm & 17.00pm to 19.00pm To book an appointment Tel: 0300 123 23 23 or go on-line at www.blood.co.uk

Friday 10th October GIG '101 Proof' 8.30pm at the Fox & Hounds Station Road

Saturday 11th October GIG 'Big 'D'' at Silver Sands

Tuesday 14th October GIG 'John's Blues Crew' 8.30pm at the Fox & Hounds Station Road

Friday 17th October GIG 'Hillbilly Cats' 8.30pm at the Fox & Hounds Station Road

Saturday 18th October Heacham Twinning Association 'Mouse Racing Evening' 7pm at the Old Friends Hall Sunnyside Admission £10 (under 12's free) includes Wine & Ploughman's Supper For tickets & info Tel: 579465 or email twinclub@hotmail.co.uk

** GIG 'Mark Steel' at Silver Sands

Monday 20th October 'Patients Participation Group' Meeting 7.30pm at Heacham Surgery Talks 'QEH Updates' and 'Understanding Dementia' For more info Tel: 579007 Mike Press or email ppg@heachamgrouppractice.org

** Heacham In Bloom 'Quiz Night' 7.30pm at Fox & Hounds Station Road £2.50pp (max 4 per team) plus Raffle & Refreshments To book Tel: 572142 or 572130

Tuesday 21st October GIG 'Stone Pony' 8.30pm at the Fox & Hounds Station Road

Wednesday 22nd October Old Schoolgirl Friends of Heacham School 'Coffee and a Chat' 10.30am at Norfolk Lavender

** 'Heacham at Night Live 4' Starts 7.30pm at the Old Friends Hall Sunnyside Adults £3 under 16's free

Friday 24th October GIG 'Reckless Jivin'' 8.30pm at the Fox & Hounds Station Road

Saturday 25th October GIG 'Nat Pearce' at Silver Sands

Tuesday 28th October GIG 'Phil Selby & the Shunters' 8.30pm at the Fox & Hounds Station Road


Wednesday 29th October 'The Big & Bold Roadshow' at St Mary's Church 9.30 to 12 noon A fun family show with a twist. Please make a donation of £3 per family attending.

Friday 31st October 'Family Halloween Fancy Dress Disco' at Heacham Public Hall 7.30 to 11.30pm Tickets £5 Adult £3 Child £12 Family Ticket (2 adults & 2 under 16's) from Heacham Social Club Tel: 570776

** GIG 'Jam with DNA' 8.30pm at the Fox & Hounds Station Rd

Saturday 1st November GIG 'To Be Announced' at Silver Sands

Wednesday 12th November 'Friends of Heacham Beaches' AGM 7.30pm at 35 High Sreet Heacham All Welcome

Please turn to the next page for 'Other Events' 

Back by popular demand, following last year's success. It's back and it's free!

West Norfolk's 4th Celebrate Ability



Friday 21st November 2014
 10.00am to 4.00pm

Downham Market Town Hall
 Bridge Street, Downham Market

Featuring displays, demonstrations, information and advice on a wealth of ideas from organisations, groups and individuals in the local community to help people with disabilities and their families to be more active and lead an everyday life.

A great way to meet people and to find out about the services, support and facilities available in your area all under one roof.

Organised by the West Norfolk Disability Forum

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OTHER EVENTS

Friday 3rd to Sunday 5th October 'ART at the HALL' Exhibition of paintings and photoart 10.30am-4.30pm at Ringstead Village Hall Free entry and parking

Thursday 9th October Wells Community Hospital Trust 'Open Day' 10am to 4pm Various stands inc. Age UK providing information on Care & Alzheimers. Free mini yoga sessions and other demonstrations Tea/Coffee and Cakes!

Tuesday 14th October Brancaster Camera Club 'Club Print Competition' 7.30pm at Brancaster Staithe Village Hall Entrance £3 inc's refreshments For info Tel Jim Till 210013 or Wendy Callow 01553 674725

Saturday 18th October Cinema in Syderstone presents 'In Secret' 7.30pm at Amy Robsart Village Hall Tickets in advance £3.50 Tel 578588 or 578171 or email cinema@syderstone.com

Sunday 19th October '8th Annual Norfolk Family Walk' at Holkham Hall in aid of Brain Tumour Research & Support 10am-4pm Adults £5 Children free Parking £2.50 per car for info Tel: 572767 or email info@astrofund.org.uk

Wednesday 22nd October Smithdon High School PTA 'PRIZE Bingo' Eyes Down 7pm Raffle & Refreshments Enquiries to - office@smithdon.norfolk.sch.uk (PTA in subject box) or Tel: 534541 All Welcome

Saturday 25th October 'Autumn Fair' 10am - 1.30pm at Union Church Hunstanton Various Stalls Tea/Coffee/Snacks & Light Lunches

Tuesday 28th October Brancaster Camera Club 'Annual Digital Competition' 7.30pm at Brancaster Staithe Village Hall Entrance £3 inc's refreshments For info Tel Jim Till 210013 or Wendy Callow 01553 674725

Friday 14th November The Princess Players present a Variety Show in aid of 'BBC Children in Need' 7.30pm at the Princess Theatre Hunstanton Tickets £10 (£7.50 concessions) from the box office Tel: 532252

Friday 21st November West Norfolk's 4th 'Celebrate Ability' 10am to 4pm at Downham Market Town Hall Demonstrations Information and Advice

SEDFORD PRE-SCHOOL - Toddlers from age 2+ Mon to Fri mornings 8.45-11.45am (with optional 'wraparound' from 11.45am to 12.30pm) and **Tues & Thurs** afternoons 12.30-3.30pm (term time) Sedgeford Primary School Ringstead Rd Sedgeford - Tel: Jane 01485 579489

Mondays

U3A HUNSTANTON meets 3rd Monday monthly (except Aug & Dec) 2pm at Hunstanton Community Centre for details Tel: Chris (Chairman) 535065 or Barbara (Secretary) 571484 FITSTEPS 6.30 - 7.30pm at Ingoldisthorpe Village Hall To book Tel: Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

Tuesdays

BRANCASTER BABY & TODDLER GROUP Simms Reeve Inst. Hall Brancaster 9.30-11.30am (term time) £2 per family For info email: brancasterbabyandtoddlergroup@yahoo.co.uk KEEP FIT FOR OVER 50's 10.00 to 11.30 am Ringstead VH Cost £3.50 Tel: Val Barnes 01328 864358

COASTAL STROKE GROUP 10.30am - 12.30pm at Hunstanton Methodist Church Austin St For more info Tel: Julie Manning 600930 or Gemma Smith 01366 377803

SLIMMING WORLD 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

HUNSTANTON COMMUNITY CHOIR Informal singing for fun, no audition required 7-9pm at Hunstanton Town Hall £3 per session Inc. refreshments Just turn up

Wednesdays

DOCKING MARKET 9am - 1pm in The Ripper Hall Local Produce Craft and Gift Stalls Tel: 518945 RESTORATIVE YOGA 10 - 11am Sedgeford Village Hall Contact Sandee Tel: 01485 570485

SING FOR WELLBEING Snettisham Community Choir 10am-12noon at St Mary's Church Snettisham For info Tel: Carol O'Neill on 01328838616

LYMPHOEDEMA SUPPORT GRP meets the 2nd Wednesday monthly 10.30am-12noon Any enquiries please telephone Sue: 01485 570823

NICE & GENTLE Fitness 1-2pm £3 pp Inc's Tea or Coffee at Hunstanton Community Centre tel: Michelle 579074

CATKINS TODDLER GROUP - Wed afternoons 1.00-3.00pm term time only Sedgeford Primary School Ringstead Rd Sedgeford - Tel: 01485 579489

ROLLASON STAGE SCHOOL Dance Classes under 6yrs Ballet/tap/modern 4.30-5.15pm 12yrs+ Ballet & modern 5.15-6.15pm Senior street crew 6.15-7pm at Hunstanton Town Hall Basement Tel: 579074

YOUTH 45 GROUP meet at Ringstead Village Hall 7pm-8 pm for ages 7-14 Cost is £1 per evening and the contact is Mr T Large 11 Holme Road Ringstead Tel: 01485 525480

FIRE CADETS at Hunstanton Fire Station 7-9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07919 492294

WEST NORFOLK TAI CHI CHUAN - weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

Thursdays

ROLLASON STAGE SCHOOL Musical Theatre class All ages 4.30 - 5.30pm at Hunstanton Town Hall Basement For info Tel: 579074

CHILLATES 6-7pm £4 pp at Hunstanton Town Hall Basement Tel: 579074

FITSTEPS 6.15 - 7.15pm at Snettisham Memorial Hall To book Tel: Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

KINGS LYNN & DISTRICT OSTEOPOROSIS SOCIETY meet in Kings Lynn 4th Thursday monthly at 7.30pm Door to door taxi service - £2 For more info Tel: Pat Reilly 572271

Fridays

BRANCASTER BABY & TODDLER MUSIC GRP Simms Reeve Inst. Hall Brancaster 10-11.30am (term time) 1st & 3rd Friday monthly £1.50 per family (see Tuesday for info details) ZUMBA at Docking Ripper Hall 6.15-7.15 £4 pp for info Tel: Michelle 579004

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon High School Hunstanton For info Tel: Ian 07806 622154

Saturdays

CHRISTIAN YOUTH GROUP 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

ROLLASON STAGE SCHOOL with Lucy Rose Musical Theatre Group 11am Street dance under 12's 12noon Drama Group with Ann McKimm 1pm Musical Theatre 2pm at Hunstanton Town Hall Basement For information re attendance Tel: 579074

INDIE ARTS CLUB 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free Tea or Coffee 50p Book in advance via email: bookings@wattsington.com



Heacham Youth & Community Trust

Heacham Minors Football Club

Heacham Youth & Community Trust have come to the aid of Heacham Minors Football Club in purchasing 4 new Goals to replace the existing broken and unusable 5-a-side goals. The Minors Football Club currently have 110 children playing over 9 different age groups and to continue their development funds are needed to pay for equipment and hire of the field. It is hoped that the club will continue to grow and that more teams can be added in the future. They are looking next to purchasing a container to store their equipment. Any help is always welcome – please contact Darren Bailey on 01485 570538.



The picture shows members of Heacham Minors Football Club - Darren Bailey, Mark Pishorn and Christian Hughes, being presented with the Goals by three of the Trustees of Heacham Youth & Community Trust - Dave Page, Richard Dix and Peter Sutton.

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THE HEACHAM NEWSLETTER

The following item should have appeared in the September Newsletter but, unfortunately, was inadvertently overlooked. We apologise for this and now print it below.



The Pocahontas Players WANTED DANCERS?!

Would you like to be a part of The Pocahontas Players next production - 'Willy Wonka - A Winter's Tale' ?

Our next meeting back after a very short break, is Tuesday evening 9th Sept at 7.30pm in Heacham Public Hall. We need dancers aged from 13 upwards, male or female, to form a Production Dance Troupe. Jaime Tooley has kindly offered to teach the routines, which could be up to 3 routines.

On this Tuesday, it will be a read through of the Script . Also, possibly an audition for the dancers taken by Jaime.

If you feel that you would like to have fun with the Pocahontas Players and are free on Tuesday evenings and free for the lead up to the show (dates 22nd, 23rd and 24th January 2015), please either phone Janice 01485 570402 or call in to see Jaime in 'Bliss' hair salon on the corner of Heacham High Street, Tesco's end, or just come and see what we are all about on the 9th?

Its fun, hard work, but very, very rewarding.

Thank you.

The Pocahontas Players

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Special Offer**
Special rates now after 11am daily.
Weekend Was £30 **NOW £24**
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Contact Heacham Manor on 01485 536 030 for more information and full discounted rates or visit www.heacham-manor.co.uk

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Scallywags Parent, Baby & Toddler group

It's so nice to be back! With lots of big and little friends, old and new, from Heacham, Hunstanton, Dersingham, Snettisham and King's Lynn! It's been good to see you!

In addition to the potato harvest (see photo below), Louise and the children have grown runner beans, courgettes and orange beetroots in the vegetable garden! Not forgetting a rather nice pumpkin, so yummy pumpkin pie on the menu for snack time this Autumn! Can't wait! Thank you for all your garden know how Louise! And thank you Win Rumens for the lovely Hollyhock plants for the garden. Thanks for thinking of us Win!

Please do come along for a play when you can, we would love to see you and your little ones! We are based at the Scout Hut in Sunnyside every term time Wednesday 9.30-11am and are fortunate to have use of great facilities including a garden and car park. We have a large selection of indoor/outdoor toys to explore and the children can join in a sit down snack, craft activity and nursery rhymes at every session. The cost is £2 per family to cover rental, refreshments and craft materials.

For more Scallywags info please call Jo 07521 447284 or Clare on 07816 913657.



Thea and Rosie harvesting the potato crop with Mrs Bloom - aka Louise Rudd

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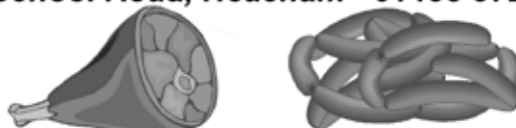
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the Moped Loan people

Information regarding our moped hire scheme which may be a benefit to individuals within your Parish.

Kickstart is a registered charity established to assist individuals, predominantly within rural communities, access employment and in some cases education, training and Job Centre Plus work trials. We operate throughout the whole of Norfolk and the Suffolk/Cambridgeshire border.

If an individual is already in work, or if they have been offered a job and transport is a problem, we may be able to help them.

In most cases, if a member of your Parish is on Job Seekers allowance and going into employment, we should be able to get funding for their compulsory basic training and motorcycle clothing.

For further information / application packs, please contact: 01362 699923.

Website: www.kickstartmopeds.co.uk

Barry Lynes
Kickstart Norfolk

barry.lynes@kickstartmopeds.co.uk



Searles Golf Club



Winter Membership ONLY £195.00
1st Sept 2014 to 31st March 2015



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Searles Golf Club is open to all and offers a friendly welcoming atmosphere. Beginners, improvers and experienced golfers, ladies, juniors & groups are all welcome.

For further information call 01485 536 010 or view www.searles.co.uk/facilities

To visit us, enter Searles Leisure Resort and follow the signs left at the Seal Fountain.

Searles Country Park, South Beach Road, Hunstanton PE36 5BB

Creating happiness for all ages

FitSteps - 'Fitness that's strictly fun!'

If you want to get fit fast, lose those unwanted pounds and have more fun than you can believe doing it, here's some great news for you.

'Strictly Come Dancing' dance stars Natalie Lowe and Ian Waite have teamed up with six time world champion swimmer Mark Foster, a former Strictly contestant and an expert in fitness and conditioning, to produce a unique dance and fitness programme - 'FitSteps'.

They have combined, for the first time, the best known and most popular Latin and Ballroom dances with proven fitness techniques, to develop a dance/fitness programme that is capable of delivering fast fitness results, with a heap of fun thrown in!

Just look at what some of the lucky people who've already had the chance to try FitSteps have been saying:

- 'It was like a dream I really enjoyed it'
- 'It was fab! Good and easy to follow'
- 'Absolutely give it a go; you'll love it!!'
- 'You should go because it is amazing'
- Do it and you feel like you're on STRICTLY!!
- It was brilliant! Fun and fitness combined.
- A workout that doesn't feel like it, it's so much fun!!
- Great fun, great music and a great workout, without even realising it.

And for anyone who's thinking, 'But I can't dance' or 'I don't have anyone to dance with', there's no excuse - you don't have to be able to dance and you don't need a partner! You just have to want to get fit and have fun.

And the best news of all is that FitSteps is just about to hit Heacham and surrounding villages.

HEACHAM PUBLIC HALL - MONDAYS 1:15-2:15PM
INGOLDISTHORPE VILLAGE HALL - MONDAYS 6:30-7:30PM
SNETTISHAM MEMORIAL HALL - THURSDAYS 6:15-7:15PM

So, if you're ready to take to the floor and FitStep your way to a new you, all you need to do is get in touch with JAIME TOOLEY, an accredited FitSteps Instructor, and book yourself in. Just email Jaime at jaimefitsteps@gmail.com or call her on 07765433100 or 01485 571395 NOW. Don't miss out, there's going to be a rush!

Jaime Tooley (Bliss Hair & Beauty, 2 High St, Heacham)



around and about...

Smithdon High School

**PTA
PRIZE**



WEDNESDAY

2014

22nd OCTOBER

Doors open 6.30pm
Eyes down 7pm
Raffle – Refreshments - Fun
EVERYONE WELCOME.

Enquiries to office@smithdon.norfolk.sch.uk
(PTA in subject box) or 01485 534541

Brancaster Camera Club

We welcome photographers of all abilities who would like to come along to our club evenings to see what we do. We are a small, friendly club and would be pleased to see you.

We meet in Brancaster Staithe Village Hall at 7.30 pm on the evenings listed. Entry is £3 to include refreshments. Contact Jim Till, Chairman, on 01485 210013 or Wendy Calow on 01553 674725.

Our evenings for October are:

Tuesday, 14th October
Club Print Competition

Tuesday, 28th October
Annual Digital Competition
Judge to be announced.

Mr. James E. Kemp

B.Sc., D.O., M.R.O.

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Hunstanton & District Rotary Club

Rotary Matters



We are very pleased to say that the **18th Kite Festival and Classic Car Rally**, organised by Rotarian Nigel Corley, proved a great success. Once again we were running it with the help of the RNLI. The Smithdon High School field and hall buzzed with activity and excitement on Sunday, August 17th with a record number of adults and children entering through the gates. The weather turned out to be blustery, but dry and sunny, splendid for the super kite displays. People were thrilled by the many events, particularly the classic car display, the arts and craft stalls, the dog show and the youth dance groups. Inner Wheel provided excellent refreshments again and we are pleased to say that the events produced a good profit which aids our charity donations. 25% of the proceeds go to the RNLI who gave excellent marketing. Our thanks go to all the volunteer helpers and to all those who gave such good support to make the event better than ever.



Inner Wheel helpers at the Kite Festival



Rotary Club President Peter Atterbury presenting a cheque to David Jones, RNLI

We were pleased to welcome Brian Holmes to a recent Rotary meeting. Brian lives and breathes railways and he joined our lunch time group to give us a well-illustrated talk on **'The history of Hunstanton Railway'** and his hopes for new train lines in Norfolk. Sadly, a campaign to keep the railway failed and it is now very difficult to put it back. The lines were taken up but, even today, 90% of the old track is still visible. We felt we almost knew Henry Le Strange, (1815 to 1862) after having heard of Henry's visions of making St. Edmunds, later called Hunstanton St. Edmunds, into a resort as large as Brighton. Henry, a talented architect, wanted to create a train station which would bring people, not just from Norfolk, but also from London to enjoy the seaside. After inheriting 10,000 acres in 1840 he was able to give the land for the station and the gardens on the sea front. He also had the New Inn (now the Golden Lion) built ready for the visitors. Henry engaged architects from London to draw the maps and design the railway buildings and the line to King's Lynn.

Sadly, Henry Le Strange died just a few months before the Hunstanton St. Edmunds railway opened on the 30th October 1862, leaving his son Hamon to take over. As this railway became more popular, 22 trains would run daily and the popular buffet car was added in 1930. This railway was always profitable. The last train ran to King's Lynn on 3rd May 1969 but Brian Holmes is hopeful of more country lines opening, possibly from Dereham and other small towns, to ease the congestion on our roads. Rotarian Brian Devlin thanked our speaker on behalf of the members for his fascinating and interesting talk and the Club has been pleased to give a donation to the Heritage Centre Trust in Hunstanton.



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Brian Holmes illustrating his talk.



Richard Bird demonstrating how the Food Bank works.

At another recent meeting, we met Councillor Richard Bird at the **Food Bank** store in town. The Food Bank is specifically designed to help those people who are in difficult situations through no fault of their own. Needy people are given vouchers from institutions, schools, churches, doctors etc. All food coming in from different sources, such as churches, supermarkets etc .and all given by members of the public, is checked by volunteers and weighed. The food is carefully stored under various categories, checked for ‘in date’ and clients are given the opportunity to select items to cover, for instance, breakfast, lunch, tea etc. Rotarians were impressed to see how well the system is organised and just how important this system is to those people who are in real distress. The Club has been very pleased to supply suitable scales for weighing the items when they arrive. Rotary President Peter Atterbury thanked Richard for his clear and interesting talk and demonstration.

If you should be interested in full or associate membership of Rotary, you can find out more from one of the following!: Club President Peter Atterbury tel: 534820 or Rotarian Phil Newell, tel: 533864. You can find out how being a Rotarian gives fellowship and fun!

Phil Newell & Rene Rooth

Twin boys were born in March, their birthday is in July, and one eventually married the other.

Can you explain how this statement can be true?

Answer on page 34

Est 1986

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Dates & Deadlines!

Supplied by Kathryn Gigg,
Chartered Accountants, Hunstanton

October 2014

1 October - NMW: the National Minimum Wage rises to £6.50 per hour for workers aged 21 and over; £5.13 for those aged 18 to 20; £3.79 for those aged 16 to 17; and £2.73 for apprentices (i.e. those aged under 19, or 19 or over and in the first year of their apprenticeship).

PENSIONS: Employers with 60 or more employees must auto-enrol them by 1 October 2014.

5 October - INCOME TAX: last date for individuals not already registered for Self Assessment to notify HMRC of chargeability to Income Tax or Capital Gains Tax for 2013/14. This requirement also applies to Trustees and any other persons potentially within Self Assessment.

PAYE: automatic late filing penalties come into force for RTI in-year reports for larger employers.

15 October - US Tax: deadline for US expatriates to file 2013 US Tax Returns if they have obtained a filing extension. If 2013 returns have not been filed by this date, the IRS may accept a written request for a further two months' extension to 15 December 2014.

19 or 22 October - EMPLOYERS: deadline to pay tax and Class 1B NICs due under PAYE settlement agreements for 2013/14 (19 October if paid by cheque or 22 October if paid electronically). Successive 5% penalties apply if the payment is 30 days, six months and one year late.

31 October - INCOME TAX SELF ASSESSMENT: deadline to file tax returns for 2013/14 in paper form. The form must reach HMRC by midnight. If the notice to file was issued after 31 July 2014, the paper filing deadline is the later date of 31 October 2014 or three months from the issue date. This deadline does not apply where the return falls into one of the categories which cannot be filed online (for which the deadline is 31 January 2015).

INCOME TAX RETURN: returns for 2012/13 filed on paper after today attract a further penalty of up to 100% of the tax outstanding on 31 October 2013.

COMPANY ACCOUNTS: private companies with 31 January 2014 year-ends should file their accounts at Companies House.

CORPORATION TAX: returns for accounting periods ended 31 October 2013 should reach HMRC.

Mrs K H Gigg FCA

Caution: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.

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**Wells Community Hospital
Trust
Open Day
Thursday 9th October 10.00 –
4.00**

Wells Community Hospital is holding an Open Day this year on Thursday 9th October. Age UK, Alzheimers and carers groups such as Wells Carers and West Norfolk Carers, will all be hosting stands with information available to take away.

Some of the clinics who come here on a regular basis will be holding demonstrations such as Joanna Foster, who is a Soft Tissue Specialist, and Sally Walker, a Norfolk Health Trainer. Su Hamilton will be holding free mini yoga sessions. Other clinics such as Alexander Technique, Podiatry, Dentist and Osteopathy will have information displays.

The Dementia Hub is now fully up and running with dementia sessions every Wednesday morning and David Saunders, who holds the monthly Music for Memory group, will be holding some singing sessions – please feel free to join in!

The new sensory garden which has more than 300 new plants along with beach scene, swings and village green, is open for everyone to enjoy – hopefully the weather will be kind to us, although our wonderful garden room means that the garden can be enjoyed whatever the weather.

The Mermaid Dialysis unit will be open for people to have a look around and our Renal Manager will be on hand to answer any questions.

Norfolk County Council are starting 'Joy of Food' and 'Kitchen Kings' cooking courses in September at the hospital, and they will have a stand showing off their cooking skills along with information on how to sign up for courses. 'Kitchen Kings' is a course specifically aimed at men over 55. We are also hoping in the future to run courses for carers of dementia partners.

Tours of the newly installed Biomass boiler will be held throughout the day.

We run various First Aid, Manual Handling and Food Hygiene courses here and our First Aid Trainer will be holding CPR demonstrations during the day.

Trustees and staff of the hospital will be available to answer any questions and most importantly tea, coffee and delicious cakes will be available to buy.

Granny's Attic – Overy Staithe Village Hall

29th & 30th November 1.00-5.00

This is a major fundraising event for the hospital and we really need donations to help make it a success. We need small and decorative antique and collectible items – anything that you have sitting in a cupboard that you may not like, but someone else will! These pre-loved treasures can be sold and all proceeds will be donated to the hospital. So please look in those cupboards/garage/spare room and help us by having a clearout. Please contact Penny Brittain penny@theartservice.co.uk who can arrange for items to be collected. There will also be food and drinks available during the day and other stall holders including a new 'Made in Norfolk' stall as well as Granny selling unusual items – you may be able to do all your Christmas shopping this year in Overy Staithe!!!

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NEWSLETTER SUDOKU No. 85 Complete the puzzle so that each row, each column and each block of nine contain the numbers 1 to 9. Solution next month.

	8		7					4
1		5			2	8		
				8	1	5	9	
				3	8	4	7	
3		1			9	6		
	2		6					5
	6		1					3
		8		4			5	
7	5		8					9

Solution to Newsletter SUDOKU No. 84

8	1	9	4	2	6	5	3	7
2	4	6	3	5	7	1	9	8
7	3	5	9	1	8	6	2	4
3	5	1	2	7	9	4	8	6
4	6	2	1	8	5	9	7	3
9	7	8	6	4	3	2	1	5
5	2	7	8	6	1	3	4	9
1	8	3	5	9	4	7	6	2
6	9	4	7	3	2	8	5	1

Answer to page 31
The twins were born in March, Cambridgeshire, one July. One became a vicar and married the other at his wedding

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The countdown begins to Norfolk's Recycling Revolution Changes to the Kerbside Recycling Service

A new campaign, letting residents know that big changes are coming to the way we recycle, has been launched by the Norfolk Waste Partnership at the newly refurbished and extended materials recycling facility at Costessey.

People power has helped shape the new service which, from 1st October 2014, will mean that materials, including glass bottles and jars, plastic food pots, tubs and trays and cartons, such as those used for soups and juices, can now be recycled at the kerbside using the recycling bin. To mark this change, a campaign, based on a play on the iconic revolution imagery, has been launched to let people know that their recycling service is being revolutionised.

Cllr John Fisher, Chair of the Norfolk Waste Partnership, explained: "This is really exciting news for Norfolk residents. All the districts, along with Norfolk County Council, have worked together to negotiate a new contract, which means that materials that people have wanted to be able to recycle for some time can now be recycled using the kerbside collection service. With the new contract in place, investment has been made in the processing facility and the new technology used means that many more items can now be processed for recycling."

For the first time, residents will be able to put plastic food pots, tubs and trays in their recycling bin, along with juice and soup cartons and glass bottles and jars. Fewer materials will be sent to landfill and, instead, more materials will be sorted, processed and turned into useable items.

Cllr Fisher added: "This new service represents a massive change for the majority of our residents. Only residents in Norwich had a glass collection previously, but even for them, being able to put glass bottles and jars in the same bin will make recycling so much easier. The upgraded and extended facility has improved technology for sorting and processing the waste. These changes have meant we have been able to explore the market further to get the very best deal for Norfolk taxpayers whilst still ensuring that we are providing a service that meets people's needs and helps us all improve our recycling levels."

The changes to the recycling collections come into effect on 1st October 2014. From that date the new materials will be recycled along with the existing materials of card, paper, steel and aluminium cans and plastic bottles.

Cllr Fisher said: "Today's launch (1st Sept) is the start of the countdown to the new service which goes live in one month's time. We want people to take note and from 1st October to start collecting their new recycling along with their existing. All we ask is that food residue is rinsed off any containers, bottles or jars before placing them loose in the bin. Clean recycling has a greater value and helps prevent bins from becoming smelly and by leaving the items loose in the bin, they can be easily sorted. Items in bags cannot be sorted effectively by the equipment and may be rejected."

Dave Newell, NEWS Operations Director, said: "We are very pleased to be working together with Norfolk's local authorities in this exciting new development. We have made significant investment in our Costessey Materials Recycling Facility, which has processed over 500,000 tonnes of material in the 10 years since it was first opened. The new equipment installed will allow

a greater range of materials to be collected and recycled from all of Norfolk's residents."

The new service is set to increase recycling by between 5% and 10% across the county and any profits arising from the operation will be shared between the councils and NORSE – who are all shareholders of NEWS - a publicly-owned joint venture company which runs the material recycling facility at Costessey. This will benefit all Norfolk residents as it will help to support waste and recycling services throughout the county.

More information about the Recycling Revolution campaign and the new recycling service is available at <http://www.recyclefornorfolk.org.uk/>

Alternatively, follow the campaign on Twitter using #RecyclingRevolution.

Collection days and dates will not be affected by the introduction of this new service.

In addition to household recycling collections, residents can recycle a very wide range of materials at Norfolk's network of 20 recycling centres.

For more information visit www.norfolk.gov.uk/recyclingcentres.



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**Forthcoming events at
Hunstanton Library**

For further information about any of these events, or to book your place where necessary, please contact the library on 01485 532280.

Spooky Stories!

Thursday 30th October 10.30 - 11.30am.

Come along for some spooky stories and activities! Children must be accompanied by an adult.

Regular events:-

Family History Group

Tuesday 7th October 2.00 - 4.00pm

For those interested in tracing their ancestors. Meets on the first Tuesday in the month.

Under 5s rhyme time at Hunstanton Library:

Weekly on Fridays 11.00 - 11.30am

Join us for a preschool rhyme time! Suitable for preschool children and their parents/carers. Children must be accompanied by an adult.

Scrabble Club:

Every Wednesday from 10.00 - 12 noon. Come along and enjoy a game of scrabble.

Knit and Natter with the Norfolk Knitters:

Thursday 9th October

Meets on the 2nd Thursday in the month 10.30 – 12.30pm

Card making group:

Are you interested in learning how to make your own cards, sharing tips and ideas with others?

Monday 27th October 1.00 – 3.00pm



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Venue: Amy Robsart Village Hall,
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Start time: 7.30pm.

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Legends Music Weekend

Friday 14th to Monday 17th November

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This weekend is dedicated to some of the great music legends over the last 4 decades with fantastic live tribute acts to many memorable artists from the 70's through to the Noughties.

Friday 14th Nov - 7pm:

Almost P!nk recreation of 90s & noughties rock princess **Pink**.

New2 brings the stage alive with their amazing tribute to Dublin rockers **U2**.



Saturday 15th Nov - 2pm:

'Legend' are seven great musicians and singers dedicated to the life and music of the late great **Bob Marley**.



Saturday 15th Nov - 7pm:

Kylee performs the sounds of pop princess **Kylie Minogue**

Re-Take That brings you a superb tribute to the kings of pop, **Take That**.



Sunday 16th Nov - 7pm:

Gerry Trew will astound you with his uncanny resemblance to the 70's icon **Rod Stewart**.

Martin Jarvis with his powerhouse of a voice dedicated to the Welsh legend **Sir Tom Jones**.



*Legends Ticket Only
Nightly only ticket: £15.00pp
Saturday afternoon only ticket: £15.00pp
Saturday afternoon & evening ticket: £25.00pp
All weekend Pass: £50.00pp
Evening pre-show 2 course meal: £15.00pp

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3 night pass with accommodation & nightly 2 course evening meal & daily breakfast from £160.00pp

*Ticket only do not include food. If you would like to pre-book a two course meal prior to an evening event please let us know at the time of purchasing your tickets.

Tickets sell fast so book early to avoid disappointment. Call 01485 534211

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Hunstanton Community Choir – new term

The summer break has ended for The Hunstanton Community Choir. Spirits are high as they embark on a new season and anticipation of challenges heading their way from choirmaster Simon Bower. Beginning a week earlier than planned, they prepared for their first event at The West Norfolk Older Person Forum which took place at The Town Hall, King’s Lynn on Wednesday September 10th.

The first evening back at practice also meant it was time for their AGM. Together with the selection of new committee members to help keep the busy choir organised, it was recorded that throughout the past year they have raised a big £835.84 for The Norfolk Hospice, Tapping House, their chosen charity for last year.

It really is a fabulous time to join this amazing choir (especially male bass or tenor singers who remain a little thin on the ground!) as they will be learning new songs to add to their repertoire for up-and-coming autumn events. Also, ensuring they are prepared for Christmastime where they are always in demand to spread their infectious Christmas cheer. The Choir meet at Hunstanton Town Hall each Tuesday 7.00-9.00pm The first week is free and thereafter is £3, which includes refreshments.

For an insight into the enthusiasm and popularity of the Choir, here is a reminder of some of the appearances they made during the past year: The Carol Concert at St. Edmunds Church, also singing in the town during the switching on of the Christmas lights; The Hunstanton Carnival; Snettisham War Memorial re-dedication; singing both in the Bandstand and the Spinney in Hunstanton and the recent Ringstead musical evening in the Chalkpit were also great events, enjoyed by many of the local community.

The choir always ensure they plan time for social occasions of their own, these fun times consisting of such things as a karaoke evening, fish & chip suppers and a quiz night.

Tuesdays really are Tunesdays in Hunstanton ... see you there!

Diane Sheldon

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**Children in Need
Variety Show – Princess Theatre
14th November -7.30pm
Tickets £10 & £7.50 (concessions)**

Preparations are continuing for the Princess Players' Variety Show for the BBC's 'Children in Need' charity. To date, 16 local acts have been signed up to appear at the Princess Theatre on 14th November at 7.30pm including, for this show, compere comedian/magician Kevin Woolley, who compered the original show staged at the theatre in 1986. Another chance to see the finale of our successful spring production 'Stepping Out', a series of short playlets from our award winning drama festival cast.

An ageing rock group the 'Decomposers' with local connections, Ian and Michelle Larkin, who both appeared and first met in the 1986 show, pianist Jean Gibson who played the part of Mrs Frazer in 'Stepping Out' and John Harris who also appeared in the 1986 show. The Ashley-Emile Dance School pupils also appeared in that show.

In 1986 when the show was first staged one person, who at that time was an usherette, went on to become a West End singing star appearing in such shows as *Les Miserables* among others - Lindsay Hamilton. Lindsay now lives in Germany although she spends a lot of time on cruise ships. When asked if she would be available on 14th November, she said she will be in the middle of the Atlantic. We hope during the show we may be able to link up with her live on the ship. Celebrity Eclipse. Lindsay is hoping to organise a collection among the passengers. There are other people who will be involved to be announced shortly.

Although the show will be in the evening we will be putting on other events during the day in the Princess Theatre. Help is still wanted with these activities. If you have any particular skills, we would be pleased to hear from you. The committee wish to make this event a community day for the whole of Hunstanton and surrounding area.

Also, we are looking for donations for raffle and tombola prizes. If you can help in any way we would be pleased to hear from you.

If your company or organisation is planning their own 'Children in Need' activity and would like to present their money on stage during the evening show, please contact Rae Steward, Princess Players' Publicity Officer on 01485 533420 or email: rae.steward@btinternet.com

Do please come and help support this worthwhile cause.

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Rupert Reid : Baritone
Charlotte Ashley : Soprano
Tickets £7.50 from

KING'S LYNN FESTIVAL CHORUS



Media Release : September 9 2014.

Great Choral Classics at Heacham : October 18th at 7.30pm
Three world class musicians are coming to Heacham parish church in October. The Monteverdi Choir have been acclaimed as the best choir in the world and three of the choir are performing at

St Mary's Church Heacham on October 18th at 7.30pm.
King's Lynn Festival Chorus are participating in the celebrations at Heacham, recognising the 100-year anniversary of the magnificent organ in the church by organising a "Concert in a Day" workshop.

Singers from over 20 choral groups in Norfolk with members of King's Lynn Festival Chorus will rehearse Faure's beautiful Requiem and other great choral classics with a performance of them at the end of the day.

Tom Appleton, the inspirational Music Director of King's Lynn Festival Chorus, is well known to music-goers and he will be joined by Charlotte Ashley (soprano) and Rupert Reid (baritone) all from The Monteverdi Choir.

This is a musical occasion not to be missed and tickets will be selling like hot cakes! The cost is £7.50 with children free. Tickets are available from The Christian Book Shop in Heacham (Tel : 01485 579094) or at the door on the night of the concert. Put the date in your diary now or better still why not buy a ticket ?

Contact : mmrabramovich@gmail.com or 07989 177079

<p>October Shows Princess theatre 01485 532252</p>	<p>THE FAB FOUR BEATLES 4th Oct</p>	<p>Lindisfarne Story 5th Oct</p>	<p>Tony Stockwell 7th Oct</p>	<p>Princess Theatre Rudolph's Christmas Adventure 6th Dec 2014 to 1st Jan 2015</p>
<p>Albert ECG 9th Oct</p>	<p>Jethro LIVE 2014 10th Oct</p>	<p>THE JOHNNY CASH ROADSHOW 11th Oct</p>	<p>An Evening With Ann Breen 12th Oct</p>	<p>PRINCESS PLAYERS PRESENT A VARIETY SHOW FRIDAY 14TH NOVEMBER 2014 IN AID OF BBC CHILDREN IN NEED PRINCESS THEATRE HUNSTANTON 7.30pm</p>
<p>Should The Team Think 17th Oct</p>	<p>The ELO Experience 18th Oct</p>	<p>THE ADONIS 24th Oct</p>	<p>NIGHTS ON BROADWAY 25th Oct</p>	
<p>Wayne Brown's Celebration at JOHN DENVER Country Roads 26th Oct</p>	<p>SID'S DEEP SEA DISCOVERY 27th Oct</p>	<p>The Three Tenors 30th Oct</p>	<p>AN EVENING OF Dirty Dancing THE TRIBUTE SHOW 31st Oct</p>	



Heacham In Bloom



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Coastal Resort - Gold

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Norfolk Lavender's Heacham River Project
Heacham Manor Hotel



The award of Gold is a fantastic achievement for the HIB Team and everyone who contributed to our campaign this year. It was clear that the judging for Gold was much stricter this year as the number of Gold's awarded throughout the 6 counties were few and far between.

The blooms of the summer have now gone. Multi-coloured pansies and polyanthus should bring a splash of colour for Autumn and Winter. HIB will also be planting spring bulbs. In between planning for next year, HIB will be holding a quiz night on 20th October at the Fox and Hounds and a Christmas Coffee morning on 6th December. Please support these events if you can. HIB post regular updates on Facebook, look for Heacham In Bloom and keep up to date with what HIB are doing.

Heacham In Bloom
heachaminbloom@btinternet.com

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HEACHAM PARISH COUNCIL NOTICEBOARD

PARISH COUNCIL MEETINGS IN BRIEF

Heacham Park: The Council agreed to support HPPP's request for financial backing and submitted a bid for Heacham Park. The offer had not been accepted as the vendors, Heacham Park Ltd, had already accepted a bid.

School Road Planning Appeal: The Council noted that the responses to the appeal would need to be with the Planning Inspectorate in Bristol by 8 October. The actual hearing would not take place until 13 January 2015.

Photography Exhibition: The Chairman commended the OFH Committee on the success of the photography exhibition.

Annual Return: The Council noted that the Annual Return for the year ending 31 March 2014 had been signed off by the Auditor. The Return could be inspected at the Parish Council Office during usual opening hours.

Hopkins Homes: The Council noted that Norfolk County Council had objected to the access road to the new estate coming off Hunstanton Road. Hunstanton & District Civic Society had organised a meeting to discuss the plans at Smithdon High School on 29 September.

Recreation Ground: The Council noted that the plaque declaring the Recreation Ground a Queen Elizabeth II Field in Trust was now in place. The Council also agreed the Committee's plan of repairs and improvements which would be instituted over the next 6 months.

Vehicle Activated Sign: The Council noted that the new sign was in place at Lamsey Lane and would be connected shortly; the Council hoped that the sign would help reduce the speed of cars coming into the village.

Land off Cheney Hill: The Council noted that Pegasus would hold an open consultation on 25 September regarding the development of land off Cheney Hill. The Council agreed that although they had corresponded with the landowner in the past, it would invite Pegasus to meet with the Council to discuss their plans in detail.

THE DAIRY SITE

The Parish Council has previously reported the intention to purchase the Dairy site in Pound Lane. The purchase of the land is now moving forward. The plan is to remove the existing buildings and build a Community Services Building to bring together all the facilities currently used by the Parish Council such as the Parish Council Offices, the Library and the Old Friends Hall with onsite parking. The Council has arranged a series of drop in sessions for residents and potential users groups to talk over the proposals, project schedule and financing.

Drop in Sessions – Heacham Library

Thursday 30 October 2.00pm-8.00pm

Friday 31 October 10.00am- 4.00pm

Saturday 1 November 10.00am-2.00pm

**Join in the Bulb Planting
BRAYS PIT
Sunday 19 October
From 9.30am
Please bring gloves, forks and
trowels**

APPLYING FOR FUNDING AND GRANTS

This free workshop aims to help community groups successfully apply for funding. The session covers how to find out about suitable grants and how to complete the application forms. Sessions are aimed at those new to external funding.

Duration: 3 hours

Dates and locations:

• 7th October 2014 6.00pm – 9.00pm -
WNVCA, Regis Place, Bergen Way Kings
Lynn PE30 2JN.

• 24th November 2014 1.30pm – 4.30pm –
Hunstanton Town Hall.

Additional Information: Delivered by West
Norfolk Voluntary Community Action (WNVCA).

CHAIRMAN'S LETTER - HEACHAM PARK

The project to buy the park captured many peoples' imagination both locally and nationally. Many people pledged financial support on a scale not seen in a long while in the village. The fact that the plan was not successful should not overshadow the tremendous work done by the Heacham Pocohontas Park Project who achieved much in a short space of time. It is all our hopes that the new owners of the Park, mindful of the fact that the Park is special to the residents of Heacham, will cherish it as previous owners of the Park have done so in the past over the centuries.

Peter Colvin
Chairman

THINKING FUEL CAMPAIGN

Norfolk Rural Community Council is urging people to buy their oil early this year and avoid higher prices. As part of the buy early campaign NRCC is offering free lifetime membership of its oil buying scheme Thinking Fuel. Traditionally the summer months are a better time to buy oil than the winter when prices tend to rise and delivery can be more difficult around peak times. Norfolk RCC's buy-early campaign is aimed at encouraging people to check their tank now and see if they can accommodate an early order or even just a top-up. Thinking Fuel is an oil buying scheme, with over 2,500 members it saves people on average £120 a year through buying together. With the scheme everyone pays the price per litre, regardless of how much they order.

You can join the scheme by contacting Norfolk RCC on 01362 698216, email office@norfolkrc.org.uk or forms can be downloaded directly from Norfolk RCC's website www.norfolkrc.org.uk

Any queries should be addressed to:

Heacham Parish Council Office
Jubilee Clinic Pound Lane Heacham
Norfolk PE31 7ET
Tel/Fax 01485 572142
www.heachamparishcouncil.co.uk
Open Tuesday - Friday 10.00am-Noon

HELP LINES

HEACHAM GROUP PRACTICE **01485 572769**
HEACHAM MON TO FRI 08.30 TO 13.00 14.00 TO 18.30
SNETTISHAM MON TO WED 08.30 TO 12.30 14.30 TO 18.30
 THURS/FRIDAY 08.30 TO 12.30 Closed p.m.

OUT OF HOURS DOCTOR **111**
 For out of hours service, please call the NHS Helpline

HEACHAM & DISTRICT COMMUNITY CAR SCHEME **534777**

HEACHAM CHEMIST **570297**
 OPENING HOURS MON TO FRI 09.00 TO 18.30
 SAT 09.00 TO 17.30

Between 13.00-14.00 prescriptions and certain other products only available if the Pharmacist is in attendance
 DUTY CHEMIST NOTICE DISPLAYED ON DOOR

HEACHAM PARISH COUNCIL OFFICE **572142**
 OPEN TUES TO FRI 10.00 TO 12.00

STREET LIGHT FAULT REPORT **572142**
 BOROUGH COUNCIL OFFICE **01553 616200**
 BOROUGH COUNCILLORS

Mrs S. SMEATON **01485 572528**
 Mr C. MANNING **01485 523287**
 NORFOLK C C MICHAEL CHENERY **01328 823411**

PARISH LIBRARY **571928**
 OPEN MON, WED, FRI 10.00 TO 16.00 SAT 10.00 TO 12.00

HEACHAM POST OFFICE **570330**
 OPEN MON TO SAT 09.00 TO 17.30

EMERGENCY SERVICES
 QUEEN ELIZABETH HOSPITAL **01553 613613**
 NHS Helpline **111**
 DENTIST **Emergency only for patients not registered with a dentist**

01553 769264
 COMMUNITY MIDWIFE (Ask for Hunstanton M/W) **01553 613613**
 POLICE **101**

SAMARITANS **01553 761616**
 CHILD LINE **0800 1111**
 SILVER LINE **0800 4708090**

ELECTRIC **0800 7838838**
 ANGLIAN WATER **0845 7145145**
 GAS ESCAPE **0800 111999**
 EMERGENCY 24hrs VETERINARY CLINICS **01485 570065**

HUNSTANTON LIBRARY **532280**

OPEN MON. TUE. and FRI 10.00 TO 17.00
 WED. 10.00 TO 19.00
 THUR and SAT 10.00 TO 13.00

HEACHAM COMMUNITY WEBSITES

www.heacham-on-line.co.uk
 E-mail admin@norfolk-on-line.co.uk

www.heacham-village.co.uk
 E-mail enquiries@heacham-village.co.uk

www.heachamgrouppractice.org

www.heachamnewsletter.org.uk

LOCAL BUS SERVICE BETWEEN HUNSTANTON AND KINGS LYNN

Norfolk Green

Service 10 and 11

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.
 0647 first bus to Kings Lynn then twice an hour.
 0654 first bus to Hunstanton then twice an hour.

Service 10 (Sunday)

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.
 0908 first bus to Kings Lynn, then hourly from 1054.
 0843 first bus to Hunstanton, then hourly from 101

Service 10

Via:- Hunstanton Road, Fox and Hounds and Lodge Road.
 0836 first bus to Kings Lynn, then hourly
 0815 first bus to Hunstanton, then hourly from 09.32

Service 10 and 11 (Sunday)

Via:- Hunstanton Road, Fox and Hounds and Lodge Road.
 1008 first bus to Kings Lynn, then hourly from 11.23
 0943 first bus to Hunstanton, then hourly from 10.48

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Smithdon High School Bus

Service 401

Via:- Folgate Road/Fengate, Station Road
 0816 to Smithdon School
 1530 from Smithdon School

XXXXXXXXXXXXXXXXXXXXXXXXXXXX

Coasthopper Service

Kings Lynn to Cromer & Fakenham Via Norfolk Lavender, Hunstanton, Holme, Thornham, Titchwell, Brancaster, Wells, Sheringham.

XXXXXXXXXXXXXXXXXXXXXXXXXXXX

All Bus Enquiries

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Main pick up points for The Heacham Newsletter.
First Saturday each month except January.

Jennings, Cooks Butchers, Heacham Bakery, Heacham News, Post Office, Parish Council, Church, Co-op, Tescos, Fish Bar, Wine Cellar.

HEACHAM HALLS

Public Hall **570776**
 Pine Residents Hall, Wilton Road Mrs Crisp **579440**
 Methodist Church Hall, Station Road Mike Careless **570363**
 St Mary's Church Hall, High Street Mon,Wed, Fri 10.30 to 12.30 **572539**
 Old Friends Hall Sunnyside Close **572142**
 Heacham Scout Hut **572890**

HEACHAM CHALK PIT RECYCLING CENTRE

Summer opening times are 9am - 6pm. Winter opening times, which apply from 1st October to 31st March, are 9am - 4pm.

MOBILE LIBRARY

ROUTE WEL 124	(Mondays)	ROUTE WEL 123	
13th/27th	October	6th/20th	
COLLINGWOOD CLOSE	09.55	ROBIN HILL	10.40
SOUTHMOOR DRIVE	10.15	RINGSTEAD ROAD	11.00
SANDRINGHAM DRIVE	10.35	CUNNINGHAM CRT	11.25
CHENEY HILL (F/SIDE)	10.55	NEVILLE CT	11.45
WOODSIDE AVE	11.20	NEVILLE ROAD	12.15
HEACHAM INFANT SCH	11.35	PINE MALL	12.30
MILLBRIDGE Care Home	12.00	SITKA CLOSE	12.50
NOURSE DRIVE	12.25	SUNNYSIDE	14.15
POCAHONTAS WAY	13.55	MEADOW RD	14.40
BUSHEL & STRIKE	14.15	REBECCA CRT **	15.00
GIDNEY DRIVE	14.30	FRIDHEM Rest Home **	15.00
BANKSIDE	14.50	** 4 Weekly Alternative	
MARRAM Way/Norway CL	15.05	POPLAR AVE	15.25
MARRAM Way/Spruce CL	15.20	GYMKHANA WAY	15.45
MARRAM Way/Neville RD	15.35	JENNINGS CLOSE	16.10
		COLLEGE DR	16.30
		COLLEGE DR/Gonville	16.45